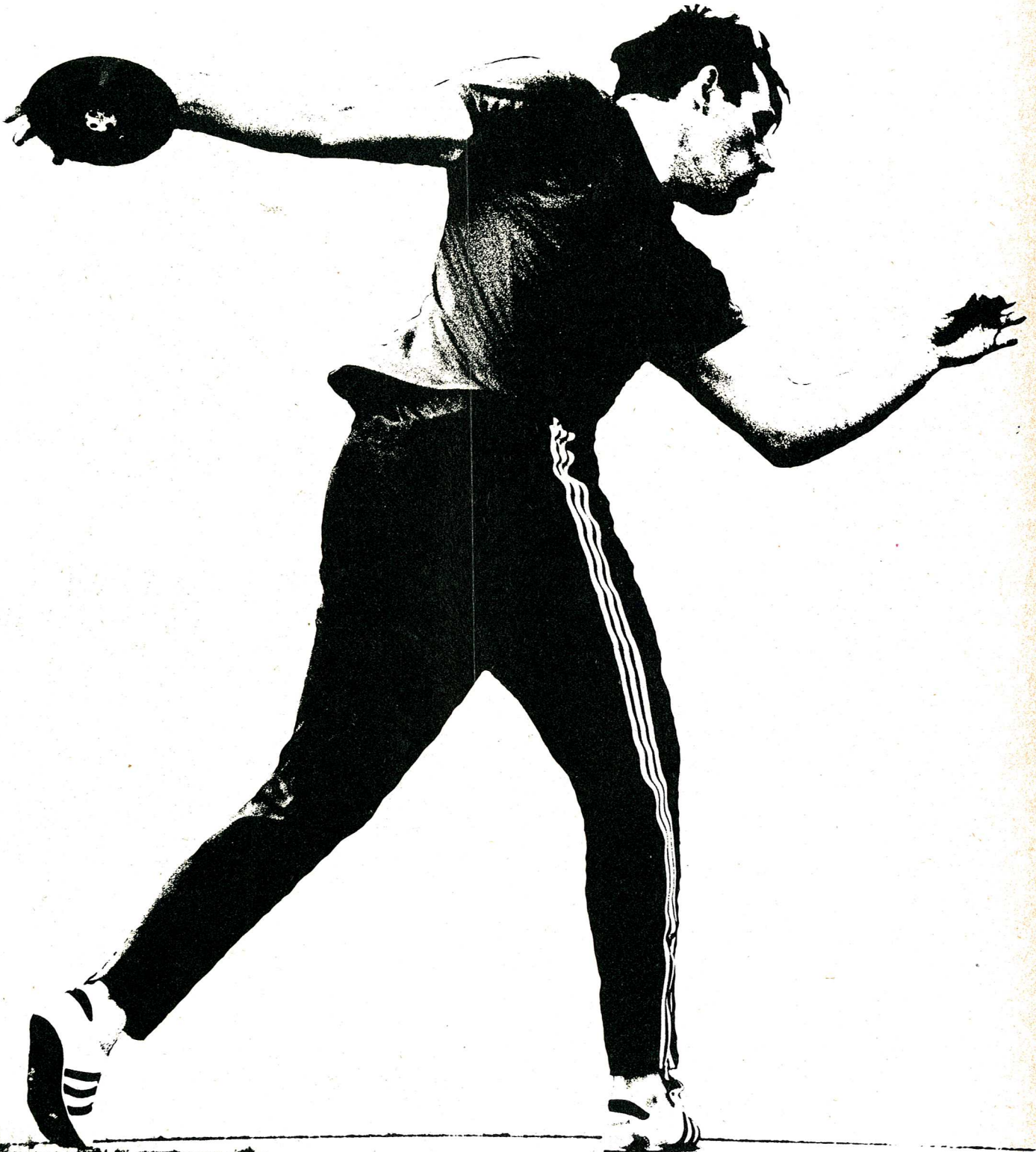


TRACK & FIELD NEWS

1 May 1971

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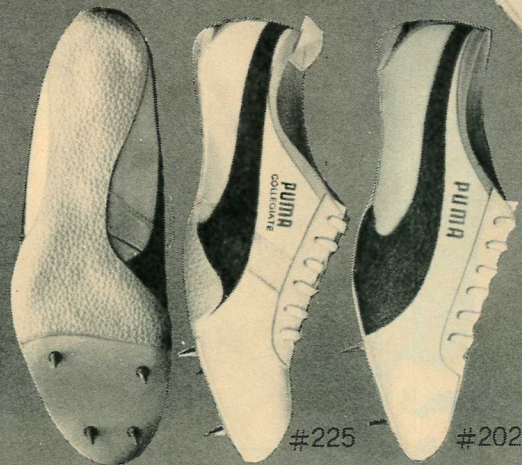
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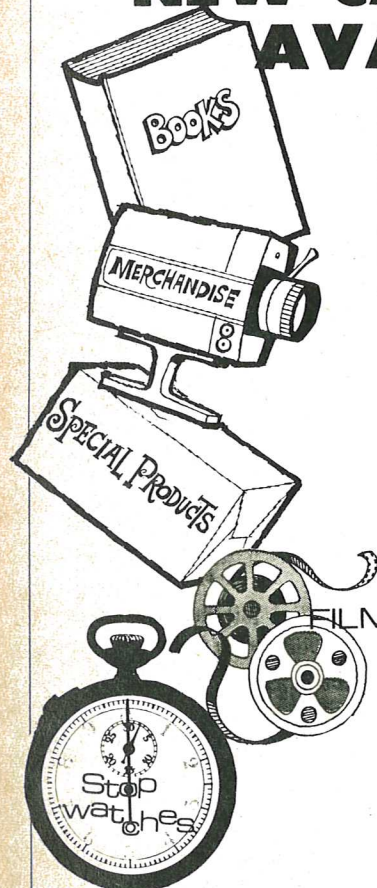
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Bible of the Sport

TRACK & FIELD NEWS

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In the Future

May
7-8 Missouri Valley Conf, Wichita, Kans
7-8 SWAC Conf, Houston, Tex
7-8 West Coast Rlys, Fresno, Calif
14-15 Atlantic Coast Conf, Columbia, SC
14-15 Big Sky Conf, Missoula, Mont
14-15 Ohio Valley Conf, Cookeville, Tenn
14-15 Mid Atlantic Conf, West Chester, Pa
14-15 PCAA Conf, San Diego, Calif
14-15 Southeastern Conf, Lexington, Ky
14-15 Ty Terrell Rlys, Beaumont, Tex
14-15 Western Athletic Conf, Tucson, Ariz
15 Bakersfield Dedic Inv, Bakersfield
15 Heps, Philadelphia, Pa
15 Northern Division, Seattle, Wash
16 King Freedom Gms, Philadelphia
20-22 NJCAA Ch, Mesa, Ariz
21-22 Big 8 Conf, Stillwater, Okla
21-22 Far West Conf, Chico, Calif
21-22 IC4A Ch, Philadelphia, Pa
21-22 Mid-American Conf, Athens, Ohio
21-22 Pac-8, Seattle, Wash
22 El Paso Inv, El Paso, Tex
22 Commanding Generals, Ft Campbell
23 AAU 20-kilo Walk Ch, San Francisco
28 Meet of Champions, Houston, Tex
28-29 Big 10 Conf, Iowa City, Iowa
28-29 IC4A Ch, Philadelphia, Pa
29 California Rlys, Modesto, Calif

June
3-5 NAIA Ch, Billings, Mont
4-5 Calif State HS, Westwood, Calif
4-5 Central Collegiates, Bowling Green
4-5 Klein Southwest Fest, Houston
5 Kennedy Gms, Berkeley, Calif
6 AAU Marathon Ch, Eugene, Ore
6 Twilight, Eugene, Ore
11-12 AAU Dec Ch, Porterville, Calif
11-12 NCAA/CD, Sacramento, Calif
11-12 USTFF Ch, Wichita, Kans
12 All-American HS Ch, Lombard, Ill
12 AAU 50-kilo Walk Ch, Nutley, NJ
12 Rose Fest, Portland, Ore
16-17 Armed Services Ch, Irvine, Calif
17-19 NCAA Ch, Seattle, Wash
19 Golden West Inv, Sacramento, Calif
19 Orange Inv, Orange, Calif
19-21 World Senior Ch, Los Angeles
25-26 AAU Ch, Eugene, Ore

Up Front

Big winds and big Jay Silvester combined to produce spectacular discus throwing at Mt. SAC. Here Jay winds up in the competition where he reached 220'4", history's third-longest victory. /Don Chadez/

For the Record

The following record alterations have been reported since the II April issue: W=world; E=European; C=collegiate; HS=high school; n=non-winning time; °=en route time.

2hrWalk	16mi, 993"	W, E	Peter Frenkel (EG)	Berlin, EG	April 11
30kWalk	2:15:16.0	W, E	Christoph Hohne (EG)	Berlin, EG	April 11
6Mile	27:24.6n	C	Garry Bjorklund (Minn)	Des Moines, Ia	April 24
480HHR	56.7	=C	Michigan State	Des Moines, Ia	April 24
HT(12lb)	210'6"	HS	Alvin Jackson (RIs HS)	Warwick, RI	April 25

From the Athletes

Jim Ryun, on his upcoming mile duel with Marty Liquori at the King Games: "I am looking forward to running against Marty. There has been a lot of exaggeration—like Marty being the bad guy and me the guy in the white hat. We're both wearing white hats; we're both competitors." Liquori on the same race: "We may meet again in Oregon. The best thing would be for him to win one and me to win one."



Bible of the Sport

I May 1971
Vol. 24, No. 7

Worldwide Coverage

united states Ryun, Liquori Go 5000s

If Jim Ryun and Marty Liquori are prepping specially for their May 16 King Games mile confrontation, they coincidentally are going about it the same way--by running 5000-meters. Liquori won at Quantico with 13:52.4 while Ryun did the same at Vancouver in 13:59.4.

The trio of traditional relay meets--Penn, Drake and Mt. SAC--produced the usual share of outstanding efforts. Liquori produced relay carries of 1:48.5, 4:04.1 and 4:07.9 to run his record of Penn wins to nine for nine. Paul Gibson high hurdled 13.4 while ineligible Penn freshman Gene White flopped 7'2". At the Drake carnival, Frank Shorter was superb in the distances, recording a PR 13:07.0 in the three-mile and returning the next day to battle Garry Bjorklund in a thrilling six-mile, winning by only two-tenths in 27:24.4. Bjorklund's time bettered his own college record. As well, three more were under 28 minutes in that quality race. Out west at Mt. SAC, Jay Silvester got some help from strong, gusty winds and armed the discus 220'4", third-longest winning mark in world discus history. Six throwers surpassed 200-foot and an even dozen exceeded 190.

Rockie Woods was a triple winner in the Southwest Conference meet with 9.5, 13.7 and a 40.5 relay, while the Cal-UCLA meet produced good triple jumps by Jim Fraser (53'¼"), James Butts (52'10½") and Denny Rogers (52'¾" windy). Alvin Jackson extended his own prep hammer mark to 210'6".

PENN Schoterman's 219'4", Gibson's 13.4 Top Relays

Philadelphia, Pa., April 22-24 /by Jim Dunaway/--Meet-record individual performances by hammer thrower Al Schoterman (219'4") and high hurdler Paul Gibson (13.4) took the spotlight away from the relay runners at the 77th Penn Relays, which stretched over three days for the first time.

Schoterman's best throw, his first, plunked the meet record by 17½-feet and settled the competition right there. His next two were close at 218'9" and 217'11", but then he tailed off with a 209'1" and two fouls in the same range. The winning mark won him the outstanding performer's trophy, marking the first time a thrower had taken it.

Gibson came to the meet obviously aiming for the same trophy, but could only pull out his outstanding hurdles race before falling victim to a ton of bad luck. In the highs, he soundly whipped Bill High (13.7), a rather surprising Tom Ryall of Baptist (13.7) as well as Godfrey Murray (13.8). Gibson's margin was a big three yards, and the wind, which hit peaks in the 30-mph range during Saturday's competition, was a legal 2.3 mph.

Gibson had also qualified for the 100 final, but scratched. Earlier in the day he had been outleaned at the tape in the 440 relay final by Bill Cuffee of Norfolk State in a virtual dead heat; later, he suffered a hamstring pull while leading comfortably in the 880 relay anchor leg. Even so, he crow-hopped the final 60 yards to bring UTEP in fourth in 1:26.4 behind Adelphi's winning 1:24.3. UTEP was the defending champ in both sprint relays. Tom Ulan of Rutgers, like Gibson, suffered a severe hamstring pull. It is expected to sideline him for at least a month.

Villanova, which usually cleans up here, had its problems, too, but won three relays with a combination of team depth and Marty Liquori. Liquori needed only a 4:04.1 to win the distance medley relay after Chris Mason's 2:56.2 1320 leg, and a 4:07.9 to take the four-mile relay. He had to work hard in the two-mile relay, though, taking the stick just ahead of Manhattan frosh Joe Savage and fighting off Savage for the final lap. Liquori's split was 1:48.5, Savage's 1:48.7. "I knew he'd be tough," said Liquori, "and he was."

Villanova's luck ran out in the sprint medley and mile relays. In the sprint medley relay, Bob Kaczka of South Carolina produced a 1:48.5 to over-



With a 1:48.5 anchor on Villanova's 7:25.6 two-mile relay winner, Marty Liquori (2nd from left) ran his string of Penn Relays wins to nine for nine. Chris Mason (l) ran 1:50.1, Greg Jones (c) 1:50.6 for El Paso (3rd, 7:26.8) and Joe Savage (2nd from right) 1:48.7 for Manhattan (2nd, 7:26.0) after a 1:50.3 by John Lovett (r). /Albert Session/

haul Chris Mason, who was hampered by blisters, while in the mile relay Adelphi and Tennessee were simply too fast for the Wildcats.

Adelphi may have been lucky to win the 880 relay thanks to Gibson's injury, but their mile relay victory was well-earned and fast (3:07.9) considering the cold, windy day. Soph Dennis Walker put Adelphi into the lead with a 46.1 third leg and gave anchorman Clyde McPherson a 10-yard lead, just enough to hold off Tennessee frosh Darwin Bond's swift 45.9 leg.

The club relays were good races, too. Jim Burnett blazed the day's fastest quarter, 45.7, to bring the Philadelphia Pioneers home first in the mile relay in 3:09.4. Earlier, Burnett had dropped the stick in the sprint medley relay, removing Benedict Cayenne from an anchor group which included Byron Dyce, Juris Luzins and Brian McElroy. Dyce ran 1:48.4 to hold off Luzin's 1:47.4 and McElroy's 1:48.6, although McElroy was boxed for most of the final 220 and should have won the race for the NYAC otherwise.

The jumping was led by Penn State's ineligible Gene White, who flopped 7'2" to win the open event, while Eric Howard straddled 7'0" in the college division. Florida soph Mike Cotton and Ann Arbor Track Club veteran Bill Barrett won their respective divisions of the vault at 16'6¼". Norm Tate fouled a 27-footer but leaped 26'0" to beat Ralph "The Hawk" Boston's best of 25'3¼".

Other field event marks of note were Vince Monari's 65'1½" in the shot and Mark Murro's 268'5" in the javelin. Plagued by a still-sore ankle, a bad back and a following wind, Murro had three over 80- meters (262'5½") and said, "I had a good day."

Best distance performance was an 8:40.2 steeplechase by Barry Brown,

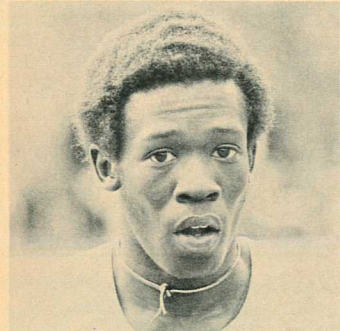


What may look like a mass of confusion at the Penn Relays is actually an example of the meet's organization. With thousands of competitors in high school events alone, such innovations as these marshalling areas for teams in various relay races help reduce confusion. /Paul Sutton/

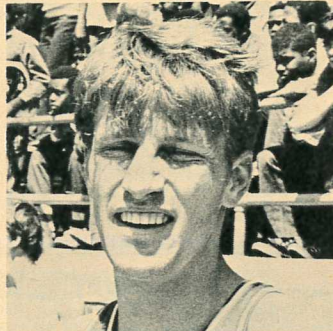


Among the nine Penn Relays wins by Marty Liquori (c) was this 9:44.2 distance medley triumph. He contributed a 4:04.1 anchor mile. Ron Stonitsch (l) brought C. W. Post in fourth at 9:50.2 with 4:07.6, while Joe Savage (r) finished off Manhattan's 9:45.6 second placers with 4:05.2. /Paul Sutton/

which left Bill Reilly and Sid Sink far behind. Greg Fredericks showed a murderous kick to win the college three-mile in 13:36.2, while veterans Steve Stageberg and Tom Donnelly began their Olympic comeback campaigns with victories in the open three-mile (13:52.4) and six-mile (29:01.4).



Gene White tacked two inches on his previous high jump best with a 7'2" flop for victory at Penn. /Albert Session/



Bob Steele had reason to smile at the Penn Relays: his 51.0 gave him the 440 hurdles championship. /Session/

100(7.8 mph), Green 9.3; 2. Jackson 9.5. Open 100(1.3 mph), Greene 9.6. 3Mile, Fredericks 13:36.2; 2. McKay 13:39.8; 3. Stonitsch 13:43.6; 4. Keogh 13:45.8. 6Mile, Donnelly 29:01.4; 2. Walsh' 29:05.8. 3000mSt, Sink 8:52.2. Open 3000mSt, Brown 8:40.2; 2. Reilly 8:43.6; 3. Kelley 8:58.6. MileWalk, Romansky 6:23.2; 2. Diebold 6:25.7; 3. Daniel 6:29.7. 120HH(2.3 mph), Gibson 13.4; 2. High 13.7; 3. Ryall 13.7; 4. Murray' 13.8. Open 120HH(2.3 mph), Coleman 13.8. 440H, Rondeau 51.7; 2. Ryall 52.1. Open 440H, Steele 51.0; 2. Collins 51.7; 3. Lee 52.4. HJ, Howard 7'0". Open HJ, White 7'2"; 2. Bowers 7'0". PV, Cotton 16'6 $\frac{1}{4}$ ". Open PV, Barrett 16'6 $\frac{1}{4}$ ". LJ(windy), Faussett 25'3 $\frac{3}{4}$ ". Open LJ(ok), Tate 26'0"; 2. Boston 25'3 $\frac{3}{4}$ ". TJ(nwi), Maisonave' 51'7 $\frac{3}{4}$ "; 2. Smith 51'3 $\frac{1}{2}$ "; 3. Faussett 50'7 $\frac{1}{4}$ "; 4. Coleman 50'1". SP, Monari 65'1 $\frac{1}{2}$ ". HT, Schoterman 219'4"; 2. Diehl 196'11"; 3. Dinneen 195'9"; 4. Sirois 185'2"; 5. McMerritt 182'9"; 6. Furcht 182'7"; 7. Greenwood 181'9"; 8. Furness 180'8". HT, Murro 268'5" (244'1", 250'11", 263'9", 255'1", 263'2", 268'5"); 2. Hagy 244'5".

440R, Norfolk State 40.8; 2. El Paso 40.8. 880R, Adelphi 1:24.3 (Hardware, Davis, Lee, Walker); 2. Norfolk State 1:24.4. Heats: El Paso 1:24.3. MileR, Adelphi 3:07.9 (Lee 48.2, Davis 46.9, Walker 46.1, McPherson 46.7); 2. Tennessee 3:08.2 (Craig 48.4, Hardy 46.5, Womble 47.4, Bond 45.9); 3. Temple 3:11.4 (Elwell 46.1). Open MileR, Philadelphia Pioneers 3:09.4 (Randolph 48.6, Cayenne' 47.3, Roberts' 47.8, Burnett 45.7). 2MileR, Villanova 7:25.6 (Mason' 1:50.1, Liquori 1:48.5); 2. Manhattan 7:26.0 (Rothrock 1:50.8, Lovett 1:50.3, Savage 1:48.7); 3. El Paso 7:26.8. 4MileR, Villanova 16:43.8 (Liquori 4:07.9); 2. Pennsylvania 16:44.6 (Thornton 4:04.6); 3. Bowling Green State 16:47.2 (Sink 4:06.0). SpMedR, South Carolina 3:19.8 (Kaczka 1:48.5); 3. Villanova 3:21.2 (Mason' 1:50.6); 3. Fordham 3:22.7 (Philippe 1:48.9). Open SpMedR, United AA 3:21.1 (Dyce' 1:48.4); 2. Quantico 3:21.2 (Luzins 1:47.4); 3. NYAC 3:21.3 (McElroy 1:48.4). DisMedR, Villanova 9:44.2 (Mason' 2:56.2, Liquori 4:04.1); 2. Manhattan 9:45.6 (Savage 4:05.2); 3. Pennsylvania 9:46.8 (Thornton 4:05.4). 480HHR, Tennessee 57.7; 2. Penn State 57.8.

Bible of the Sport

DRAKE Shorter Posts Durable 13:07.0, 27:24.4 Double

Des Moines, Ia., April 23-24 /by George Grenier/ --The 62nd Drake Relays served as the stage for Frank Shorter to gird his reputation as an excellent and durable distance runner with a superb three- and six-mile double.

Shorter lowered his week old PR of 13:08.6 to 13:07.0 to take 10th spot on the all-time world list. Shorter hadn't planned on running that fast, since he had put in 125 miles of running since Kansas with 15 of them on the nearly deserted streets of downtown Des Moines except for a few startled pedestrians Thursday night. Teammate Jack Bacheler accompanied Shorter Thursday night and up to the 2.5 mile mark on Friday afternoon through an 8:45.2 two-mile. After Bacheler started to fade, Shorter considered easing off to save himself for Saturday's six-mile, but announcer Jim Duncan's insistent voice-calling off the record pace goaded him on. Shorter commented after the race, "The minutes don't come easy when you start getting this low. If it hadn't been windy, I could have had 13. The wind was worth six to seven seconds."

Shorter didn't have his choice in the six-mile. He was pushed and pushed hard by Garry Bjorklund. Shorter came within .4 seconds of his PR with a 27:24.4 while Bjorklund lowered his collegiate record by over six seconds to 27:24.6. Shorter was trailed by Bacheler through a 4:33.8 and 9:09.2 mile and two-mile in an apparent duplication of the three-mile. But at three-miles, it was a five man race led by Shorter in 13:46.0 with Bacheler (13:46.4), Bjorklund (13:46.8), Charley Messenger (13:47.2) and John Jones (13:47.6). Bjorklund passed Bacheler at 3 $\frac{1}{2}$, and Shorter stepped up the pace from 70s to a 65 second lap to shake Bjorklund. But the gain was only a short-lived four yards. At four-miles, it was Shorter at 18:19.4 and Bjorklund 18:19.6 with a 15 yard lead on the second group of three, who had 80-yards more on Dave Hindley. For the next mile, Bjorklund ran tight on Shorter's shoulder and took the lead momentarily at five-miles, 22:59.4 to 22:59.8. On the final lap, Bjorklund started a long drive but couldn't shake Shorter. Shorter ("afraid of knotting up") saved himself to the final turn. After the race, Shorter said, "I told you Garry was really good. He scares me when he's fresh. No collegian will beat him this year. When you run the six, it takes a week or two to think about running it again. The three is different. I could run that every weekend."

Five cracked 28 minutes and 10 were inside 30. Messenger, who finished fourth in 27:47.6, moved into sixth spot and Jones (5th, 27:48.4) moved into seventh on the all-time US list.

The fine distance running in the individual events carried over into the distance relays. Houston took the four-mile relay in 16:27.0 with its cosmopolitan team of a Moroccan, Canadian, American and Australian. Kansas State led Houston over the first two legs; Leonard Hilton's 3:59.8 third carry with a 58.2 last lap gave Houston the margin needed for victory. Oklahoma State's Larry Rose (4:05.3) outkicked Kansas State's Jerome Howe for second in the final twenty yards. On the next day, Howe came back with a 4:00.3 anchor in the distance medley to outkick the Illini's Lee LaBadie (4:01.4) to win by a fifth in 9:35.6. LaBadie did contribute a 1:48.5 third leg in the two-mile relay to give Illinois its 100th win in the Drake Relays.

Mark Winzenried showed he was a bull by running three sub-1:50 legs.

The Drake Relays six-mile was blistering from the start. Frank Shorter (l) and Garry Bjorklund battled throughout and right down to the wire here in the homestretch. Shorter's 27:24.4 missed his best by just four-tenths while Bjorklund's 27:24.6 bettered his own collegiate record. /Des Moines Register/



Toomey Enthuses on US Decathlon Scene



"There's no doubt in my mind. Barring injury, he is a potential gold medal winner in the decathlon at Munich."

The speaker, Bill Toomey. The occasion, the aftermath of the Mt. SAC Relays' decathlon. The subject of Toomey's enthusiasm, Lynn Baker. The logical question, why?

"Everybody was impressed with Baker", reports the Olympic decathlon champ and world record holder. "They kept looking for a weakness. But he really doesn't have any. Except experience."

In his first-ever decathlon, Baker totaled 7286 points. A fine start--possibly the best-ever by an American--but not necessarily good enough to start planning victory speeches. Most likely it will take another thousand points, or more, to mine Munich gold. But Toomey, a decathophile for a decade, sees the potential.

"He has got the good, natural speed, running 10.6 on a soft track when only two others could break 11.1. His potential is 10.3. He has been over 25-feet in the long jump. He did 23'1/2" in the decathlon, suffering from a heel bruise and taking only a half run. I can see him as a 26-footer, easily. He told me he has been getting 47-feet consistently in practice, but he tightened up a little and did only 44'6". As a high jumper, he's a tremendous prospect. His 6'3/4" doesn't look like it, but he has the best lift I've ever seen. I see him as a 6'6" jumper now and 6'8" with development. With his speed, his 400 should be much better than 52.3.

"He's an aggressive hurdler and ran 15.3 while hitting every hurdle.

He qualified Wisconsin with a 1:49.0 anchor in the sprint medley and gave them the win the next day with a 1:47.1. He had a 1:46.9 anchor in the two-mile relay, even though his team finished back in fifth.

The mile relay finale was a real thriller as all eight teams finished in a three second span from 3:05.6 to 3:08.6. Abilene Christian jumped into the lead on the first leg and was never headed despite many challenges. Bob Woodroof's second leg of 46.1 put them in good position over Rice in second. A 46.4 carry by Steve Straub of Rice and an excellent exchange brought Chip Grandjean up to Roger Colglazier's shoulder at the start of the anchor, but the 45.4 by Roger gave Abilene Christian the 3:05.6 victory for the fastest time this year and faster than any team ran in 1970. Nebraska's Garth Case with a 45.8 carry moved past Rice on the final turn to clock 3:06.2 to 3:06.7. Dale Alexander's 45.0 carry for Kansas State moved them from seventh to fourth in 3:07.0. Tommie Turner ran 45.2 to bring Murray State in last in 3:08.6.

Abilene Christian had an earlier win in the 880 relay in 1:23.9 to become the only double relay winner in the University Division. The world record holding Texas Aggies finished fifth with a team bereft of Marvin Mills and Rockie Woods, victims of pulls in the 440 relay heat. The Aggies, who won three relays last year, were only able to retain their 480 hurdle relay crown. That was from a lucky break that saw the first two finishers disqualified for starting too early.

Texas, which looked impressive at Kansas, tried to play it cool in the sprint medley and mile by resting Morton and Bill Goldapp in the prelims. Since they did not qualify, a consolation 440 was arranged, which Morton took in 46.6 from Jim Bolding at 47.0.

In the college division, Texas Southern successfully defended its three titles by taking the sprint medley in 3:17.9 on the strength of a 1:48.1 carry by Tommy Fulton. They took the 440 in 40.0 and got the 880 in 1:23.9 when Prairie View was disqualified after running a 1:22.9. Prairie View won the mile relay with ease in 3:08.4 with a 45.7 leg by Alvin Dotson.

Ralph Mann found the going a little rough on "his favorite track" where he set the world record in the 440 hurdles. In the heat, running on the inside lane, he clobbered the sixth hurdle and chopped badly on the tenth but nevertheless clocked a 51.5. Ralph had the same overstriding problems in the final as he did in the heats and at Texas. He had a comfortable lead at the fifth hurdle, was off balance around the turn, but corrected himself. Just before the last hurdle he saw the end in sight and turned on the power. He had to chop for the last hurdle and lost balance ("and one second of

Lynn Baker performed spectacularly in his first-ever decathlon, amassing 7286 points here at Mt. SAC. He threw the javelin 202'7". /Don Chadez/

In the discus, he has thrown over 160 in practice and was over 150 warming up. But only 141'7/2" in the competition. The pole vault is a great event. He took only a half run, slushed out when he bent his 170-lb. pole too much and still made 14'3/2" easily on a sprained ankle. He's a 15-footer. In the javelin, he has done 215 in practice. His 202'7" was without proper shoes. The 1500 was run on a swollen ankle and guts. (He did only 5:48.3 and a modest five minutes on good wheels would have given him a spectacular debut of 7513.)

"He's the guy for Munich", Toomey summed up. "The hottest talent I've ever seen."

Baker is near ideal size for the decathlon at 6'1" and 185-lbs. or so. He prepped at Aurora Central in Denver and competed for the University of Colorado (Toomey's alma mater) in 1965-7. There, he long jumped 25'4" with wind and triple jumped 48'6/4". He also played basketball, which limited his exposure to track and field. Lynn's only previous experience in multi-event competition came in the pentathlon, where he won the AAU in 1967 with a moderate 3448 points. Now he teaches school in Boulder, home of the University of Colorado, and has decided he wants to be a decathlete.

Baker's emergence led Toomey to consider America's over-all decathlon prospects. He likes what he sees. "We'll be the best represented ever. It's going to be a real fight to make that team. For the first time ever, we'll have true depth at a high level."

Also impressing Bill at Mt. SAC was Tom Waddell. The surprise of the 1968 season, topped by a sixth place finish at Mexico, the now 33-year-old doctor hadn't competed since the Olympics. His 7629 score was within striking distance of his 7720 PR and Toomey sees the potential a lot higher.

Bill sees at least eight 8000-plus scorers for the US in 1972. (There are only 17 in history, worldwide.) Besides Baker and Waddell, who have yet to make it, there are three who have topped 8000: Russ Hodge, who has done 8230 ("if he holds up"); Jeff Bennett, who surprised with 8072 last year ("nobody has more guts"); and John Warkentin, the AAU titlist at 8026 ("he keeps on improving").

Then there is Jeff Bannister, who was on his way to over 8000 when injured in last year's AAU and who is now recovering nicely ("he's got everything: size, ability, competitive desire"). And two younger men who finished their collegiate careers last summer. Steve Gough upped his PR to 7604 in the first meet of his second full season in the event ("when he learns to vault, watch out"). And Rick Wanamaker won at Drake with 7685, up 279 points from his mid-June NCAA win of 7606 last year, after he had been concentrating on basketball ("like Gough, he's just a beginner and has the equipment to go far").

Out of this group, says Bill, will come a mighty tough Olympic crew. "We'll win some medals for certain. All three is not impossible".

Beyond 1972, Toomey sees an even brighter future. "Now that the decathlon has been recognized in the US, and put on the collegiate program, we're seeing fast results. We're building the base for great things to come."

There's one more 8000-pointer around. Unfortunately, he's not available and no one is any sorrier about that than Toomey. "I'm in good shape and as eager to compete as ever. Maybe more so now that they won't let me. It's frustrating, but maybe, somehow, I can help." /by Bert Nelson/

time") but still won in 50.9.

Al Feuerbach took the shot and Karl Salb's measure with a 65'9 3/4" to Salb's 65'7". Salb came back the next day in the university shot with 65'4 1/4". Feuerbach had his hand taped in violation of the rules. Salb discussed it with Al that night and appeared the next afternoon with his hand taped.

Jerome Howe's (r) 4:00.3 mile finished off Kansas State's 9:35.6 distance medley win at Drake, sixth-fastest ever. Rick Gross brought Illinois to the seventh-quickest clocking of 9:36.0 with 4:01.3. /Jeff Jacobsen, Topeka Capital-Journal/



100(11.7 mph). Gray 9.2; 2. Phillips 9.3; 3. Washington 9.3.
 Heats: I(3.5 mph)-1. Washington 9.3. II(6.0 mph)-1. Levy' 9.4. III(4.0 mph)-1. Gray 9.4. 440, Morton 46.6; 2. Bolding 47.0. Mile, Carlberg 4:05.3. 3Mile, Shorter 13:07.0; 2. Bachelor 13:15.4; 3. Hindley' 13:31.8; 4. Messenger 13:40.0. 6Mile, Shorter 27:24.4; 2. Bjorklund 27:24.6 CR; 3. Bachelor 27:36.8; 4. Messenger 27:47.6; 5. Jones 27:48.4; 6. Hindley' 28:10.6; 7. tie, Misner & Dutton 28:28.0; 9. Tomczak 28:32.6; 10. Hoffman 28:47.6. 3000mSt, Liebenberg 8:43.6; 2. Timm 8:50.0; 3. Gray 8:53.4; 4. Costello 8:57.4; 5. Engen' 9:00.8. 120HH(2.1 mph), Milburn 13.5; 2. Taylor 13.7; 3. T. McMannon 13.8; 4. Bates 13.9; 5. Bolding 13.9. Heats: II(4.3 mph)-1. Milburn 13.7. 440IH, Mann 50.9; 2. Minor 51.2; 3. Hartwick 51.3; 4. Cronholm 51.7; 5. Bolding 52.0. Heats: I-1. Mann 51.5; 2. Minor 51.8; 3. Stevenson 51.8; 4. Lee 51.8. II-1. Cronholm 51.6; 2. Low 51.7; 3. Bornkessel 51.8. III-1. Hartwick 51.5. Mar, Mortenson 2:27:23; 2. Warthan 2:28:30.

HJ, Matzdorf 7'1 $\frac{3}{4}$ "; 2. Heikkila 7'0"; 3. Bernard 7'0"; 4. Bygd 7'0". Open HJ, Bowers 7'1 $\frac{3}{4}$ ". . . 4. Fosbury 6'8". PV, Roberts 17'0"; 2. Craig 17'0". LJ(ok), Johnson 25'1"; 2. Kirkland 25'1 $\frac{1}{2}$ ". . . 5. Brabham 24'9 $\frac{1}{4}$ ". TJ(ok), Geredine 51'1 $\frac{3}{4}$ "; 2. Onyango' 50'10 $\frac{3}{4}$ "; 3. Gordon' 50'4 $\frac{3}{4}$ "; 4. Larkins 50'1 $\frac{3}{4}$ "; 5. Cooksey 49'9". SP, Salb 65'4 $\frac{1}{4}$ ". Open SP, Feuerbach 65'9 $\frac{3}{4}$ "; 2. Salb 65'7"; 3. S. Wilhelm 63'11 $\frac{1}{2}$ ". DT, Louisiana 186'10". HT, Accambrey' 202'8"; 2. Penny 193'2"; 3. Leitch' 192'0". JT, Pihl' 255'3"; 2. Johansson' 241'3"; 3. Morland 237'4".

University relays: 440, Indiana 40.2 (Goodrich, Miller, Powell, Highbaugh); 2. Michigan State 40.5; 3. Kansas 40.6. 880R, ACC 1:23.9 (McGuire, Overly, Woodroof, Colglazier); 2. Michigan State 1:24.3; 3. Kansas 1:24.3; 4. Louisiana State 1:24.3. MileR, ACC 3:05.6 (Overly 47.1, Woodroof 46.1, McGuire 47.0, Colglazier 45.4); 2. Nebraska 3:06.2 (Priestley' 47.1, Pierce 47.0, Motley' 46.3, Case' 45.8); 3. Rice 3:06.7 (Cronholm 47.5, Dicke 46.4, Straub 46.4, Grandjean 46.4); 4. Kansas State 3:07.0 (Alexander 45.0); 5. BYU 3:07.2 (Mann 46.5, Tamani 45.6); 6. Louisiana State 3:07.9 (Coffee 46.0, Wills 46.3); 7. Illinois 3:08.5 (Dozier 46.0); 8. Murray State 3:08.6 (Turner 45.0). Heats: I-1. Murray State 3:09.1 (Turner 45.5); 2. BYU 3:09.2; 3. Texas 3:09.9 (Morton 45.0). II-1. ACC 3:07.8 (Colglazier 46.2). III-1. Nebraska 3:09.8. 2MileR, Illinois 7:21.6 (Dozier 1:51.4, Mango 1:51.0, LaBadie 1:48.5, Phillips 1:50.7); 2. Nebraska 7:24.6; 3. Drake 7:25.4; 4. Pitt 7:26.6; 5. Wisconsin 7:28.2 (Winzenried 1:46.9). 4MileR, Houston 16:27.0 (Jaouhar' 4:09.6, McCleery' 4:12.0, Hilton 3:59.8, Sigmont' 4:05.6); 2. Oklahoma State 16:31.6 (Rose 4:05.3); 3. Kansas State 16:31.8 (Howe 4:04.1); 4. Missouri 16:34.6. SpMedR, Wisconsin 3:17.8 (Kartman 46.6, Winzenried 1:47.1); 2. Wyoming 3:19.2 (Jensen 1:48.3); 3. North Texas State 3:19.2 (Stephens 1:48.2). DisMedR, Kansas State 9:35.6 (Peterson 2:58.5, Alexander 46.9, Vinson 1:50.0, Howe 4:00.3); 2. Illinois 9:36.0 (Gross 2:57.5, Dozier 46.7, Phillips 1:50.2, LaBadie 4:01.3); 3. Houston 9:40.0 (Hilton 4:03.4); 4. Oklahoma State 9:41.0; 5. Nebraska 9:41.8 (Carlberg 4:01.7). 480HHR, Texas A&M 58.7. Heats: I-1. Michigan State 56.7 =CR (Hartwick 14.6, Martin 14.0, Doughty 14.0, Morrison 14.1); 2. Illinois 58.6. III-1. Texas A&M 58.3.

College relays: 440R, Texas Southern 40.0 (Sumpter, Polk, Williams, Taylor); 2. Dallas Baptist 40.3; 3. Prairie View A&M 40.4; 4. Southeast Louisiana 40.5. 880R, Texas Southern 1:23.9; . . . disq-Prarie View A&M 1:22.9. MileR, Prairie View A&M 3:08.4 (Dotson 45.7); 2. Southwestern Louisiana 3:09.4. 2MileR, Dallas Baptist 7:29.2 (Evans 1:48.9). SpMedR, Texas Southern 3:17.9 (Fulton 1:48.1); 2. Southern U 3:18.4 (Kimball 1:49.2); 3. Dallas Baptist 3:18.5 (Evans 1:48.1). DisMedR, Eastern Michigan 9:43.4.

MT. SAC

Silvester Sails Discus 220'4" in Super Wind

Walnut, Calif., April 23-25 /by Jon Hendershott/--Jay Silvester came out ahead--way ahead--in one of the greatest displays of quality discus efforts in history with the second-longest mark ever by an American, 220'4", at the wind-blown 13th Mt. San Antonio College Relays.

Gusty blows which sometimes hit 30 mph blew the implements of a total of six discusers over 200-feet and an even dozen past 190 feet, as the jumps and straight races also benefited from the helpful tempests. Arnie Robinson, sinewy NCAA long jump champ from San Diego State, flew 26'8" as Stan Whitley and Ron Coleman also bounded beyond 26-feet, while Milan Tiff triple jumped 53'10". Don Quarrie and Chuck Smith both got 9.3 100s and Tommie White a 13.5 highs win over hefty Willie Davenport. While not helped by the wind, Randy Matson still hit 67'4" as Bruce Wilhelm and Richard Marks surpassed 65-feet for the first time.

While the longer running events suffered because of the wind, the discus throwers went animal over it as it whistled in from the most-helpful-for-throwing right quarter. Many warm-up throws sailed well over 200-feet and some landed on the track, once or twice nearly picking off runners in races.

John Powell lit the fuse on the fireworks in the first flight as he spun the plate out to 207'1", upping his previous best from 201'6". But his lead was short-lived. Warming-up for the second flight, Silvester hit 210 and Gary Ordway kicked up chalk in lane two of the track out around 215.

Silvester's first throw was a foul and then came the bomb. After his usual three wind-up swings, he whipped through his second throw and the discus soared. Its left edge dipped slightly as the wind boosted it along. Then it lowered and divebombed down toward a white stopboard at the end of the grass landing area which usually stopped ricocheting discs. Silvester's plate hit the foot-high board and flipped over it as the 8650 on-lookers roared. From the ground below the point of impact, the throw taped out at 220'4", Silvester's, and America's, second-longest throw ever. And only Jay's 224'5" global best and Ricky Bruch's 223'3 $\frac{1}{2}$ " European record are farther all-time.

"It's surprising to get one like that," Silvester, who was named field athlete of the meet, said later. "Particularly surprising today because I didn't feel precise, strong, powerful, brutal. I just banged around in there and let one go. On my last throw, I did feel powerful and smooth and I thought I had something on it. But it was low and flat and not near as far as some of the others. The 220-footer was just a nice, relaxed throw. Sure, a big wind is important for long throws; that's no secret. I think the big one would have been around 207 with no wind. I'm happy I just happened to throw farther than anyone else."

The parade behind Silvester was incredible. Ordway upped his all-time best to 208'5" from 203'10". Then came Powell with the longest third-place in discus annals and the next five placers also produced bests for their respective places: Tim Vollmer fourth at 205'11", John Van Reenen fifth at 202'10", Dick Drescher sixth at 200'6", Miles Lister seventh with 198'11"

(Below left) New collegiate steeple record holder Jeromee Liebenberg (r) is out of the Drake water pit first and was first at the finish in 8:43.6. Don Timm (c) ran 8:50.0 in second with Dennis Bayham (l) sixth in 9:07.4 even with this fall. /Rich Clarkson, *Topeka Capital-Journal*/ (Below right) Conrad Nightingale (c) trailed until the final lap of the Mt. SAC steeple then came on for an 8:47.6 win. John Mason (l) edged Cliff Clark (r) for third by two-tenths with 8:51.0. /Don Chadez/



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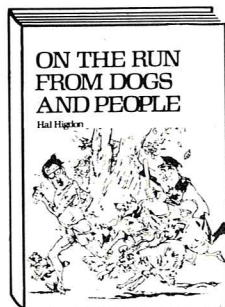
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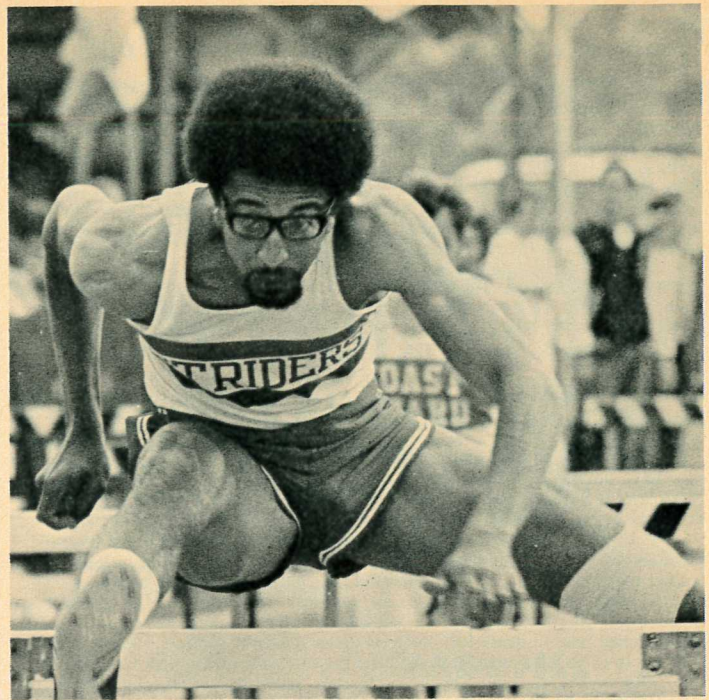
and Bill Neville eighth at 197'11". As well, Fred DeBernardi's PR 197'10" matched the collegiate best this year, thrown the same day by Joe Antunovich at Stanford. And Dave Weber's 184'8" could place him only 14th and last. Of the 14 competitors, 13 were Americans, with only Jon Cole and Doug Knop missing from this year's group of 200-footers.

Arnie Robinson long jumped farther than anyone else, surpassing 26-feet by eight inches. "It was so nice to finally get over 26-feet," he said, "even if it was wind-aided (by a 9.3-mph gust). I've been shooting for that for a long time." Stan Whitley extended to 26'6½" in second with muscular Ron Coleman of the US Army third at 26'2½", another windy PR. Another hefty soldier, Henry Jackson, was ¾" shy of 26-feet as he produced a consistent series of 25'7½", a legal 25'10½", 25'11¼" and 25'10½".

Coleman and Robinson commented on the effect of the wind on long jumpers. "On big guys like me or Henry Jackson (both around 6'1" and 195-lbs.), the big winds don't help us as much as the slighter jumpers," revealed Coleman. "It seems that we get a boost off the board and up into the air but once we are in the air, we tend to drop quicker because we are heavier." Robinson, at 5'11" and 165-lbs., commented, "I felt like I was really carried farther. I really charged the board after moving my steps back and I got a big lift off the board. I just really had to bomb into the take-off."

In the triple jump, Milan Tiff bounced to 53'10" on his third leap to win, while Dave Smith fouled twice and passed his last jump.

Matson's shot win was "typical" for Randy as he salted it away with a 66'6¾" opener. He followed with 66'3½" before punching his winning 67'4" and closed a good day's work with 66'10¼", 64'4, 65'8¼". Bruce Wilhelm hit a PR 65'3½" in the second round for the runner-up slot, while Richard Marks reached 65'¼" in the following round for his second PR raising in two weeks. Wilhelm reportedly had a measured 67'3½" warm-up.



Tom White bucks over a hurdle en route to the first of his two wins at Mt. SAC, a 57.3 480 hurdle relay. He also took the highs in a wind-blown 13.5. /Don Chadez/

DeBernardi 61'5¼"; 6. Tollefson 59'8¼". DT, Silvester 220'4"; 2. Ordway 208'5"; 3. Powell 207'1"; 4. Vollmer 205'11"; 5. Van Reenen 202'10"; 6. Drescher 200'6"; 7. Lister 198'11"; 8. Neville 197'11"; 9. DeBernardi 197'10"; 10. Kohler 197'0"; 11. Weill 190'4"; 12. Tollefson 190'3"; 13. Hoffman 188'1"; 14. Weber 184'8". HT, Frenn 227'9"; 2. Hart 200'8". JT, Luke 267'2"; 2. Schmidt 262'2"; 3. Laville 252'11"; 4. Skinner 251'4"; 5. Covelli 248'9".

Dec, Bennett 7665 (10.8, 23'2", 39'6¾", 6'¾", 49.0, 15.4, 120'11½", 15'7", 184'1", 4:19.2); 2. Waddell 7629 (11.4, 24'½", 49'5¼", 6'5¼", 51.7, 15.8, 149'8", 13'9½", 206'7", 4:49.2); 3. Gough 7604 (11.1, 23'10¼", 49'3¾", 6'4", 51.6, 15.1, 160'0", 12'4", 191'10", 4:51.8); 4. Baker 7286; 5. Sepci 7199; 6. Pannel 7112; 7. Bakley 7034.

440R, Striders 40.6 (RR Smith, Fray, Quarrie, Miller). 880R, Striders 1:25.3 (Mitchell, Kuller, Kemp, Quarrie). MileR, Pacific Coast Club 3:11.9 (Frey, Van Hofwegen, Musika, Elbel). 2MileR, US Army 7:38.0 (Twomey, Schabram, Crawford, Lemaster). SpMedR, Texas Striders 3:26.2 (Porter, Thiel, Vicenik, F. Johnson). DisMedR, Pacific Coast Club 9:42.6 (Elbel 47.3, LaBenz 1:50.6, Lawson 2:58.1, Mason 4:06.6); 2. Northern Arizona 9:43.8. 480HHR, Striders 57.3 (Dutton, Power, Hall, White).

In his first decathlon since a sixth in the Mexico Olympics, Tom Waddell placed second at Mt. SAC with 7629 points. He hurled the javelin 206'7". /Don Chadez/

In the straightaway races, Don Quarrie and Chuck Smith both lagged early in their 100s before edging ahead for 9.3 wins. Erv Hall led the highs early but Tom White came on mid-way to hold off Willie Davenport by a tenth in 13.5. Arne Kvalheim sat on George Young's shoulder until 300-yards remained in the 5000-meters then gunned away for a 13:52.0 win, which also gained him track athlete of the meet honors.

The javelin produced a surprise as Fred Luke, ex-Washington thrower now representing the Husky Spike Club, whipped the spear 267'2" to top Bill Schmidt (262'2"), Ben Laville (252'11"), Bill Skinner (251'4") and Frank Covelli (248'9"). George Frenn's 227'9" topped Larry Hart by 27'1" in the Hal Connolly-less hammer. Jeff Bennett overcame Tom Waddell's first-day lead to win the decathlon, 7665 to Waddell's 7629, his first full decathlon since his sixth-place in the Mexico Olympics. Steve Gough matched his PR with 7604 in third.

100(windy), C. Smith 9.3; 2. Kemp 9.4; 3. Lawson 9.4; 4. Henderson 9.4; Pender disqualified for two false starts. Open 100, I(windy)-1. Quarrie 9.3; 2. Harris 9.5; 3. R.R. Smith 9.5. II(windy)-1. Porter 9.4. 440, Evans 46.6. 880, Sandison 1:51.8; 2. LaBenz 1:51.8. Mile, Mason 4:10.9. 5000m, A. Kvalheim 13:52.0 (13:29.0 3miles); 2. Young 13:56.4; 3. Harrison 14:03.8; 4. Sliney 14:04.8; 5. Riley 14:12.8. 10,000m, P. Ryan 30:10.6 (29:20.4 6miles); 2. K. Moore 30:10.8; 3. Bednarski 30:11.8; 5. Lough 30:12.0. 3000mSt, Nightingale 8:47.6; 2. Price 8:50.8; 3. Mason 8:51.0; 4. Clark 8:51.2. 5000mWalk, Dooley 21:53.8; 2. Laird 22:17.8; 3. Tyrer 23:11.2. 10,000mWalk, Laird 44:58.4; 2. Walker 45:22.8; 3. Tyrer 47:20.4; 4. Kelly 47:42.4. 120HH(windy), White 13.5; 2. Davenport 13.6; 3. Carty 13.7; 4. Hall 13.8; 5. Livers 13.9. Open 120HH(windy), Magee 14.1. 440IH, W. Williams 51.1; 2. Whitney 51.6; 3. Wharton 52.0; 4. Ruby 52.0. Open 440IH, King 53.0.

HJ, R. Brown 7'1"; 2. Culp 7'¾"; 3. Lisby 7'¾"; 4. Allen 7'¾"; 5. Dobroth 7'¾". PV, Seagren 17'0"; 2. Railsback 17'0"; 3. Vaughn 16'6"; 4. Richards 16'6". Open PV, Steinhoff 16'6". LJ, Robinson 26'8" (9.39 mph); 2. Whitley 26'6½" (12.54 mph); 3. Coleman 26'2¼" (13.42 mph); 4. H. Jackson 25'11¼" (8.05 mph) (25'10½" ok); 5. Proctor 25'10" (10.29 mph). College LJ, Barfield 25'1½" (ok). TJ, Tiff 53'10" (windy); 2. Steffes 52'¾" (windy); 3. L. Jackson 49'10¾" (8.05 mph). College TJ, Gill 49'11¾" (ok). SP, Matson 67'4"; 2. B. Wilhelm 65'3½"; 3. Marks 65'¼"; 4. Samsam 62'1½"; 5.



Arms cartwheeling, Chuck Smith hurtles across the finish line to win the invitational 100 at Mt. SAC in a windy 9.3. /Don Chadez/

USTFF DECATHLON Wanamaker Tacks on 279 to Best for 7685 Win

Des Moines, Ia., April 21-22--The first two days of the Drake Relays also doubled as the USTFF national decathlon championships. Local product Rick Wanamaker, who last year won the NCAA title at the same site, tacked 279 points onto his previous best with his winning 7685. The top three finishers and seven of the top 10 recorded PRs as six exceeded 7000. Busy Eugene Miller of Ashland, in fifth, completed his fourth 10-eventer in as many weeks. Kearney State's Jim Sobieszczyk high jumped 6'8" and was in a second-place tie at the end of the first day with 3713, but was injured while warming-up for the vault and finished with 5085.

Dec. Wanamaker 7685 (11.2, 22'9 $\frac{1}{4}$ ", 47'9 $\frac{1}{4}$ ", 6'6", 51.0, 15.3, 142'8", 14'0", 207'1 $\frac{1}{2}$ ", 4:41.7); 2. Jenner 7401 (11.4, 22'3", 45'11 $\frac{1}{2}$ ", 5'10 $\frac{1}{8}$ ", 50.8, 16.1, 138'5 $\frac{1}{2}$ ", 14'9", 206'7", 4:34.1); 3. Samara 7208 (10.9, 24'3", 37'8 $\frac{1}{2}$ ", 5'8 $\frac{1}{2}$ ", 50.0, 15.3, 120'6", 15'0", 163'11 $\frac{1}{2}$ ", 4:47.9); 4. Hill 7106; 5. Miller 7031; 6. Johnston 7013; 7. Hupp 6939; 8. Proctor 6930.

MARINE CORPS Liquori Switches Races: 13:52.4m, 3:01.2r

Quantico, Va., April 30-May 1 /from Bob Hersh/ --Marty Liquori just may have opened up a whole new vista to his distance running with a seemingly effortless 13:52.4 5000-meter victory at the Marine Corps Relays in his third try at the three-mile/5000-meter distance.

Liquori, Barry Brown, Chris Mason and Paul Lightfoot strode easily through the first miles in 4:25.2 and 9:00.0 and remained fairly close through half of the third mile. Then Liquori struck with a lap-and-a-half to go, not kicking away, but rather moving away steadily and strongly. He cruised past three-miles in 13:27.2, 16.4-seconds faster than his best over that distance and finished nearly three full seconds up on Brown's 13:55.2. Mason clocked 13:57.6 in third, Steve Stageberg, who did not run with the pack early but who came on strong late, placed fourth with 13:59.6 and Britisher Lightfoot tagged fifth at 14:01.4.

"It's always been in the back of my mind, and Jumbo (Elliott) feels the same, that the 5000 might be my best event," Liquori commented later. "This was a good place to run it, too, and after running so easily here, I guess I'll give some more thought to running the 5000 more." His only performance after his Friday race was a 3:01.2 1320 Saturday on Villanova's winning distance medley team (9:53.6).

The meet's outstanding performer award went to Juris Luzins of the host Quantico Marines who won the open half-mile with 1:48.9 and ran five-tenths faster in anchoring the winning sprint medley team. The Marines' 3:19.6 (which included a 220 by Larry James, his first race since the 1600-meter relay at last year's Student Games) edged Sports International by three-tenths with United AA third at 3:20.2 and Manhattan fourth at 3:20.3. Good 880 legs for these respective teams came from Keith Colburn (1:48.4), Byron Dyce (1:47.6) and Joe Savage (1:48.9).

Other top performances included a 9.3 100 for Ohio junior collegian Bob Ware (Cuyahoga CC in Cleveland), Norm Tate's 25'5 $\frac{3}{4}$ "-51'1 $\frac{3}{4}$ " horizontal jump double, Jack Bacon's javelin victory with a PR 261'4" over Bill Skinner's 260'8" and Tom Gage's 224'3" hammer victory in his first meet since last year's AAU.

100(ok), Garrett 9.4. Open 100(ok), Ware 9.3. 880, Luzins 1:48.9; 2. Colburn 1:49.9. Mile, Bair 4:08.5. 5000m, Liquori 13:52.4 (13:27.2 3miles); 2. B. Brown 13:55.2 (13:28.4); 3. Mason' 13:57.6; 3. Stageberg 13:59.6; 5. Lightfoot' 14:01.4. 10,000m, Lightfoot 29:29.8 (28:31.2 6miles); 2. Chamberlain 30:10.8 (29:12.6); 3. Nagy 30:19.2 (29:22.8). 3000mSt, V. Kelley 8:58.8. 120HH(ok), Ryall 13.8. Open 120HH(ok), Reeves 13.9. HJ, David 6'11". PV, Struble 16'0". LJ(ok), Tate 25'5 $\frac{3}{4}$ ", TJ(ok), Tate 51'1 $\frac{3}{4}$ ". SP, Hearon 60'2 $\frac{1}{2}$ ". DT, Drescher 184'10". HT, Gage 224'3"; 2. Hall 205'6"; 3. Bredice 188'7". 440R, Philadelphia PC 40.7 (Randolph, Richburg, Hurd, Roberts'). 880R, Philadelphia PC 1:24.2. MileR, Philadelphia PC 3:13.3. Open MileR, Kentucky State 3:12.4 (Jordan 45.9). 2MileR, Manhattan 7:36.6. Open 2MileR, Villanova 7:40.0. SpMedR, Quantico 3:19.6 (Dudley, James, Kaemerer 48.8, Luzins 1:48.4); 2. Sports International 3:19.9 (Colburn 1:48.4); 3. United AA 3:20.2 (Dyce' 1:47.6); 4. Manhattan 3:20.3 (Savage 1:48.9). DisMedR, Villanova 9:53.6 (Liquori 3:01.2).

SOUTHWEST Woods Quadruples With 9.5, 13.7 Triumphs

College Station, Tex., April 30-May 1 /from Fred Duckett and George Grenier/--Texas A&M senior Rockie Woods did his best, capturing the 100 and high hurdles, anchoring the winning 440 relay team and taking second in the furlong, but local fans at the Southwest Conference meet had little else to cheer about, as Curtis Mills pulled up lame in the 220 and brother Marvin failed to make it through the preliminaries. The meet was split, with all field events the first day and all track events the second. A crowd of 10,000 watched the second day's proceedings in ideal weather.

Woods was off last in the 100 and dove through the tape in close proximity with Carl Johnson of Texas and Gene Pouncy of SMU. All three were given 9.5s, as the judges gave several minutes deliberation to the photo. Woods' 13.7 triumph in the highs cut two-tenths from his previous best in establishing a new conference record, with Texas' Gordon Hodges also recording a PR, 13.8, in second. Curtis Mills was leading the 220 with 50 yards to go when he fell to the track. He later explained that running in the tight curve of lane one had caused his leg to cramp. SMU frosh Joe Pouncy nipped Woods for the title in another close finish. Pouncy was timed in 21.0, with Woods given a disproportionate 21.1. Mills had earlier defended his 440 crown with a 46.1.

Mike Cronholm of Rice intermediate-hurdled his way to a share of the world lead with his PR 50.2, the second year he has gotten a best in this meet. In a good two-lapper, Dave Morton outlasted Steve Straub, 1:49.7 to



Rockie Woods got a triple win (100, highs, 440 relay) plus a second in the 220 at the Southwest Conference. /Steve Murdock/



James Butts' 52'10 $\frac{1}{2}$ " triple jump against Cal ultimately took second to Jim Fraser's Pac-8 record 53'1 $\frac{1}{2}$ ". /Don Chadez/

1:49.8. Straub had taken the lead coming off the final curve but Morton rallied, passing the Rice star 30-yards from the tape. Morton blasted a 45.2 anchor in the mile relay in bringing his Texas team from sixth to third. The mile relay was the decisive factor in the team battle, with Rice's 3:09.3 win giving them the crown by one-half point over Texas A&M.

The best field performance came from Sam Walker, as he heaved the shot 61'6". Baylor's Danny Brabham met long jump defeat for the second week in a row, as teammate Hank Gunlock picked up a narrow victory, 24'9" to 24'8 $\frac{1}{2}$ ". The jumpers were going into a 10- to 15-mph wind.

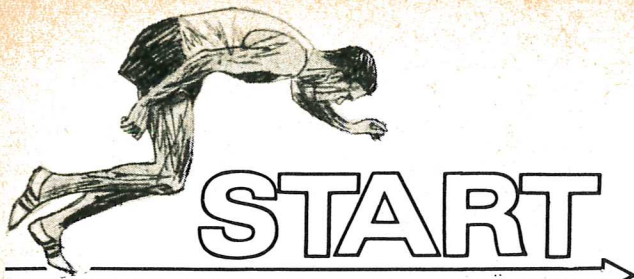
100(ok), Woods 9.5. 220(ok), J. Pouncy 21.0. 440, C. Mills 46.1; 2. Grandjean 46.8. 880, Morton 1:49.7; 2. Straub 1:49.8; 3. Alaniz 1:50.1. Mile, Yarborough 4:06.7. 3Mile, Gardner 14:08.6. 120HH(ok), Woods 13.7; 2. Hodges 13.8. 440IH, Cronholm 50.2; 2. Eubanks 51.4; 3. Kellar 51.4; 4. Hodges 51.7. HJ, Greathouse 6'11 $\frac{1}{4}$ ". PV, Roberts 16'0". LJ(ok), Gunlock 24'9". SP, Walker 61'6". DT, Stadel 171'6". JT, Pearce 241'3". 440R, Texas A&M 40.5 (Barre, C. Mills, Rogers, Woods); 2. Texas 40.7. MileR, Rice 3:09.3 (Bingham, Dicke, Straub, Grandjean); 2. Texas A&M 3:10.8. Teams: Rice 60 $\frac{1}{2}$; 2. Texas A&M 60; 3. Texas 52 $\frac{1}{2}$; 4. SMU 29 $\frac{1}{2}$.

OTHER HIGHLIGHTS Fraser's 53'1-4" Leads Pac-8 Triple Onslaught

Pac-8 Conference dual meets produced a spate of top-flight triple jump marks on May 1, as four jumpers topped 52-feet. The biggest surprise came from Cal's Jim Fraser, a 51'1 $\frac{1}{4}$ " leaper in 1970. Trailing in third on his last jump, he popped a mighty 53'1 $\frac{1}{4}$ " effort, aided by a legal 4.1 mph wind. The jump made him the fourth farthest collegian ever. He had previewed his big jump with a 54'5" foul. UCLA's James Butts responded to Fraser's big jump with a PR 52'10 $\frac{1}{2}$ " effort, also legal, while teammate Deny Rogers rode an excessive wind to 52'1 $\frac{1}{2}$ ". Earlier in the day, Fraser had come through in the long jump with a big 25'7" windy effort to win, on his last attempt as well. In Corvallis, Ore., Oregon State's Robert Reader managed the second-best leap of the season, 52'11".

Arne Kvalheim battled strong gusty winds to record an impressive 3:58.1 mile victory at the San Jose Invitational, topping Chuck LaBenz's 4:04.8. In windy sprints, Bobby Turner edged Don Quarrie as both returned 9.3 centuries, with Quarrie also blasting a 20.6 furlong. Jerry Jobski captured the six-mile in a PR 28:01.6, topping returning Olympian Tom Laris at 28:27.8. In other May 1 action around the country, Ralph Mann equaled the season's best intermediate hurdle time, 50.2, and matched his PR in the highs, 13.9, at the Beehive Invitational. Jay Silvester tossed the shot 62'4 $\frac{1}{2}$ " at the same meet. Jim Ryun turned to longer distances, winning the Vancouver Relays 5000-meters in 13:59.4. At Raleigh, N.C., frosh Bob Wheeler had a good 880/mile double, zipping 1:49.4 and 4:04.1.

In one of the year's featured collegiate team duals, UCLA upended Oregon 86-59 in Westwood, April 24. John Smith and Wayne Collett ran their fastest 440s of the year, 46.0 and 46.1. Smith came back with a windy 20.6 220, while Collett took the intermediates in 53.8, anchored the winning 440 relay (39.7), and added a 46.8 anchor on the mile relay (3:10.5). Steve Prefontaine dipped under 4:00 for the second time in his career with 3:59.1. The same day, in Stanford, Southern Cal's Joe Antunovich got the equal-best collegiate discus throw of the year, a PR 197'10". Austrian Ernst Soudek competed in a series of all-comer meets in Bowling Green, Ohio, finally raising the world left-handed discus best to 201'11", on April 21. □



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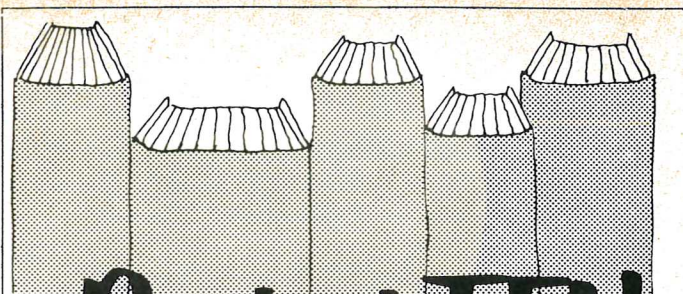
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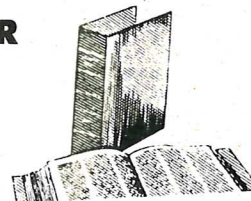
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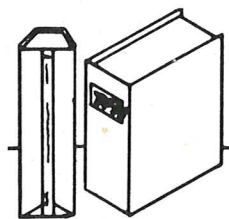
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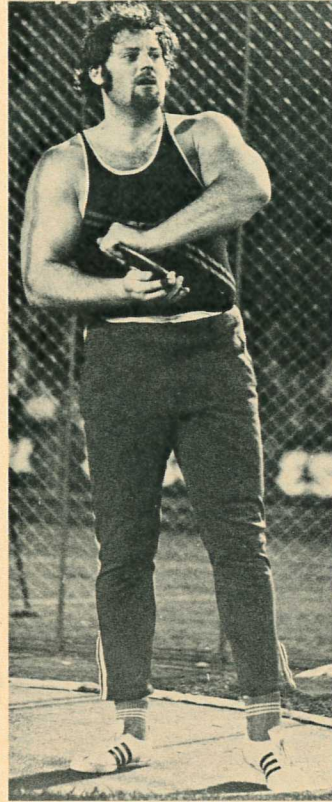
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international South African Broberg's 1:44.7m Fourth Fastest

South African two-lap stars Dicky Broberg and Danie Malan ended their season in a blaze of speed and glory. At Stellenbosch, March 31, Broberg blazed to the fourth-fastest 800-meters in history, 1:44.7. It blasted his previous best of 1:45.9 and was the fastest metric two-lapper since Ralph Doubell and Wilson Kiprugut respectively ran 1:44.3 and 1:44.5 in the Olympic final at Mexico City. Malan followed in 1:45.1, 2.1-seconds under his former best. Broberg's clocking is the fastest ever by a 21-year-old (he was born July 18, 1949), while Malan's is the second-quickest for a 20-year-old (born June 16, 1950).



Ricky Bruch's latest discus exploit was nearly his—and the world's—longest, as he heaved a prodigious 230½" only to find his discus a quarter-ounce light.



South Africa's Dicky Broberg turned in a stunning 1:44.7 800-meters recently, fourth-fastest in history. He later won national titles at 46.3 and 1:48.4.

Malan had earlier set a national 1500-meter best of 3:41.0, while Broberg later won national titles with a 46.3 400 and 1:48.4 800. Another national best, a 7'2½" high jump, came from 17-year-old flopper Emile Rossouw.

Out walking, two East Germans claimed world bests (East Berlin, April 11), Christoph Hohne 2:15:16.0 for 30-kilometers and Peter Frenkel 16-miles, 993 yards (26,658-meters) for two hours. Frenkel (2:15:57.2) and Siegfried Zschiegener (2:17:05.0) also beat Soviet Anatoliy Yegorov's 1959 30 best of 2:17:16.8; Yegorov's two-hour record read 16 miles, 743 yards.

Bruch Loses 230'1-2" to 1-4-ounce Light Disc

Jay Silvester's world discus record survived a massive barrage by Sweden's Ricky Bruch thanks to seven grams or about ¼-ounce.

Bruch surpassed the magic 70-meter/229'8" platter barrier in his home-town show-place of Malmo, April 17, with a phenomenal 230½" heave but when the discus was weighed afterwards, it was found to weigh 1993 grams instead of the 2000 specified by the rules. So the record was lost due to an amount of weight roughly equal to that of a piece of letter paper.

But Bruch said, "It doesn't matter. I'll get the record later this year." And why not? Here are Bruch's marks on the three days of the weekend which included his big throw: Friday, April 16--64.70/212'3", 64.19/210'7", 66.42/217'11" and three fouls; Saturday, April 17--65.57/215'1½", 66.57/218'5", 70.12/230½" and three fouls; Sunday, April 18--65.80/215'10½", 66.70/218'10", 63.68/208'11", 66.82/219'2½" and two fouls. As well on April 15, Bruch hit a best of 66.42/217'11" and all four of his acceptable throws were over 64-meters/209'11½".

And Ricky had even one better. Warming up Saturday he heaved the disc 71.50/234'7". Saturday's throws came in rainy weather.

Bruch has accepted an invitation to compete on the world all-star team which will meet the US and USSR in Berkeley, Calif., July 2-3, but has indicated he would otherwise come to the US only for one week. "A long tour with few competitions is the wrong medicine for Ricky," said his coach Kurt Alex Andersson. /Lennart Strand & Hakan Nordqvist/



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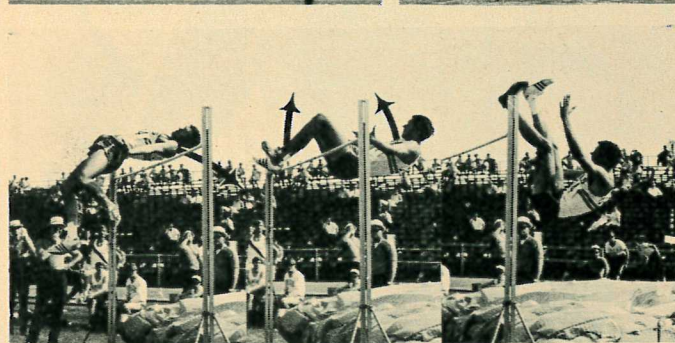
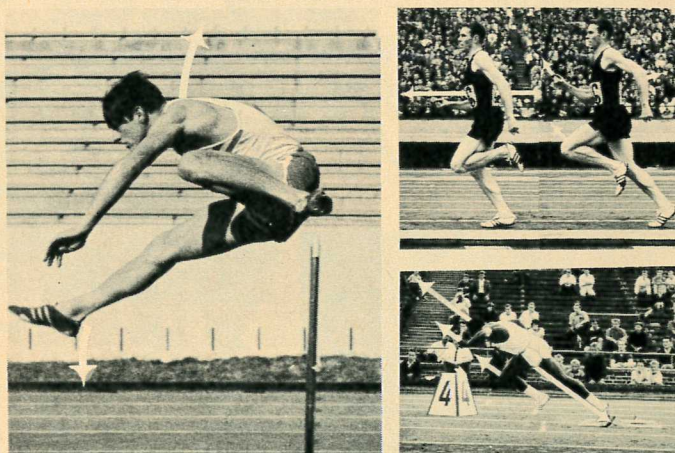
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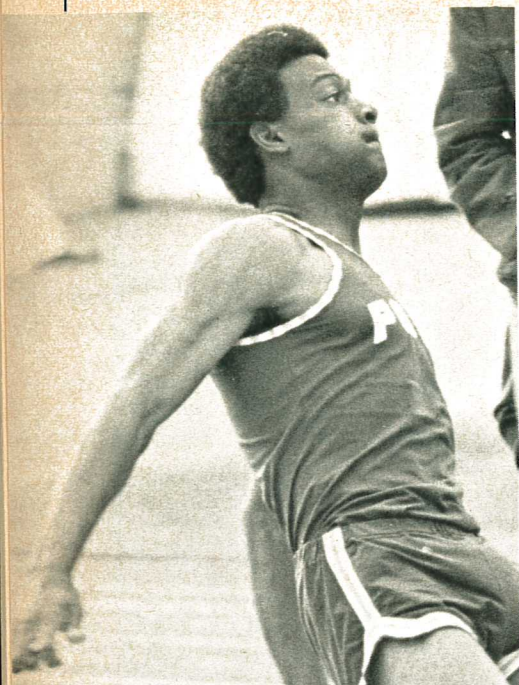
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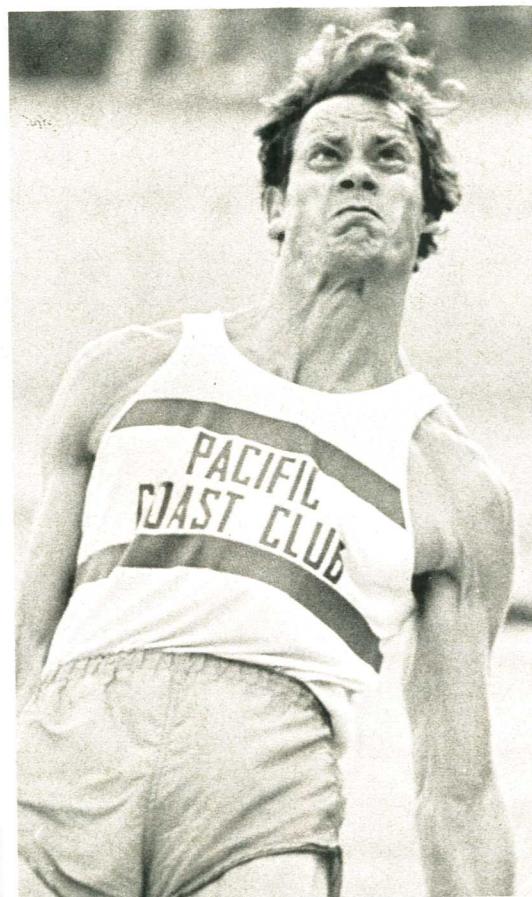
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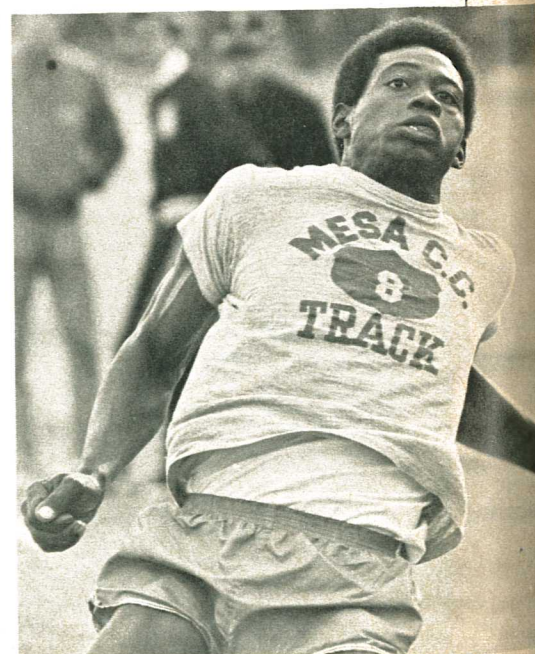
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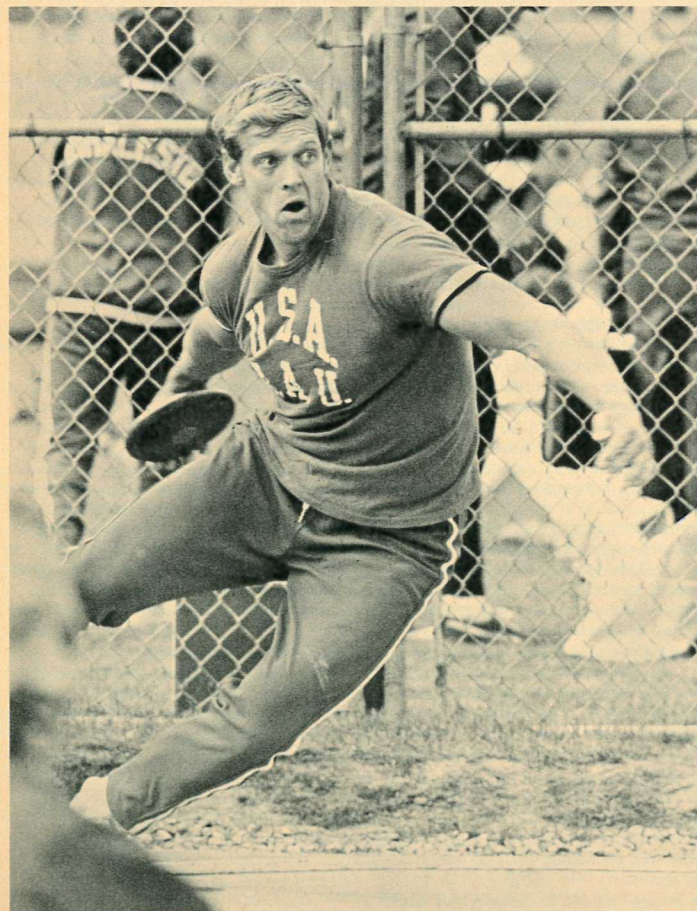


John Powell

The Essence of Thrust

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by John Cobley

On first acquaintance, Jay Silvester gives the impression of being easy going, jovial almost. But on closer appraisal he shows the remnants of a determination likely to satisfy most ambitions. So you could say he has a friendly facade.

For the past two years he has been coaching at Brigham Young University, co-winners of the 1970 National Collegiate track and field crown. His appointment continues a life spent almost entirely in Utah, through childhood, school, university and a business career. At BYU he coaches the shot, discus and weight training. His athletes have mixed feelings about his coaching ability. The Finnish athletes, though appreciative of his athletic stature, found his weight training methods unsophisticated. A discus thrower felt the fact that Silvester was still competing handicapped his ability to concentrate on the techniques of other throwers.

• **Could you talk about your two Olympic Games?**

Certainly. Tokyo was a wonderful Olympic Games. We had fine facilities in the Olympic village. A good place for the athlete who is under a lot of stress to be. I was fairly quiet and calm. As far as the competition goes it wasn't too exciting because the Japanese were very quiet and reserved and they just don't know much about track and field. I placed fourth in the discus; did an average sort of job. Threw fair but nothing great. In 1968, when I had set a world record, and was by a lot of people including myself expected to win, I completely fell apart and placed a very, very poor fifth. In my judgment the housing at Mexico City was very poor. You were jammed into apartment-like complexes, 12 or 13 athletes per room. They were very noisy and had no sound deadening whatsoever. In fact, at the time the Games were held, they were not finished. It was very difficult for me to sleep--a married man away from home. I wasn't accustomed to a dormitory set-up, and having the added pressure of the Games, it seriously affected my performance capabilities.

• **There are two great things an athlete can do: set a world record or win at the Olympic Games. Most people prefer the latter. Do you agree with that?**

I certainly do. There's no question in my mind that the greatest prize a track and field performer can manage to gain is the Olympic gold medal. However, second to it would be a world record.

• **So are you thinking of Munich now?**

Well, I intend to stay in condition and try to make the US Olympic team in 1972. At my age you have a kind of different look at Olympic competition. You know you are not going there for the experience. You want to have what you consider a good chance of winning, if you go. Oh, there's an outside possible chance if you're not one of the top performers, but I wouldn't want to go feeling that way. So it depends on how well I am competing next year, as well as everyone else in the world.

• **So you're going with a more relaxed attitude?**

Well I'm not necessarily going. I've got to qualify yet and maybe there'll be athletes in America next year who can defeat me, I don't know.

• **You seem very modest about it. Are you not very confident?**

Well, each year at my age, I kind of wait to see how well I can do. I try to keep my strength up; in fact I try to get stronger, more capable in various ways. I think, at my age (33), a person starts to push the maximum potential he has. I don't think that a young man aged 21 or 22 is doing that. Your strength, over a period of time, goes up to a point and you have a resultant gain that is perhaps near your potential and you don't find massive

Jay Silvester displays his powerful throwing style as he flings the disc at Mt. SAC.

Straight from a Heavy:

increases from year to year that some young people are capable of.

• **Do you find you have to make a lot of sacrifices?**

In the past, yes. At the present, not so many. I'm at Brigham Young in a physical education capacity; it's not difficult to work the time in to train. But I see the time I put into a workout as time I could use other places. Time, at BYU, has become the most valuable thing I have. But when I was working in business or in the military, my training was not looked upon with favor at all. In other words, I was taking away from whatever potential I might have had there with efficiency reports and so on. And in business I had to find time to train; I had to take two or three hours a day which definitely cuts into your income potential. Here at BYU, it's not that much of a problem. At this point, I feel it is worth it and I'll compete this year and next assuming I hold together--I have some injuries, some old ones that bother me a lot and if they stack up and get bad, I'll forget it. I'm going to do what I can; I'm very positive about throwing. But I am not the zealous young man who's gonna overcome all odds and try to win the Olympic Games. Maybe I'm a little more reserved than that.

• **You've mellowed?**

Yes, I have as a matter of fact. I'm more realistic. I'm not so inexperienced. I think with experience you learn this, you learn more about your own capacities.

• **Do you think it's still possible to be a top amateur athlete and live a normal life?**

Certainly not. No way. Athletics, because of what has happened in the last five years, has made me, and I think most other people, train all the year round without a break. Maybe two weeks, if that's considered a break. You cannot afford a long one and that's what makes better athletes: just the time you spend at it, the amount of effort you put into it. The body will respond to demands placed on it and the longer you place those demands, the more response you'll get from the body. It's simply that. Amateur sport is ridiculous; if we all had income we could earn from it, and be compensated that way, it would be a much more realistic thing. But it isn't, and those people who put in the time for love of sport lose a lot of other things in life. Life is only so long and if you put in two or three hours' training from which you get nothing but the satisfaction of it, some other person studies two or three hours a day instead, and is probably much better off in many other respects of life.

• **Have you seen any development in the techniques of weight training?**

There have been a lot of studies done; I've performed a few myself. But I have pretty much concluded that strength training for a general overall body strength, body fitness, is just as effective as any specific or special lift you might design to simulate discus throwing technique. It's a matter of basic lifts and getting just as bloomin' strong as you can. Although that in itself certainly does not give all the answers as to why you have one good performer over another. We have right now Al Feuerbach who just set a world indoor record for the shot put. He can do other lifts better than I do but there are some in which I am stronger than he and he is in no way physically endowed as Randy Matson whom he beat in doing that. So there is a factor of speed.

• **Is speed related to strength very much?**



The world and US recordman spun the plate 220'4", third-longest ever. /Don Chadez/

Jay Silvester

I think it is in a way. We've done some studies regarding that and we find the person who's stronger has what we call this quickness, not necessarily topped out sprinting speed, but ability to move between two points a few feet apart, across a shot put or discus ring, for example. This sort of reactive speed seems to be related to strength. The more strength you have, the better you are.

• **Do you want to say anything about the body-building drugs?**

I'm sure there's no question at all, none at all, that these drugs have had an effect on the ability of athletes to compete. I don't feel they are ethically defensible. Yet you cannot find a means of legislating and policing athletes so that everyone does not use it then. We've done research here, and I've taken the drugs in the past. I was given them in 1964, and I didn't know what they were, by an Olympic team physician.

• **What was the drug?**

The common name is dianabol; it's an anabolic steroid.

• **What would you say to the athlete faced with the opportunity of taking this drug?**

I don't know. About the biggest effect of the drug is that it accelerates strength gain; it does not, in my judgment, take you beyond what you are capable of. You can probably get the same strength over a period of one or two years. This has never been proved.

• **You have been quite outspoken about amateurism in track and field. Will you state your views?**

I would be very happy to. Any athlete who has competed in track and field knows, without any question, that there are those who, if we were to apply the rule, would be professional. There are many in the US, and many more in Europe. We have a schooling system here in the US which is in itself a sort of professionalism--where a fellow gets a scholarship to come to university because of his athletic skill. In Europe they pay you for various competitions, and anyone who denies that, or would tend to deny that, is not thinking straight or doesn't know what's going on.

I wish our rules were changed. The thing is not that professionalism or this sort of thing is bad, it's that the rule is not yet changed to match the time. I mentioned all the time an athlete puts in; this is, in a way, a reward, a return for that, and I feel it's entirely justified. I don't think that we can hold to the former rules of what we call amateurism because in the past people wouldn't put out near as much time. That's why performances have gotten much better over the years. We put in so much time now; it almost needs some sort of compensation to justify it. I wish all track would come to the state where this was accepted, where you could make X number of dollars per competition. Perhaps they should make some sort of limit so that we don't try to put meet promoters out of business.

• **Can we talk about some of the up and coming discus throwers? There's Ricky Bruch, of course.**

Ricky Bruch is a phenomenal athlete. Why he did not break the world record in the discus last year, I don't know. He has every opportunity an athlete could want. He trains, eats, sleeps discus throwing. He's 6'7", weighs, when he's in top condition, about 295-lbs. And when he gets really strong from weight lifting he may get as high as 315 or 320. And he's massively strong. His technique in throwing the discus is very good; though es-

entially he has some flaws. The only limiting factor he has is that he's not quite quick enough. Ricky Bruch has everything going for him an athlete could want in the way of time to train, in the way of direction of effort. If all a man had to do for a period of time was to dedicate all his effort to one objective, with the ability and natural skill that he has, he should be able to break the world record with ease. But he hasn't done it; now I don't know why. That's one conflicting point there. I've assumed that it's because of his lack of real quickness, or reactive-type speed. But he has a beautiful delivery; he's a very fine discus thrower. He has everything going for him: if he wants a track meet, he calls his local federation and arranges it. And if they don't have anybody to throw against him, they take a couple of people out of the crowd, put them in uniform and they throw. He threw in some 70 competitions last year; I threw in 28. I wish they appreciated discus throwing as much in the US; I would like to have those opportunities.

• **Can you say a little about Al Oerter?**

He won four gold medals. He won in '56, '60, '64 and '68.

• **How did he manage it? Was he lucky?**

No, he wasn't lucky. You're not that lucky. He was lucky on two of his Olympic wins: in 1964, and 1956. But he's also a very consistent, very steady performer. He was far and away the best he has been in Mexico. But he's not my idea of a sportsman. You see, I'm particularly infuriated by guys like Al Oerter. He seldom competes; he doesn't compete because he loves to compete.

• **But why do you think he has won those four medals?**

It's a matter of training. You see he's the sort of guy who has never pushed himself, in my judgment. He has just managed to do whatever is necessary up to a certain point. Therefore he has never tapped what he has in the way of a reserve. He is, again, not my idea of a dedicated sportsman at all. He puts in what he has to, to win. He's been very lucky. He was, if I may say--maybe nobody'll believe it--lucky to beat Ludvik Danek in 1964. In 1968, he was very good; that was the best he has competed in his life. He just happened to be that way when I was in a state of fatigue and exhaustion that I couldn't recover from.

• **Was it really just the living conditions in Mexico?**

Certainly. When you go to an Olympic Games you're just a little bit excited, a little bit nervous. And if they put you in an environment where you're living with 22 people and they're very noisy, and you can't sleep, and you've got five or six negroes out in another room playing tape recorders till all hours of the night, and there is an American problem at that time which says you cannot segregate people, and the coach used that when you ask him if you can be moved to another place to get some rest, and he tells you "No. I can't because we'd be accused of segregating the athletes." And other things like that which irritate and bother a guy. Of course, I don't make excuses. You've got to be able to overcome and do the job under any circumstances. And I wasn't; that's all part of the game. And so I was defeated. I was fifth; that was terrible, I wasn't even there. I might as well have been back in Utah.

• **It really depressed you?**

That was the most shocking experience I have had in my life. It goes far beyond depression. □

This interview with Jay Silvester is reprinted from Athletics Weekly and was conducted by John Copley, a British student at Brigham Young University.

Outdoor List

compiled by
Jack Shepard

(marks received through April 26)
The following compilation contains roughly the top ten performers per event for 1971. Class in school is indicated before the athlete's name: senior unless indicated by * = junior; ** = sophomore. Send all high school statistics to 6306 Zelzah Ave., Reseda, Calif. 94022.

100 YARDS

- 9.4 Larry Jefferson (S Oak Cliff, Dallas)
- 9.4 George Reddick (Hamilton, Los Angeles)
- 9.5 Chuck Bommarito (Crestmoor, San Bruno)
- 9.5 *Charles Dawson (Elmore, Houston, Tex)
- 9.5 *Sammy Dierschke (Sealy, Tex)
- 9.5 Ned Fletcher (Muir, Pasadena, Calif)
- 9.5 Mel Jacobs (Channel Islands, Oxnard, Cal)
- 9.5 Ray Perkerson (Forney, Tex)
- 9.5 Robert Perry (Lincoln, Port Arthur, Tex)
- 9.5 Clarence Willis (Pine Bluff, Ark)

Wind-aided:

- 9.3 Larry Dukes (Pinkston, Dallas, Tex)
- 9.3 Larry Jefferson (S Oak Cliff, Dallas, Tex)
- 9.4n *Charles Dawson (Elmore, Houston, Tex)
- 9.4 *Sammy Dierschke (Sealy, Tex)
- 9.4 Marshall Dill (Northern, Detroit, Mich)
- 9.4 Jim Henry (Napa, Calif)
- 9.4 *J. T. Hollins (McKinney, Tex)
- 9.4 Jesse Locke (Denison, Tex)
- 9.4 Robert Perry (Lincoln, Port Arthur, Tex)
- 9.4 Stan Pough (Stanton, Jacksonville, Fla)
- 9.4 Mike Walker (East, Denver, Colo)

Incomplete wind info:

- 9.4 Ray Perkerson (Forney, Tex)
- 9.5 *J. T. Hollins (McKinney, Tex)
- 9.5 John Holmes (Austin, Austin, Tex)
- 9.5 Larry Nunn (Johnston, Austin, Tex)
- 9.5 Tom Whatley (Lee, Montgomery, Ala)

220 YARDS (Straight)

- 20.8 Devon Trahan (Saddleback, Santa Ana, Cal)
- 21.0 *Dwaun Stewart (Westwood, Mesa, Ariz)
- 21.2 George Reddick (Hamilton, Los Angeles)
- 21.2n Thomas (Hamilton, Los Angeles, Calif)

Wind-aided:

- 20.1 Marshall Dill (Northern, Detroit, Mich)
- 20.6n Eric Penick (Gilmour Acad, Cleveland)
- 20.7n *Roy Young (Mt Morris, Mich)
- 20.9n Scott Kish (Brush, South Euclid, Ohio)
- 21.0n Ralph Hale (Collinwood, Cleveland)

220 YARDS (Turn)

- 21.0 *Sammy Dierschke (Sealy, Tex)
- 21.3 Jesse Allison (Carthage, Tex)
- 21.3 Frank Berry (Washington, Los Angeles)
- 21.3 Robert Perry (Lincoln, Pt Arthur, Tex)
- 21.4n *Charles Dawson (Elmore, Houston)
- 21.4 Jim Henry (Napa, Calif)
- 21.4 George Reddick (Hamilton, Los Angeles)
- 21.4 *Dwaun Stewart (Westwood, Mesa, Ariz)
- 21.5 Herbert Brown (Compton, Calif)
- 21.5 Sam Burns (El Cerrito, Calif)
- 21.5n Nestor Day (Elmore, Houston, Tex)
- 21.5 Alfred Jackson (Centennial, Compton)
- 21.5 Willie Smith (Fremont, Los Angeles)
- 21.5 Lloyd Thomas (Compton, Calif)

Wind-aided:

- 20.9 Lewis Wilson (Ector, Odessa, Tex)
- 21.1 Craig Brooks (Lubbock, Tex)
- 21.1 Ricky Cook (Tascosa, Amarillo, Tex)
- 21.4n Jim Bob Franks (Kermit, Tex)
- 21.4 Nestor Day (Elmore, Houston, Tex)
- 21.4 Sam Gaskins (El Campo, Tex)
- 21.4n Darrell Jarnagin (Monterey, Lubbock)

Questionable mark:

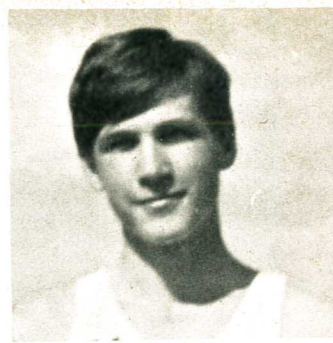
- 21.2 Mike Cornell (Kearney, San Diego, Cal)

Incomplete wind info:

- 21.3 Craig Brooks (Lubbock, Tex)
- 21.5 Don Hardeman (Killeen, Tex)
- 21.5n Darrell Jarnagin (Monterey, Lubbock)
- 21.5 Vertine Jones (Marshall, Tex)

440 YARDS

- 47.7 Robert Brown (Moore, Waco, Tex)
- 47.7 Horace Grant (Jones, Houston, Tex)
- 47.8 Benny Brown (Sunnyvale, Calif)
- 47.9n Eugene Whigham (Como, Ft Worth, Tex)
- 48.0 *Tom Garrison (Antioch, Tenn)



These three preps pace the nation in their respective events. (Left) Horace Grant (Jones, Houston, Tex) shares the 440 lead with a 47.3 at his state meet and also anchored the winning mile relay team to a leading 3:12.9 with 46.8. /Don Wilkinson/ (Above) Utah's Richard George has reached 235'0" to spearhead the javelin. (Right) Another national co-leader from Texas, Abilene's Don Brown has sped 37.6 over the 330 hurdles. /Billy Adams/

- 48.1 Tony Krzyzosiak (Garden Grove, Calif)
- 48.2 *Ray Johnson (Blair, Pasadena, Calif)
- 48.2 Jesse Kemp (Midland, Tex)
- 48.3 Frank Berry (Washington, Los Angeles)
- 48.3 Alfred Garcia (University, Waco, Tex)
- 48.3 Wes Koenig (Largo, Fla)
- 48.3 Sammy Lewis (Jacksboro, Tex)
- 48.3 Cyarano Revado (S Garland, Garland, Tx)

880 YARDS

- 1:51.9 Brent Tubb (Cleveland, Reseda, Calif)
- 1:52.9 Anthony Veney (Centennial, Compton)
- 1:53.2 *Bill Heinzen (Glendora, Calif)
- 1:53.5 Randy Carlson (Westmont, Campbell)
- 1:53.6 Horace Grant (Jones, Houston, Tex)
- 1:53.6 Percell Keeling (Mside, Inglewood, Cal)
- 1:53.8n Mike Tyrrell (Saratoga, Calif)
- 1:54.3 Al Stewart (Pearce, Richardson, Tex)
- 1:54.6n Joe Barry (Palos Verdes, PV Est, Calif)
- 1:54.6 Ramiro Lara (Robstown, Tex)

ONE MILE

- 4:08.5 Mark Brown (Sc Hill, Johnson Cty, Ten)
- 4:09.4 Randy Smith (East, Wichita, Kans)
- 4:12.4 Dale Bateman (Laurel, Md)
- 4:13.3n Gordon Oliver (Bethesda, Md)
- 4:13.8 Rich Walker (Arroyo, El Monte, Calif)
- 4:13.9 Dennis Skelton (Chaminade, Hwood, Fl)
- 4:14.4n *Chris Perez (Lakin, Kans)
- 4:14.5n Kevin Coheeny (Hackensack, NJ)
- 4:15.1 *Terry Cotton (El Cajon Valley, EC, Cal)
- 4:15.2 Jose Amaya (Wilson, Los Angeles)
- 4:15.2 Ron Genschmer (Sunset, Hayward, Cal)

1500-meters:

- 3:58.8 Paul Cummings (Righetti, S Maria, Cal)

TWO MILES

- 8:57.8 Randy Smith (East, Wichita, Kans)
- 9:02.0 Mark Brown (Sc Hill, Johnson Cty, Ten)
- 9:06.2 Tom Hale (Campolindo, Moraga, Calif)
- 9:09.6 *Terry Cotton (El Caj Vall, E Caj, Calif)
- 9:11.8 Emerson Davis (Pasadena, Calif)
- 9:11.8 Dale Fleet (Clairemont, S Diego, Calif)
- 9:12.4 *Marc Genet (Santa Ana, Calif)
- 9:13.4 *Howard Marshall (Redondo, R Bch, Cal)
- 9:13.8 Jose Amaya (Wilson, Los Angeles)
- 9:15.0 Ed Mendoza (Helix, La Mesa, Calif)

120 YARD HURDLES (39")

- 13.6 Charles Foster (Gaffney, S Car)
- 13.6 Scottie Jones (Elmore, Houston, Tex)
- 13.8 Henry Orum (Lee, Montgomery, Ala)
- 13.9 Jimmy Gailey (Clear Crk, League Cty, Tx)
- 13.9 Al Hall (Morningside, Inglewood, Calif)
- 14.0 Don Brown (Abilene, Tex)
- 14.0 Ken Calleja (Sarasota, Fla)
- 14.0 Mark Giltner (Farragut, Knoxville, Ten)
- 14.0 Charles Jackson (Lompoc, Calif)
- 14.0 Bobby Littlefield (Sterling, Baytown, Tx)
- 14.0 McKinley Mosley (Bakersfield, Calif)

Wind-aided:

- 13.5 John Washington (S Garland, Garland, Tex)
- 13.6 Charles Jackson (Lompoc, Calif)
- 13.6 Scottie Jones (Elmore, Houston, Tex)
- 13.6 Randy Lightfoot (Plainview, Tex)
- 13.7 Ken Calleja (Sarasota, Fla)
- 13.8 Jimmy Gailey (Clear Crk, League Cty, Tx)
- 13.9 Don Brown (Abilene, Tex)
- 13.9 Jeff Parks (Roosevelt, Dayton, Ohio)
- 13.9 Robert Rambo (Southwest, Miami, Fla)

Incomplete wind info:

- 13.5 Randy Lightfoot (Plainview, Tex)
- 13.8 Jim Payne (Corsicana, Tex)
- 13.9n Don Brown (Abilene, Tex)
- 13.9 Ricky Jones (Lafayette, Lexington, Ky)
- 13.9 Henry Sulak (Granado, Tex)
- 13.9 *Mark Burke (Marietta, Ohio)
- 13.9 Bill Kehmeier (Cedaredge, Colo)

180 YARD HURDLES (30") (Straight)

- 18.9 McKinley Mosley (Bakersfield, Calif)
- 19.0 Larry Thompson (Ramona, Calif)
- 19.1 Bob McQueen (Anaheim, Calif)
- 19.2 Ike McBee (Fremont, Los Angeles)
- 19.2 Tony Ghazlo (Locke, Los Angeles)
- 19.2 Harold Ragle (Placer, Auburn, Calif)

Wind-aided:

- 18.9 Ernie Jackson (Shaw, E Cleveland, O)
- 19.0 Bob McQueen (Anaheim, Calif)
- 19.1 Duane Bunkowske (Stevens, R City, SD)
- 19.1 Tony Ghazlo (Locke, Los Angeles)
- 19.1 Larry Jones (Monrovia, Calif)

Incomplete wind info:

- 18.5 Carl Seeman (Coventry, Ohio)
- 18.9 Ed Givens (Roosevelt, Gary, Ind)
- 18.9 Steve Rogers (Ruston, La)
- 19.0 Oreaser Brown (Edison, Stockton, Cal)
- 19.0 John Minnifield (Kennedy, Richmond)
- 19.0 Munsey (Hall, Little Rock, Ark)

180 YARD HURDLES (30") (Turn)

- 19.0 Jerry Belur (Renton, Wash)
- 19.3 Charles Foster (Gaffney, S Car)
- 19.3n Robert Rambo (Southwest, Miami, Fla)
- 19.3 Bill Souto (Coral Park, Miami, Fla)

Wind-aided:

- 19.1 Bill Souto (Coral Park, Miami, Fla)
- 19.2n Robert Rambo (Southwest, Miami, Fla)

Incomplete wind info:

- 19.3 Derral Davis (Tucson, Ariz)

330 YARD HURDLES (36")

- 37.6 Don Brown (Abilene, Tex)
- 37.6 Jimmy Gailey (Cl Creek, League Cty, Tx)
- 37.6 Bruce Ponder (Coronado, Lubbock, Tex)
- 37.8n Mike Kacz (Alvin, Tex)
- 37.8n Randy Lightfoot (Plainview, Tex)
- 37.8n *Allen Misher (Sterling, Houston, Tex)
- 38.0 Warren Wargo (Waltrip, Houston, Tex)



Southern preps are rising again. (Left) Charles Foster (Gaffney, S.C.) is a national co-leader in the highs with 13.6. /Steve Adams, Raleigh, N.C., News & Observer/ (Center) Pacing prep

long jumpers is James Godwin (Cape Fear, Fayetteville, N.C.) at 25'½". /Adams/ (Right) Hot on Foster's heels is Alabama's Henry Orum at 13.8. /Warren Skipper, Montgomery Advertiser/

'Carolina on My Mind'

by Gene Cherry

Call 10 college track and field coaches around the nation and ask them, "Who are Charles Foster and James Godwin?"

One or two might know the answer. But when collegiate coaches go recruiting this spring and summer, they might keep "Carolina on My Mind."

Foster and Godwin are Carolinians. Foster attends Gaffney High in Gaffney, S.C. Godwin is a student at Cape Fear High, Fayetteville, N.C. And despite the low probability of finding national prospects in either the Palmetto or Tar Heel State in most years, the two are among prepdom's best this outdoor season.

Foster zipped off legal clockings of 13.7 and 13.6 on successive weekends in the prep 120 yard high hurdles and Godwin has defined 25'½" as his best long jump. Both the 13.6 and the 25'½" lead the nation's preps.

Still, if the average track coach does not have his recruiting cards on the two up-to-date, he can be partially excused. Not until April 17 in the Duke-Durham Relays at Durham, N.C., did the Carolinians break into the national picture.

Godwin got the "jump". On a final try at bettering his PR and Duke-Durham Relays record of 23'6½", the 6'0", 185-lber. sailed into the pits at 25'½". Nevertheless, the jump could have been better. In danger of losing his balance, the 19-year-old took a short drop step before completing the leap.

Foster, too, had problems. Although chopping the final hurdle, he still crashed the yarn at 13.7. And to prove the performance, one-half second faster than his PR, was no fluke, he used the Southern High School Track and Field Classic in Knoxville the next weekend for a double victory. He hit 13.6 in the highs, smashing Rodney Milburn's record of 13.8, and won the lows in 19.4 to tie the classic's record.

The Tennessee stop was the sixth in as many weekends for the South Carolinian who started out with a second in the News-Piedmont Relays at Greenville, S.C., in March. Next came a third (14.3) behind Henry Orum of Montgomery, Ala., and Larry Shipp of Baltimore in the Florida Relays. Foster finally acquired a winner's tag in the Carolina State-Record Relays at Columbia, S.C., but in the slow time of 14.6. The next weekend saw him take the Buccaneer Relays at Charleston, S.C., in a PR 14.2. This was followed by the Duke-Durham victory where he smashed Jeff Howser's old standard of 14.5 with a semifinal 14.3 and then the winning 13.7.

Foster, 6'0", 160-lbs. at 17, began hurdling in 1969, but never ran faster than 16.0. Last year, he lowered his times to 14.5 in the highs and 19.8 in the lows to win South Carolina state championships in both events. The summer saw him finish third in the highs at Junior Olympic nationals and fourth in the lows at National Junior Champions.

A fall of football interrupted his track outings, but Foster professes he'll not play the contact sport again. "I'm finished," he said after his "pretty amazing" Duke-Durham triumph.

Godwin has never experienced the finals of a state meet. His first year of jumping (1968) produced a best of 19'0", to be followed in 1969 by a 20'5". Last season, his 23'6½" made him a state contender, but an ankle injury at the sectional level ended hopes for a North Carolina crown.

And a recurrence of the injury during football this year has hampered his takeoff throughout the spring. But as Cape Fear Coach David Pugh says, "With a lot of training and barring injury, I feel he can do 26-feet."

That opportunity may come this summer in the Golden West Invitational, a meet both boys await.

And by the way, coach, on that recruiting call if you could pass along a little information on the Golden West, it would be greatly appreciated by the athletes and their coaches. Not many Carolinians have California on their mind as a perfect place to climax a high school track career.

Alabama Asserting Herself in Track

Alabama is asserting itself as a power in prep track--not just the southeast--but nationally as well.

Alabama athletes have turned in remarkable early efforts, and Robert E. Lee High School of Montgomery boasts one of the strongest teams in the country.

Henry Orum of Lee is for real, or don't you believe those 13.8 and 14.0 clockings at the Alabama Relays on April 3, not to mention a 48'¾" triple jump and a 6'5" in the high jump at the same meet? Orum, however, is not the entire team. Lee also has a 9.6 sprinter in Tom Whatley and a 14'9½" vaulter in David Blake. Lee can top off a meet with speedy 880 relay unit with a 1:27.7 clocking.

All those marks were in the Alabama Relays, and so were some other goodies like a 42.3 by Murphy of Mobile in the 440 relay (five teams under 42.8), and Greer Radcliff of University Military School in Mobile who sailed 24'1¼" in the long jump. The latter, along with those efforts by Whatley and Orum, were without wind.

Add 6'8" high jumper Donald Hobson (Western, Birmingham) and the nation-leading 880 relay team of Davis of Montgomery at 1:27.0, and you can see why there are many of those praising prep track in Alabama.

Klein Festival: Southern Regional

Post season invitational meets are springing up all over the country. At least that seems to be the trend with the nation's top athletes having a chance to compete at three big invitational trackfests the first three Saturdays in June.

The Golden West Invitational in Sacramento, Calif., of course, qualifies as the 'granddaddy' as it prepares for its 12th annual meet June 19 with hopes the country's finest graduated seniors will be available to compete in their meet. A week prior to the GWI comes the All-American, formerly the Golden Midwest, with big plans for their best-ever. They, of course, should get all the great athletes from the midwest, and hopefully, all those from the east and south who may be in search of a good 'tuneup' on their way to the GWI in Sacramento.

Now, comes word of yet another meet, the first annual Klein Southwest Track Festival.

The Klein meet format is more of a regional meet than the GWI and GMI, but it is inviting the best talents from five southwest states--Texas, Louisiana, Arkansas, New Mexico and Oklahoma--and all rate as strong track states on the prep level. Randall Dorsett, athletic director at the suburban Houston school, also explains the meet will serve as a good tuneup for those invited to compete in the GWI or it might serve better as a qualifying meet for the Sacramento classic.

One facet that intrigues Texans is the meeting of all the Texas greats who quite often go through the season without ever having head-to-head confrontations of the top athletes--a high hurdles duel between Scottie Jones and Randy Lightfoot, for instance. They compete in separate divisions so don't actually run against each other.

The Texas interscholastic championships are always in early May and athletes invited to the GWI have a six week wait for competition. Now they have a meet in between to allow them to maintain the form necessary to compete in Sacramento. Prelims are scheduled for June 4 with the finals on June 5. All eight individual and relay teams reaching the finals will receive awards.

A total of 15 events are scheduled, including the 14 run on a regular basis in Texas, plus the 880-yard relay which is standard in several of the states which will have athletes in the meet. All seniors listed in the top 10 in each of the states will receive invitations and special invitations will be extended those senior trackmen with outstanding marks to their credit. □



When Bill Wallace (r) got the baton at the final exchange in a high school mile relay at Penn, his Boys High of Brooklyn team had a comfortable lead. Then unheralded Ronald Ray (l) of Huntington, Newport News, Va., uncorked a 46.4 leg to bring his team within seven-tenths of Boys' winning 3:16.2. /Albert Session/

KANSAS Ah, Er, Two Randy Smiths Bag Relay Records

Lawrence, Kans., April 14-17--Sources close to the Kansas University Athletic Department are not denying reports of a possible name change of their famed mid-April trackfest from the Kansas Relays to the Randy Smith Invitational.

Of the four high school records broken in the 1971 edition of the Kansas Relays, Randy Smith accounted for two. Not one Randy Smith, but two of them.

One Randy, from Wichita East, crushed the meet two-mile standard with a blistering 8:57.8 and also claimed victory in the mile run with a strong 4:09.4. His two-mile clocking shattered the Relays standard of 9:03.4 set by Jon Callen, also of Wichita East in 1969, and came a day following his mile. He's the first Kansan to dip under nine minutes.

Wichita East, of course, is famed for having produced noted distance greats like Archie San Romani Jr. and Jim Ryun.

Another Randy Smith, this one from neighboring McPherson, set a Kansas Relays mark of 6'7" in the high jump, well over the 6'5½" record set by Steve Straight of Shawnee Mission North in 1962.

Bob Keesling of Liberal bagged the shot put at 59'¼" and matched Wichita East's Randy Smith as a double winner by taking the discus throw with a toss of 157'6".

PENN Ray Relays 46.5, LaCorte Jumps 6'10"

Philadelphia, Pa., April 23-24--Both sessions of the prep division of America's biggest relay carnival, the Penn Relays, saw hot performances as the first day brought forth the season's fastest distance medley relay performance and a big high jump and the second witnessed one of the swiftest-ever 440 legs by a high schooler.

Pete LaCorte (Cedar Grove, NJ) only high jumps outdoors because of basketball commitments, but here set a state record for the second week in a row, topping 6'10". In the distance medley, Scotch Plains-Fanwood of Scotch Plains, N.J., anchored by the 4:17.2 mile of junior Vince Cartier, zipped a nation-leading 10:14.2 to best the 10:20.0 clocking by Sewanhaka, Floral Park, N.Y.

Boys of Brooklyn zipped a quick 3:15.7 in the morning heats of the mile relay and apparently had things well in hand with a 3.1-second edge at the last exchange in the final. But then unheralded Ronald Ray (Huntington, Newport News, Va) began a super-carry, ending up even with Boys' anchorman Bill Wallace at the final turn. Wallace proved to be too strong, however, pulling away down the stretch for a 3:16.2 to 3:16.9 victory. Splits for the pair: Wallace 48.9, Ray 46.5. In other good field event action, Rudy Guevara (Essex Catholic, Newark, NJ) tossed the shot 63'4½" and Ken McBryde (Mt Vernon, NY) triple jumped 49'3½".

MT. SAC Clairemont of San Diego's 17:21.8 Second Swiftest

Walnut, Calif. April 23--Clairemont of San Diego posted the second fastest four-man four-mile relay clocking in prep annals here on a chilly night to feature the high school section of the 13th annual Mt. San Antonio Relays.

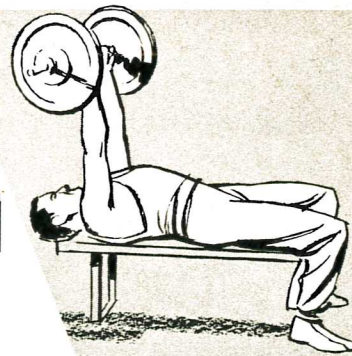
Clairemont had little opposition as it posted a 17:21.8 time, almost a minute ahead of Granada Hills at 18:14.6. The real battle was for second place, where Costa Mesa at 18:15.6 and Santa Ana Valley at 18:17.4 and Clairemont (near Walnut) at 18:28.4 finished close together. Only Essex Catholic of Newark, N.J., anchored by Marty Liquori, has run faster than Clairemont. Essex did 17:12.2 for the prep record in 1966.

David Harper ran an anchor 4:18.8 leg for Clairemont, but Dale Fleet, running third, had the fastest leg at 4:16.7. Rick Lord opened with a 4:25.3 and Mark Novak followed in 4:20.9.

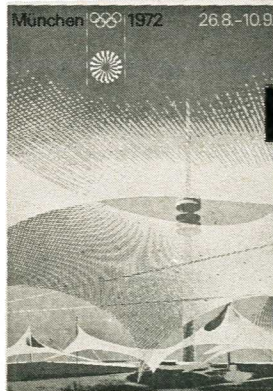
Other top efforts came from Mark Stevens (Newport Harbor), who hit 63'5½" in the shot put and Tony Brown (Poly, Long Beach), who sailed a legal 24'7" in the long jump. □

Bible of the Sport

Weight training hows and whys



Peter Lay, British national coach and prominent international authority on strength training has two valuable articles in *Track Technique No. 43*, which has just been mailed to subscribers. One article deals with the fundamentals of weight training. Lay describes various progressive resistance exercises and indicates their value for specific events. It's a useful introduction for the beginner and a good reference for the coach and athlete. The other article weighs the advantages of isokinetic exercise over isometrics and isotonic. Also in TT 43 is a phase-by-phase analysis of triple jump technique, with many exercises, by Gabor Simonyi; fartlek variations for x-country training by Red Estes; Dave Hemery's preparation for Mexico; a bibliography of endurance training articles by Ken Doherty; and articles on shot put technique, oxygen intake, work load variation in middle distance training, etc. Order your copy today. TT 43, \$1.00. One-year subscription (4 issues), \$3.00. Four years, \$10.00. **TRACK TECHNIQUE** Box 296 Los Altos, Calif. 94022



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TRACK & FIELD NEWS, Box 296, Los Altos, California 94022

Mejia's Obstacles: Blisters, Pressure

by Jon Hendershott

Alvaro Mejia won the 75th Boston Marathon by some 20-yards--but he nearly lost the granddaddy of US 26-milers by two feet. The two feet he ran on.

"From four miles on, my feet were my enemy, not the other guys," said the Colombian runner who, nevertheless, matched strides with Irishman Pat McMahon until just 200-yards remained in the race. He then sprinted away to win by five seconds in 2:18:45, the closest margin between first and second in Boston history. And Mejia's victory in only the second marathon of his life returned him to the distance running limelight from which he had been absent since scoring two upset victories over Olympic medalists in the 1966 Little Olympics in Mexico City.

"It was good to win at Boston," continued Mejia, "but I would like to have run faster. I wanted a better time." The 31-year-old Colombian, husband of 1964 US Olympic swimming medalist Terri Stickles and father of a hefty (9-lbs., 14-oz., 21" at birth) eight-week-old son Christopher Alvaro, sat in a big lounge chair, his thin but tanned and sinewy arms hanging over the sides. Terri sat to his left, cradling Christopher in one arm. They were in the midst of packing; just a week after winning at Boston, they were moving back to Colombia where Alvaro will work as an administrator for the National Sports Program and Terri will coach swimming in Bogota. But still out on the dining room table were the big polished wood and gold trophy from Boston and the gold sunburst medal with a diamond in the center, symbolizing the 75th anniversary of the race.

Mejia was primarily a 5000-, 10,000-meter man (with 13:53.4 and 29:10.4 bests) prior to debuting in the marathon with a stunning 2:17:22.2 South American record win in the AAU Western Region race in Burlingame, Calif., in early March. Now how does he consider the marathon--especially after Boston?

"The thing is," he replied in heavily-accented English, "in the marathon I don't get as many blisters as I do on the track. The marathon might be a good race for that reason, but it is much longer than 10,000-meters. Boston was too long; my feet were burning from about four-miles on."

Mejia made nearly as much news as winning when he trotted past the finish line and stands filled with dignitaries to wade into a fountain in Boston's Prudential Plaza to cool off.

"The first few miles were easy," he related. "I just followed along with McMahon because I thought he was the man to beat and I felt he was waiting for the hills (the series of famous hills which arise at about 17½-miles on the Hopkinton-to-Boston journey). My feet started to get hot at about four miles, and from then on my biggest problem was my feet."

Periodically during the race, Mejia splashed through puddles at the roadside to try to cool his feet. To complicate matters, he was recovering from a good case of blisters picked up in a six-mile timed workout a week earlier. (He and West Valley Track Club teammate Bill Clark clocked 28:29.8 in the race.) It was on the same track where he incurred a similar case of blisters in 1968 while visiting the US--which plagued him until the Olympics months later.

"I planned to beat McMahon in the sprint," Mejia continued, sometimes speaking English, sometimes Spanish which Terri translated. "Physically, I felt like I could have pulled away earlier but my feet were just too bad. The blisters kept getting worse and worse so I told myself to try to make it another mile. I set small goals. I was just praying the clouds would come out and it would be overcast so my feet would cool off."

Despite all his foot troubles, Mejia reveals he was well-trained when he toed the starting line--because he had been laid off his job. He worked both at home in Colombia as a youth and in the US as a metal spinner, a physically demanding occupation in which he formed metal on a lathe with heavy tools and which required him to push with both legs and force the metal around molds. It was an exhausting workout in itself.

"I rarely, if ever, trained more than once a day," Mejia added. "I would try to run 100 miles a week but it was impossible. I was just too tired. It was almost a relief to get laid off. Then I could do nothing but train. Now I'm doing 140 miles a week and feeling great. When I got to Boston I felt I was well trained. I couldn't have been better trained; that's all I was doing. But when I was working there were times when I was so tired at the starting line I had already lost psychologically."

Terri pointed out, "Usually Alvaro (she pronounced it AL-varo) is pretty pessimistic about his chances in a race. He called me the night before Boston and said (Ron) Hill wasn't there, the Japanese weren't there, (Jerome) Drayton wasn't there. He said, 'We'll see what happens tomorrow'."

"Actually I was fairly confident," Alvaro admitted. "I thought I could fight out the race but I did have the reservation that I had run only one marathon before. And in a marathon anything can happen; you can feel great early in the race but suddenly something can hit you."

After his marathon successes, does he plan to concentrate on it for the upcoming Pan-American Games in Cali and next year's Munich Olympics? "I like the track more," Mejia said. "When I return home, I will try track races but I will also try to avoid blisters. If I can then I will try the 10,000 and marathon at Cali and Munich. But if I have blister trouble, I will try only the marathon."

Mejia's liking for the track is understandable since he first achieved international acclaim on the oval. That came in the 66 Little Olympics when the unheralded Colombian ventured down from 9000-foot Bogota to the 7600-foot Mexican capital and beat Mohamed Gamoudi in the 5000 and Gaston Roelants in the 10,000.

"It made me feel good to beat the big names," Mejia recalled, "but I

Alvaro Mejia (r) had to overcome more than just the 26 miles, 385 yards of the Boston Marathon to post his 2:18:45 victory: hot, burning feet; pressure from his Colombian homeland; and, perhaps most formidable of all, Irishman Pat McMahon (l) who battled Mejia until just 200 yards remained and finished just five seconds back. /Jeff Johnson/



knew they hadn't trained for running at altitude. So it was the altitude, not me, that really beat them. I found it humorous that so many people said I was a threat to win at Mexico in 68. I knew runners from Kenya, who lived and trained at altitude, were the greatest threats. I thought I would finish in the top 10. I placed 10th (in 30:10.0, eight-tenths faster than his winning time in 66). But between 66 and 68 he was plagued by injuries which forced him into a punishing, too-quick preparation for Mexico. He was drained by the time of the Olympics. "I don't know how I managed to run at Mexico," he admitted.

Alvaro and Terri, who met while she was in the Peace Corps, were married after the Olympics, and he took some time off and didn't run for several months. Then he started back slowly. His first road race came in July of 1969. "I increased the distance I ran little by little," he pointed out. "The longest I ever ran in Colombia was a half-marathon (21 kilometers), then I ran 25 kilos here, then 30 which was the longest before the marathon."

"I always bothered him about the marathon," Terri smiled. "I would say, 'You've been a distance runner for 13 years and never run a marathon?'"

Mejia laughs and flashes his wife a warm smile when asked of her influence on his running. "Well, she yells my splits in Spanish," he smiles. "She really helps me a lot; she is always there when I need her. While I was working, running was my salvation. If it hadn't been for running, we wouldn't have lasted six months here."

"The language was a big problem," Terri revealed. "Because he can't speak English well, he was discriminated against at work. He couldn't defend himself. He always had to do the heavy work because he couldn't say, 'I'm not the only one around here'. He would keep everything inside and then explode when he got home. Then he would go out and run to relieve his frustrations. And when he races he gets angry at me." Mejia added, "In the first marathon she was holding up a sponge for me and I thought she would squeeze the water over my head. She thought I would grab the sponge so it ended up hitting me flat in the face. I ran off yelling at her in Spanish--and I guess it's a good thing people around didn't understand Spanish."

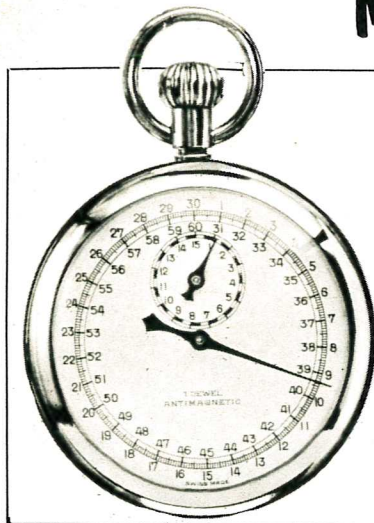
Now Mejia is returning to his homeland, where he began running in 1957. He had been a long-distance cyclist as a youth until his cycle broke down one day at a sports meeting. So he entered a 1500-meter track race at the same meet and won. By 1962 he had won the Central American Games 1500 in 3:51.4. He competed at Tokyo, finishing last in his 5000 heat. He scored a 1500-5000-10,000 triple at the 66 Central American Games. Then came his Little Olympics double in 66 and Mexico in 68. Now he looks ahead to Munich.

Mejia also looks ahead to coaching someday in Colombia. "I want to give the distance runners some things I didn't have," he said. "The press and administrators in Colombia feel runners must stay at home and not compete out of the country or they will ruin themselves. They don't understand that competition breeds development and good times. I want to pass to them what I have learned, how to train yourself physically and psychologically and how to train for international competition. There is very little training material written in Spanish and I would like to write about training because it is very backward in Colombia. Cross country training is often about 20 minutes long; I ran some of my best times with such training before I left. The situation is changing slowly; the administrators are realizing they have to help the athletes if they are to develop. Like in 1964, I had to spend over \$1000 of my own to go to Europe to get qualifying times for Tokyo. But it is improving. It is still the press which remains rigid. You must win or you are a failure. If I had run 2:06 and placed second at Boston I would be a gigantic failure to them."

Terri added, "Alvaro is a kind of national hero in Colombia so we hope people will listen to him and learn from him."

Mejia feels he has learned a great deal in his stay in the US, about running and himself. He feels he can improve in the marathon and would like to get below 2:15 because "that's the cutoff point of the real good ones". And he adds, "Maybe I can run even a little faster." □

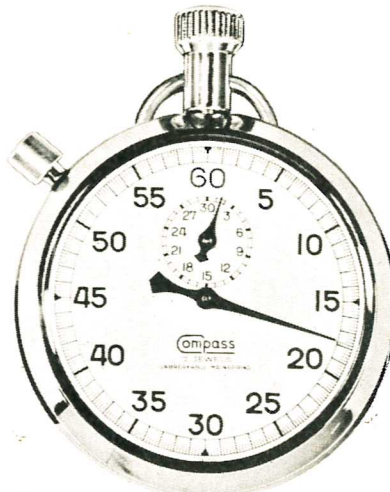
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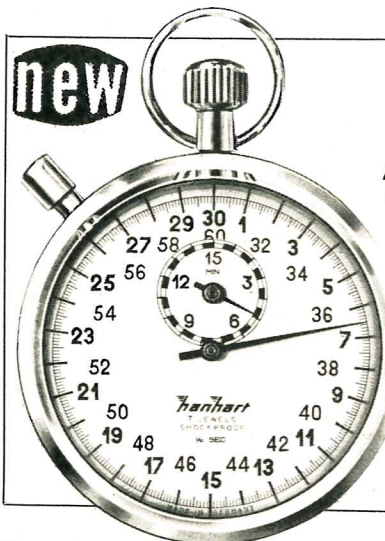
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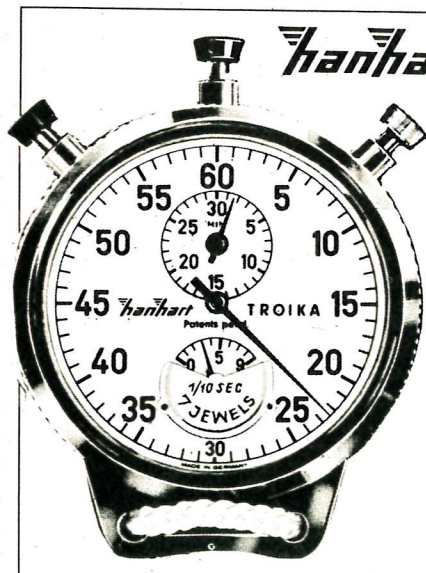
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Could there be any rule in the IAAF Handbook more abused by meet promoters than Rule 148, 4(b): "The Organizers of the competition shall refrain from stating or including in any advertisement, program or written matter of any kind, any suggestion that any event will be an attempt upon a record"... Bert Lancaster and Dave Maggard have reportedly made attempts to bring high jumper Ni Chih-chin to their King Freedom and Kennedy Games, and Al Franken has offered to create a meet with the Chinaman as the feature... The AAU is negotiating with Madison Square Garden to hold its indoor championships for 1973-4-5. The AAU feels New York is the only city where interest and profit has been consistent. A Saturday date will be sought as will arrangements to hold women's trials in another arena, one day before the championships... New rules for high school track make it mandatory to wear shoes while participating. International rules have no such requirement. Beginning in 1973 use of sawdust in high jump pits is outlawed. The rule recommends 18 inches of semi-compressed shock-absorbing soft material or 24 inches of loose synthetic material, or foam rubber or air mattress inflated to 24 inches. The increasing popularity of the Fosbury Flop, in which the jumper lands on his neck and shoulders, is partially responsible for the rule change... There are now 141 members in the International Amateur Athletic Federation... Turkey had been scheduled to host the Mediterranean Games this October in Izmir but the IAAF has taken away this regional meet title because the host country refused to invite Israel. The competition will be known as the Izmir Games... The West German federation has during the past year suspended 66'9 $\frac{1}{4}$ " shot putter Heinfried Birlenbach, 25'11 $\frac{1}{2}$ " long jumper Hermann Latzel, 16'8 $\frac{3}{4}$ " vaulter Reinhard Kuretzky and 7401 decathlete Erich Klamma for varying periods for their use of illegal stimulants during important competitions. According to new IAAF rules on doping and pending an appeal, these athletes have been permanently banned from international competition... Even big power collegiate teams have certain weaknesses. In their dual meeting, UCLA and Oregon posted a second and third place high hurdle time of 14.8--albeit in somewhat poor weather.

Two interesting little publications deserve special mention. The 1970 Northern California Distance Running Annual, put out by the West Valley Track, is just what it's title implies and is chock full of information, stories and photos in its 84 pages. Send \$2 to its editor, Jack Leydig, 603 S. Eldorado St., San Mateo, Calif. 94402. Fancier but shorter at 28 pages, the Annual Magazine published by the Shore Athletic Club is an interesting example of community support through advertisement along with limited club material. It's available for \$.50, but probably of interest to only club officials, from Elliott Denman, 28 N. Locust Ave., West Long Branch, N.J. 07764... Colorado was without the services in mid-April of George Daniels, who returned to his homeland of Ghana for its international dual with Nigeria. The government paid the round-trip tab for the windy 9.3 sprinter and relayman... Finally, there's Ohio Track & Field, published by T&FN correspondent Ed Chay, and now in its eighth season of state coverage at all levels. It's \$3 for six issues from P.O. Box 5576, Cleveland, O. 44101... Two sets of brothers never before so identified in T&FN have been performing well. At Auburn, there are the intermediate hurdlers Breslers, Milton at 51.6 and Alvin at 51.4. The Galloway duo includes decathlete Charles at 6829 for Florida State and two-miler Jeff at 8:44.0 for the Florida Track Club.

Orrin Olsen, believe it or not of Orem, Utah, is a High School All-American in football and a 176'0" prop discus thrower--and the brother to the famous LA Ram tackle Merlin Olsen... Hammer throwers Bob Narcesian and Wayne Pangburn trained for a week with Gabor Simonyi, a Hungarian coach now tutoring in Canada... Lee Evans has threatened to lead black American athletes on a boycott of the 1972 Olympics if Rhodesia is permitted to compete. Several black African nations have suggested they will not attend because of alleged discrimination among races... The IAAF is satisfied that Rhodesia has complied with rules over multi-racial sport... Marathons were staged within five days of each other in early April in Athens, Greece and Athens, Ohio. So you're not big on coincidences... South African premier John Vorster said that his government's revised sports policy will make it possible to stage international competitions in Olympic schedule sports in his nation regardless of color or race. However, he stressed that mixed sports at club, provincial, and national levels would not be allowed in South Africa. Further, he said that when a mixed or all-white or all-black visiting team plays a "colored" team in South Africa, no white spectators would be permitted. As a sidelight, South Africa became the last developed nation in the world to install television--this month--with separate programs and channels for whites, coloreds and blacks. Said Vorster, "Sport in our time has become more than mere recreation and it would be a mistake to either underestimate or overestimate its importance. There are certain interests which are higher than sports. We will be making a mistake if we place the interest of sport above the interest of our country"... Swedish correspondent Lennart Julin offers the following for "your trivia department". That there is a domination of German-sounding names among the top shot putters: Steinhauer, Feuerbach, Gies, Hoffmann, Briesenick, Rothenburg, Salb, Grabe, Birlenbach, Nieder, Gloeckler, Prollius, Wilhelm and Langer. That if there was no Beamon, you might believe that a good long jumper has to be born in May: as all other 27-footers, Boston, Ter-Ovanesyan, Davies and Schwarz as well as a total of 14 of the top 54 of all time were... NYU will begin easing its track program out with this coming fall (e.g., no more athletes should be recruited) because of financial difficulties... Erv Hall now living and training for the hurdles in Los Angeles, recognizes the talents of newcomers Thomas Hill and Marcus Walker but says, "I think you might see the same three hurdlers at Munich as you saw at Mexico City (for the US were himself, Willie Davenport and Leon Coleman)".... Cuba will make a bid to host the 1979 Pan American Games... Jesse Owens says that South Africa must accept the rules of the IOC if it wants to participate in future Olympics... A California junior college team withdrew from the Mt.

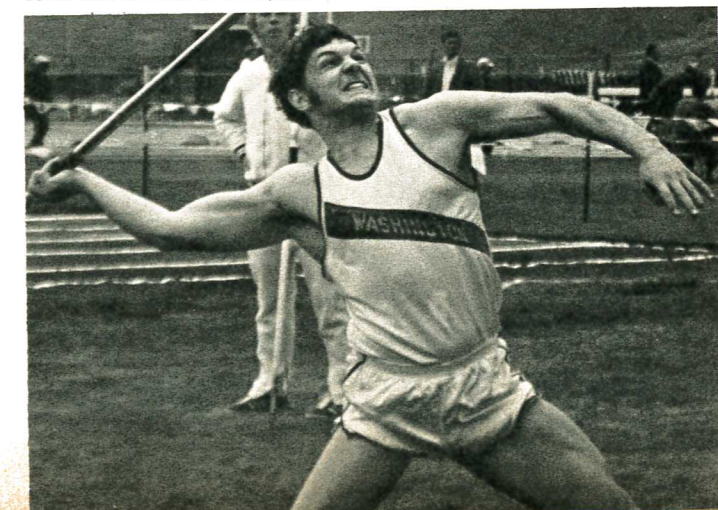


To Erich Segal (799), marathoning is nearly as important as writing. The Yale literature professor and author of the monumental best-seller *Love Story*, placed 489th at Boston in 3:23:14--which prompted a student to alter the famous line from his book with "Finishing means never having to say you're sorry". /Jeff Johnson/

SAC Relays because 15 members of the squad were disciplined for using alcohol and marijuana... Oregon's black students have designed an Afro track mascot Duck.

To members of trackphilia: it's Adelphi, not Adelpia, as members of the press, track announcers and even T&FN correspondents are wont to call the New York rising track power... An interesting exchange transpired between Oregon distance runner Steve Prefontaine and UCLA coach Jim Bush following the schools' dual meet which the Californians won. Said the soph, "I would have doubled if the meet had depended upon it but since we were out of it, there was no point. Why torture yourself. Our coach (Bill Bowerman) doesn't use his athletes. Look at (Wayne) Collett. He could hardly stand up after running the intermediates. Maybe he likes to run a lot of events (it was his third of four races that day) but physically that takes a lot out of you." Replied Bush, "Prefontaine's mouth is now running faster than his legs. He's only a sophomore, and when he starts rapping coaches it's a little hard to take. This is just a youngster. He's always popping off. What we're trying to do is build up track and field." Bush did reveal that Collett hates the intermediates and probably won't run them again, especially now that Frenchman Jean-Pierre Corval has basically recovered from an abdominal muscle injury... Another top US longer hurdler, Ralph Mann, has similar sentiments as Collett: "I hate this race. I don't know why I continue to run it. No, wait, I'll take that back... I want to go to Munich." If these two--at 48.8 and 49.2 the fastest America yard hurdlers--should forego the hurdles at Munich and neither Lee Evans nor Larry James pursue them, the US could face hard times in that event. On the other hand, the 400 team could be the toughest of any to make, what with at least a dozen well under 46-flat capable of landing spots... Ni Adoo (we always called him Stanley) Allotey of Ghana and LA State rates Jamaican Don Quarrie and Willie Turner the top threats at 200-meters for Munich... When it was announced that hammer thrower Al Schoterman of Kent State was named the outstanding athlete of the Penn Relays, one veteran track writer exclaimed, "Al Schoterman. My stomach. What happened to Marty Liquori?" Most of the scribes had apparently voted for Liquori only to have the meet officials alter the decision. Schoterman again exceeded the existing collegiate mark of 213'10" with a 219'4" effort, while Liquori anchored Villanova to three winning efforts with legs of 4:07.9, 4:04.1 and 1:48.5 to bring his relay gold medals to nine straight. □

Fred Luke disposed of such renowned javelinists as Bill Schmidt, Bill Skinner and Frank Covelli with a PR 267'2" triumph at Mt. SAC. /Chip Gane/





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Hugh Gardner, who died unexpectedly last month (see Last Lap), was one of a kind. Nobody else had such an all-consuming interest in high school track and field statistics. They were, it's safe to say, his life. He had no family, no steady job, no personal possessions other than the bare necessities.

But he had track. And he had vodka. All of us thought Hugh's liking for vodka was an unfortunate problem. All of us but Hugh, that is. And from his point of view, he may have been right. Without a family, he hurt no one. Jobs were scarce, but he seemed to get by on the same simple scale of living whether working or not. And he seemed happy. Happier, in fact, than many another with job, family, possessions and a "future".

He was happiest, of course, when working on his beloved high school stats. And that was most of the time, since he worked less than most and had no other involvements or interests. Hugh was suited for the solitary life that is statistic keeping. He corresponded widely, usually on postcards crowded with single spaced typing and personal opinions. He would go to any length to confirm a mark, spelling of a name, or year in school. Much of the results turned up in Track & Field News and/or High School Track. But Hugh's interest was more widespread than we had space for, and he was after us continually to run longer lists and special features. He could not understand why everyone wasn't as excited as he over high schoolers.

Another of his passions was age records. To determine the best steeplechase by a 16-year-old, or the best 440 hurdle time by a man of 26, you need birthdates. Hugh bird-dogged them relentlessly until the data was safe in his files.

Enamored with the preps, Hugh would rather talk about any old high school meet than about the Olympic Games. Almost all the meets he attended featured schoolboys. There he gathered stats and birthdates, encouraged athletes (Max Truex, sixth placer in the 1960 Olympic 10 kilo gives much credit to Gardner's early inspiration), talked with coaches, and, as often as not, sold copies of High School Track and Age Records.

Some, I'm sure, will look at Hugh's life and estate and judge him a failure. But he contributed more than almost all to the activity he loved most. And he was happy doing it. The world of high school track is better for Hugh Gardner's interest in it and he will be missed.

NCAA WINNERS

If you ever doubted the phenomenal dominance of the University of Southern California over the years take a look at these figures:

Since the NCAA championships began in 1921, the Trojans have won 25 team titles. The next biggest winner is Illinois with five, followed by Oregon with four, Kansas and Stanford with three each, UCLA with two, and BYU, California, Indiana, Louisiana State, Michigan, Minnesota, Navy, Ohio State, San Jose State, and Villanova each have a single title in the 50 year period.


Individual titles won also have a distinctly SC flavor. They have had 78 champs, to 37 for Ohio State, 35 by Illinois, and 30 by Stanford. Other leaders include Michigan 27, Kansas 26, Oregon 25, California 22, Villanova 22, UCLA 21, San Jose State 18, Notre Dame 14, Penn State 14, Washington State 14, Indiana 13, Rice 13, Iowa, Marquette, Nebraska, Northwestern, BYU and Texas with 12 each, Missouri and Oregon State with 11 each, and Louisiana State, Michigan State, Pittsburgh, Morgan State and Washington with 10 apiece.

Ohio State produced the most winners in a single meet, seven, back in 1936 before there were any relays or a decathlon. Southern California hogged six in 1953 and five in 1931, a figure matched by Stanford in 1928 and Illinois in 1944. Winners of four events in one year were Michigan 1925, Ohio State 1929 and 1935, Louisiana State 1933, Southern Cal 1939 and 1963, Illinois 1945 and 1946, Kansas 1960, Oregon 1962, UCLA 1966 and Washington State 1968.


One athlete copped four championships in one year. The immortal Jesse Owens of Ohio State won both dashes, the low hurdles and the long jump in 1935 and repeated in 1936. His eight wins are a career high. Gerry Lindgren of Washington State captured six distance gold medals 1966-8, while Ralph Metcalfe, the Marquette sprinter, won six times 1932-4. Mel Patton, Southern California dashman, had five wins in 1947-9, while Fred Wolcott of Rice took home five hurdle championships 1938-40. Winners of four titles were Hal Davis, California sprinter, 1942-3; Jack Davis, SC hurdler, 51-3; Ron Delany, Villanova middle distancer, 1956-8; Harrison Dillard, Baldwin-Wallace hurdler, 1946-7; Barney Ewell, Penn State dashman, 1940-1; Glenn Hardin, Louisiana State, 440 and low hurdles, 1933-4; Herb McKenley, Illinois 220-440, 1946-7; Randy Matson, Texas A&M weightman, 1966-7; Bobby Morrow, Abilene Christian sprinter, 1956-7; George Rhoden, Morgan State 220-440, 1950-2; Charley Tidwell, Kansas sprinter-hurdler, 1958-60; and Robert Wright, Ohio State hurdler, 1941-2.

Of the 25 athletes who have won titles three years in a row, only two have managed it in two events--Metcalfe and Lindgren. The others are Dave Albritton, Ohio State, high jump 1936-8; Al Blozis, Georgetown, shot put 1940-2; Jack Davis, Southern California, high hurdles, 1951-3; Delany, mile 1956-8; Don Gehrmann, Wisconsin, mile 1948-50; Fortune Gordien, Minnesota, discus 1946-8; Ed Gordon, Iowa, broad jump, 1929-31; Charlie Greene, Nebraska, 100 1965-7; Bud Held, Stanford, javelin 1948-50; Charles Hornbostel, Indiana, 880 1932-4; Francis Martin, NYU, two-mile 1944-6; Patton, 100 1947-9; Hermon Phillips, Butler, 440 1925-7; Rhoden, 440, 1950-2; Harlow Rothert, Stanford, shot put 1928-30; Bill Sefton, Southern Cal, pole vault 1935-7; Jerry Thompson, Texas, two-mile 1943, 7-8; John Van Reenen, Washington State, discus 1968-70; Tom Warne, Northwestern, pole vault 1929-31; Ken Wiesner, Marquette, high jump 1944-6; Wolcott, low hurdles 1938-40; John Woodruff, Pittsburgh, 880 1937-9; Pete Zagar, Stanford, discus 1937-9.

No one has won three in a row in the intermediates, triple jump or hammer throw, but they have been contested regularly only for a short time. And now with frosh eligible, who will be the first to win four years running? □



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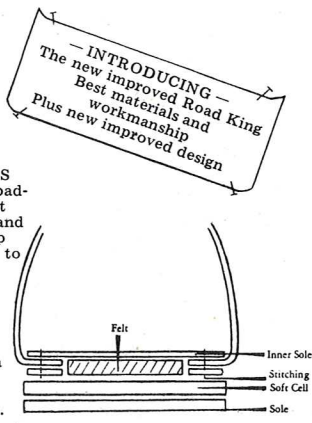
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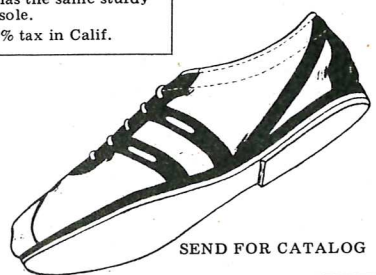


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Statistician Hugh Gardner Suffers Fatal Coronary

Hugh Gardner, well-known among track followers as a statistician, died after a heart attack early last month at his residence in Redwood City, Calif. (See "Of People and Things".)

He was the world's leading compiler of age records and the chief keeper of all-time high school performers and performances as well as high school records by class. Until several years ago, Gardner was also co-keeper of current high school performances. In all these roles, he contributed mightily to the knowledge and understanding and permanency of the sport. Much of the high school material in Track & Field News, the High School Annals and Age Records bore the Gardner stamp.

A native of Indiana and a World War II veteran, Gardner was 55. He lived in California for about 15 years.

T&FN Needs Statistical Contributors, Editors

There was absolutely no warning suggesting the death of Hugh Gardner, and the shocking suddenness helped dramatize the need for more active statistical involvement by track nuts in the United States. There are probably less than a dozen known American statisticians actually compiling lists and conducting statistical projects, and less than half contribute regularly to any publication. Hugh's colleague Jack Shepard is certainly carrying on the bulk of that work outside our Los Altos offices.

And a precarious situation came within 36 hours of becoming traumatic. T&FN did not learn of Hugh's April 8 death until 18 days later, and we were told that only a single file on age records had been salvaged by a distant relative in Indianapolis who was unaware of the importance of the work. But a few quick telephone calls revealed that Hugh's Redwood City, Calif. hotel manager had not yet "discarded" his personal belongings--which mainly consisted of his work with track and field. Fortunately, we retrieved 10--and apparently all his current--boxes of his valuable research material literally just hours before their scheduled burning.

To a foreigner, this situation must seem even more bleak than it really is, for in the United States a statistician is distinguished from one who merely contributes results and performances. The number of track meets in the US far outnumbers that of any other nation and may even exceed the figure for all other nations combined. In many parts of the world, statisticians actually collect and submit performances but in the US, coaches, sports information directors, fans, correspondents, athletes, managers all pass along results to T&FN... which has become a central clearing house.

Nevertheless, there is a need for a statistical body in the US similar to the many that exist in other countries to help facilitate statistical compilations and projects. T&FN hopes to announce the formation of just such a group this fall. If you are interested in becoming a member, submit your name and personal credentials. Organizational ideas will also be welcomed.

In the meantime, both T&FN and Jack Shepard need assistance as we are both being stretched too thin. Specifically, we need soonest volunteer helpers and editors to compile yearly and all-time lists for junior track and seniors as well as to continue the never-ending list of age records for the US and the world. Non-Americans, especially from Europe, are eagerly welcomed to augment the non-US compilations.

If you are interested in either the US statistical group or in one of the latter projects, contact Dick Drake, Managing Editor, Track & Field News, Box 296, Los Altos, Calif. 94022. (No response on the former until fall.)

CBS-TV Announces 13 Meet Schedule

CBS television has announced its 13-week schedule of track meets to be covered in 1971. In a major departure from the past, all meets this year will be of 90-minute duration rather than just one hour. The announcing staff this year will consist of Jack Whitaker (running events), Ralph Boston (field events) and Bill Toomey (interviews). The first meet, the King Games, will be shown live, while the remaining will all be on tape. The showing date of each meet is given first, with the days of competition in parentheses. All shows begin at 12:30 Pacific Daylight Time (1:30 MDT, 2:30 CDT and 3:30 EDT).

- May 16 Martin Luther King Freedom Games, Philadelphia, Pa. (May 16)
- May 30 California Relays, Modesto, Calif. (May 29)
- June 6 Kennedy Games, Berkeley, Calif. (June 5)
- June 13 Rose Festival, Portland, Ore. (June 12)
- June 20 NAIA Championships, Billings, Mont. (June 4-5)
- June 27 AAU Championships, Eugene, Ore. (June 25-26)
- July 4 USA vs. USSR vs. European Stars, Berkeley, Calif. (July 2-3)
- July 11 Women's AAU Championships, Bakersfield, Calif. (July 9-10)
- July 18 USA vs. Africa, Durham, N.C. (July 16-17)
- July 25 International meet, Milan, Italy (July 21)
- August 8 International meet, Stockholm, Sweden (July 29)
- August 22 Americas vs. Europe, Toronto, Canada (tentative) (Aug. 20-21)

AAU Qualifying Standards Relaxed

The AAU has announced a change in qualifying standards for the 1971 outdoor championships. The previously announced AAU standards have been lowered, where superior, to coincide with those of the NCAA. Thus, all athletes who qualify for the NCAA this year will also have qualified for the AAU.

This change was precipitated by a request from the USOC for an eas-

Jeff Jacobsen Decathlon Photo Top Sports Shot in US in 1970



Jeff Jacobsen, contributing photographer to T&FN and a staff photographer on the Topeka Capital-Journal, has only been snapping pictures for two years but he is already winning prizes for his talent.

A photograph taken by the 19-year-old Jacobsen was judged best sports photo of 1970 in the annual "Picture of the Year" competition sponsored by the National Press Photographers Association, the University of Missouri School of Journalism and Universal Science News of Houston.

Jacobsen's photo, shown above, was taken during the 1970 NCAA decathlon 1500-meters and shows diminutive Gary King of New Hampshire (left) challenging tall Rick Wanamaker of Drake, the eventual champion.

Jacobsen, a sophomore at Washburn University in Topeka, got his start in photography as a senior in high school when he was hired as a dark-room boy by the Capital-Journal, whose photo editor is another frequent T&FN contributing lensman, Rich Clarkson.

A "superfan" with an extensive knowledge of sports, Jacobsen has accompanied Clarkson on assignments ranging from the Superbowl and Cotton Bowl football games to the NCAA basketball finals, as well as the championship track meet where he snapped his prize-winning picture.

ing of qualifying standards. There are no Pan-Am trials as such this year, the team members to be chosen from the top placers in the AAU. In the past, a qualifying meet has been held, with top placers from meets such as the NAIA, NCAA and Interservice championships being eligible to compete, regardless of marks. The USOC felt some of these athletes might be unfairly discriminated against if they were unable to compete in the AAU because of stiffer AAU standards.

Although the main effect of this change will be to give collegiate athletes a fairer chance to make the international squad, the fields in some events may become unwieldy. Applying the 1971 standards to the performers lists of 1970, we find that no less than 87 US citizens made the three-mile standard and 108 ran the necessary 9.5 in the 100.

The following are the 1971 NCAA qualifying standards. The list of NCAA standards published in the December 1970 T&FN were for 1970, not 1971, as we inadvertently switched the two lists. These standards also serve as the AAU standards, with three exceptions. The AAU 440 standard is 47.0, the six-mile is 29:33.8, and the decathlon is 6500 points. Additionally, the AAU has a two mile walk (15:30.0) but has neither relay. Qualifying marks must have been made in the period between the 1970 AAU meet and the Sunday preceding the 1971 meet (June 20).

100	9.5	Steeplechase	9:07.0	Shot	58'0"
220	21.2	High hurdles	14.0	Discus	175'0"
440	46.9	Intermediates	52.0	Hammer	180'0"
880	1:50.0	High Jump	6'10"	Javelin	235'0"
Mile	4:06.0	Pole Vault	16'0"	Decathlon	7000pt
3Mile	14:00.0	Long Jump	24'8"	440 relay	41.1
6Mile	29:30.0	Triple Jump	49'3"	Mile relay	3:11.0

At its annual meeting in December of 1970, the AAU passed a resolution which made foreign athletes ineligible to compete in the AAU championships unless their native country reciprocally allowed US athletes to compete in their nationals. This rule was found to be in conflict with another, which says that the AAU championships are open to any registered AAU athlete. This rule has been amended to read: "Alien resident athletes who are registered or certified with an AAU district do not require reciprocal agreement from their home country for them to enter said championships." In other words, the exclusion policy now only applies to non-resident aliens.

IAAF May Recognize Indoor World Records

Indoor track soon may have an official list of world records, reports Dan Ferris, American member of the Council of the International Amateur Athletic Federation.

The IAAF has been responsible for recognizing official world outdoor marks since 1912. But there have been no official indoor records. Now the IAAF Council has recommended acceptance of such records and the IAAF Congress is expected to accept the recommendation at its Munich meeting next year.

The Council voted to accept indoor record performances when made on tracks of 220 yards (8 laps to the mile) or less. The AAU track and field committee has recommended that any new record performance made under a cover and otherwise complying with the rules as to the size of track should be accepted as a world's indoor record.

The AAU track records committee is drafting some new rules for indoor competition and reportedly is considering the above rule recommended to the IAAF. Currently, the AAU accepts official American indoor records but stipulates they must be made on board tracks or board tracks covered with a composition material.

In other actions, the IAAF Council, meeting in London April 4-5, again failed to approve the so-called "brush" type track shoe. Two shoes, one with dozens of little metal spikes and the other with plastic spikes, were presented for inspection but were turned down as too hazardous for competition. Permission was granted to hold the World Student Games every two years.

Overseas Coaching Assignments Going Begging

Opportunities for overseas coaching assignments are going begging because there are not enough applicants to fill the jobs. So reports Glen Randall, Director of Sport Corps, an arm of the State Department's Peace Corps.

One of the functions of the Sports Corps is to send coaches for all sports to foreign countries for service similar to present Peace Corps volunteers. Coaches receive travel and living expenses plus a monthly deposit in a stateside bank of \$100 for single men and \$200 for married men. The normal assignment is two years but highly trained and well-known coaches can be assigned for periods of from four to six weeks.

Anyone interested should contact Glen Randall, Director, Sports Corps, US Peace Corps, 806 Connecticut Ave. N.W., Washington, D.C.

Tom Hill's 13.2 Record Application Back to AAU

Application for approval as a world record of Tom Hill's 13.2 high hurdle clocking once again is in the hands of the AAU records committee. The record equaling performance was made in the 1970 USTFF championships and became controversial when the AAU refused to forward it to the international federation.

In reforwarding the application, USTFF executive director Carl Cooper noted that the application did not comply with the stated requirement of the AAU that the meet be sanctioned, retroactively, by the AAU. This was not done, Cooper said, "due to the fact that we contend this championship meet is a closed meet. It is closed to the constituent members of USTFF".

Sanctioning has been a central focus of the beef between the AAU and the USTFF-NCAA. But under a "settlement" of a few years back, it was agreed that USTFF meets do not need AAU sanctions if they are "closed" meets. A closed meet is limited to the constituents of the meet sponsor, whether it be a high school league, college conference meet, or the NCAA championships. An open meet means that anyone can compete and the AAU claims jurisdiction over all such meets and demands they be sanctioned.

Whenever a USTFF meet involves only school people, there is no problem. And club athletes by the hundreds have participated in USTFF events, without the AAU raising an eyebrow. But every now and then, the AAU decides that maybe the USTFF's "closed" meets really aren't closed. The USTFF maintains its meets are closed, because the club athletes are members of clubs which are constituent members of the USTFF.

It is expected that the AAU will accept the USTFF's position, at least in the case of Hill's record. Such an agreement has been worked out behind the scenes, and Hill's record should be a matter of some cheer to the injured Arkansas State hurdler, number one ranked in the world last year, but sitting out this season with a bad knee.

Olympic Housing, Tickets Arranged in US by AAA

Applications for Olympic housing accommodations and tickets will be available May 15 from the American Automobile Association's local offices.

The AAA has been appointed sole agent for sale and distribution of all housing and tickets allocated to the United States for the summer games which will be held in Munich, Germany, in August and September of next year.

Price details have not been announced but will be included in the information available May 15. Tickets and housing went on sale in the rest of the world in mid-April, the delay in this country stemming from a change of agents. Tickets and housing are not available directly from Germany, but only from the AAA. This does not apply to T&FN tour members.

T&FN, Nutrament Sponsor Prep Pentathlon

Invitations to compete in a special new pentathlon competition have been issued to all high schoolers by Olympic decathlon champion Bill Toomey and Track & Field News.

The competition has been designed to interest the largest possible number of boys and also to develop multi-event talent to the highest degree. There will be six age groups, from 13 through 18 years, with regional, state, and national competition on a postal basis. This year there will be man-to-man competition for graduated seniors, in California only. This year, invitations have been mailed to 1600 schools in 11 states but all schools are invited to participate whether or not they have received an invitation.

Next year, the program will be national with a championship meet among the leading contenders from throughout the country. Winners in the national competition may win a trip to the Olympic Games.

Known as the Nutrament Pentathlon, the event was conceived by Toomey and Bert Nelson, T&FN editor. Toomey is director of the event, which is run under the auspices of Track & Field News. Picking up and check and official sponsor is The Drackett Co., makers of Nutrament, the body building energy food which has been a part of Toomey's training diet for many years. The pentathlon is endorsed by the USTFF.

In issuing the invitations, Toomey said, "I am almost as excited about this Nutrament Pentathlon as I was about my own competition in the Olympics and I would like you to know why. To me, there is no finer, more satisfying test of athletic skills than the all-around multi-event track and field competition. I received much pleasure and benefited greatly from the many years I competed in the pentathlon and decathlon—even before I achieved some success. After I had the good fortune to become Olympic champion I was determined to remain active in the sport and looked for a way to share its benefits with as many young men as possible.

"When I told him of my desires, Bert Nelson jumped at the chance to involve Track & Field News. We studied existing programs and needs, checked the problems involved, and concluded that the most far-reaching, practical program is a pentathlon. But to offer the opportunity for all is costly. Fortunately, Drackett stepped forward to provide the necessary financial backing."

The five events are the 220 on a curve, long jump, shot put, high jump and mile. Points will be scored from a special table derived with the aid of a computer by Gerry Purdy, co-author of "Computerized Running Training Programs". The contestant has one week within which to do all five events. Every participant will receive a certificate and additional recognition will be given area, state and national leaders in individual events as well as over-all. Competition must be completed by May 31.

Entry forms, scoring tables and rules may be obtained from Bill Toomey, Director, Nutrament Pentathlon, c/o Track & Field News, Box 296, Los Altos, Calif. 94022.

T&FN Offers NCAA, AAU Prediction Contests

Encouraged by the warm response to last year's NCAA prediction contest, T&FN announces the renewal of the competition this year with the addition of a similar contest for the AAU. These will be two separate contests, with the winner of each to receive a T&FN merchandise certificate for \$10.00. Contestants may enter just one or both contests. If you enter both contests, submit your entries on separate sheets of paper.

For each of the contests, pick the top six finishers in each event. This means 21 events for the NCAA (Seattle, June 17-19) and 18 for the AAU (Eugene, June 25-26). The contestant who gets the highest number of correctly named placers will be adjudged the winner. It is not necessary for choices to be listed in the correct finish order. A winning tie will be broken by the competitor who has the closest estimate to the winning distance in the triple jump. Please send entries to NCAA/AAU contest, Track & Field News, P.O. Box 296, Los Altos, Calif. 94022. NCAA entries must be postmarked by June 16, AAU entries by June 24.

Books

Encounters With Dogs, Police,irate Citizens

Have you heard the one about the advertising executive whose dream was to run the Boston Marathon? At last, the year came when he decided to make the attempt. He plodded out about 10-12 miles, falling far off the pace of the leaders. A red Volvo, packed with his wife, children, and assorted relatives overtook him. At the wheel was his mother-in-law. Every 15 minutes or so, she would pull alongside him and shout out the window: "Don't you think you've continued this ridiculous exhibition long enough?" After a few miles of this torture, our would-be Boston Marathoner dropped out—a beaten man.

This is one of the dozens of stories and anecdotes about running on road and track that Hal Higdon has collected over the years, and he has put them all in print in his new book, "On the Run from Dogs and People". It's a veritable Joe Miller's Jokebook for distance runners. The book is amusing—no belly-laughs, but a lot of chuckles and little smiles. Higdon directs it at the general public, with the aim of giving the man in the street some notion of what the distance runner faces in his training and competitive forays. There are encounters with dogs (every dog is a slaving Hound of the Baskervilles to the vulnerable road runner), policemen (who sometimes pose even worse hazards), and householders incensed at their neighborhood being defiled by the tasteless presence of a scantily-clad aspiring marathoner. Higdon admits distance runners are crazy, but from many of the stories in this book it is reasonable to conclude that a good segment of the general populace is just as loony.

A fair amount of the book comes from Higdon's own experiences, from



Olympic champions Andy Stanfield (left) and Greg Bell (right)—names from the past.

his college days to running in Europe and on to greater successes as a road runner in the sixties. You'll recall that Hal was the first American to finish at Boston in 1964. Some of the most entertaining episodes derive from his activities as a race director in Michigan City, Indiana where he lives. By some accident, he was awarded the national AAU 20-kilo championships one year; how Hal, his family, and a few assistants coped with this enormity is a heart-warming tale indeed—one to inspire budding race promoters everywhere—to refrain from sending in race applications to the AAU.

Hal Higdon makes his living from writing. In addition to books, articles and columns on track and running, he writes regularly on a variety of other subjects, from politics to pro football. "On the Run from Dogs and People" is not the most earthshaking book in publishing history, but it will be rewarding, entertaining reading for any fan. /Upton Allsberry/

("On the Run from Dogs and People," by Hal Higdon. Published by Henry Regnery Co., Chicago, 1971. Hard cover. 239 pages. Available from Track & Field News @ \$5.95.)

What Ever Happened to...

Do you ever wonder what has happened to your track heroes of yesterday? Despair not, as T&FN introduces "What Ever Happened to...", a feature which will bring you news on the present whereabouts and whatdoings of some of the big names of the past (athletes, coaches, officials, figureheads, administrators). Readers having pertinent knowledge are encouraged to submit such material to T&FN.

Former Indiana great Greg Bell is now a dentist at the state hospital in Logansport, Ind. Bell was the world's top long jumper in the latter half of the 50s, ranking first in 1956, 57 and 59 and second in 1955 and 58. The 1956 Olympic champion, he was in his day the second longest jumper of all time, reaching 26'7" in both 1957 and 59.

Last fall, Andy Stanfield was appointed by the president to head the Division of Private Sector Relations in the Office of Congressional and Governmental Relations of the Office of Economic Opportunity. Stanfield, a Seton Hall graduate, was the first man to officially hold the world record for the 200/220 turn, running 20.6 for the yard distance in 1951. Hampered by injuries throughout his career, he only once attained first in the world rankings, in 1952 when he captured the Olympic crown in Helsinki.

Status Quo

Sprinter/football player John Carlos raised a stir on April 5 when he walked into the Philadelphia office of the AAU and asked for an application for reinstatement as an amateur. Reportedly intent on running in the King Freedom Games on May 16, Carlos was told he must first submit a written request for reinstatement. Carlos has indicated he may appeal his case to both the US Supreme Court and the IAAF if the AAU denies his application. Corey Bouyer of Ferris State, double NAIA hurdles champ last year at 13.9 and 50.9, has been serving as assistant track and football coach at his alma mater since being cut from the pro football ranks last year. He has now signed a contract with a team in the Canadian pro league. Mononucleosis has been taking its usual toll lately, as El Paso's top middle distance runner, Kerry Ellison, has been hospitalized and will miss the remainder of the season. Others infected include Michigan State's Bob Cassleman, who zipped a 1:08.8 600 indoors early but ran poorly at the NCAA indoor and AAU outdoor mile runner-up Peter Kaal of Oklahoma State. While nothing further has been heard on Kaal, Cassleman recently ran a 46.6 relay leg at Drake.

Out for the season with injuries: North Texas State's frosh vaulter Larry Jessee, with a broken foot; Mike Williams, 59'10½" shot putter for Oregon following knee surgery; 7'2" high jumper John Radetich with a burst appendix; cross country All-American Mark Hiefield of Washington State with a stress fracture. On the comeback trail, 1964 Olympic 10,000-meter champ and American record-holder Billy Mills is reportedly running 50-60 miles a week and aiming for 80 by the summer and wants to get down to his 1964 weight of 152 (from his present 167) before deciding on competitive plans. Jim Eshelman, who vaulted 16'11¼" for Stanford in 1967 has begun a comeback, clearing 15'6" at Mt. SAC. He will jump for Athens. Willie Sojourner of Weber State, third-placer in the NCAA high jump in 1970, has signed a pro basketball pact, the only "name" trackman to do so.

On the European front, last year's number-one ranked javelin thrower, Pauli Nevala of Finland, has pulled a muscle in his right shoulder and will be unable to throw for at least one month. He is eager, however, to accompany fellow spearman Jorma Kinnunen on a US tour later this season. In neighboring Sweden, ex-New Mexico javelinist Ake Nilsson, 26, is back in heavy training. Nilsson threw 287'11" in 1968 and captured sixth in the Olympic Games but has been bothered by injuries the past two seasons. □

JACK SHEPARD, T&FN prep statistical editor, Reseda, California:

It was quite a shock to learn of the untimely passing of Hugh Gardner. Hugh was one of those people who contributed immeasurably to the growth of T&FN with his statistical work, and it may be only now--after his death--that those of us who carry on his work will fully realize the vastness of the work he did, the countless hours gathering and verifying he put in. For we will be the ones who must now spend those hours. He was the keeper of the all-time high school lists and the age-group records from 14 to 40 as well as all-time lists of many varieties.

ARCHIE OWENS, Kensington, California:

Dave Prokop and Rich Clarkson did just an absolutely fantastic job on "The Men Who Stand and Wait" (II April 1971 T&FN). This story was beautiful and pointed up so well the drama of track and field that most individuals never even suspect is going on "in the wings". I know Wayne (Vandenberg) and Jumbo (Elliott) very well, and I could almost hear their comments while reading the story. Thanks for a great job.

KIM KIRSNER, London, England:

Would you believe the following world records: 100y, 8.7, Charlie Greene, Provo 1967; 100m, 9.4, Jim Hines, Mexico 1968; 200m, 19.3, Tommie Smith, Mexico 1968; 400m, 43.3, Lee Evans, Mexico 1968; 800m, 1:43.8, Ralph Doubell, Mexico 1968; 110mHH, 12.8, Willie Davenport, Mexico 1968; and 400mIH, 47.6, Dave Hemery, Mexico 1968. These, with the luck of Erv Hall in the 1969 NCAA championship 120-yard high hurdles, would be the current world records. Roll-on electric timing in hundredths. Even parallel hand and electric listings would be useful.

DICK GANSLER, Denton, Texas:

You will note that Wolfgang Nordwig and other European vaulters use a pad on their left arm below the wrist. See the picture on page 4 of the I April T&FN. My intuition tells me that this is a gimmick designed to hold the vaulter back behind the pole better--a frictional-like device. I cannot be readily convinced that this is to prevent bruises, otherwise all our vaulters would have bruises. Is this like taping the fingers and wrists of shot putters?

STEVE MURDOCK, T&FN photographer, New York City, New York:

Except for gusty winds, constantly changing light and a few drops of rain, the Penn Relays were fine. Hopefully, our photo coverage will be complete. The handling of photographers is quite good. The number of credentials is limited but I must admit that's a good thing. They even provided a plywood enclosure for our gadget bags and a garbage can for film wrappers. It's the first time I've seen that. As well, they had a cop to guard it, and he was well instructed as to where we could and could not go in relation to the finish line. At Penn, they traditionally refer to the athletes and press by "Gentlemen" rather than "Hey, you".

BUD HALEY, Seattle, Washington:

I had the pleasure of meeting Dr. Del Meriwether in Galveston, Texas, this past month at a meeting of US Public Health Service commissioned officers. He presented an original scientific research paper titled "Inhibition of DNA and RNA Synthesis by Daunorubicin and Adriamycin in L1210 Mouse Leukemia". For his efforts, he was awarded the J. D. Lane Award presented annually for the most significant contribution in original research. A plaque and \$200 honorarium were presented to Dr. Meriwether at the Surgeon General's banquet. In answer to Bob Hersh ("Letters", I April T&FN), I do not believe that Dr. Meriwether is "on a fantastic ego trip", but rather is engaged in some very serious and demanding work which occupies a great deal of his time and leaves very little time for training and competition. (Editor: T&FN correspondent Bob Hersh informs us that he did not intend any negative connotation, and both he and T&FN apologize to Dr. Meriwether if the remark was construed derogatorily.)

HANK KETELS, Foothill JC coach, Los Altos Hills, California:

Your recent article on wind effects on the flight of the discus ("The Wind Seekers", II March T&FN) was interesting to me. At present, Foothill's Chuck Sherman has thrown 177'1" with the aid of a prevailing quartering wind at Modesto Junior College and, at this writing, leads the nation's two-year college discus throwers. Chuck must face the lack of wind each day in our Foothill stadium where he has a best throw of 162'8". The ability to be able to achieve success without the aid of the wind, I feel, will make Chuck an outstanding thrower in the future.

ERNST SOUDEK, Austrian discus thrower, Houston, Texas:

As long as the present lack of ruling on fair conditions (for left-handed throwers) continues, this event is bound to be a farce. The only way to make it truly representative again would be to give the discus a more convex shape so that aerodynamics cannot influence its flight as much as at present.

FRED DUCKETT, Houston, Texas:

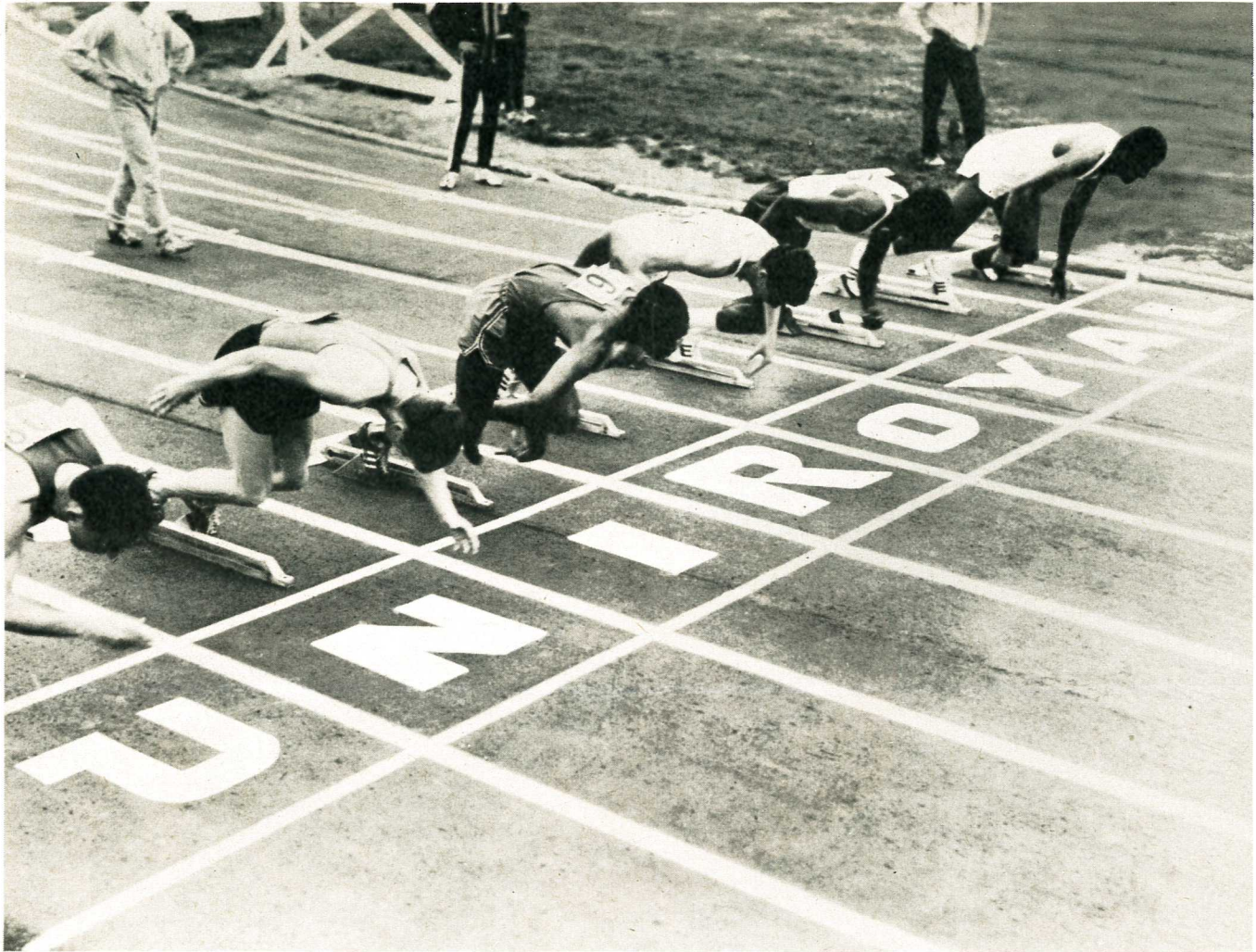
I'm very pleased with the new idea on summaries of meets. Much better.

BEN VAUGHAN, sprinter, Ft. MacArthur, California:

I sometimes entertain thoughts of what Track & Field News is trying to do in the field of track publications. I was somewhat upset over your political pickings in the World Rankings. It looked as though you put many foreign athletes ahead of better American competitors. One such case was in the 100-meters where (Valeriy) Borzov (USSR) was ranked second. He won one important race all year and had a best time of 10.3. He didn't even win his country's national championship, and that country is not noted for its sprinters. In your recent II April T&FN, you noted that some good 440 relay times have been turned in without key performers. One such listing was the US Army team running 40.0 without Mel Pender. Also missing from that team were Ben Vaughan and Charlie Greene, who were ranked third and fourth in the world last year by your magazine. Oh, yes, thank you for your World Ranking. (Editor: T&FN referred to the particular team as Ft. MacArthur. When verified--and that's not easy considering the poor armed service PR in sports--military athletes are affiliated by their specific installation, and T&FN still had Vaughan listed as Ft. Jackson and Greene Ft. Lee.) □



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