#### Uni High Rouners Score Double Win

Uni High's cross-country team queezed out a 28-29 win over Mahomet-Seymour and beat/Tri-Valley 23-36 in a döible-dual meet at New Illini Grove Tuesday: The Bulldogs topped Tri-Valley, 25-30.

Individual winner over the 285 mile course was Mahomet-Seymour's Mark Johnson, who ràn 15:58. Trênt Barnhart of Uni came in second in 16:05. Bill James was third for M-S in 16:38 and Chris Wileock fourth

#### Mahomet-Seymour Harriers Top Paxton

MAHOMET Mahomet Seymour rolled up a 22-33 cross country victory over Paxton on a 2.9 mile Lake of the Woods course Thursday afternoon. Mahomet - Seymour's Mark

Johnson set a new course record Johnson Set a new Course record of: 15:16.5. Next were 2-Don Frichtl, (P): 3-Bill James (M-S); 4-Jeff Howard (M-S), and 5-Bob Bantz (M-S)

# Record Run At Paxton

Anne smashed Mike Lehman's Paxton's Don Fricatl wa meet record by 19 seconds to as the Mustangs finished 30th, win the individual title and lead St. Joseph-Ogden's Tony 1 of St. Anne to the team cham-took 11th place. pionship of the Mustang Invitational cross country meet here

Saturday.
Pattin's time was 15:14.6 for the three mile layout at Paxton High School. Lehman's time last year was 15:33.6.

St. Anne placed five runners in the top 25 to score 86 points and take the meet.

Hoopeston was second and Manteno was third.

Hoopeston had three men in the top 10 but too much space between four and five cost the Cornjerkers the title.

Mahomet-Seymour placed Mark Johnson third and Bill James 10th on the way to third place in the meet, and Unity Ron Burwell ran third and De Cler 19th to pace the Rockets to

Uni High had Trent Barnhart 20th and Chris Wilcock 28th as

EAM TOTALS TEAM TOTALS Paxton
Paxton
Tri-Valley
Oakwood
Bismarck-Hen
Watseka
St. J-O

INDIVIDUALS: 1. Jim Pattin, St. Anne; Don Haster, Hoopeston (15:20); 3, Astr Johnson, M.S. (15:24); 4. Mike latifield, Hoopeston (15:52); 5. Ton Burrell (15:53); 6. Don Fricall, Astr Johnson, J. Joh (1923), 6. On 1907 (1923), 6. On 1971 (1924), 7. Joe Burgess, Beeche (1924), 8. One 1971 (1924), 8. One 1971 (1924), 9. Errile Linares, Hoopestor (1927), 10. Ill James, A. (1615), 10. One (1927), 10. Ill James, A. (1615), 10. Jarry Shan (1924), 10. Jarry Shan (1925), 10. Jarry Shan (1926), 10. Jarry Shan (1927), 10. Jarry Shan (1928), 10. Jarry Shan (

爾內地亞 **Mahomet Takes** 

Third Victory
MAHOMET — MahometSeymour captured the first five places here Thursday, romping to a 15-45 cross country win over Wapella, Mark Johnson of the winners took medalist honors with a 15:19 time over the 2.9 mile course.

The next five finishers for Mahomet-Seymour were Bill James, Jeff Howard, Bob Bantz, Mark Page and Bob Sivier. Mahomet is now 3-1 dual meets.

Johnson, Mahomet Outrun Unity, 26-29

TOLONO-With Mark Johnson TOLONO—With Mark Johnson posting a record 14:11 clocking for the 2.5-mile course; Mahomet Seymour shaded Unity 26:29 in a cross country meet, Inexalay F. ollowing Johnson, in order, were Unity's Ron Burwell in 14:35, teammate Ron Cler, and M. a homet Seymour's Bill Intestated Jeff Haward.

# Cross Coun

# Spartan Run Won By Hoopeston, Rorem

Gilman sophomore Reo Rorem, who may be yet another in a seemingly endless line of brilliant young Illinois distance runners, won the individual fitle in a three-mile time of 14:54.9 while Hoopeston unseated Effingham St. Anthony as team champion in the second annual Spartan Classic cross-country meet here Saturday.

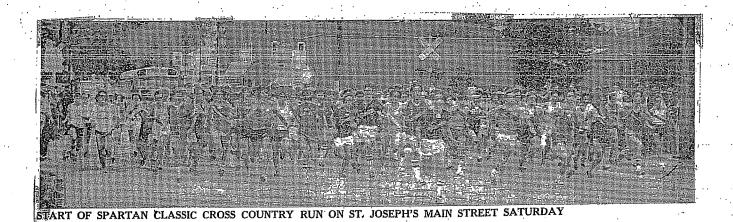
The race began on Main Street, proceeded through town, and ended on the 50-yard line of the high school football field.

Hoopeston, led by Mike Hatfield's 12th-place finish, radicity Surplace 1111131 sance the 33-team field, Hoopeston's Don Hasler was 18th, although he was fourth until he took a wrong turn and had to backtrack.

St. Anthony was second with 156 points with Monticello third (186), St. Anne fourth (211) and canton Central fifth (222).

Mahomet-Seymour's Ma Johnson finished second Mark

TEAM SCORES
Hoppeston 144, Effinjahm St. Ahil
166, Monticello 186, St. Anne 211, Cil
Central 222, Normal U. High. 240,
Zion 241, 'Tolono Unity' 246, Máho
Seymour 347, Tuscola 347, Blue Mi
360, Cumberland 359, 'Georgetown LeRey 427, Paxlón 446, Casey,
Bismarck-Henning 478, Eureka
Polomac 504, St. Joseph-Ogden
Gilman 525, Shiloh 531, Walseka 53,
ro Gordo 566, Warrensburg-Latham
Kansas 580, Rankin 614, Rossyille
New Berlin 779, Fisher 256, Urbana
High-230, ABL and Oakwood lacked
runners.



# Bölldogs' Johnson Establishes Mark

MAHOMET - Mark Johnson f Mahomet-Seymour turned in a new 2.3-mile course record of 44:35.5 Tuesday as his team beat LeRoy, 22-34, in cross

beat Terror 2238, in cross country.

Behind Johnson were Joe Ommine of LeRoy, Bill James of Mahomet-Seymour, Jeff Howard of Mahomet-Seymour, Bob Bantz, of Mahomet-Seymour, Jerry Henson of LeRoy, Phillerey of LeRoy, Tim Marcum of LeRoy, Bob Sivier of Mahomet-Seymour and Mark Parent se mour and Mark Pa Mahomet-Seymour.

Mahomet-Seymour Cops Double Dual

MAHOMET — In a double dual cross country meet here Thursday afternoon, Mahomet-Seymour defeated Unity 25-35. then downed Argenta - Oreana 26-31 while Argenta tripped Unity, 27-28. Mahomet's Mark Johnson finished the 2.9-mile course in 14:55 and was followed by Ron Burwell (U), Bild Junes (M.S), Sarry Tedie and Tony Richers (1607) 11475 115

MAHOME 12 Juit 23

MAHOME 12 Juit 23

MAHOME 23 BECENTA 31

ARGENTA 77 UNITY 28

Mark Johnson (M); 2. Ron Bornel

3. Bill James, (M); 4. Gary Fedle

13. Tony Richars (A); 6. Jeff

Mid (M); Dob Ballz (M); 8.

Cler (U); 50 Bannyr May (A);

Tim Towners (M); 18455 for file course.

by Gary Gyuran
MSHS cross country team has
in the last two weeks built its record to 8-1, defeating Unity and Argenta-Oreana twice in the last two weeks, and also by defeating LeRoy once.

The Bulldogs also participated in a tournament at St. Joseph, in which 33 area teams were entered. The Bulldogs finished ninth in the tournament, with Mark Johnson finishing second and Bill James finishing 14th out of 231 runners.

The top runners in the last two weeks have been: Mark Johnson, Bill James, Jeff Howard, Bob Bantz and Mark Page.

#### Mahomet-Seymour Harriers Win

MAHOMET - Mahomet Seymour upped its cross country mark to 9-1 this season with a 20-29 win over Tri Valley Tuesday. The top five finishers were Mark Johnson (MS), 15:03 over 2.9 miles; Bill James (MS)

# Sage Runners

MONTICELLO -MONTICELLO — Monticello High School wrapped up its first undefeated dual cross country understated und types continued as season, 13-0, here Thursday afternoon by turning back a good Mahomet Seymour club, 28-31...
Mahomet's Mark Johnson won

the event by finishing the 2.8 mile course in 14.47, and was followed by 2-Bill James Flerry Brewer FM Bregins (M), and 35-61

#### MSHS RUNNERS NOW 10-2

MSHS RUNNERS NOW 10.2

by Gory Gyuron

MSHS cross-country team moved their record to 10-2 last week.
The Bulldogs lost to Monticello and beat Tri Valley.
Coach John King, said "We could have beat Monticello, but we had two of our top runners out with injuries and sickness."



MARK JOHNSON

## Johnson Rips Rorem Mark

Mahomet-Seymour's longdistance running star, shattered a record racked up by Gilman ace Reo Rorem here recently when he covered the three-mile Mustang course in 14:12.8 in a double-dual meet Tuesday. Rorem had posted a time of 14:33.1.

Mahomet-Seymour's manomer-seymour's team; prevailed in the meet, defeating! Paxton 24-31 and Fairbury-Cropsey 16-44, while Paxton whipped F-C 17-44.

A distant runner-up to John-son was teammate Bill James with a time of 14:56. Next, in order, were Don Frichtl and Randy Wells of Paxton, third

# ss-Country Finishes II-2, ck Johnson Leading Runner

The Bulldog, cross-coun at try team finished its dual Mar meets Tuesday, with a refinished fourth in the Paxton Invitational and minth in the St. Joseph Invitational.

Mark Johnson, a junior runner for the team, has been the leading runner. Mark has broken six course records, two of which were

Lake of the Woods Mark's tournament records have been a third place at the Paxton Invitational and a second at the St. Joseph Invitational.

Other top runners for the team have been Bill James, Bob Banzt, Mark Page Jeff Howard, Mark Brown, and Bob Sivier.

# Mattoon, Liddell Repeat in District

Herald Sports Editor

Matton High School breezed to a third straight district cross country championship Tuesday at Scovill. Eisenbower's Robin Liddell repeated as individual champion.

Placing seven runners among the top 12, Mattoon was low with 31 points in the 16-team field. Each school's top five finishers

Each school's top five finishers figured in the point total.
Also qualifying for the Champaigh sectional Saturday were Charleston, rumerup with 58 points; MacArthur, third with 122 points; Stephen Decatur, fourth with 141 points, and Argenta-Oreana, lifth with 184 points.

Members of the top three teams in the sectional run and the top 10 individual finishers advance to the state meet Nov. 3 in Peoria.

Mattoon should be in the Peoria lineup, judging from Tuesday's excellent showing. Liddell also should have no trouble advancing. Liddell's time of 15:39.4

minutes for three miles bettered his 1972 time of 15:57.6. The course is hilly, which makes the

time extremely low.
Trailing Liddell by nine seconds was Mark Avery of Mattoon. Ron Radloff of Mattoon was third, Bill McCune seventh, Dave Hoover ninth, Aft Hutchison 10th, Tony Sparks

Officers in the top 10 included Mark Johnson, Mah on etf four fh; Harold Fudge, Charleson, fifth; Tom Retter, MacArthur; sixth, Terry Lemons, Charleston, eighth:

Stephen Decatur was led by Paul McCann's 23rd place finish Stephen Decatur was without top runner Dan Berg, who has an ailing leg. Tony Richars led Argenta to fifth place as he finished 18th. There were 112

Matjooi 31, Charlesion 58, MacArthur 122, Stephen Decolur 141, Argenta , Oreana 184, Monticello 188, Mount 210h; 183, MacArthur 185, Elsenhower 227, Tueston 251, Pana 386, Letwiew 309, Warrensburg - Lethiam 317, Shelbyville-Sys, Gilipin, 431, Lethiam 317, Lethiam

6. Reliter, MacArthuri 7. McCune, Mathony, B. Læmns, Chorlesion, 9. Hoover, Mathony, 10. Hulchison, Mathony, 11. Sparks, Mathony, 12. Lindemann, Mathon 13. Storm, Charleston; 14. Potts, Lokeview; 15. Fronklin, Charleston; 16. Brewer, Monficelio; 17. Pence, Chorleston; 18. Richars, Argenta, 19. James, Mohometri, 25. Rights, Manticello, 25. Mathony, 18. Rights, 18. Rights, Mathony, 18. Rights, 18. Rig

# No Glory, No Cheers Just Run, Run, Run

By Bob Fallstrom Herald Sports Editor

Having a son on the Stephen Decatur High School-team has sharpened my perception about cross country.

It looks easy. Just run. In: fact, cross country is a grueling, grinding test of selfdiscipline.

uscipine.

Nöt nuch glöfy. Not like the glory in football, that other autumn sport. Not much applause. A few relatives and girl friends on hand. No cheering grandstand. No headlines in the newspaper inless you're Craig Virgin.

Must run, run, run, Run your fail off. Run up hills, run in the rain, run in the steamy

Grind it out. Try to beat the kid in the blue jersey across the finish line. Try to beat him when your feet feel like lead and your gut has a wisting ache.

The cross country meets are fun. It's the practice that is tedious, boring, time-consuming, energy-sapping. That is, if you practice the right

Practice takes discipline. In cross, country you are only as good as the amount of time you practice. So you must have self-discipline to keep running, running, running.

What makes a cross country runner run? Basically, the wish to excel the competitive urge to prove yourself better



Once Over Lightly

than the next guy. Many of the cross country runners are too small for football, or too timid! Cross country, like wrestling, is for the kid who can't throwa touchdown pass, can't score 20 points in basketball can't hit .300 in baseball.

Like newspaper writers, the cross country runner tries to beat the clock. He's forever seeking to lower the time it takes to cross the finish

So the cross country runner runs and runs and runs. It doesn't take any skill to runs Just stamina.

But it's a thinking man's sport nevertheless. Because you have to think hard about running that long.

# Harrier team is selected

Urbana's Tim Pittman, two Champaign Central runners and two Rantoul runners were name ed to the Class A division of the All - East - Central Illinois Cross Country team while eight of the runners on the Class B division team came from the

division team came from the Class B division team came from the Courlerland.

Pttman ranked second to Charleston's Harold Fudge on the team picked by the Paxton Daily Record Central's Rick-Rindus was third and Bob Wolf was ninth. Rantoul's representatives were Ernie Strange (6th) and Cliff Bidleman (7th).

Members of the Class B team included Mark Johnson and Bill James of Mahomet-Seymour, Jee Ommen of LeRoy, Reo Rorem of Gilman, Don Frichtl of Paxton, Trent Barnhart of University High, Doug Rowe of Gilman and Terry Brewer of Montricella. man and Terry Brewer of Mon-

#### East Central Team

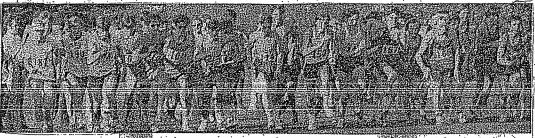
East Central Team

CLASS A

Harold Fudge, Charleston; Tim Pitman, Urbana; Refundus, Champaign
Central, Daye How Rundus, Champaign
Central, Daye How Rundus, Champaign
Central, Daye How How Rundus, Champaign
Central, Daye How How Rundus, Rundul;
Cliff Bildefman, Raintoll;
Matton; Bob Wolf, Champaign Central,
HONORABLE MENTION—Dave Troxel,
Danville; Gary, Rewerts, Danville; Brad
Harmon, Centennial.

Mark Johnson, Mahomet-Seymour; Joe
Omnein, Location; Tom O'Shaugh
nessy, Caffin to constant power of the Company o

# Cross Country Team



as the mob scene as 112 runners pushed off in the district high school cross country meet



#### GOOD WORK, BOB AND BILL

Congratulations are in order for Bill James and Eob Bantz as they have completed a rough cross-country schedule for M-S High Bob finished his high school career in c/c this fall and was regularly scoring #4 man for M-S in the meets. Bill has been #2 man for the M-S runders and looks forward to an improved season new year. He placed #19 at the discussion new year. Boll out of over 120 runners. Book tory, Eith. Don't forget to congratuations.

#### Coaches Present Awards To Cross-Country, Football At Fall Sports Banquet

by Micha Plotner a

Special cross country and football awards highlighted the Fall Sports Banquet, held last Monday, in the high school gym.

Mark Johnson received "the Most Valuable Runner" award.

The most improved" went to senior Jeff Hward.

Bob Bantz, Jeff Howard and Bill James were voted as the captains for the 73-74 cross country season.

Cooss country honor went to Mark Johnson, all East Central Area's Cross Country team, Sectional and State qualifier. Honors also went to Bill James, all East Central Cross Country team, and Sectional qualifier.

also went to Bill James, all East Central Cross Country team, and Sectional qualifier.

The special football awards were presented by Coach, Frank Dulton and Coach Robert Handlin.

The special football awards were presented by Coach, Frank Dulton and Coach Robert Handlin.

The football capitains elected for the 73-74 season were firm Thomas and Jack Eichelberger, The most valuable back! went to Bob Scott, "the most valuable the back! went to Bob Scott, "the most valuable back! went to Bob Scott, "the most valuable the back!" went to Bob Scott, "the most valuable the season were firm to Bob Scott, "the most waluable back!" went to Tim Thomas.

Coach John King awarded the cross country members their lefters. This years leftermen are breshmen. Mark Brown and Bob Scott; Juniors, Bill James, Mark Johnson, and Mark Fraub, Sensons Bob Bantz, Jeft Hovand and Mark Page.

The stockball actermen received their letters from Coaches Dutton and Handlin. They were sophomores, Andy Dinkin, juniors Brims, Anderson, Chuick Benson, Rob Ledge, Neylin Gharey, Marks Kesler, Kenn, Leonard Tim Isind sey. Jim Miller, Brett Stillwell Jun Thompson, Dale Warren and, Kesler, Kenn, Leonard Tim Isind sey. Jim Miller, Brett Stillwell Jun Thompson, Dale Warren and, Kesler, Kenn, Leonard Tim Isind sey. Jim Miller, Brett Stillwell Jun Thompson, Dale Warren and, Kesler, Kenn, Leonard Tim Isind Sagley, Jim Thomas, and Bahry Wallkuphy.

### Eichelberger, Scott MVPs At Mahomet

At Mahomet

Mahomet — Tackie Jack
Eichelberger and guarterback
Bob Scott have been named
most valuable lineman and back
respectively of Mahom et.
Seymour High School's 1973
football feam.
Diolelberger was unanimously selected a Sangamon Valley
Conference all-star both offensively and defensively by
rital coaches, while Scott miss
effecting a unanimous choice by
Sullone vote each way.
Culard Tim Thomas, accorded
and captaincy of the team along
with Eichelberger, also received
in Bulldog Award, conferred
in Bulldog Award, conferred
and gritty leadership. Tackie Jon
Elgeley was designated as most

Slarley was designated as most supproved player;

In constitution of the constitution

Football coach Frank Duffon

proved.

Tootball coach Frank Dutton whose team was a tough score telder for the Sangamon fille awarded 22 letters, and paid tribute to assistant coaches Bob. Handlin, Chuck Baldwin, and Ted Phelips. Cross counting coach John King, presented eight letters.

Selviors: Jack Eichberger, Wash (Blan, Mark Nichols, Torp Plek Fire Reces, Bob Scott, on Sanger, Wash (Blan, Mark Nichols, Torp Plek Fire Reces, Bob Scott, on Sanger, Wash (Blan, Mark Nichols, Torp Plek Fire Reces, Bob Scott, on Sanger, Wash (Blan, Mark Nichols, Torp Plek Fire Reces, Bob Scott, on Sanger, Wash (Blan, Mark Michols, Mark Capit, Sanger, Wash (Blan, Mark Gran, Bood), wash (Capit, Sanger, Wash (Blan, Mark Gran, Bood), wash (Capit, Sanger, Wash (Bash), wash (B

#### Cross Country

#### Lettermen

Seniors

Bob Bantz Jeff Howard Mark Page

Juniors

Bill James Mark Johnson Mark Traub

Freshman

Marc Brown Bob Sivier

Other Squad Member

Jeff Miller

Tri-Captains

Jeff Howard Bob Bantz Bill James

Most Valuable Runner

Mark Johnson

Most Improved

Jeff Howard

<u>Honors</u>

Mark Johnson: All East Central Area Cross Country Team, Sectional and State Qualifier.

Bill James: All East Central Area Cross Country Team, Sectional Qualifier.

COACH ·

Mr. John King

	Mahome	t-Seym	mir		·
1973 Cross-Country					
DATE	OPP.	<u></u>	L Score	Dis	Jima
	Unitigs	0-1			
	Tri-Valley		25-30		·
Sept. 13	Parton	2-1	22-33	2.8	15:58
Supt. 15	Parton Inur.	4th c	of 19	.3.0	16:15
Sept 20	Wapella	3-1	15-45	2.8	15:54
Lept 25	unity	4-1	26-29	2.5	15:13
Sept . 27	argenta	5-1	25-30	2.8	14:42
Sept. 28	St. Joe Che	usic o	th of 33	3.0	15:56
0ct.2	Liroy	6-1	22-35	2.8	15:44
Oct. 4	Unity	7-1	23-35	2.8	15:34
	arginta	8-1	27-33		
ou.9	Tri-Valley	9-1	26-29	3.8	15:346
oct.11	monticelle	_	28-31	2.85	15:10
Oct. 16	Parton	10-2	24-31		14.56
	Jairbury	11-2	16-44	·	14:06
Oct 20	Leroy In		of 14	2,75	14:06
Ost. 23	District		of 18	3.0	17.0G
			·		