

# Pre hits 3:56.7, Shmock 64-11½

By **BLAINE NEWNHAM**  
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Steve Prefontaine fired a psychological rocket aimed at Oregon State but will be heard in Europe and Africa and anywhere else they care about distance running, Pete Shmock saved himself buying a ticket for the Olympic Trials and Gerry Lindgren announced he was back in Sunday's slightly sensational Twilight Meet.

Call it magic or call it malarkey, but the Twilight Meet has some strange power to draw the best from its participants.

For openers:

- A lifetime best 3:56.7 mile by Prefontaine, the fastest time in the world this year—bettering Jim Ryun's 3:57.1 at the Kansas Relays.

- A lifetime best of 64-11½ by Shmock, which qualifies him for the Olympic Trials in the shot put.

- Lindgren's 27:30.8 victory in the six-mile, his best mark in that event in seven years and well below the Olympic qualifying standard of 27:55.

- Mike Manley and Steve Savage racing to the top two steeplechase times in the nation this year, Manley winning in 8:40.0 and Savage second in 8:40.6.

"That's as explosive as I've ever seen him," said Dellinger of Shmock, the Oregon strongman who also has a measured foul of 65-2 and a secondary throw of 63-8 in a great series.

"In fact, the last time I saw him look that good was in the Twilight Meet two years ago," continued Dellinger, "when he broke 60 feet for the first time."

Shmock, interestingly enough, recorded his previous lifetime best of 63-2¾ in last year's Twilight Meet.

"IT ALWAYS seems to be good for me," he said. "You know, this is the first meet this year I've really got psyched for."

Appropriately, the best was saved for last as a crowd of almost 6,000 waited through the cool but rainless afternoon for the Twilight Mile.

Bob Martin, a former Washington State half-miler, pulled the field through a 56-second first lap. But after 660 had gone by, Prefontaine took command and ran unchallenged though a 1:59.0 half, 2:58.0 (1,320) and 58.7 last quarter for his 3:56.7, bettering the time of 3:57.4 he ran in last year's Twilight Mile. Martin, the rabbit, was standing at the finish line cheering Prefontaine.

"I needed that," Pre said in the warmth of the McArthur Court dressing room.

"It gives me a psychological edge," he continued. "For some time now I haven't felt mentally ready to run. I really haven't wanted to run. But this will stimulate me."

"It was fun."

It was also thought-provoking, as it was meant to be.

"I'M SURE Pre wanted to get a faster time

than the kid from Oregon State (Hailu Ebba, 3:59.3)," said Dellinger, who confirmed that Prefontaine would run a three-mile next week against Washington State and then a mile against the Beavers on May 6.

"We'll be up for that meet," said Pre. "Sure I hope he (Ebba) is in the race."

Rick Ritchie chased Pre to the tape, finishing second in 4:01.3, a lifetime best.

"Rick had a four-minute mile until he tied up in the last 50 yards," said Dellinger. "Both he and Pre ran real well although I was as pleased about Bob Rust's 4:11.5 as anything else."

Rust, a freshman from Missoula, Mont., had a prep best of 4:20.6.

Perhaps the happiest guy at Hayward Field was Lindgren, the fiery little competitor, who ran his best six-mile since setting the American record of 27:11.6 in 1965.

"It felt so darn easy I think I could have run a half-mile faster," he said following the race. He looked as if he'd just jogged through Hendricks Park, not run a gruelling race.

"It's been years since I've felt so good in any race," he continued. "You know a few years ago I quit running. I couldn't beat anybody, my ulcers were acting up and I had leg trouble. And it just wasn't fun."

"BUT NOW I've got myself on a schedule of where I want to be. But heck, I think I'll throw it away. I'm two or three weeks ahead of the

schedule already."

Lindgren is contemplating a double for the Olympic trials.

"Realistically, I think I can run both races (10,000 meters and 5,000 meters) because of the time schedule."

Lindgren and Kenny Moore alternated leading the six-mile through the first 2¾ miles, but as the two closed on the three-mile mark, Lindgren took command and started running away with the race.

His first three miles went by in 13:50 and he closed with a 67-second last lap to trounce Moore, who was second in 28:14.2.

"I knew after two miles I didn't have it," said Moore. "I tried to help Gerry but I couldn't get near him."

Moore is convinced that Gerry is on his way back.

"I'd say the 10,000 meter field will have Lindgren, Frank Shorter, Jack Bacheler, Garry Bjorklund, and Tracy Smith together with a half-lap to go."

There were other notable performances in the meet:

Oregon's Mike McClendon running 1:48.8 for third behind Mark Winzenried's 1:48.0 in the 800 meters; Bouncy Moore's 25-10¼ long jump; Mac Wilkins' 184-0 win in the discus; and a third place finish by South Eugene High's Jeff Carter in the javelin with a lifetime best of 239-8.



The Twilight Mile runner ends his four-minute

Jeff Carter, the South Eugene High senior who Sunday took third in the Twilight Meet javelin with a throw of 239-8, has signed a letter of intent with the University of Oregon.

Carter's coach at South, Harry Johnson, revealed that the weightman signs a track letter, turning down an offer to play football. Carter was an all-league linebacker and offensive end.

Carter's throw Sunday was the best in the state by a prep this year, and a South Eugene school record.

# qualifying for trials

Craig Brigham of South Eugene High broke his national prep record in the decathlon at Hayward Field Sunday, but failed to reach the Olympic qualifying standard of 7,600 points.

He was close.

Getting a lifetime best in the javelin of 197-7½, Brigham to-

taled 7,523 points in the two-day, 10-event grind to surpass the national record of 7,373 he set earlier this month.

"I'm happy," he said following the 1,500 meters where he ran 4:53.0 when he needed 4:40 to attain the 7,600 points. "I gave it all I had.

"It was physically possible

for me to run 4:40 in the 1,500 — I've done 4:43 in a time trial — but I wasn't mentally tough enough for it. Running a mile in a time trial isn't like running it at the end of a decathlon."

Brigham, running a fine 15.4 in the high hurdles and throwing the discuss 144-10½, scored 3,690 points in the second day, a vast improvement over his second-day total of 3,575 in the 7,373 effort.

"Everything was really going well until I hit the dang pole vault," he said. "I really felt good. I felt ready for a 16-foot vault. I just tightened up. I guess I felt the pressure of having to get the points there."

Brigham vaulted just 14-6½, nearly a foot below his best of 15.6.

Brigham may get one more chance at the qualifying mark — at the AAU decathlon championships in June—although he may not need to meet the standard to compete in the Olympic Trials at Eugene.

Bill Bowerman, the Oregon coach, has plans of bringing in the top 24 decathlon performers in the nation for the trials, regardless whether they have all met the qualifying standard. So far, only two have.

**110 HURDLES** — 1, Rick Hedges, UO, 14.7 (881). 2, Craig Brigham, SE, 15.5 (797). 3, Brian Lucas, USN, 16.1 (739). 4, Geoff Wood, WSU, 16.1 (739). 5, Mike Monahan, WSU, 16.2 (730). 6, Dave Auger, HSP, 16.4 (714). 7, Rob McLean, UW, 17.1 (652). 8, Don Anderson, UO, 17.5 (621). 9, Bill Hodgson, WSU, 18.7 (533).

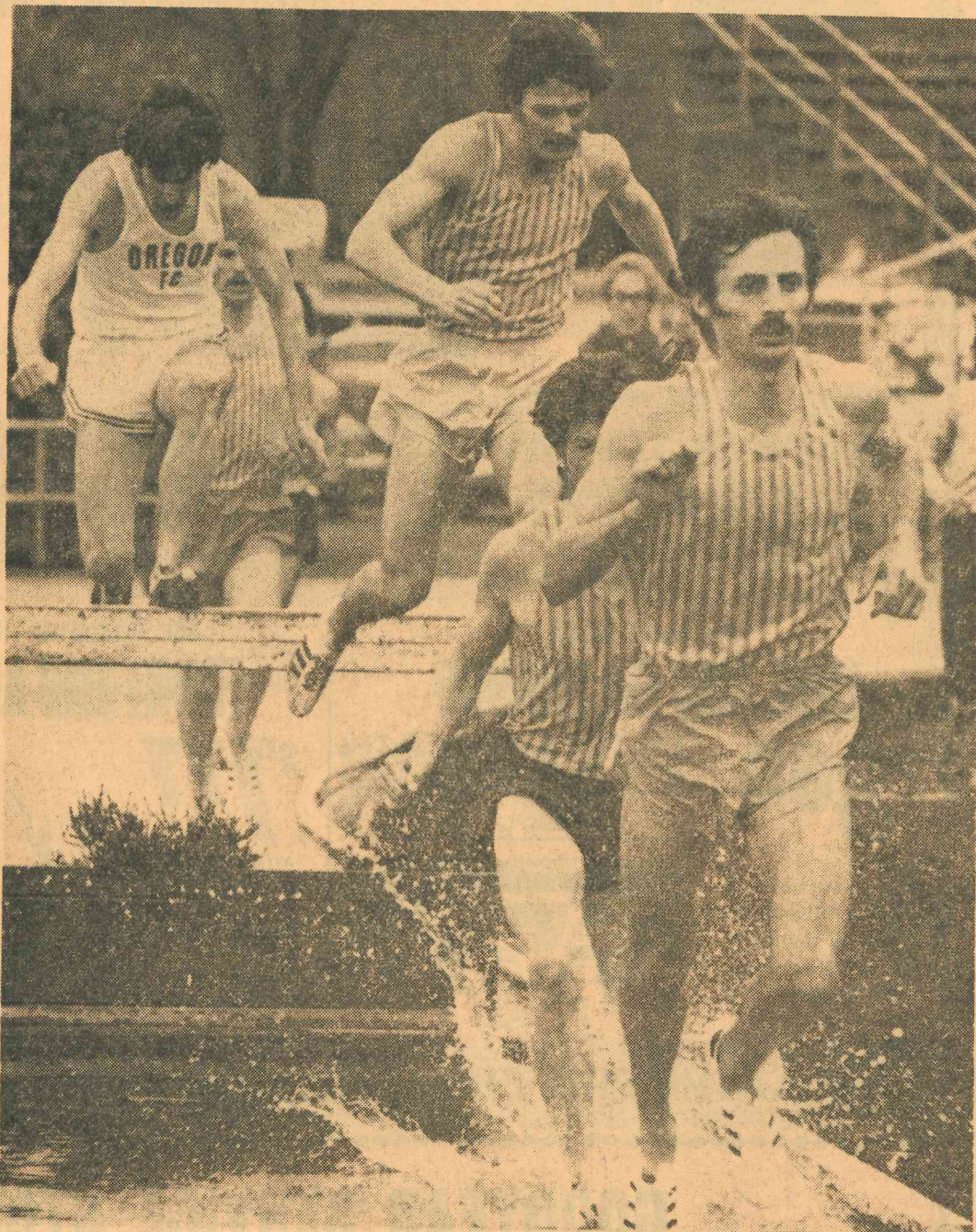
**DISCUS** — 1, Bill Hodgson, WSU, 148-½ (783). 2, Craig Brigham, SE, 144-10½ (766). 3, Geoff Wood, 138-½ (726). 4, Brian Lucas, USN, 132-3½. 5, Mike Monahan, WSU, 126-11. 6, Dave Auger, HSP, 111-10½ (564). 7, Rick Hedges, UO, 102-11½ (505). 8, Don Anderson, UO, 88-7 (404). 9, Rob McLean, UW, 88-2 (386).

**POLE VAULT** — 1, Craig Brigham, SE, 14-6½ (916). 2, Dave Auger, Husky SC, 14-6½ (916). 3, Mike Monahan, WSU, 14-6½ (916). 4, Rick Hedges, UO, 13-½ (799). 5, Geoff Wood, WSU, 11-6½ (678). 6, Rob McLean, UW, 10-½ (546). 7, Brian Lucas, USN, 10-½ (546). 8, Don Anderson, UO, 9-0 (448). 9, Bill Hodgson, WSU, 8-0 (351).

**JAVELIN** — 1, Bill Hodgson, WSU, 216-5½ (833). 2, Craig Brigham, SE, 197-7½ (746). 3, Brian Lucas, USN, 175-6 (679). 4, Mike Monahan, WSU, 172-6 (667). 5, Geoff Wood, WSU, 166-6½. 6, Dave Auger, HP, 160-10 (620). 7, McLean, UW, 112-4 (401). 8, Rick Hedges, UO, no fair throw. 9, Don Anderson, UO, withdrew.

**1,500 METERS** — 1, Rick Hedges, UO, 4:25.1 (623). 2, Rob McLean, UW, 4:27.1 (609). 3, Brian Lucas, UN, 4:29.6. 4, Geoff Wood, WSU, 4:41.2 (517). 5, Dave Auger, HSC, 4:43.7 (502). 6, Craig Brigham, E, 4:53.0 (447). 7, Mike Monahan, WSU, 4:59.2 (412).

**TOTAL POINTS** — 1, Craig Brigham, SE, 7,523 (new national prep record, old mark 7,373 by Brigham, 1972). 2, Dave Auger, Husky Spike Club, 7,002. 3, Mike Monahan, WU, 6,715. 4, Geoff Wood, WSU, 6,695. 5, Brian Lucas, USN, 6,375. 6, Rick Hedges, UO, 6,288. 7, Rob McLean, UW, 5,640.



(Register-Guard photo by Wayne Eastburn)

## Mike Manley is over the barrier and heading home

Manley held this lead down final stretch to defeat trailing Steve Savage, Jime Gorman and Bob Williams in steeplechase



## The clock is wrong, but Pre's all right

Prefontaine raises arms in victory, while clock shows unofficial time of 3:56.8

