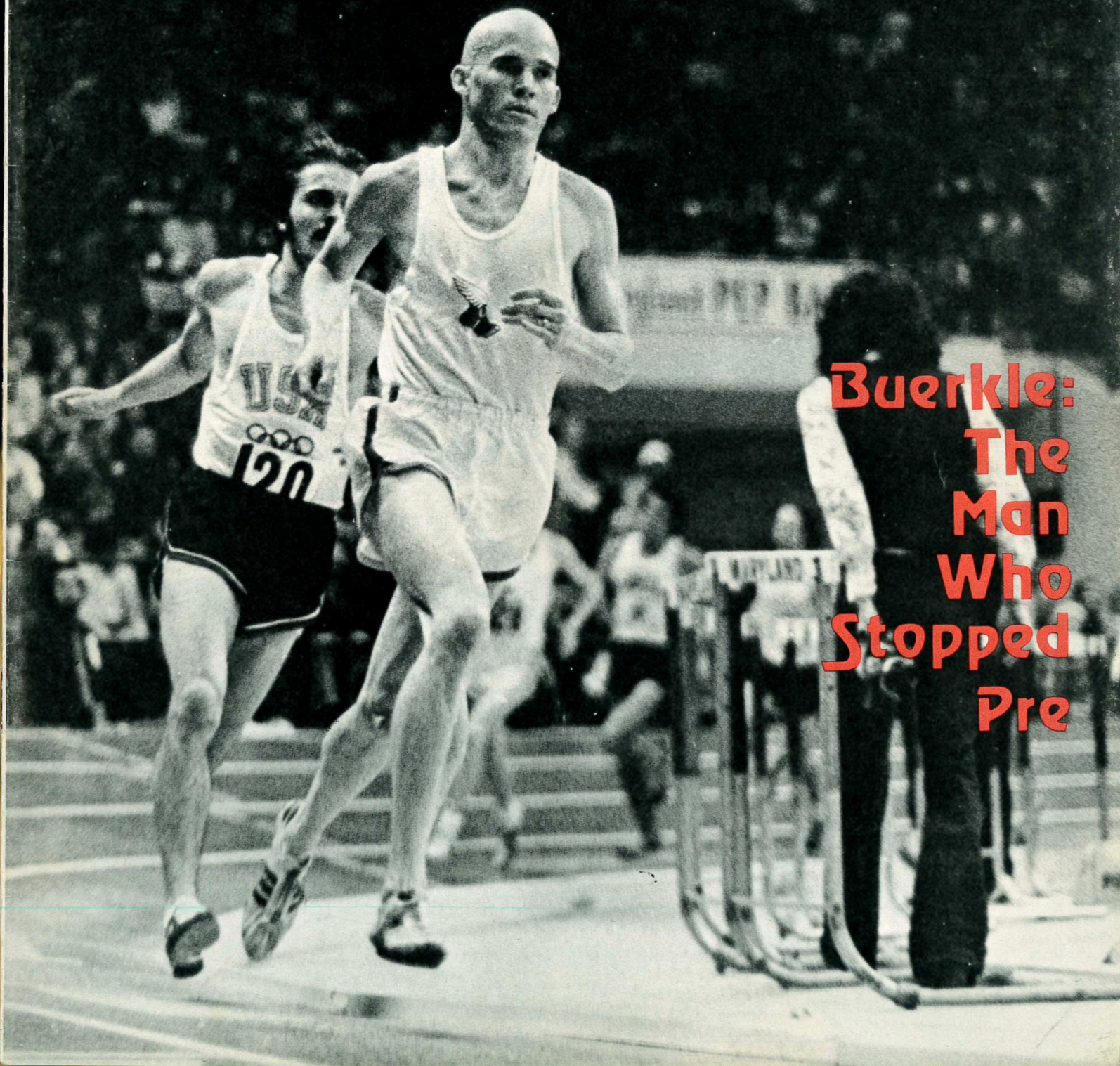


# TRACK & FIELD NEWS

February 1974

50 cents



**Buerkle:  
The  
Man  
Who  
Stopped  
Pre**



Selected for  
Xth British  
Commonwealth  
Games 1974

# Why buy a track that only performs on meet day?

Track athletes spend many days training for every day in a meet. But many of today's tracks are designed for only that one day: if they're fast, they're usually hard. Too hard, in fact, for really strenuous training day after day, without unnecessary soreness, shin splints and knee problems.

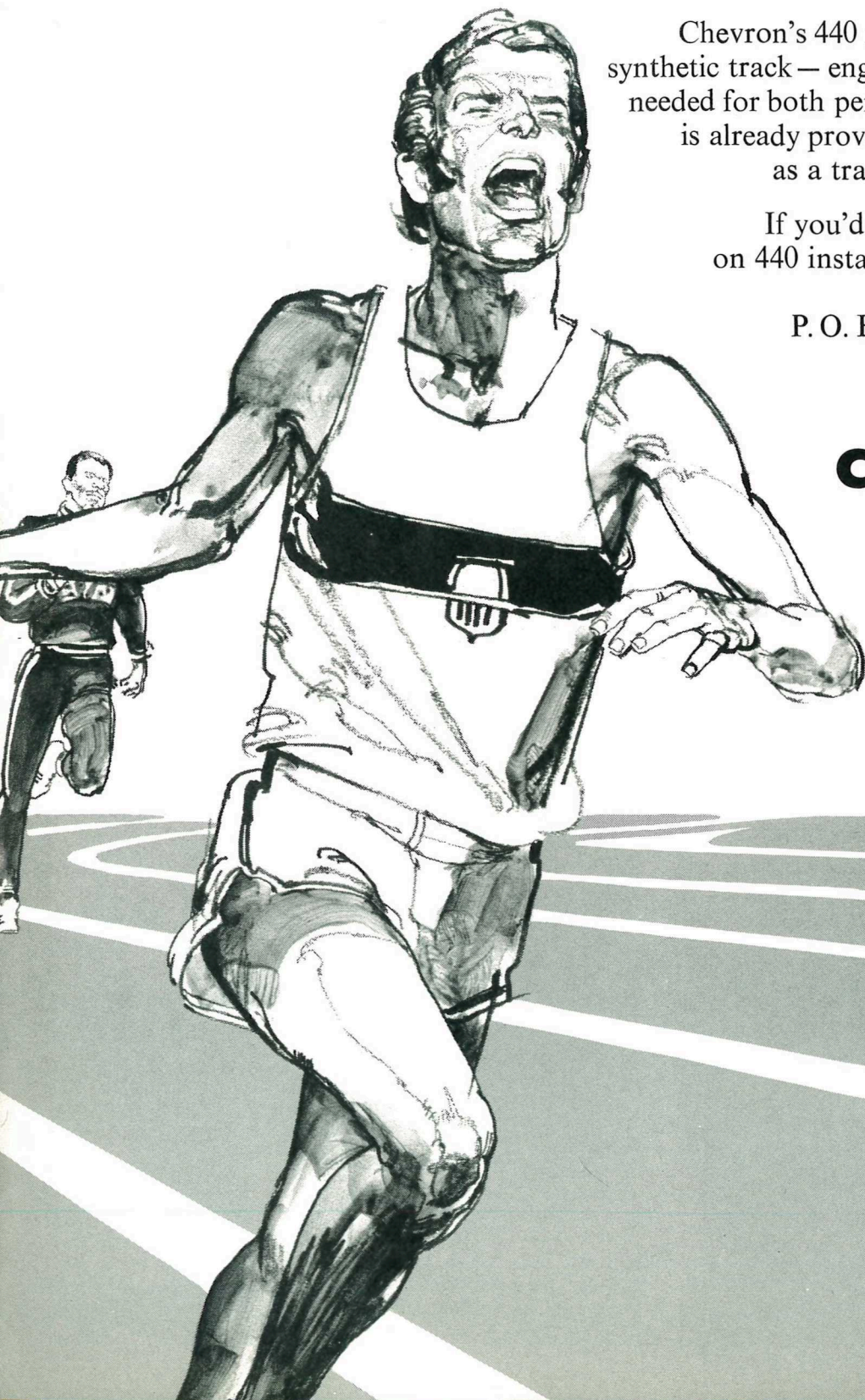
Chevron's 440 is a remarkably different kind of synthetic track — engineered to combine the qualities needed for both performance and training. Its speed is already proven in competition. Its reputation as a training track is growing every day.

If you'd like more information and facts on 440 installations, write or call Roger Zink, Chevron Asphalt Company, P. O. Box 3069, San Francisco, California 94119. (415) 894-5620.



## CHEVRON'S 440

the fast track  
comfortable



## MEET INFORMATION

**31ST ANNUAL FLORIDA RELAYS.** March 29 and 30. Six divisions—High School I, II, III, Frosh & Jr. College, University, Open. Over 3,000 athletes competed in 1973. Featuring the Championship Division daily, 2 P.M.-5 P.M. For more information and tickets, write: Jimmy Carnes, Head Track Coach, U. of Florida, Athletic Dept., Gainesville, Fla. 32604.

**7TH ANNUAL GLENN D. LOUCKS MEMORIAL TRACK & FIELD GAMES.** "THE Meet." Conducted for Eastern schoolboy athletes by the Bd. of Education, White Plains, N.Y., Sat. May 11. Nat'l Federation sanction. 22 championship events. Team trophies in 5 categories. Brand new Tartan track. Contact Edwin E. Kehe, White Plains High School, White Plains, New York 10605.

*Meet Directors, Coaches, Publicists! Keep athletes and fans informed about your meet, road race, etc. by a notice in our Meet Information section. \$15 for the first entry, \$10 each appearance thereafter. Bold face heading & 50 words. Please pay with order to T&FN, Box 296, Los Altos, California 94022.*

## ADVERTISEMENTS

**TIMELY TIMES.** Weekly results of Illinois indoor and outdoor meets, plus honor listings in all events. Feb. thru May—cost, \$10.00 (1974).  
**ILLINOIS TOP 100.** Book containing all-time indoor and outdoor listings in Illinois—cost, \$1.25 + .10¢ postage. Mail checks to: Timely Times, c/o Steve Miller, 1012 Sierra Crt., Park Forest South, Ill. 60466 (Tel: 312/534-0599)

*Classified ad rates: 10 minimum for 25 words. 30¢ each additional word. (Count name & address as 5 words.) Pay with order to T&FN, Box 296, Los Altos, California 94022.*

### TRACK, FIELD, XC, TRAINING ROAD RACING

- UNIFORMS
- ACCESSORIES
- VITAMINS
- SHOES
- WARM UPS
- CUSTOM IMPRINTING

WRITE FOR OUR FREE CATALOG  
SPECIALTY SPORTS  
3482 W. 12th ST., HOUSTON, TX. 77008



TRACK & FIELD NEWS on microfilm— from Vol. I, No. 1 (Feb. '48). Available by year or complete series to date. Inquire from University Microfilms, 300 North Zeeb Road, Ann Arbor, Mich. 48103.

Bound Volumes of TRACK & FIELD NEWS— Back volumes, in 3-ring binders, available. Volumes run Feb.—Jan. 1957, 58, 59, 63, 64, 66, 68, 69, 70, 71, \$8.00 each. 1960, 61, 62, 65, 67 (incl. 2 photocopied issues), 72, \$10.00 each. T&FN, Box 296, Los Altos, California 94022.

### SUPER FOOD FOR SUPER ATHLETES

stresses high protein consumption as an important key to athletic success. Pre-competition meals, quick energy competition snacks, bulk-up foods, super energy drinks, ways to knock off weight, meals to build stamina, super health thru natural juices, hi-protein menus & recipes, etc. By former trackman, Arthur Fleming. 120 pages. 1968.

**\$2.95**



Track & Field News, P.O. Box 296, Los Altos, Ca. 94022

## ARE YOU SUBSCRIBING TO TRACK & FIELD NEWS?

\$9.00 a year (18 issues) in the USA \$10.00 foreign.

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

TRACK & FIELD NEWS, Box 296, Los Altos, CA. 94022

# TRACK & FIELD NEWS

February 1974

Vol. 27, No. 1

BERT NELSON, *Editor & Publisher*

ED FOX, *Assistant Publisher*

JON HENDERSHOTT, GARRY HILL, *Managing Editors*

Don Steffens *Staff Writer*

Cindy Labno *Editorial Assistant*

Grace Light *Production Assistant*

Cathy Blankenship *Circulation Manager*

Jim Renshaw *Business Manager*

Jeannette Nelson *Executive Assistant*

Bob Lippman *Office Manager*

Dave Haugh *Advertising Production*

### SENIOR EDITORS

Bob Bowman (Walking), Wally Donovan (Historical), Jim Dunaway, Bob Hersh, Cordner Nelson (Founding), Don Potts (Emeritus), Roberto Quercetani (European), Jack Shepard (High School).

### CORRESPONDENTS

US: Paul Adams, Bill Ahrens, Don Ahrens, Fred Baer, Dick Bank, Howard Barnes, Dave Batchelor, Mark Bloom, Jack Bodnar, Norman Brand, Ted Brock, Bill Buchalter, Don Bundy, Ed Chay, Gene Cherry, Al Cowan, Hugh Cox, Elliott Denman, Peter Diamond, Fred Duckett, Stan Eales, Frank Fanrak, Jim Ferstle, Jim Gaines, Tom Gleason, Ed Grant, George Grenier, Merl Hamak, Randy Hawthorne, Joe Henderson, Butch Henry, Don Jacobs, Tom Jennings, Alphonse Juillard, Mike Kennedy, Kim Koffman, Don Kopriva, Jim Lambe, Bob Lord, Mark Maloney, Peter Mundle, Steve Murdock, Bob Payne, Jack Petty, Jack Pfeifer, Vern Sheuring, Roy Silver, Chuck Skow, Jerry Soifer, Jim Spier, Carol Swenson, Bruce Waha, John Wenos, John Zant, Karlis Zvejnieks.  
 Timers: Brian Allen, Syd DeRoner, Dick Dodge, Uan Rasey.

WORLD: Richard Ashenheim, Harry Beinart, Bernie Cecins, Michael Gernandt, Roger Gynn, Riel Hauman, P.N. Heidenstrom, Oscar Medina Herrera, Andrew Huxtable, Sven-Ivar Johansson, Bernard Linley, Peter Matthews, Kauko Niemela, Hakan Nordqvist, Rey O'Neal, Jack Pennington, Yves Pinaud, Org Potgieter, Dave Prokop, Lyle Sanderson, Lennart Strand, Lloyd Swindells, Cliff Temple, Elio Trifari, Vladimir Visek.

### PHOTOGRAPHERS

US: Phil Bannister, Jack Bodnar, Walley Brown, Don Chadez, Rich Clarkson, Hugh Cox, Penny Crowell, Bill Daly, Buddy Davis, Donald Duke, Bill Foster, Chip Gane, Dick Ganslen, John Goegel, Roger Horning, Jeff Jacobsen, Jeff Johnson, Bob Kasper, John Lindstrom, Jay McNally, Bill Meyer, John Morvant, Steve Murdock, Stan Pantovic, Paul Sutton, Steve Sutton, Walt Westerholm, Don Wilkinson.

WORLD: Fionnbar Callanan, Tony Duffy, Knut Edvard Holm, Ed Lacey, Mark Shearman, Zigurds Mezavilks.

### PUBLICATION

Track & Field News is published monthly, except February through July, when semi-monthly, by Track & Field News, Inc., P.O. Box 296, Los Altos, Calif., 94022 USA. Second-class postage paid at Los Altos, Calif., and additional mailing offices. Vol. 27, No. 1 mailed February 1, 1974.

### MAILING SCHEDULE

T&FN is mailed on Fridays. No issue should require longer than two weeks delivery in the US, proportionately less in areas closer to printing and mailing site of Omaha, Nebr. Current schedule: January—Jan. 11; February—Feb. 1; I March—Feb. 15; II March—March 1; I April—March 22; II April—April 12; I May—April 26; II May—May 10.

### NEWS, FEATURES & PHOTOGRAPHS

All news and highlights, features, and photographs should be received by T&FN at least nine days before mailing dates, except summaries and action photos of important competitions occurring the weekend before publication date, which may be received no later than Monday noon when prearranged. Prospective volunteer correspondents are invited to request details; everyone is encouraged to submit results. Unsolicited material becomes the property of T&FN.

### SUBSCRIPTIONS

18 issues per year, including statistical annual edition. United States only—\$9.00 per year, \$16.00 two years, \$23.00 three years, \$37.00 five years. Add \$5.50 per year for first-class, \$7.50 per year for air-mail. All other countries—add \$1.00 per year to US rates. Foreign air-mail rates on request; no first-class available. Chance of address—include old and new address with zip codes; allow three weeks.

### ADDRESS, TELEPHONES

All mail may be addressed to P.O. Box 296, Los Altos, Calif., 94022 USA. Merchandise office telephone number is 415/965-2433 (1010 Corporation Way, Palo Alto, Calif.), Executive office number is 415/948-8188 and Editorial office number is 415/948-8417.

### ADVERTISING REPRESENTATIVES

New England: Steve Ganak Ad Reps, Statler Office Bldg., Boston, Mass. 02116. Phone: 617/542-6913.

All other areas: Send space orders and materials to Ed Fox, Track & Field News, Box 296 (365 First St.), Los Altos, Calif. 94022. Phone: 415/948-8188. Advertising deadlines 21 days before publication (for camera-ready copy).

P.O. BOX 296, LOS ALTOS, CALIF. 94022 USA

## UP FRONT

*Dick Buerkle became the early sensation of the indoor season, handing Steve Prefontaine a rare loss (pages 4-5). But two weeks later it was Pre who surged into the limelight, turning a new American record 8:22.2. /Walley Brown/*

# That's Berk-lee, Like in California

*Dick Buerkle's name isn't that hard to say, but beating him may be, as Steve Prefontaine (among others) discovered when the '74 indoor season kicked off with an Eastern Weekend*



Chip Gane

DICK BUERKLE

by **BOB HERSH**

In four years, Buerkle emerged steadily from an obscurity. He never had overpowering speed, but was always a consistent competitor and usually ran a well-paced race at or near his potential best at any given time. By his senior year he had become the East's leading college distance runner winning the IC4A indoor two-mile and outdoor three and six.

He chose the three at Des Moines and there found himself locked in a duel with the Oregon freshman who had won national fame as a high school record holder and, after winning the Pac-8 three-mile, was on his way to greater things. After 2½-miles the two were even. Then Buerkle tried to force the pace and moved into the lead momentarily. He was quickly overwhelmed by Pre's superior kick and ended up an honorable but disappointed third.

After leaving Villanova, Buerkle lost some of his incentive to run. He was troubled for a while with shin splints and found it difficult to mix working and training: "I guess what really snapped me out of it," Buerkle now recalls, "was seeing Marty [Liquori] on TV at the NCAA meet in 1972. I remembered the good times we'd had at Villanova running together and I decided to start training seriously again. I actually went to the AAU meet with only three weeks of hard work." Buerkle was second in the AAU outdoor 5000, but was a distant eighth at the Olympic Trials.

"The next year was the turning point," says Buerkle. "I went down to Florida for the year. I don't know—maybe my progress was natural and would have come anyway. But I really think it helped to be in Gainesville, where they have a great environment for running."

In 1973 Buerkle developed the speed to be a sub-4:00 miler and also produced the finest performance of his career. In the AAU three-mile, he ran a 12:59.8, placing him in a tie for third on the all-time US list with George Young. But with a half-mile to go in that race he still found Pre forging ahead to win by 50 yards.

This fall Buerkle returned to his home, upstate New York, and only six months after their last encounter on the track, Buerkle found himself again pitted against Prefontaine at College Park. The two had pulled away from the field by the mile-and-a-half mark, with Buerkle having overtaken Pre just after a 4:15 mile split.

Now, with five laps to go, Buerkle moved out to lane-two on the straightaway

to let Pre make the expected move to take the lead again—and Pre couldn't do it. Standing on the sidelines, Marty Liquori shouted, "You've got him." And Buerkle seized the opportunity and moved in for the kill. He poured it on and by the mile and three-quarters he had a 20 yard lead, a gap which he more than doubled by turning in a 58.2 last quarter. His time of 8:26.2 was good for equal fifth on the all-time world indoor list, and made Buerkle equal-second American after Pre.

If this weren't enough for one weekend, Buerkle demonstrated his improved speed again on Saturday in the Knights of Columbus meet in Nassau County by whipping national outdoor champion Len Hilton in the mile, with 4:00.3, with a 56.6 final 440. "I didn't realize I was that close to 4:00," Buerkle said after that race. "My sense of pace is off because I haven't been working out on the track. The indoor track near me is closed and the outdoor track is covered with snow and ice, so I've been doing my workouts on the road. But I know I'm in good condition and I'm learning to think in a race and relax more. I guess I've also become a tough competitor."

Memo to meet directors: If Buerkle ever accepts your invitation by saying, "I'll be there with bells on,"—watch out, he may mean it literally. Buerkle revealed that he has a new training device. He works out with bells on his shoes. "It's not just a gimmick," says Buerkle. "It really helps my timing. I listen to the bells and when they're ringing right, I know my running rhythm is right."

Buerkle had help from another direction too: he wore a Superman t-shirt underneath his NYAC jersey. Dick's wife gave the shirt to him, although he said he had worn it in the past, "and I was really bad."

There were other fine performances, some expected and others not, on this first weekend of the US indoor season. Herb Washington picked up where he left off last year—as an unbeatable 60-yard dashman. He took Steve Williams handily in College Park but needed a questionable judges' decision to survive at Nassau. The Bulova Phototimer picture was inconclusive as the lead shoulders of both runners were blocked in the picture by Williams' body and appeared to be about even. In cases like this, the usual call is a dead-heat, but officials somehow concluded that Washington won. Regardless, the race showed that Washington has found a worthy indoor challenger and the results should be some great duels later on this season, matching Washington's terrific start against Williams' unparalleled acceleration.

Rod Milburn, rumored to be on the verge of turning pro (see page 23), added another indoor record 6.8 clocking at College Park to the one he recorded in Louisiana in December. In his absence Saturday night, Larry Shipp edged fellow Louisiana Stater Allen Misher.

Milburn decided to give the competition "a little something to think about." But

College Park, Md., Jan. 11 & Uniondale, N.Y., Jan. 12—Does anybody still think of Dick Buerkle as "That bald guy from Rochester, N.Y.?" Well if you do, forget it.

Only a few years ago that may have been an adequate description but those days are gone forever. Buerkle is now "The Man Who Stopped Pre." In a two-mile race Friday evening at College Park, he beat Steve Prefontaine, something no American had accomplished in a race longer than a mile since 1970.

To be sure, it was an early-season indoor invitation race of no special significance to either runner. But it still must have been a disturbing defeat for Pre, who does not enter races with the thought of losing. It also had to be a particularly satisfying achievement for Buerkle. To appreciate why, go back to 1970 when the two first met on the track.

It was the NCAA Championships in Des Moines, the last race of Buerkle's remarkable college career at Villanova, which he had entered as a 4:28/10:01 prep.



Walley Brown

Rod Milburn (r) was no better than equal-second over the first barrier at CYO, but he quickly ran down LSU teammates Larry Shipp (l) and Allen Misher with a world record equaling 6.8.

It wasn't an easy win. "Shipp was ahead until about midway to the fifth hurdle," said Milburn. "He's good. They're all good, but when you win a lot you give them a little something extra to think about."

Jim Bolding, never noted much as an indoor runner, surprised twice, knocking off NCAA 600 champ Beaufort Brown in College Park and making it three straight for the season by leading an undistinguished field at Nassau. His former Oklahoma State and current Pacific Coast Club teammate, Dennis Schultz, split a pair of close 500s with Maurice Peoples, winning on Friday, 56.6 to 56.8, and losing, 58.0 to 57.7, on Saturday. But in the latter, both were beaten out for the trophy by Fred Sowerby, who won the other time-based section in 57.3.

The middle distance races were won impressively by Byron Dyce and Rick Wohlhuter. Dyce, a Jamaican citizen who had gotten into prime shape early in anticipation of the Commonwealth Games, went out in 53.8 at College Park, and after briefly exchanging the lead with Mark Winzenried, closed strongly to win, 1:49.4 to 1:49.8. It was the fastest 880 of Dyce's long indoor career. Then, in Nassau, he coasted to an easy 2:09.3 1000 win over Lennox Stewart and Keith Francis while Wohlhuter was outkicking Winzenried in a pedestrian 1:52.5 half.

It turned out that Dyce's expectations for a trip to New Zealand were frustrated by the Jamaican AA, which declined to give him his usual place on the national team. "I'm not really sure why," Dyce commented, "but I think it may be because they are upset that I didn't run in the Central American and Caribbean Games last summer. Which is a mistake on their part as far as I am concerned. I do them a lot more good competing in Europe against the best runners in the world in major meets with 'Jamaica' on my shirt than I would do by coming all the way back to run 800 meters against [Manhattan's and Puerto Rico's] Tony Colon, who really isn't an 800 man. I was also getting very valuable racing experience over there.

Because of it, I think I might have won at Christchurch, which would have been good for Jamaica." Dyce didn't seem bitter over the matter, though, with his characteristic good grace he said, "I would have enjoyed the trip, but I'm not going to get all upset about not being chosen. It's just one of those things."

The field events at College Park raised some eyebrows. Casey Carrigan cleared 17-0 for the second meet in a row, but Canadian Bruce Simpson went 4" higher to equal his own national record. Then, Dwight Stones could manage only 7-0 in the high jump and finished in a tie for second as Rey Brown leaped 7-2. Stones redeemed himself Saturday with a 7-2½ effort. "I really went to the toilet on Friday," Stones remarked. "I was really depressed over that. I mean, on the Pacific Coast Club, if you don't win you really get down. I feel much better after that 7-2½."

In the shot, somebody on the Pacific Coast Club had to lose. And on Friday night it was George Woods. Al Feuerbach equaled Woods' meet record of 68-11 as Woods took second at 68½. The other places in a great competition went to Jesse Stuart (66-9) and Ron Semkiw (65-5½), both of whom set PRs. For Feuerbach and Woods, it was their best opening marks of the season ever.

The longer races were dominated by present and former Villanova men. The Maryland mile was a breeze for Marty Liquori, who took command at the half and easily outran Len Hilton, thus avenging his loss in last year's AAU outdoor mile. "I had hoped to go under 4:00, but when the Africans (Ben Jipcho and Yohannes Mohamed) failed to show, there was nobody to set a really fast pace," Liquori said. "I still feel I'm in the best shape I've ever been in at this time of the year and I'm looking forward to a shot at the indoor mile record at the Philadelphia meet later this month."

In Saturday's two-mile, Villanova senior John Hartnett, who returned from his holiday stay in his native Ireland just three days earlier, devastated a good field.

Hartnett became the seventh-fastest indoor performer ever and second-best collegian, with a solo run of 8:26.6, achieved with no competition after an opening mile of 4:10.2. For this, he was unanimously selected as the meet's outstanding athlete.

But the star of this interesting and revealing first weekend was still Buerkle, who in two tremendous races, established himself as the hottest American distance runner around. If you don't believe us, just ask that fellow from Coos Bay, Oregon.

## CYO

/160y banked board; attendance 11,097/-60, Washington (unat) 6.0; 2. S. Williams (S Diego St) 6.0; 3. Crawford' (En Mich) 6.1; 4. Dill (Mich St) 6.2. Heats: I-1. Washington 6.0. II-1. Williams 6.0. 500, Schultz (P Coast) 56.6; 2. Peoples (Ariz St) 56.8; 3. Vinson (En Mich) 56.9; 4. Sowerby' (Spts Int) 56.9; 5. Goings (Fla) 57.2. 600, Bolding (P Coast) 1:09.6; 2. Brown (Fla) 1:10.0; . . . 4. Cassleman (Mich St) 1:15.3. 880, Dyce' (Fla TC) 1:49.4; 2. Winzenried (CW) 1:49.8. Mile, Liquori (NYAC) 4:01.2; 2. Hilton (P Coast) 4:02.1; . . . dnf-B. Wheeler (Duke). 2M, Buerkle (NYAC) 8:26.2; 2. Prefontaine (Ore TC) 8:33.2; 3. Michael (Quantico) 8:34.0; . . . 7. D. Brown (Tenn) 9:13.2. 60HH, Milburn (BRTC) 6.8 =WB, =WAR, =AR; 2. Shipp (LSU) 6.9; 3. Misher (LSU) 7.1; . . . dnf-Davenport (BRTC). Heats: II-1. Misher 7.0.

HJ, Brown (Strid) 7-2; 2. tie, Phillips (Pem St), Stones (P Coast) & White (Penn AC) 7-0. PV, Simpson' (Can) 17-4; 2. Carrigan (P Coast) 17-0; 3. tie, Isaksson' (Swe), Cotton (Fla TC) & Richards (P Coast) 16-6. SP, Feuerbach (P Coast) 68-11; 2. Woods (P Coast) 68½; 3. Stuart (Wn Ky) 66-9; 4. Semkiw (Mesa CC) 65-5½. MileR, Seton Hall 3:14.8 (Daley' 49.3, Joseph' 48.4, Green 49.0, Brock 48.1); 2. BOHAA 3:15.3. 2MR, Florida 7:38.8.

## NYKC

/160y banked board; attendance 7101/-60, Washington (unat) 6.1; 2. S. Williams (S Diego St) 6.2. 500, Sowerby' (Spts Int) 57.3; 2. Peoples (Ariz St) 57.7; 3. Schultz (P Coast) 58.0. 600, Bolding (P Coast) 1:11.8. 880, Wohlhuter (UCTC) 1:52.5; 2. Winzenried (Strid) 1:53.0. 1000, Dyce' (Fla TC) 2:09.3; 2. Stewart (NYPC) 2:09.5. Mile, Buerkle (NYAC) 4:00.3; 2. B. Brown (Fla TC) 4:02.2; 3. Hilton (P Coast) 4:05.4. 2M, Hartnett' (Vill) 8:26.6; 2. McLaren' (Can) 8:34.4; 3. Cusack' (E Tenn St) 8:37.2; 4. Waldrop (N Car) 8:42.8. 60HH, Shipp (LSU) 7.1; 2. Misher (LSU) 7.2. HJ, Stones (P Coast) 7-2; 2. Jankunis (Colo) 7-0; 3. Rom (H Cross) 7-0. PV, Dias (Strid) 16-6; 2. tie, Carrigan (P Coast) & Richards (P Coast) 16-6. MileR, Seton Hall 3:16.8. 2MR, Nebraska 7:34.8. □

# ALUMINUM HURDLE



- Our Hurdle has been used in most all the NCAA Championships since 1961.
- New World Record of 13.0 was set over our Hurdles

Five Models:  
XLAH HSAH  
CAH BUAH  
WAH

**ALUMINUM ATHLETIC EQUIPMENT CO.**  
P.O. BOX 145, WYNNEWOOD, PA. 19096

## FIBERGLASS VAULTING POLES

WITH **27**  
**WORLD RECORDS**  
**1973**

### WORLD BEST RESULTS

OUTDOORS	INDOORS
17' 11-1/2"	* 18' 0-1/4"
17' 10-1/2"	* 17' 11"
17' 9-3/4" (2x)	17' 8-1/2"
17' 9" (3x)	
17' 6"	

THE 6 BEST VAULTS IN THE WORLD  
IN 1973 WERE ON SKY POLES.

\* World Record



# Dealer's Directory

## WHO SELLS WHAT IN YOUR AREA

a—adidas b—Puma c—Tiger d—Nike e—other shoes  
f—leisure shoes g—Catapole & Pacer American h—Sky Pole  
i—Sandvik j—Gill k—Held javelins l—other implements  
m—sweats, uniforms, warm-ups n—stopwatches  
o—vitamins & food supplements p—full service sporting goods.

### ALABAMA

Tuscaloosa. Sansing Sporting Goods, 2516 University Blvd. 758-0087 or 758-5865. a b c f h m n o p.

### CALIFORNIA

San Luis Obispo. Copelands Sports, 962 Montgomery St. 543-3663. a b c g i m n p.

### GEORGIA

Columbus. Team Sports Supply, Inc. 1165 Henry Ave. 327-1272. a c f g m n o p.

### IOWA

Des Moines. Vic Young Sporting Goods, 415 9th St., 515-243-1245. a c d f g h i j l m n o p.

### KANSAS

Kansas City. Nill Bros. Sporting Goods, 1302 N. 38th St. 913-371-4020. a b c d e g i k l m n o p.

### MICHIGAN

Detroit. Blackburn Sporting Goods, 3334 Michigan Ave. 826-3097. a c g h i j m n p.

### NEW JERSEY-NEW YORK

West New York. Levy's, Inc., Bergenline Ave. & 62d St., W. New York, N.J. 201-861-7100. a b c d f g h i k l m n o p.

### NEW MEXICO

Silver City. Colby's Inc. 400 N. Bullard. 505-538-5383. a b f h i j m n o p.

### PENNSYLVANIA

Erie. Erie Sport Store, Inc., 701 State St. 452-2289. a b c d e f g h i m n o p.

### TEXAS

Brownfield. The Jog Shop (James Morris), 1203 E. Warren. 806-637-2728. c d.

Houston. Specialty Sports, Inc., 3482 W. 12th St. 713-864-9997. a b c d e f m n o.

Plainview. Cleveland Athletics, 513 Broadway. 806-293-4080. a c m p.

### WASHINGTON

Spokane. Kimmel Athletic Supply, W. 920 Second Ave. 509-747-2127. a e f g i k m n p.

Tacoma. Howell Sporting Goods Inc., 1627 Center St. 206-336-2653. a b c e h i l m n o p.

•••••  
For dealer advertising rates, contact Track & Field News, Box 296, Los Altos, CA. 94022.

## SUNKIST

# Big Pop by Stones;

# Woods Ambushes Feuerbach

by Don Steffens

Los Angeles, Calif., Jan. 19—Oranges were the theme of the 15th annual Sunkist Invitational, and it was Dwight Stones who got juiced and squeezed out the evening's top performance.

Among all the ballyhoo surrounding renewals of rivalries in the shot put and highly-promoted oval races, it was baby-faced Dwight who popped the lone record. After a loss on misses the night before to gimpy Tom Woods (7-3½), Dwight came home to an infield specially designed for floppers.

He narrowly missed his first attempt at the new American record of 7-4¼. But his second leap clicked—he knew from the beginning that he had peeled the honor from Rey Brown, whose 7-4 had stood two years. Surprising Paul Underwood added a couple of inches to his PR with a 7-2½ second.

Al Feuerbach thought he was ready to reclaim his indoor shot put world record. The night before he was consistent. And his old nemesis George Woods was back again to offer some honest competition, in the ring and out.

The pair jostled verbally and

physically prior to the meet, trading insults and jibes. The battle in the Sports Arena was hardly in jest, however, and Big Al knew something was out of alignment when his first effort barely surpassed the 64 foot line. Memories of their last encounter, when Woods took the world mark (69-9½) from Al at the 1973 AAU, came to mind.

By the second round George had his winning toss of 68-2¾, with the help of a slight torque, and even Ron Semkiw was ahead of Feuerbach. Semkiw moved his PR up to 67-3 on his fourth toss, for the longest ever by a teenager.

Feuerbach edged closer on his third try with 68-2¼, but Woods, slimmed down to 290 lb., retained his advantage to win. "My new technique is good," said Woods, "I was kind of impressed. I expect to have a lot better season than last year."

The 880 received a lot of pre-meet attention—but it wasn't on the evening's program. Imported Marcello Fiasconaro would run only 600 yards and the rest of the field was forced to accept it. He got the initial lead and held it to the tape in 1:10.8 to hold off fast-finishing James Baxter of Southern Cal. Mark Winzenried faded in

the stretch and Rick Wohlhuter seemed to be unable to handle the sprint pace.

Novice Fanie Van Zijl of South Africa had never touched an indoor track before but he showed good racing savvy, fighting off Marty Liquori's many forays in the last quarter to win, 4:04.4 to 4:04.7.

Steve Prefontaine broke the field near the mile post and coasted to an 8:33.0 win in the two mile. Bouncy Moore returned after a year's layoff to take the long jump on his first try at 26-¾.

/160y banked board; attendance 13,601/-60, Washington (unat) 6.1; 2. S. Williams (S Diego St) 6.1. 500, Peoples (Ariz St) 58.6. 600, I-1. W. Williams (SDTC) 1:11.6; 2. Bolding (P Coast) 1:11.6. 11-1. Fiasconaro (Italy) 1:10.8; 2. Baxter (Sn Cal) 1:11.7; 3. Winzenried (Strid) 1:11.8; 4. Wohlhuter (UCTC) 1:12.7. Mile, Van Zijl (S Afr) 4:04.4; 2. Liquori (NYAC) 4:04.7; 3. Wottle (B Green TC) 4:09.3; 4. LaBenz (unat) 4:09.5. 2M, Prefontaine (Ore TC) 8:33.0; 2. B. Brown (Fla TC) 8:40.4; 3. Geis (Ore) 8:41.0; 4. Shorter (Fla TC) 8:43.8. 60HH, Milburn (BRTC) 7.0; 2. White (Strid) 7.1.

HJ, Stones (P Coast) 7-4¼ AR; 2. Underwood (Ariz St) 7-2¼; 3. Woods (Ore St) 7-0. PV, Isaksson (Swe) 17-0; 2. Dias (Strid) 16-6. LJ, Moore (SDTC) 26-¾; 2. Robinson (SDTC) 25-3½; 3. Proctor (Strid) 25-3½. SP, Woods (P Coast) 68-2¾; 2. Feuerbach (P Coast) 68-2¾; 3. Semkiw (Mesa CC) 67-3.

## IDAHO STATE Records for Cummings and Woods

from Glenn Alford

Pocatello, Idaho, Jan. 18—Idaho State's 220-yard oval is one of the swiftest around and highly conducive to record performances. It certainly helped Paul Cummings and Jim Johnson as they combined to break the national 1500 record in the Idaho State Meet of Champions.

The 1500 is scarcely run in the US indoors, and Dyrol Burleson's 3:42.8 has held up since 1965. But steeper Johnson cut out from the gun and forged a swift pace, with Cummings trailing. About 80y from home, the pace began to tell, with Cummings swooping by to record a 0.4 victory with his 3:42.4 as Johnson equaled the old mark. Johnson was well-spent by his pacing efforts. "He never would have finished if it had been a mile," said one observer. The 4700 ft. of altitude obviously did its part.

"The best indoor high jumping in history," is how Dwight Stones described the high jump. A hyperbole perhaps, but the initial meeting of Stones and Oregon State's Tom Woods, the two highest indoor jumpers in the world last year, was a titanic one. As it was, both got records of sorts, as Woods took the win with both clearing 7-3½. Woods notched a collegiate record for his efforts, and Stones got an indoor PR (that didn't last long). Both missed three times at a world record 7-5.

/220y banked board/-60, Washington (unat) 6.1; 2. Lawson (Idaho St) 6.2. 440, Webster (Utah) 48.0. 600, Bolding (P Coast) 1:10.2. 1500, Cummings (BYU) 3:42.4 AR, CR; 2. Johnson (CNW) 3:42.8. HJ, Woods (Ore St) 7-3½ CR; 2. Stones (P Coast) 7-3½; 3. Johnson (BYU) 7-¼. PV, Yates (BYU) 16-6. SP, Feuerbach (P Coast) 68-2¾; 2. Arrhenius (BYU) 61-5½.



Don Chadez

*Fanie Van Zijl had no problem at all in his first try on the boards, outfoxing indoor great Marty Liquori.*

# AR for the BIG D

"It's pretty tough to get excited about a 7-4¼ jump when you've done so much better—and when you know you're going to do better than that."

Although he was typically hyperkinetic after his American record 7-4¼ pop, Dwight Stones—the "Big D"—remained somewhat unmoved by the record itself. Of course, when you hold the world record 2" higher and had six jumps at least that high last summer, a 7-4¼ diminishes in importance.

Dwight's predilection for knocking the AAU didn't help matters. After his jump he was approached by an official with the records form. One slight hitch—Dwight, like most of the Pacific Coast Club, doesn't have a current AAU card. All of which means that the AAU may never accept the mark.

"The fact that I don't have a four-number card doesn't change things," says Stones. "Twelve thousand people saw me out there. They know what I did. I'd like to see them try to take away my record when I jump 7-5 at Millrose next week. The crowd'll storm the floor."

"If I'm going to raise the indoor record again it has to come in the next two weekends, either at Millrose or San Francisco. Those are the only two places with a suitable approach. The approach was great tonight, just perfect for floppers like me and [Tom] Woods and [Paul] Underwood. Heck, Rey Brown came out and took one look at the setup and left. He didn't even jump. Seven-five at Millrose—I hope. That's the place to do it."

"Why didn't you go for the world record at Sunkist?" asked a reporter.

"Oh wow, I'm pooped man. I jumped three at 7-5 last night, plus taking three to make 7-3½. [If Dwight likes to bad-mouth the AAU a lot the same can be said for ITA high jumpers. When he and Woods were getting set to try for 7-5, Stones started yelling, "Get out the Radetich tape, the Radetich tape," in reference to the latter's 7-4¼ in Pocatello last year.] Tonight was just a matter of pride more than anything else. I jumped the best of my indoor career last night and I didn't get the record. I don't understand it. I knew Woods wouldn't be tough tonight—and I thought he was the one to beat. He doesn't jump well back-to-back. I do. I just wanted to beat him. I should have made 7-2¼ on my second jump. All of a sudden I got scared that Underwood was going to sandbag me. He made it. I got so mad when I missed."

"But I yelled, 'I've got it,' just as I took off on the 7-4¼. I knew I had it. I can tell early whether it's a good jump or not."

"Is 8-0 possible?" queried another reporter.

"I just don't know. I'm amazing myself with some of the things I have been doing this year already. But that's a long

by Garry Hill



Don Chadez

"The flop is here to stay."

way up. We'll just have to wait and see."

Later, disrobing back in the P Coast hotel suite, Stones proudly displayed his "truck" underwear to an admiring audience. A set of yellow briefs with cute little brown trucks all over them, the shorts are Dwight's pride and joy. "That's my lucky underwear," he exults. "I bought them in Stockholm last year and right away I went out and jumped 7-4¼. I had a great series of jumps in them, including my world record."

"I think I have another secret to success too—I have to be sick. It seemed I had a cold all summer, caused by my tonsils. They were bothering me on the day of my world record. And now today I have a cold again, a little one. That must be what I need."

Perpetual motion. The kid never stops. It's past midnight and Sunkist promoter Al Franken is holding an intimate soiree at Diamond Jim's, just off Wilshire Boulevard. Little wonder Al rates as the athletes' favorite. Coming off another sellout, Franken is beaming as he congratulates the bevy of record-holding talent scattered throughout the room.

"Hey, how could you guys rate Milburn ahead of me," the Big D challenges *T&FN*. If Rod, sharing the next table with Marty Liquori, Dave Wottle and Rick Wohlhuter, hears, he pretends not to.

"Well Dwight, that's the way our international voting panel saw it. Two guys didn't vote for you at all—that's what killed your case."

"Ridiculous! Anybody who didn't vote for me shouldn't be allowed to vote next year."

"The same goes for the character that rated Ben Jipcho ninth," chimes in P Coast head Tom Jennings.

"And you got my weight wrong. I'm up to 175 now."

The Bid D is riding the crest. He has everything going for him. World records, a nice apartment, a good car, a good-looking woman. And perhaps most importantly, a confidence and maturity that belies his age. It's hard to believe that he just left the ranks of the teenaged on Dec. 6. Using the word mature with Stones may seem facetious in light of some of his startling statements and actions. But, using the argot of the times, he just "lets it all hang out." He's honest, and isn't afraid to say what he feels. There is nothing phony in his actions. He gives you the gut-level reaction.

These days he spends much of his time flitting about the country doing promotional work for indoor meets. The typical routine is for him to talk about stereotyped subjects. He has all the answers.

- Whether or not he is going to jump eight-feet. "No, I think my limit is 7-10½," is a typical response.

- Why he left UCLA after his freshman year. "The football and basketball guys got the soft jobs. Track guys got shafted. I was out picking up trash and pulling weeds." He threatened to go to BYU, even visiting Provo, and got a better job but left anyway.

- His educational future. "I'll probably never finish school. I'll try to last out the year at Glendale CC. I want to get the JC record (7-1½). Shucks, I'd go back to junior high if I thought I could get their record. I have a lot of friends with degrees who are doing great jobs like pumping gas. I can go out and do that without getting a degree. I'm just not a very good studier. I don't like school."

"The Big D is no dummy," offers Jennings. "His priorities just lie elsewhere."

- The AAU. One could write a large book on "The Collected Thoughts of Dwight Stones on the AAU." It would probably have to be sold in a plain brown wrapper through the mail. "I thought when Ollan Cassell was named Executive Director things would get better. After all, he's an athlete and he knew all the problems. Instead, he gave us a bigger hosing than any of the others."

- Not competing against the Soviets last summer. "They quoted me as saying I didn't think the Russians offered any decent competition. But that's not true at all. I simply had other commitments in Italy and Finland. I told the AAU well before the meet that I had previous commitments."

- Pro track. "Pro track wouldn't solve anything and it would mean no gold medal."

- The Flop. "The Flop is here to stay." You name it, he'll talk about it. And long and well.

Sometimes he talks so much he forgets things. Like at Sunkist. The next morning Al Feuerbach and Ron Semkiw were ready to flip a coin to see who would take home the color TV set left in their room. The meet's outstanding athlete had forgotten his prize. □

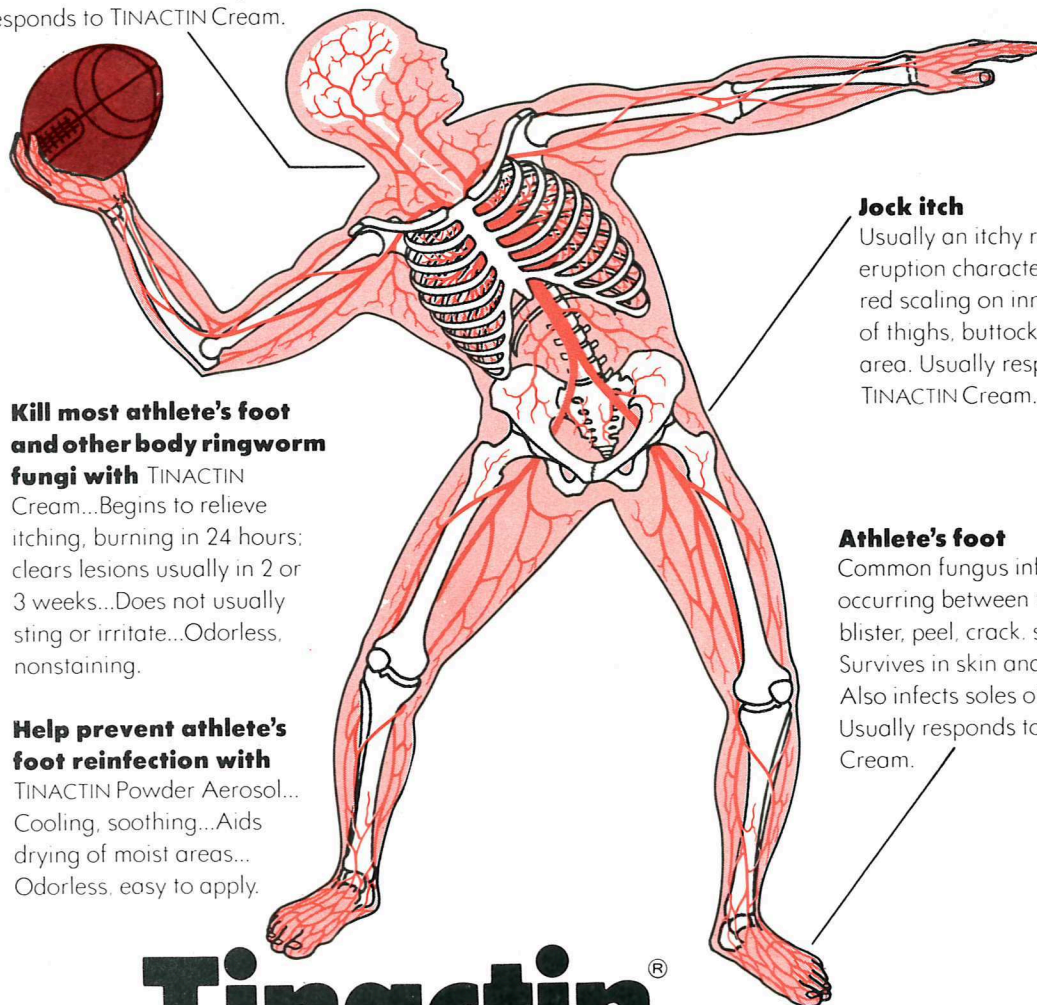


Schering

# The doctor's game plan is now yours to use and recommend

## Body ringworm

Circular-shaped, usually dry, scaly patches that ring outward, may leave center looking cleared. Most often on face, neck, hands. Usually responds to TINACTIN Cream.



## Kill most athlete's foot and other body ringworm fungi with TINACTIN Cream...

Begins to relieve itching, burning in 24 hours; clears lesions usually in 2 or 3 weeks...Does not usually sting or irritate...Odorless, nonstaining.

## Help prevent athlete's foot reinfection with TINACTIN Powder Aerosol...

Cooling, soothing...Aids drying of moist areas...Odorless, easy to apply.

## Jock itch

Usually an itchy rash or eruption characterized by dull, red scaling on inner surfaces of thighs, buttocks, or pubic area. Usually responds to TINACTIN Cream.

## Athlete's foot

Common fungus infection occurring between toes, which blister, peel, crack, scale, itch. Survives in skin and socks. Also infects soles of feet. Usually responds to TINACTIN Cream.

# Tinactin<sup>®</sup>

brand of tolnaftate, U.S.P., 1%  
Antifungal Cream/Powder Aerosol

Formerly available on  
prescription only.

MILLROSE

# 'Novice' Waldrop in Big Mile Triumph

by Jim Dunaway

New York, N.Y., Jan. 25—Tony Waldrop, a 3:57.3 outdoor miler, claims he does not yet know how to run the mile, but tonight bulled his way to the first sub-4:00 mile ever in Madison Square Garden to win became the first runner to turn in a pair of doing so, he also ended Marty Liquori's 14-race winning streak here which began in 1968.

Liquori took the lead after no one else appeared to want it and led through a 61.1 first quarter as the pack was still bunched, Waldrop 0.2 back. Byron Dyce led the group through a 2:01.9, Liquori at 2:02.0, Hilton 2:02.1, Waldrop 2:02.2. Waldrop moved to the fore with 4½ laps to go, but Liquori took over again with three left, leading through the three-quarters in 3:03.7. Waldrop was 0.3 behind this.

four or five years it's bound to be broken. I feel a lot of pressure, knowing that everybody is coming to see me get beaten, rather than to see me win, so maybe it's a good thing." Afterwards, he commented, "I felt I had control coming into the last lap. I ran a perfect race—Waldrop ran a better one."

Dick Buerkle stayed on top of the American two-milers; unfortunately an Ethiopian, Canadian and Irishman finished ahead of him. Leading the parade was tiny Miruts Yifter, who showed little trouble in adapting to the boards. In a race of increasing tempo, Yifter finished off a 4:08.2 second mile with a 1:59.0 half to take the race from Canuck Grant McLaren in the last half lap. McLaren had attempted to break the race open with a half-mile to go. Yifter timed 8:28.0, McLaren 8:29.8,

f, 68-11½, 68-10½; 2. Feuerbach (P Coast) 68-5¼; 3. Stuart (Wn Ky) 65-10½. MileR, Seton Hall 3:17.9. 2MR, Villanova 7:39.4.

## USTFF CHAMPIONSHIPS

### Guinn Young New Flop Find

from George Grenier

Oklahoma City, Okla., Jan. 26—It is amazing what a change of venue can do. Since 1969, the USTFF Indoor Championships have been known as the annual site of a myriad of spectacular track performances, aided of course by the massive 352-yard Astrodome oval. But a switch to the tighter 160-yard confines of Oklahoma City highlighted performances on the field, most notably the emergence of a hot young high jumper.

Flopping his way into the hearts of Jayhawk fans everywhere was 6-3 freshman Keith Guinn. A 6-10¾ prep performer, Guinn suddenly soared 7-2 to become the No. 5 Junior in US history. Only Olympians John Thomas, Rey Brown and Dwight Stones and national champ Tom Woods rank ahead of him. He's in good company. He has good company at Kansas also, joining with Barry Schur (7-3) and Randy Smith (7-¼) to form a rather potent trio. The other two knotted for third at 6-10 here.

Outstanding track performer was Guinn's teammate, Mark Lutz. Only fourth in the 60 (6.4), Lutz showed how well he runs when he gets a chance to unwind, zipping through the 300 in 30.3, only a 10th off the best time ever run on a track this size.

Taking the two-mile relay (7:43.6), shot (61-2¼ by Dana LeDuc) and distance medley (a solid 9:48.8 featuring a notable 2:59.8 lead-off by Reed Fischer), Texas produced the most winners, but it was Kansas State taking the team trophy, 38-30-29 over Kansas and Texas. K-State got winning performances from Dean Williams (6.1 60) and Don Akin (4:10.8 mile).

Dave Roberts began his non-collegiate career on a high note, soaring cleanly over 17-1 in the invitational vault. His pole hit the standards and knocked the bar off after the vault, but after some discussion the mark was allowed. He wasn't close at 17-7.

/160y banked board; attendance 5988/-60, D. Williams (Kans St) 6.1. 300, Lutz (Kans) 30.3. 440, Schultz (P Coast) 48.3. Heats: III-1. Schultz 48.5. 600, Crowe (La Tech) 1:09.9; 2. Solomon (En NM) 1:10.0. Heats: I-1. Crowe 1:10.4. 880, Chadwick (Nebr) 1:52.0. 1000, Rice (unat) 2:12.0. Mile, Akin (Kans St) 4:10.8. InvMile, Rose (P Coast) 4:04.1. 2M, Groarke' (Colo St) 8:52.8. 60HH, Misher (LSU) 7.2. Inv60HH, Davenport (BRTC) 7.0; 2. Stubbs (La Tech) 7.0.

HJ, Guinn (Kans) 7-2. PV, Winter (Okla) 16-0. InvPV, Roberts (unat) 17-1; ... nh—Porter (Kans) & Carrigan (P Coast). LJ, Williams (Sn Cal) 25-4¼; 2. Seay (Kans) 25-4. SP, LeDuc (Tex) 61-2¼; 2. Dolegiewicz' (Tex) 60-9½. MileR, Southern Illinois 3:15.2 (Erickson 49.2, Sutton 49.1, Carmody 48.7, Brown 48.2). 2MR, Texas 7:43.6. DisMedR, Texas 9:48.8 (Fischer 2:59.8, Goss 50.2, P. Craig' 1:53.6, Patton 4:05.2); 2. Nebraska 9:52.4. Teams: Kansas State 38; 2. Kansas 30; 3. Texas 29; 4. Oklahoma 28; 5. tie, Colorado State & Nebraska 20.



Paul Sutton

Marty Liquori thought he had the race under control, but somebody forgot to tell North Carolina's Tony Waldrop.

Marty tried to pull away with a lap to go, but down the last backstretch Waldrop simply put his head down and ran right by to win going away in 3:59.7, two-tenths off the indoor PR he set a week earlier. He became the first runner to turn in a pair of indoor sub-4:00s in one season since Jim Ryun in '67. The first sub-4:00 indoor runner, of course, was another North Carolinian, Jim Beatty.

"I still don't know how to run the race," said Waldrop. "I came up here to get the experience of running against good competition. My only strategy was stay with the leaders and kick."

Liquori appeared to ease after Waldrop passed him and let Leonard Hilton slide by him also, 4:00.7 to 4:00.8. Before the race Liquori said, "This streak is getting to be a pain. It's a great thing, but after

with John Hartnett and Buerkle both doing 8:32.4.

/160y banked board; attendance 15,571/-60, Washington (unat) 6.1; 2. Outlin (Auburn) 6.1; 3. Crockett (Phil PC) 6.2; 4. S. Williams (SD St) 6.3; 5. Crawford' (En Mich) 6.3. 500, I-1. Peoples (Ariz St) 57.6; 2. Sowerby' (Spts Int) 57.8. II-1. Brock (S Hall) 57.8. 600, Vinson (En Mich) 1:11.2; 2. Brown (Fla) 1:11.3; ... dnf—Bolding (P Coast). 880, Wohlhuter (UCTC) 1:50.5; 2. Winzenried (Strid) 1:51.3. 1000, Stewart (NYPC) 2:09.5. Mile, Waldrop (N Car) 3:59.7 (61.3, 2:02.2, 3:04.0); 2. Hilton (P Coast) 4:00.7; 3. Liquori (NYAC) 4:00.8; 4. Dyce' (Fla TC) 4:02.0; 5. B. Wheeler (Duke) 4:16.4. 2M, Yifter'' (Eth) 8:28.0 (64.7, 2:12.3, 3:13.8, 4:19.8, 5:24.1, 6:29.0; 7:29.8); 2. McLaren'' (Can) 8:29.8; 3. Hartnett' (Vill) 8:32.4; 4. Buerkle (NYAC) 8:32.4; 5. Cusack' (E Tenn St) 8:35.4. 60HH, Shipp (LSU) 6.9; 2. Hill (US Army) 7.2.

HJ, Stones (P Coast) 7-2; 2. tie, Dunn (Ore TC) & Joseph (Ariz) 7-0; 4. Jankunis (Colo) 7-0. PV, Carrigan (P Coast) 17-0. SP, Woods (P Coast) 68-11½ (f, 68-5¼, 68-8,

OREGON

# Pre Suddenly in Shape; Woods Raises Own Shot Mark

from Don Jacobs

Portland, Ore., Jan. 26—Can it be true that The People are turning their collective backs on their homegrown hero? Heavens! Not even an American record two-mile by Steve Prefontaine pumped 8121 of his People at the Oregon Invitational to an enthusiastic level. Add George Woods' world amateur shot put record, and questions arise.

"Maybe there was an energy crisis," the talkative Pre said following his 8:22.2 race. "The crowd didn't put too much energy into the meet this time. It just

wasn't a very good crowd."

The race was atypical in several ways. Pulled through a good first quarter, the former Duck struck out on the pacing chore alone. After 11 laps he showed a 4:07.0 mile. Then the pace became somewhat erratic, which is unusual for Pre. There was a reason.

"With four laps to go, I didn't know whether there were three or four, and I was lapping people. So I probably lost another second there. The second mile was 4:12.2. I think I could have gotten under 8:20, but

## 'There's More There'

Even though he ended up with the indoor shot record last year, George Woods had to play second-fiddle to P Coast teammate Al Feuerbach most of the time, rarely winning. This year is different with George handing Al his first three consecutive losses since 1971.

"Ahhh, I don't know what to say," muses Woods. "I feel sorry and I'll sure think about losing one to him next week—how's that? No, I don't want to be facetious about it, he's been a real good thrower and tremendously consistent. Of course, it's my full intention to give him a little competition this year. I came off bad

last year so I don't have much sympathy for him. He made me feel last year the way he's feeling now. Turnabout's fair play."

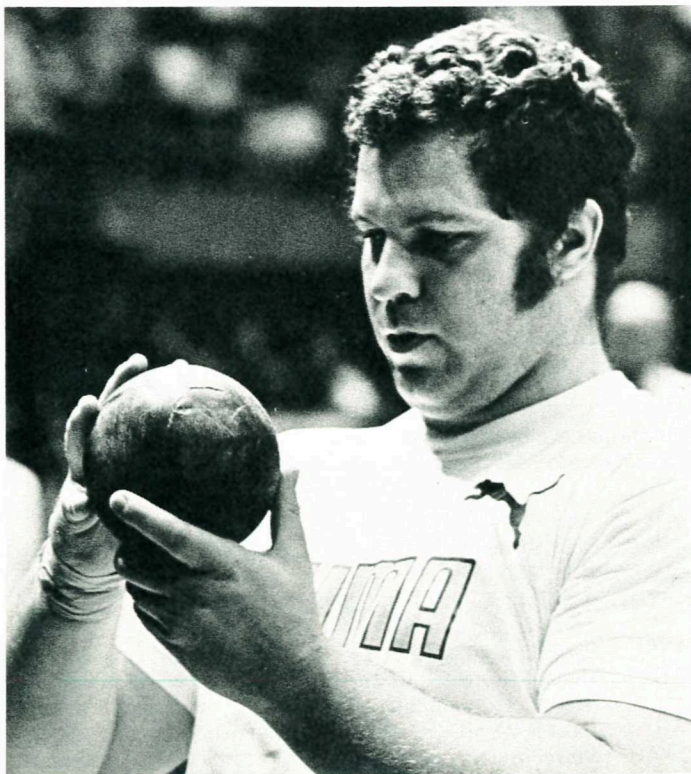
George was surprised to get the record at Portland. "It was weird," he says. "I've been stereotyped to drop two-feet on the second night but I pulled the reverse. I really didn't have any psych left after Millrose. I was psyched out of my mind there, which may have been the reason I missed the big throw—it was there. I was more relaxed at Portland. Because I didn't have the psych, I just went out there and performed the way I wanted."

His new style, emphasizing torque in the starting position, is what gets most of the credit from Woods: "The past couple of weeks I've been able to settle down to

where I want it. I started with it in early December. Every meet I've done things a little differently because I keep experimenting under meet conditions. But the past couple of weeks I've been able to settle down where I want."

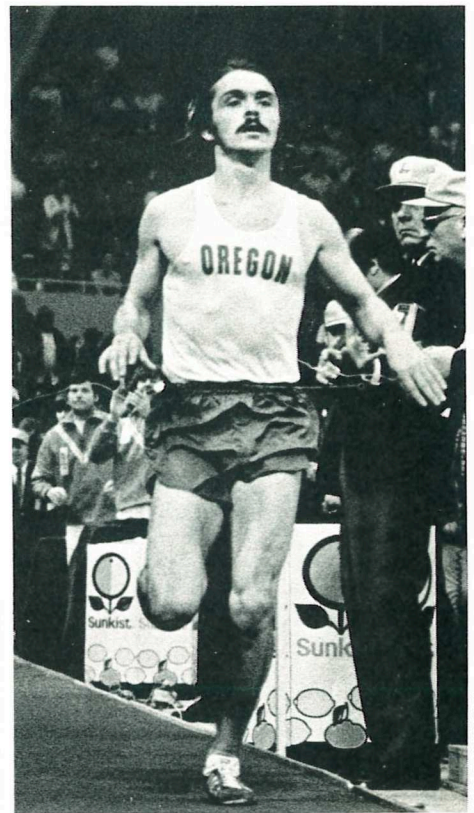
"I want a double peak this year, indoors and out, with both peaks toward the end of the season. It's hard to say whether or not I can reach Oldfield's best [the pro record of 70-10½], but the way I felt last night there's more there. It's just getting the timing and everything. That's definitely one of the things to shoot for I guess."

Don Chadez



George Woods raised his own world amateur shot record.

[Garry Hill]



Donald Duke

Pre lowered his own national 2M standard.

that's the breaks."

Pre lowered his own US standard, also set in Portland, by 2.4 seconds, and made a good showing despite still not being in top racing form. Woods, on the other hand, is taking advantage of the long self-imposed layoff he took last spring and is showing good results. He upped his own world amateur indoor mark to 69-10¾, one of three 69-plus throws.

"The new technique is finally settling down the way I want it," Woods said. The Olympic silver medalist uses a two-foot support as he initiates his drive across the ring. "It's the consistency of this technique that impresses me the most." Don't look right now, but it has been the downfall of Al Feuerbach in three consecutive meets, something that hasn't happened since the summer of 1971. Big Al got his best throw (69-¼) of the season, too.

Fresh off an American record, Dwight Stones showed some weariness from a lot of travel. His Oregon State nemesis Tom Woods took his measure for the second time in three meets, 7-2¼ to 6-10. South African Fanie Van Zijl ran his win streak up to seven in the US with a 2:11.0 victory in the 1000.

/160y banked board; attendance 8121—60, Meriwether (unat) 6.2. 500, Bolding (P Coast) 56.5; 2. Fiasconaro (Italy) 58.1. 1000, Van Zijl (S Afr) 2:11.0. Mile, Hilton (P Coast) 4:02.0; 2. Johnson (CNW) 4:03.6. 2M, Prefontaine (Ore TC) 8:22.2 AR (62.0, 2:04.2, 3:06.0, 4:07.0, 5:09.4, 6:12.6, 7:18.0); 2. Geis (Ore) 8:40.2. 60HH, Whigham (Ore) 7.4.

HJ, Woods (Ore St) 7-2¼; 2. Fleer (Ore St) 6-10; 3. Stones (P Coast) 6-10. PV, Richards (P Coast) 16-4. LJ, McAlister (UCLA) 24-4. TJ, Reader (unat) 51-3¾. SP, Woods (P Coast) 69-10¾ WAR, AR (67-8¾, 69-8¾, f, 69-7¾, 69-10¾, p); 2. Feuerbach (P Coast) 69-¼ (66-5¾, 68-10¾ 66-4¾, 68-7¾, 69-¼, 67-8¾).

## IDAHO ST-UTAH ST Odd Records by Williams

Pocatello, Id., Jan. 26—Lanky Steve Williams finally got an opportunity to stretch out, and he etched his name into the US indoor record book twice, and the world book once.

The fast 220-yard Pocatello oval is well known, and so is Williams' speed. First he lowered the rarely-contested 300 meter mark to 34.1, three tenths under the world record. Then he won his specialty, the 100 meters, in 10.7 to equal the American standard first set by Bob Rodenkirchen in 1938. Host Idaho State's Barry Miller was a fraction behind and also equaled the record.

"It's hard for me to get psyched up for these indoor races week after week," the almost apologetic Williams pointed out.

The occasion of the records was a dual between Idaho State and Utah State, with Williams a special guest. The Idaho team turned in a good 3:15.4 mile relay time.

100m, S. Williams (S Diego St) 10.7=AR; 2. Miller (Id St) 10.7. 300m, S. Williams 34.1 AR; 2. Boateng' (Id St) 34.7. 400m, Enyeart (Utah St) 47.1; 2. Williams (Id St) 47.5. Mile R, Idaho State 3:15.4.

### OTHER HIGHLIGHTS

## Wohlhuter's 3:59.1 Leader

### INDOOR

Lynchburg, Va., Dec. 15—HJ, Phillips (Pem St) 7-0. Princeton, N.J., Dec. 15—TJ, McBryde (Manh) 51-9. Wt, Bregar (Navy) 62-2½. HHR, Navy 29.0.

Ypsilanti, Mich., Dec. 20 /220y unbanked synthetic/—440, Vinson (En Mich) 48.0.

Princeton, N.J., Jan. 5—Wt, Atkinson' (Ford) 60-9½. Syracuse, N.Y., Jan. 5 /160y banked board/—Dick Buerkle presaged his great CYO/NYKC running with a 2M PR of 8:33.8 (4:13.8, 4:20.0) in an all-comers affair. Bruce Fischer was second with a PR 8:40.0.

Knoxville, Tenn., Jan. 18—HJ, Branch (Tenn) 7-0.

Ypsilanti, Mich., Jan. 18 /220y unbanked synthetic/—600, Vinson (En Mich) 1:09.8; 2. Williams (Mich) 1:09.8.

New Haven, Conn., Jan. 19—Wt, Paliwoda (Strid) 61-7.

Ithaca, N.Y., Jan. 19—Wt, Jackson (Penn St) 60-3¼.

Hanover, N.H., Jan. 19 /220y unbanked synthetic/—880, Foynes (Columbia) 1:51.6. Mile R, Manhattan 3:13.8 (Thurton' 48.6, Jones 48.7, Carter 48.5, Nathaniel 48.0). 2MR, Manhattan 7:31.0.

Richmond, Va., Jan. 19 /160y banked board/—The East Coast Invitational featured a high-quality mile by North Carolina's Tony Waldrop. Juris Luzins led through 60.0 and 2:01.6 splits, with Waldrop moving to the fore at 3:03.0. His blazing 56.5 final 440 gave him a nation-leading 3:59.5. Luzins was runnerup in 4:04.3. Best of the field events was the triple jump, as Ken McBryde popped 52-4¾ to best the 52-2 of Keith Witherspoon.

Murfreesboro, Tenn., Jan. 19—TJ, Haynes (M Tenn St) 52-0; 2. McClure (unat) 51-9½.

Jackson, Miss., Jan. 19—/160y banked board/—Florida State's Danny Smith highlighted the Southern USTFF by becoming the 10th collegian to crack 7.0 over the 60-highs, turning a 6.9 to top Ricky Stubbs by 0.2 and Allen Misher by 0.3. 440, Jennings (unat) 48.4. 600, Crowe (La Tech) 1:10.2. 60HH, Smith' (Fla St) 6.9. HJ, Hobson (Ala) 7-½. SP, Price (unat) 60-7¼.

Auburn, Ala., Jan. 19—60, Outlin (Auburn) 6.0.

Madison, Wisc., Jan. 19 /220y unbanked dirt/—880, Bach (UCTC) 1:50.7.

Bloomington, Ind., Jan. 19 /220y unbanked syn-



JOHN WALKER

thetic/—300, McFarland (unat) 30.6. 440, Wallace (Ind) 48.0.

Des Moines, Iowa, Jan. 19—HJ, Schur (Kans) 7-0; 2. Smith (Kans) 7-0.

Annapolis, Md., Jan. 19—Wt, Bregar (Navy) 63-1¼.

Boston, Mass., Jan. 21—Wt, Besette (Conn) 62-7¾; 2. Hall (Backus AC) 62-¾; 3. Djerassi (NEN) 60-3¼.

Kansas City, Mo., Jan. 26—Tommy Fulton of Texas Southern was an easy choice for outstanding athlete of the NAIA Championships, forging a 1:57.0/4:11.3 880/mile double to lead his team to the title. 60, Black (NCC) 6.1. Semis: Black 6.0. Quarters: Black 6.0. 440, Nichols (Adams St) 49.5. 600, Geter (P View A&M) 1:12.2. 880, Fulton (Tex Sn) 1:57.0. Mile, Fulton (Tex Sn) 4:11.3. 2MWalk, Bouldin (Sn Cal Coll) 14:37.8. 60HH, Foster (NCC) 7.3. HJ, Phillips (Pem St) 6-11. PV, Hardison (Fres Pac) 15-4. LJ, Amoah' (En NM) 24-5¾. SP, Turri (Sn Cal Coll) 58-3¼. Mile R, Mississippi Valley State 3:20.2. 2MR, Prairie View A&M 7:45.2. Teams: Texas Southern 45; 2. Jackson State 41; 3. Southern Cal College 40.

New York, N.Y., Jan. 26—SP, Price (Fla TC) 61-2. Wt, Bregar (Navy) 62-11; 2. Paliwoda (Strid) 62-6; 3. Hall (Backus AC) 61-5.

Champaign, Ill., Jan. 26—All of a sudden Illinois has a great horizontal jumper—first-semester frosh Charlton Ehizuelen of Nigeria. In this country for only two weeks, Ehizuelen made his debut a notable one. First, he long jumped 25-9½ (old PR 25-6) to break a 38-year-old record belonging to none other than Jesse Owens. Then he tripled 53-11¼ (old PR 52-7) to miss the collegiate indoor record by only 2". /262y unbanked synthetic—oversized/—440, Jones (NE Mo St) 47.5. 880, Kaemerer (Ill) 1:51.6; 2. Durkin (Ill) 1:51.6. 2M, 3. Virgin (Ill) 8:59.0. LJ, Ehizuelen' 25-9½. TJ, Ehizuelen' 53-11¼; 2. Haynes (Mid Tenn St) 51-4¼.

Bloomington, Ind., Jan. 26—The awesome middle

distance strength of the UCTC was unleashed as the clubbers toppled Indiana 78-62 in a dual, highlighted by Rick Wohlhuter's world-leading 3:59.1 mile. /220y unbanked synthetic/—60, McFarland (UCTC) 6.0. 300, Goodrich (UCTC) 30.2; 2. Wallace (Ind) 30.3. 1000, Bach (UCTC) 2:07.6; 2. Sparks (UCTC) 2:07.6. Mile, Wohlhuter (UCTC) 3:59.1; 2. Heidenreich (Ind) 4:01.5; 3. Paul (UCTC) 4:01.8. TJ, Craft (UCTC) 52-6.

Ypsilanti, Mich., Jan. 26 /220y unbanked synthetic/—300, Dill (Mich St) 29.8.

Fargo, N. Dak., Jan. 26 /220y unbanked synthetic/—Mile, Slack (unat) 3:59.7.

### OUTDOOR

Gainesville, Fla., Dec. 1—3M, Liquori (NYAC) 13:27.8.

Walnut, Calif., Jan. 1—TJ, Tiff (Strid) 53-4.

Glendale, Calif., Jan. 12—LJ, Proctor (Strid) 25-10½. San Diego, Calif., Jan. 12—Mar, Schmenk (ELATC) 2:17:20; 2. Sabinal' (Mexico) 2:17:47; 3. Romer' (Mexico) 2:20:53.

### OTHER HIGHLIGHTS

## Sapka Soars; Walker Rambles

### INDOOR

Vilnius, USSR, Dec. 16—HJ, Sapka 7-2½.

Siauliai, USSR, Dec. 23—HJ, Sapka 7-2½.

Leningrad, USSR—HJ, Sapka 7-3¼.

Cosford, Eng., Jan. 12 /220 banked board/—600m, Aukett 1:17.9.

### OUTDOOR

Nairobi, Ken., Sept. 29—800, Kipkurgat 1:45.2.

Pretoria, S. Afr., Nov. 30—LJ, Langley 26-¾. DT, Van Reenen 205-9½.

Nairobi, Ken., Dec. 1—As a footnote to Filbert Bayi's one-tenth loss over 1500 meters to John Kipkurgat's 3:40.6, it has been learned Bayi blazed probably the fastest pace ever in a 1500—he passed his first two laps in stunning splits of 52.0, 1:50.0.

Auckland, N.Z., Dec. 19—Mile, Walker 4:01.0; . . . 4. Vasala (Fin) 4:06.0. 5000, Quax 13:21.0 (13:01.4y NR); 2. Bedford (GB) 13:28.8 (13:02.0y).

Christchurch, N.Z., Dec. 29—Young John Walker sped the second-quickest 800 ever by a New Zealander with his PR 1:45.3. Only Peter Snell's 1:44.3 world record is faster. Dick Quax set a national 3000 meter record, 7:47.6, as Dave Bedford sat out the race after an old hamstring injury acted up.

London, Eng., Jan. 6—SP, Capes 67-6¾ BCR.

Wanganui, N.Z., Jan. 9—Rod Dixon and John Walker showed fine pre-Commonwealth Games form as they sped mile PRs of 3:55.5 and 3:55.8 to win from Dick Quax (3:58.0), Pekka Vasala and Tony Polhill. Times weren't available for the latter pair but both were under 4:00.

Timaru, N.Z., Jan. 19—SP, Capes (GB) 67-8¾ BCR.

Sydney, Aus.—Mile, Crouch 3:56.7; 2. Fuller 3:56.8. Christchurch, N.Z.—800, Boit (Ken-En NM) 1:45.8. □

## FOR THE RECORD

The following record alterations have been reported during the new indoor season: WB=world best; WAR=world amateur record; AR=American record; CR=collegiate record; HS=high school record.

60yHH	6.8	=WB, =AR	Rod Milburn (BRTC)	Monroe, La	Dec. 8
500m	1:02.6	WAR, AR, CR	Stan Vinson (En Michigan)	Ypsilanti, Mich	Dec. 13
60yHH	6.8	=WB, =AR	Rod Milburn (BRTC)	College Pk, Md.	Jan. 1
PV	16'1½"	HSR	Tim Johnson (BI Tp, CHts, Ill.)	Chicago Hts, Ill.	Jan. 17
HJ	7'3½"	CR	Tom Woods (Ore St)	Pocatello, Id.	Jan. 18
1500m	3:42.4	AR, CR	Paul Cummings (BYU)	Pocatello, Id.	Jan. 18
HJ	7'4¼"	WAR, AR	Dwight Stones (P Coast)	Los Angeles	Jan. 19
2 Mile	8:22.2	AR	Steve Prefontaine (Ore TC)	Portland, Ore.	Jan. 26
SP	69'10¾"	WAR, AR	George Woods (P Coast)	Portland, Ore.	Jan. 26
100m	10.7	=WAR, =AR	Steve Williams (S Diego St)	Pocatello, Id.	Jan. 26
100m	10.7	=WAR, =AR	Barry Miller (Idaho St)	Pocatello, Id.	Jan. 26
300m	34.1	WB, AR	Steve Williams (S Diego St)	Pocatello, Id.	Jan. 26

# Indoor List

This list contains the top indoor marks made in the US since Sept. 1, 1973.  
 \*=mark converted from meters.

## 60 YARDS

- 6.0 Larry Black (NCC)
- 6.0 Mike McFarland (UCTC)
- 6.0 Clifford Outlin (Auburn)
- 6.0 Herb Washington (unat)
- 6.0 Steve Williams (SD St)

## 300 YARDS

- 29.8 Marshall Dill (Mich St)
- 30.2 Mike Goodrich (UCTC)
- 30.3 Mark Lutz (Kans)
- 30.3 William Wallace (Ind)
- 30.6 Mike McFarland (UCTC)

## 440 YARDS

- 47.4\* Mark Enyeart (Utah St)
- 47.8\* Pat Williams (Idaho St)
- 48.0 Stan Vinson (En Mich)
- 48.0 William Wallace (Ind)
- 48.0 Brent Webster (Utah)
- 48.3 Dennis Schultz (P Coast)
- 48.4 Evis Jennings (Miss St)
- 48.7 Mike Lee (Kans St)

### Oversized track:

- 47.5 Larance Jones (NE Mo St)

## 500 YARDS

- 56.5 Jim Bolding (P Coast)
- 56.6 Dennis Schultz (P Coast)
- 56.8 Maurice Peoples (Ariz St)
- 56.9 Fred Sowerby (Spts Int)
- 56.9 Stan Vinson (En Mich)
- 57.2 Mitchell Goings (Fla)

## 600 YARDS

- 1:09.6 Jim Bolding (P Coast)
- 1:09.8 Stan Vinson (En Mich)
- 1:09.8 Dave Williams (Mich)
- 1:09.9 David Crowe (La Tech)
- 1:10.0 Beaufort Brown (Fla)
- 1:10.0 Mike Solomon (En NM)
- 1:10.8 Bob Cox (Ind)
- 1:10.8 John Mock (UCTC)

## 880 YARDS

- 1:49.4 Byron Dyce (Fla TC)
- 1:49.7 Rick Wohlhuter (UCTC)
- 1:49.8 Mark Winzenried (Strid)
- 1:50.7 Tom Bach (UCTC)
- 1:51.6 Des Foynes (Columbia)
- 1:52.0 Roger Chadwick (Nebr)

## 1000 YARDS

- 2:07.6 Tom Bach (UCTC)
- 2:07.6 Ken Sparks (UCTC)
- 2:09.3 Byron Dyce (Fla TC)
- 2:09.5 Lennox Stewart (NYPC)
- 2:09.5 Dale Bateman (Navy)
- 2:10.0 Keith Francis (Bost C)
- 2:10.0 Juris Luzins (Fla TC)

## MILE

- 3:59.1 Rick Wohlhuter (UCTC)
- 3:59.5 Tony Waldrop (N Car)
- 3:59.7 Mike Slack (unat)
- 4:00.3 Dick Buerkle (NYAC)
- 4:00.7 Len Hilton (P Coast)
- 4:00.8 Marty Liquori (NYAC)
- 4:01.5 Steve Heidenreich (Ind)
- 4:01.8 Lowell Paul (UCTC)
- 4:02.0 Byron Dyce (Fla TC)
- 4:02.2 Barry Brown (Fla TC)

## TWO MILES

- 8:22.2 Steve Prefontaine (Ore TC)
- 8:26.2 Dick Buerkle (NYAC)
- 8:26.6 John Hartnett (Vill)
- 8:34.0 Howell Michael (Quant)
- 8:35.4 Neil Cusack (E Tenn St)
- 8:37.6 Gordon Minty (En Mich)
- 8:40.0 Bruce Fischer (unat)

### Non-resident foreigners:

- 8:28.0 Miruts Yifter (Ethiopia)
- 8:29.8 Grant McLaren (Can)

## 60 YARD HURDLES

- 6.8 Rod Milburn (BRTC)
- 6.9 Larry Shipp (LSU)
- 6.9 Danny Smith (Fla St)
- 7.0 Allen Misher (LSU)
- 7.0 Willie Davenport (BRTC)
- 7.0 Ricky Stubbs (La Tech)

## HIGH JUMP

- 7-4/4 Dwight Stones (P Coast)
- 7-3/4 Tom Woods (Ore St)
- 7-2/4 Paul Underwood (Ariz St)
- 7-2 Rey Brown (Strid)
- 7-2 Keith Guinn (Kans)
- 7-1 Chris Dunn (Ore TC)
- 7-1/2 Dennis Adama (Ind)
- 7-1/2 Don Hobson (Ala)
- 7-1/4 Allen Johnson (BYU)

## POLE VAULT

- 17-1 Dave Roberts (unat)
  - 17-0 Casey Carrigan (P Coast)
  - 16-6 Mike Cotton (Fla TC)
  - 16-6 Vic Dias (BA Strid)
  - 16-6 Bob Richards (P Coast)
  - 16-6 Scott Wallick (unat)
  - 16-6 Richard Yates (BYU)
- Non-resident foreigners:**
- 17-4 Bruce Simpson (Can)
  - 17-0 Kjell Isaksson (Swe)

## LONG JUMP

- 26-3/4 Bouncy Moore (SDTC)
- 25-9/4 Charlton Ehizuelen (Ill)
- 25-4/4 Randy Williams (Sn Cal)
- 25-3/4 Arnie Robinson (SDTC)
- 25-3/4 Jerry Proctor (Strid)
- 25-4 Danny Seay (Kans)

## TRIPLE JUMP

- 53-11/4 Charlton Ehizuelen (Ill)
- 52-6 John Craft (UCTC)
- 52-4/4 Ken McBryde (Manh)
- 52-2 Keith Witherspoon (unat)
- 52-0 Tommy Haynes (MTnSt)

## SHOT PUT

- 69-10/4 George Woods (P Coast)
- 69-1/4 Al Feuerbach (P Coast)
- 67-3 Ron Semkiw (Mesa CC)
- 66-9 Jesse Stuart (Wn Ky)
- 61-8/4 Mac Wilkins (Ore TC)
- 61-5/2 Anders Arrhenius (BYU)
- 61-2/4 Dana LeDuc (Tex)
- 61-2 Doug Price (Fla TC)
- 60-9/2 Bishop Dolegiewicz (Tex)

## WEIGHT THROW

- 63-1/4 Ted Bregar (Navy)
- 62-7/4 Andy Bessette (Conn) □

# NEW from TAFNEWS

\$2.50



Kim Valentine, who has worked with teen-age runners for a number of years in the Boston area and was a long-time successful distance runner himself. TEEN-AGE DISTANCE RUNNING evolved out of the need to provide a manual to his athletes. Eventually it became a rather complete guide to beginning middle and long distance training, the first which is both thorough yet basic enough to be helpful to newer coaches or young runners.

It is the distillation of the Valentine's coaching experience and knowledge, and it 's well worth the time of any coach or athlete, at any level. The year-round training schedules which plot daily workouts and seasonal programs are alone worth the price of the book.

**CONTENTS:** The seasons, The theory behind the practice, Speed and distance training, Using the schedules, Learning to pace, Competition, Racing tactics, Equipment, Injuries and exercises. 64pp. Illus.

Order from Tafnews Press, Book Division of Track & Field News, Box 296, Los Altos, Ca. 94022.

Please add 25¢ per book for postage and handling. Calif. residents add 5% sales tax.

# Prep Report

by  
**JACK SHEPARD**



**NEW TRACK T-SHIRTS DESIGNED AND PRODUCED SPECIALLY FOR TRACK & FIELD NEWS READERS! RED OR RED AND BLUE TRACK DESIGNS ON HEAVYWEIGHT WHITE FULL-CUT 100% COTTON SHIRTS. MACHINE WASHABLE.**

**SIZES: S (34-36), M (38-40), L (42-44), XL (46),** (T-shirts are manufactured one size larger to allow for shrinkage.)

T-shirts come in **WHITE** only.



D.



- |  |        |
|--|--------|
| A. Montreal 76 (red and fluorescent orange) <b>NEW</b> | \$3.50 |
| B. Run (red and blue)                                  | \$2.95 |
| C. USA (red and blue)                                  | \$2.95 |
| D. Comic Jogger (red)                                  | \$2.95 |
| E. Run Run Run (red)                                   | \$3.50 |
| F. Throws—Montreal 76 (red and blue) <b>NEW</b>        | \$3.50 |
| G. Runs—Montreal 76 (red and blue) <b>NEW</b>          | \$3.50 |

Please indicate shirt size.

Add 50¢ per order for postage and handling. California residents add 5% sales tax.

Order from **TRACK & FIELD NEWS, Box 296, Los Altos, Ca. 94022.**

# T-SHIRTS

News included in this report was received prior to January 22 in what has been a slow-starting season. Most of the December/January excitement has been outdoors. The top mark was the swift 13:43.6 3M by Rich Kimball (DeLaSalle, Concord, Calif), moving him to sixth on the all-time list. He defeated junior Mitch Kingery (San Carlos, Calif) whose 13:56.4 ranks second among underclassmen. Marathon action is always strong during this period. Kirk Pfeffer (Crawford, San Diego, Calif) sped the third best prep clocking ever—a world age-17 best of 2:25:26 in the Mission Bay race. Frosh David Cortez (St Francis, Mt. View, Calif) swifted a 2:34:54 as five runners have bettered 2:35 this early season.

New York has taken initial steps toward an all-encompassing state track meet. The Public, Catholic and Private School associations have joined to form the Federation of New York State High School Athletic Associations, which with its 900 members will rank second in size only to California.

Better than ever—that's the 1974 edition of the *New York State Scholastic Track Yearbook*. It is available for \$1.00 from Marc Bloom at his new address: 173 Dover Green, Staten Island, N.Y. 10312.

Bert Donald, cross country coach at Newport Harbor High in Newport Beach, Calif. is planning to take five members of the schools harrier team to Britain for a month's competition this summer. Along with tentative plans for a Junior track tour to Europe proposed by Mark Winzenried (write World Athletic Tours, 30777 Mainmast Drive, Agoura, Calif 91301 for details) and the National Junior AAU program, international competition available to preps is on the upswing. \*=junior; \*\*=soph.

## SPRINTS

50-yards: 5.4, \*Kaseem Thomas (Murphy, Mobile, Ala), 5.3, \*Mike Kee (Rindge Tech, Worcester, Mass).

60-yards: 6.2, \*Kaseem Thomas (Murphy, Mobile, Ala), 6.3, Mike Farmer (Wilson, San Francisco, Calif), Tve Stephans (Upper Merion, King of Prussia, Pa).

300-yards: 32.5, Willie Smith (Uniondale, NY).

400-yards: Gary Schmidt (Oceanside, NY) may be one of the season's best off his 49.8 relay carry. 50.8, Richard Massey (Clinton, Bronx, NY).

## MIDDLE DISTANCES

600-yards: 1:13.9, Kevin Price (Cardozo, NYC, NY); 1:14.5, Mike Harris (Van Buren, Queens Village, NY), Ralph Morris (West Catholic, Philadelphia, Pa).

1000-yards: 2:15.7, Mark Belger (Mepharm, Bellmore, NY); 2:16.5, Gene McCarthy (All Hallows, NY); 2:16.9, Ken Mitchell (Rice, NYC), Jim Peterson (Wheaton, Md).

Mile: 4:18.0, Jim Peterson (Wheaton, Md); 4:19.0, Rusty Nahirney (Washington, Fremont, Calif); 4:19.4n, Andy Clifford (Sunny Hills, Fullerton, Calif).

## TWO MILES

The Sunkist meet in Los Angeles produced the season's top five marks as favored Kimball could not hold off the last lap charge of Schankel. Schankel's win gives Lompoc three consecutive Sunkist wins as it follows Terry Williams' two victories. Soph Hulst at 9:11.6 took 3.2sec off the class record. Tillman's 9:12.6 came in a

separate race which he won handily.

9:07.4, Jim Schankel (Lompoc, Calif); 9:07.6n, Richard Kimball (DeLaSalle, Concord, Calif); 9:10.6, \*Mitch Kingery (San Carlos, Calif); 9:11.6n, \*\*Eric Hulst (Laguna Beach, Calif); 9:12.6, Bob Tillman (Valencia, Placentia, Calif).

## HURDLES

40-yards: 5.3, Gerry Poelnitz (New Rochelle, NY).

60-yards: 7-0, Quentin Wheeler (Monmouth, New Shrewsbury, NJ).

## HIGH JUMP

Walker's nation-leading mark equals the junior class record... All the West Coast field event marks came from the Sunkist meet.

6-10, \*Tim Walker (Rogers, Newport, RI); 6-9, Leon Smith (Western, Las Vegas, Nev); 6-8, Brian Melly (Cardinal O'Hare, Springfield, Pa); 6-7, Clark Beedle (La Sierra, Carmichael, Calif), Charles Hatch (Wilson, San Francisco, Calif); 6-6½, Hap Augerri (Xavier, Middletown, Conn).

## POLE VAULT New Record by Johnson

The calm of the early season was shattered by news from Chicago that Tim Johnson, the younger brother of Olympian Jan Johnson, had opened his season by topping the national record Jan. 17 with a 16-1½ effort. This broke the old mark of 16-¾ first set by Paul Wilson in 1965 and equaled by Kim Scott last season. Tim, who opened at 15-0, cleared 15-4, 15-8, and 15-11 on first attempts and the record height on the second try after his only miss of the night produced a slight leg injury. Johnson first came to prominence with a 14-10 frosh record outdoors, but injuries the past two years had kept him to an indoor PR of just 15-1 last season. A 15-9 practice mark in December however, indicated maybe this was the year for fulfillment of his early potential.

16-1½, Tim Johnson (Bloom Township, Chicago Heights, Ill); 14-6, John Clemmens (Azusa, Calif), Jim Knaub (Lakewood, Calif), Mike Tulley (Millikan, Long Beach, Calif).

## LONG TRIPLE JUMP

Long Jump: 23-6½, Larry Myricks (Forest Hill, Jackson, Miss); 23-1, James Lofton (Washington, Los Angeles, Calif).

Triple Jump: 47-4, Charles Hollis (Bloom Township, Chicago Heights, Ill).

## SHOT PUT

Klotzer has been over 61-3 in his first 4 meets. Just prior to his Sunkist win, junior Kurrasch claimed an age-15 outdoor record with the 16lb bulb (51-2¼).

62-5½, Ron Klotzer (Union, NJ); 59-5, Ray Sahadi (Tenafly, NJ); 59-2¼, \*Dave Kurrasch (Santa Ana, Calif).

## RELAYS

880 Relay: Richard Massey's 22.3 anchored Clinton (Bronx, NY) to a 1:31.3, a stunning early season time.

Mile Relay: 3:27.2, Oceanside, NY.

Two Mile Relay: 7:59.2, All Hallows, Bronx, NY; 8:00.2n, Bishop Loughlin, Brooklyn, NY.

Sprint Medley: 3:39.3, Regina, Uniondale, NY; 3:41.0, Chaminade, Mineola, NY.

# Who Were Our Top Coaches in 1973?

The US Track Coaches Association convened in January—one coach was honored in each of three disciplines: Bill Dellinger (cross country), Fred Dwyer (indoor), Jim Bush (outdoor)

by DON STEFFENS

Semantics have often been a trouble maker and a cause for misunderstanding. A case in point is the cross country program at Oregon. Bill Dellinger was selected as cross country coach of the year despite a reputation that the sport is down-played at Eugene.

"Quite a few runners hear that we don't emphasize cross country," explains the three-time Olympian. "I think we emphasize it, but don't over-emphasize it. Our philosophy is that you simply can't run six miles week after week."

The Duck system appears to be effective with two team firsts, a second and two thirds in the NCAA in the last five years. And Oregon seems ready to continue the tradition with five of their top seven runners returning in '74.

"It's an honor," says Dellinger, who had quite a record as a runner in the '50s and '60s, "especially for the guys on the team, and for myself."



**BILL DELLINGER**

Dellinger was a standout miler during his collegiate days at Oregon. He was NCAA mile champion in 1954 and was second the following year. He came back in 1956 to win the 5000, which became his specialty.

Remember that mud-splattered 5000 finish in Tokyo's Olympic Stadium? That's when the US made a tremendous breakthrough, with Bob Schul grabbing the gold medal and Bill Dellinger winning the bronze. When he finally hung up his spikes following that performance Dellinger had at some time during his career held US records for the 1500 and had set indoor world marks for two and three miles.

Regional coaches of the year were Ken O'Brien, Massachusetts; Art Gulden, Bucknell; John Randolph, William & Mary; Bob Parks, Eastern Michigan; Ralph Tate, Oklahoma State; Johnny Morriss, Houston; and Ted Banks, UTEP.

Necessity is the most likely reason for Fred Dwyer's selection as indoor coach. That's because Manhattan, located in the Bronx, has no training facilities. Well, almost none. Their 11-lap-to-the-mile board track is usable in winter *only* when the snow is gone. Fortunately, Columbia's air bubble is less than a mile away and made available to the Jaspers.

They used it to their advantage in 1973, racking up the school's first-ever NCAA indoor title and the first IC4A title since 1956. The NCAA win, which was by six points, came only four years after



**FRED DWYER**

Dwyer moved to Manhattan.

Dwyer has been a notable name in the national track scene since the mid '60s when he coached preps Mark Murro and Marty Liquori to prominence at Essex Catholic High of Newark, N.J.

While at Essex his teams racked up 14 state titles in cross country and track and set national records in the four mile and distance medley relays.

Dwyer's teams seem to center around a powerful middle distance corps, which is appropriate. He was one of the US's best milers in the early 1950s, placing second behind Wes Santee in the 1953 NCAA mile and setting a US 2000m record of 5:10.0 later that summer.

"We have to concentrate on the indoor season," explains Dwyer, "because of our limited budget and no facilities. Our entire season revolves around the IC4A and New York Metropolitan Championships."

Regional coaches of the year were Art Farnham, MIT; John Mitchell, Alabama; Doug Raymond, Kent State; Frank Sevigne, Nebraska; Willie Williams, Arizona; and Vern Wolfe, Southern Cal.

Diplomacy is something a winner must learn. Jim Bush is both a winner and a diplomat, and his success seems to be almost self-perpetuating. Upon hearing of his selection as outdoor coach of the year, Bush was ready to divide the award into more than 40 pieces.

"Everyone on the team—especially the assistant coaches—the most deserving people," commented the 47-year-old



**JIM BUSH**

mentor. The Bruins are reigning NCAA outdoor champs and have held the coveted title for three consecutive years.

"We don't concentrate on winning the NCAA," Bush points out. "My goal is to help as many athletes as possible. We establish the goal of improving on high school and junior college performances while at UCLA."

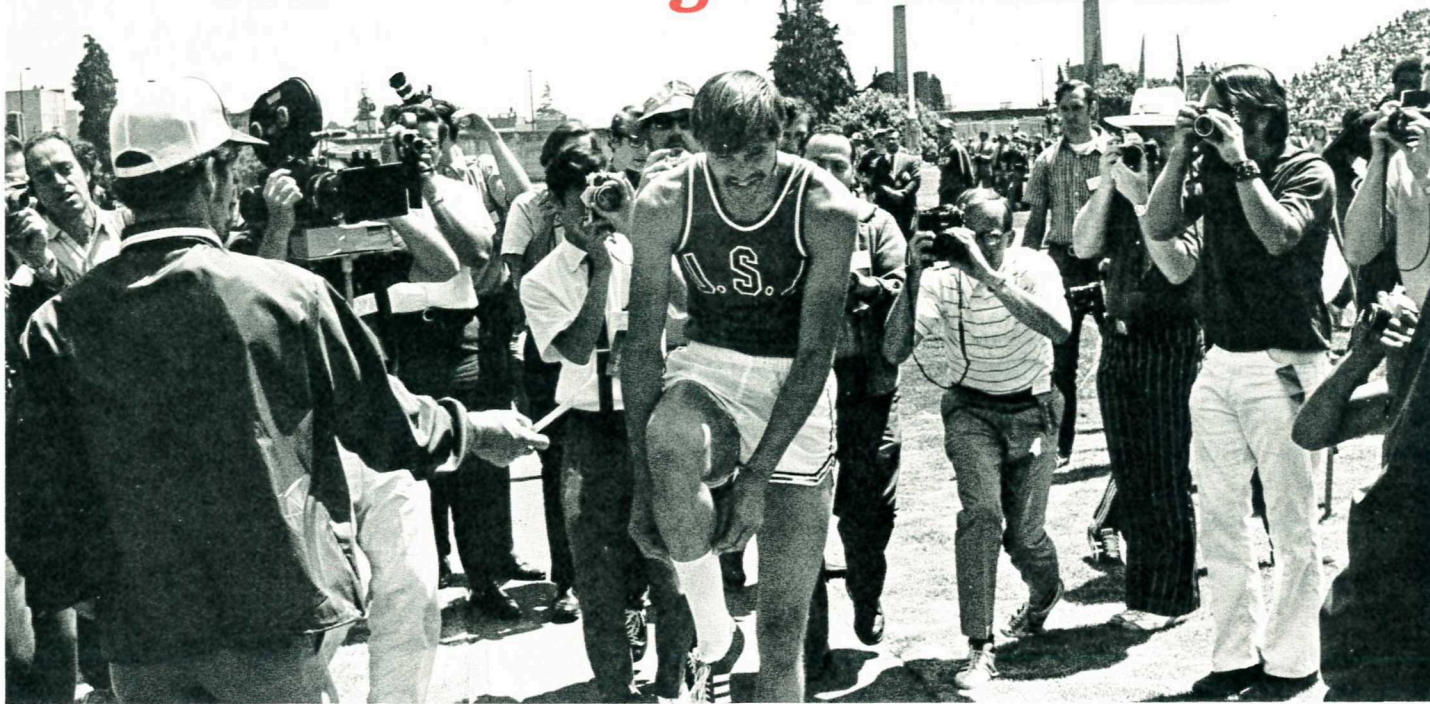
Following graduation from UC-Berkeley in 1951, Bush started coaching in Berkeley and then went to Fullerton, Calif., High in 1952. After seven years he moved to Fullerton JC where the team won its first conference title in 20 years and set two national JC records.

After two years at Occidental, Bush was the choice to replace UCLA's Ducky Drake in 1964. Bush is now in his 10th campaign at the Bruins' helm and through the years has come to regard his rival with crosstown Southern Cal as a particularly important meet.

"I get pretty uptight whenever our dual with USC gets close," he admits. "I don't think either team will ever dominate it. We lead in victories 5-4 right now. I'm just happy when we get a one-point advantage on them."

Other regional coaches honored were Ken O'Brien, Massachusetts; Jim Gehrdes, Navy; Stan Huntsman, Tennessee; Sam Bell, Indiana; Bob Timmons, Kansas; Cleburne Price, Texas; and Baldy Castillo, Arizona State. □

# Track Through a Viewfinder



Jeff Kroot

Photographers, like those converging on Pat Matzdorf after his high jump world mark, produce the "pictures worth a thousand words."

They are found at virtually every track meet—men and women laden with cameras around their neck or slung over a shoulder or dangling from one hand; toting a heavy camera bag in a free hand (if there is one) or lugging it on the back; scuttling down the track or up the track or across it to record one certain moment in time, a moment that will never happen again but to which they will give immortality on thin strips of celluloid.

Usually they are unobtrusive in their presence. They cluster around the finish line or the shot circle or a landing pit and then scatter like a swarm of swatted bees, to congregate again briefly for another finish or throw or jump. Once in a while, though, one of them moves center stage, such as the one who leaned over too far to snap a picture of Grant McLaren at Toronto and impaled him on an outstretched elbow.

Most often, though, they are known by their artistry. Their pictures capture on film, in one photo, what journalists take words upon words to describe. Truly, they can tell the same story with one picture that the writer might need 1000 words to convey.

They are the photographers.

For them, track—and virtually any other sport they photograph—is a world seen through the tiny square of a camera viewfinder. True, a massive 500 millimeter "tunnel" lens may bring the photographer from hundreds of yards away to so close he can tell the color of an athlete's eyes.

But seeing a track meet through the viewfinder reduces a photographer's perspective of a meet, and to a degree the sport, to a series of still-life studies. He is in position and focused on a finish string; snap, and he is up for a high jump or discus throw or to catch athletes in an off-moment. He may not know the winner

## by Jon Sendershott

of the race he has just recorded until he sees the meet summaries or reads the newspaper the next day.

"Seeing a meet through a viewfinder is often not very enjoyable in that you don't see much of it," says Rich Clarkson, *Topeka Capital-Journal* photo chief. "You are constantly trying to figure out what is significant while trying to solve technical problems to do with the pictures." Adds *T&FN* contributor Jeff Johnson, "The photographer experiences a meet only in snatches: one stride of a sprint, one stride per lap of a distance race, one instant of a throw or jump but not the entire effort itself and so on. But then, the photographer has to move quickly if he is to cover all the events, many of which occur simultaneously."

Says *T&FN*'s Bob Kasper, "At any given moment, the photographer is constrained to prepare for and focus on a particular aspect of an event even though several may be underway at once. It's only after the meet that the significance of individual performances and/or overall quality is realized. The real 'fun' in shooting track lies in comparing the developed negatives with the result sheets."

On the other hand, some photogs find compensation in being close to the action on the track and field, even though they can't see the action in a complete form. Ireland's Fionnbar Callanan says, "My own sense of a close involvement far outweighs the disadvantages."

To *T&FN*'s Don Chadez, "I am one of a handful of the thousands of people at a meet to be almost in the middle of the action; I can feel the mood of a meet, the

joy, the pain and the emotions most spectators miss. My overall view may not be as complete but being close to the action is overwhelmingly better than being in the stands and just watching."

For every individual photographer peering through a viewfinder, there is a different way to photograph a track meet, a different perspective, a different "method." Johnson reveals, "I arrive early at a meet and prowl the track and infield taking light readings, inspecting pits, runways, throwing circles and finish lines, sighting angles and backgrounds, visualizing possible pictures."

Says Britain's Ed Lacey, "My method is just to follow the program."

Norway's Knut Edvard Holm agrees: "Check the timetable and plan your work according to the following key factors: in which event(s) is there a fair chance for a hard man-to-man fight, in which event(s) is there a chance for a record and how do you cover both (or several) events according to the time schedule?"

Britain's Tony Duffy feels, "Different photogs have different requirements and their way of working is geared to that. Agency men want standard finish shots; local paper men follow the home-town boy; freelancers shoot the established stars plus those who might eventually hit the top. Sometimes you may be shooting advertising shots or pictures for an equipment maker. Sometimes you might be trying for 'effects': fish-eye, slow shutter, explosion. You might be shooting both color and black and white so you play the averages; take one round or heat in color and the next in black and white. It's a matter of checking the program and lining up priorities because you can't shoot everything in one meet."

"For me," Callanan says, "every event



will raise a different problem. In general, I would prefer every picture to make its own point, i.e. the picture should illustrate the strain, or effort, or grace of a particular action or contest. I will choose my viewpoint, lens, etc. with this in mind rather than make a conscious effort for an 'effect.' My approach will, in most cases, be governed by my own assessment of the performers, the probable results and the significance of the event."

Knowing the pictures you want to get, and how you can get them, means the "great" pictures are not a matter of luck. "It's axiomatic among photographers that great pictures are not accidents," feels *T&FN* veteran Steve Murdock. "The composition, the exposure, the frozen moment are all within the control of the photographer."

Adds *T&FN*'s Chip Gane, "But being in the right place at the right time, as far as that 'once-in-a-lifetime' shot is concerned, is where luck comes in."

Clarkson interjects, "Luck is always an element, although photogs who know the sport, the individuals, their equipment and their limitations have a way of having more good luck."

Must a serious track photographer be a real track "fan"? "The more you know about the different events, the easier it is to anticipate the action," Gane feels.

Says Holm, "Being a knowledgeable follower of the sport means you have most of the information needed to evaluate

events and athletes. The hard part is to tell that sports idiot inside you to cooperate and not swallow you, body and soul, and make you forget there is a job to do."

"You can't lose your cool in the excitement, though," says Duffy. "That way you miss the good shots and lose a slice of your income."

Johnson feels the photographer and athlete approach competition as one, both with goals to achieve and the determination to achieve them. In this light, missing a good shot is inconceivable.

"The photographer's concentration, his readiness, increases as the excitement peaks, as the moment of truth nears. He could no more miss a shot from excitement than an athlete could pull up in his lane, overcome by excitement, to watch his own race. The photographer's goal is to arrive at 'the moment' with the athlete and to seize it simultaneously. The challenge is always there for the photographer and it is a different challenge from event to event, athlete to athlete and competition to competition."

Photographically speaking, track is easy to shoot, the picture-takers feel. Action occurs at predictable locations; the photographer usually can focus and wait. There is not an entire football field or basketball floor or baseball park in which to operate. "But," Kasper points out, "it's very difficult to come up with a novel or original picture. Then official restrictions, like 'bullpens' to shoot from or being

barred from the field like at Munich, further reduce the limited number of picture angles available." There can be other "mechanical" complications, like the precision focusing and light readings needed when using color film compared to the wide exposure latitude of black and white.

On approaching the task of photographing a meet, Johnson feels the photographer is again akin to the athlete: "There is a fine edge of concentration, alertness and stamina that a track meet demands of a photographer. The athlete approaches the competition with firm goals in mind. The photographer approaches the competition determined to share in the goals of each athlete and to record on film the success or failure of the athlete to achieve these goals."

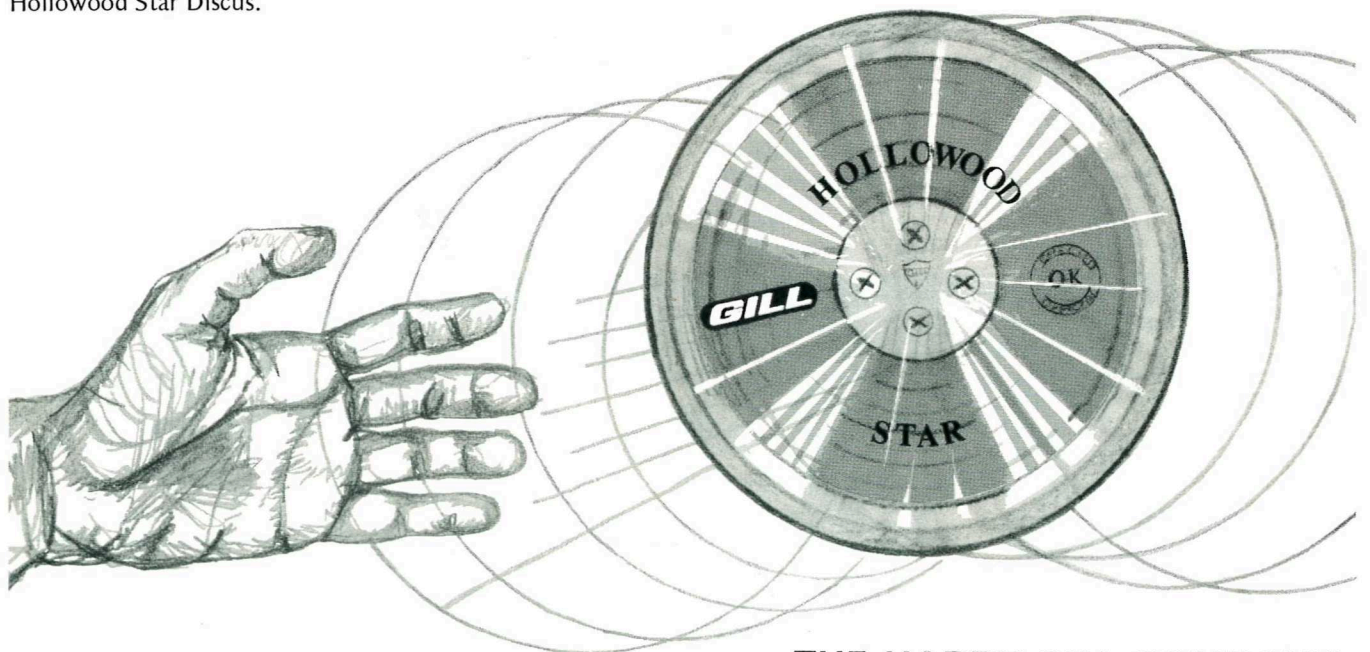
"But the athlete's event is a moving spectrum of action spanning seconds, minutes, even hours of time. The camera, on the other hand, stops action, takes an instant of time usually as brief as 1/500th of a second and removes it from the context of the spectrum. The challenge for the photographer is to find the moment of time in which the total story of the contest is expressed in the athlete's face and body."

"Such a moment exists in every event, or so we tell ourselves. We plan shots which have high probabilities of being the intersection of time and space where 'the moment' will occur. For that is the moment we ultimately seek." □

FOR PERFORMANCE, APPEARANCE AND OFFICIAL SANCTION

# ALWAYS GO **GILL**

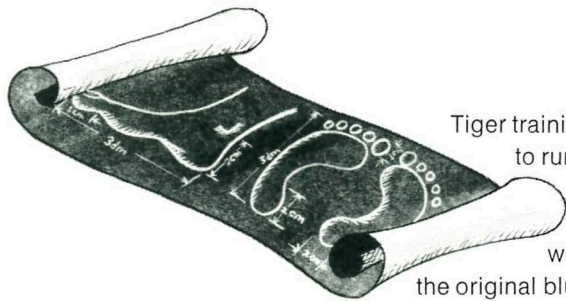
Track and Field coaches and athletes realize the importance of training and competing with superior equipment that meets official standards. Gill products, designed and constructed by expert craftsmen, meet these requirements. Gill manufactures the only complete line of track and field equipment, with more than 200 items including the renown Gill Hurdle and the Hollowood Star Discus.



THE HARRY GILL COMPANY

BOX 428, URBANA, ILLINOIS 61801 PHONE 367-8438

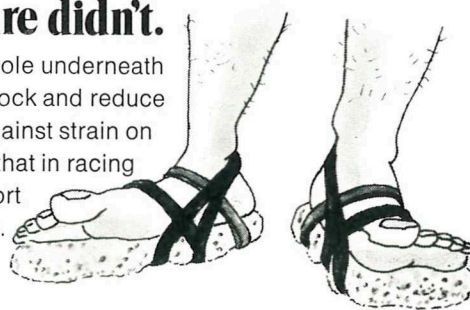
# The best training shoe is more like a foot than a shoe.



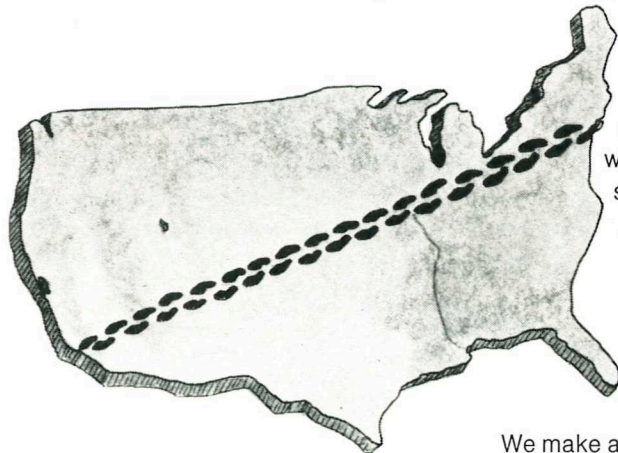
Tiger training and warmup shoes are the next best thing to running barefoot. Our Cortez and Munich models give you all the comfort, durability, flexibility and protection you need without a lot of extra weight. That's because we build shoes based on the original blueprint... your foot. Then we add improvements.

## We give your feet what nature didn't.

We were the first to introduce a soft-sponge midsole underneath the ball and heel of your foot to absorb road shock and reduce soreness. And a built-up heel to protect against strain on your Achilles tendon. Because we know that in racing the consequences of even the slightest discomfort can be very great.



## Tiger will take you from New York to L.A.



You can literally run cross country in one pair of Tiger training shoes. The Cortez and the Munich are designed to give you up to 3,000 miles of hard use, almost twice what you'll get from most other training shoes. That's why Tiger is the most popular training shoe in the world.

We make a lot of shoes for a lot of sports. And like the athletes that wear them, we know that when everyone is at their best, you have to be better to win. Tiger is that much better.

**It all adds up to some pretty good times.**



### For information and name of nearest dealer in your state, write:

**Curley-Bates Co.**  
860 Stanton Rd.  
Burlingame, Calif.  
94010  
(415) 697-6420

Wash., Oregon,  
Calif., Montana,  
Idaho, Nevada,  
Wyoming, Utah,  
Colorado, N. Mex.,  
Arizona, Alaska,  
Hawaii & El Paso

**Davis, Inc., George A.**  
7205 Hibbs Lane  
Levittown, Pa. 19057  
(215) 943-3300

Pennsylvania, N. York,  
N. Jersey, Maine,  
Vermont, N. Hampshire,  
Mass., Connecticut,  
Maryland, Delaware,  
Rhode Island, Wash-  
ington, D.C., Arling-  
ton & Alexandria

**Olympic Sports**  
2607 National Circle  
Garland, Texas 75041  
(214) 278-5402

Kansas, Okla.,  
Texas, Arkansas,  
& Louisiana

**Demco (Dana E. Morrison, Jr. Co.)**  
5121 N. Ravenswood  
Ave., Chicago, Ill.  
60640  
(312) 561-0861

Ohio, Indiana,  
Ill., Missouri,  
Wisc., Iowa, No.  
& So. Dakota, Nebr.,  
Minn. & Michigan

**Buckley & Co., Pete**  
440 Armour Pl., N.E.  
Box 13875, Atlanta,  
Ga. 30324  
(404) 873-4828

Fla., Alabama,  
Georgia, Tenn.,  
Kentucky, Virginia,  
No. & So. Carolina,  
Miss. & W. Virginia

**Exclusive Canadian Distributor**  
**Phillips House Ltd.**  
6205 Airport Road  
Mississauga  
Ontario L4V1E1  
Canada

# Out One Year and In the Next

by BOB HERSH

Chances are that even though you're a track fan, you don't get turned on much by cross country or road races. That's OK, neither do I. Except one.

I have always harbored the dream of someday going to Brazil for the fabled New Year's Eve Midnight Run—the Sao Silvestre Road Race in Sao Paulo. This year, I had a rare opportunity to do it, and I can now confirm almost everything we have heard about Sao Silvestre. It is a fantastic experience, an international road race of superior quality and one helluva way to ring in the New Year.

The race is run on major avenues through the downtown section of the world's seventh largest city (population six million). It begins at 11:38 PM on December 31 and ends a few minutes after midnight on January 1. The cheering which normally accompanies a passing road race is multiplied almost infinitely because of the date and hour. On top of that, the runners are accompanied by a small army of press and police cars and motorcycles. All of them seem to be honking their horns and sounding their sirens. Add the usual New Year's Eve noisemakers, bells, confetti and whatnot and the result is a spectacular *charivari*.

In spite of the atmosphere (or perhaps because of it—it's hard to say), the competition is a serious matter. The course is a tough one, and the field is tougher. The length of the race is listed as 8900 meters, but from Victor Mora's winning times of 23:24.2 and 23:25.2 the past two years, it is apparent that this distance is impossible. It is actually closer to 8200m or a bit over five miles.

The difficulty lies in the grading. It is



A Gazeta Esportiva

Off toward the finish, and 1974, charge Sao Silvestre runners including US's Doug Brown.

slightly downhill for the first mile or so, with a compensating incline of over a mile later on. (The start and finish are in the same place, and the course is a single loop so the net grade is zero.)

Doug Brown, the official US entrant this year, arrived in Sao Paulo the day before the race and toured the course but did not run it. "I'm sorry I didn't," he said later. "The noise and lights made the race exciting—like nothing I've ever seen, really. But it was distracting, and I found myself disoriented. I was never very sure of how far into the race we were and by the time we got to the uphill stretch, I was really tired. I felt like I had gone out in a 60-second quarter without realizing it." Brown finished 22nd in a field of 212 starters.

Colombian Mora had no such problems. Although he set an extremely fast pace and led by about 100 yards only a mile from the start, he never faltered and made it two in a row over the usual fine international field which included Lasse Viren. The Finnish Olympic champion placed fifth, an improvement of three spots over last year.

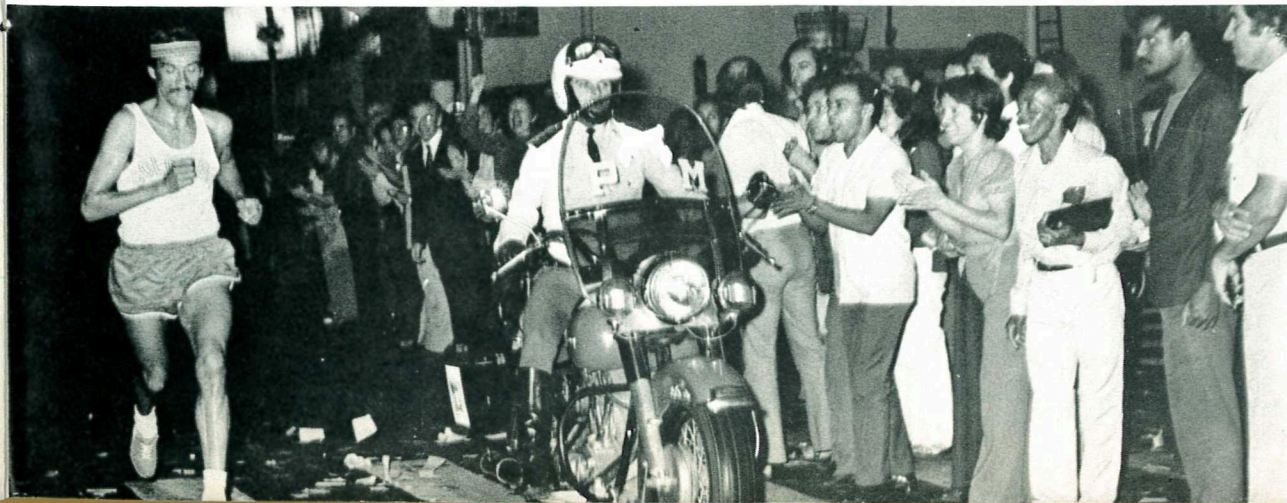
Viren's presence was not surprising, nor was his failure to win. In recent years, nearly all of the world's best distance runners have tried their hand at Sao Silvestre at least once. The race's roster of champions includes Olympic Gold medalists Gaston Roelants, Emil Zatopek and Frank Shorter, the latter being the only American ever to win. But the list of losers is even more impressive. It features such Olympic titlists and/or world record holders as Viren, Kip Keino, Vladimir Kuts, Billy Mills, Abebe Bikila,

Gordon Pirie, Emiel Puttemans and Jouko Kuha, as well as Finnish champions like Pekka Paivarinta, Mikko Ala-Leppilampi and Juha Vaatainen, and Americans Steve Stageberg, Eamon O'Reilly, Jack Bachelor and Ken Moore. With runners of this caliber year in and year out, and an atmosphere of unparalleled festivity, it is no wonder that Sao Silvestre is considered one of the world's most important road races.

In one department, at least, it even surpasses the Olympics—in fact it beats anything you've ever imagined. The prizes awarded are bigger and more numerous than those for any other single race anywhere. The winner alone takes home seven trophies, four of them averaging three feet in height. Even the top runners-up receive larger cups than the winners of many important meets. And enough Brazilian organizations donate trophies that there is one for each of the first 98 finishers.

If you are thinking about taking a winter vacation in Brazil some year and catching Sao Silvestre, next year is the time to do it. It will be the 50th Annual run, and *A Gazeta Esportiva*, the sports newspaper which sponsors and coordinates the event, is eager to celebrate that anniversary properly. Their amiable editor, Henrique Nicolini, promises, "Sao Silvestre '74 will be the best ever. We are hoping to double the number of foreign invitations."

Considering that this year's field included runners from 29 nations, 12 of them Olympians, that should be some race. And you can rest assured that there is nothing you can do to celebrate New Year's Eve that is quite like it. □



A motorcycle escort paces Victor Mora through crowds and confetti toward his second consecutive victory.

A Gazeta Esportiva

# US Scene

## SPRINTS

In the eyes of some, **John Carlos** deserves to be ranked with the greatest sprinters who ever lived. Unfortunately, he left the sport just as he was coming to the height of his powers, deciding on pro football. But that didn't work out, and in '73 he ran a few races with the ITA, even winning once. "I regret that I left when I did," says Carlos. "Afterwards I tried to stay away from meets. It hurt me to sit in the stands or watch a meet on TV. I wanted to run against guys like Delano Meriwether, but I couldn't." After the ITA season ended last year, he commented, "I have to revamp myself. The form is off now. The speed isn't gone though." He cautions, "I'll be into serious training next time around. They'll know I'm there." Carlos looks like he might be ready to back up his words. Running in LA all-comer affairs in late December and early January, he recorded 6.0, 9.5 and 21.0 clockings.

### 'Two World's Fastest,' Says Washington

"It doesn't bother me to hear people say that Steve Williams is the World's Fastest Human," said super indoor sprinter **Herb Washington** at the Sunkist meet.

"Actually, we are two different types and there are two world's fastest. When you talk indoors, you talk Herb Washington, and when you talk outdoors you talk Steve Williams. Since Charlie Greene and John Carlos quit, there has been no one to dominate the sprints indoors and out. I have lost one indoor race a year for three years. Steve has had the edge on me outdoors, but indoors it's a different story. Mentally, I'm as tough as any sprinter there is.

"I think I can beat Steve outdoors. He is stronger at the end of the race, but I have the start, so I have had to go back to the drawing board and reevaluate. I'm building up my strength for the end of the race. I know what it takes. I've beaten him outdoors, but he's never beaten me indoors.

"If you get Williams, Hasely Crawford, Marshall Dill and myself together in a 60, put us on a Tartan track, build up the race, run it at 8:00, and get the people steamed up, you'll get a great time, just like when Muhammed Ali and Joe Frazier build up a fight.

"It would take at least \$10,000 to get me to go pro. I'm glad to see what pro track is accomplishing, but I have a comfortable living. I'd like to turn pro, but it will take two digits, followed by three zeroes to do it."

"That's a lot of hogwash," says **Steve Williams** in reference to mentions of him as the World's Fastest Human. "Down in the ghetto there is

undoubtedly somebody walking around who's faster than I am. He's the guy who gets away first when the cops come running down the street. I just consider myself very lucky that someone saw me and thought that I was a rock that needed to be polished." Williams remains relatively unmoved by his meeting with Olympic king Valeriy Borzov this summer: "Reading the press, Borzov sounded like a machine. But while we were bending and stretching just before getting the baton, I looked back under my legs and saw him. I didn't expect him to have the human look—fear. So I knew then all was right. It was what I was waiting for and I took it home."

Football fans may have noticed a fine trio of freshman sprinters who made it big in football this fall. Pitt's **Tony Dorsett** was thought by many to be one of the outstanding players in the country. He was a 5.4 50 man for Hopewell of Aliquippa, Pa. last year. **Al Hunter** ran a questionable 9.3 behind Carter Suggs last year while at Rose of Greenville, N.C., but he showed his legal 9.6 speed in running back a kick 93 yards for Notre Dame to break open the Sugar Bowl. And Trimble Tech of Fort Worth contributed 47.4 quarter-miler **Raymond Clayborn** to Texas, where he did some outstanding running.

Kent State has another French Olympian, this

one sprinter **Bruno Cherrier**. Cherrier anchored the French sprint relay at Munich and did a PR 20.6 to reach the 200 semis. He didn't improve in '73: "I didn't train much and got out of condition. All this is changed this year. I have renewed my ambitions and have my enthusiasm back. I think I will run 20.4 and be a finalist in the European Championships." He gives Kent a powerful sprint duo along with US Olympian Gerald Tinker.

## MIDDLE DISTANCES

As indicated on page 29, rumors from the East persist in telling us that **Marty Liquori** will go for the indoor mile record at the Philadelphia Classic. Villanova Coach Jumbo Elliott isn't that committal, commenting, "I've been talking with him three or four times in the past month, and if he stays well there is no question he will break four-minutes."

"When you have an indoor meet in New York the mile is the meet," says former Villanova star **Brian McElroy**. "It's at 10:00—prime time. All the money is on it; it's in the headlines."

**Byron Dyce** got himself into prime shape early this year in anticipation of a Commonwealth Games slot on the Jamaican team. He showed his early season form by turning in a pair of outstanding flat-four (no spikes) bests. On Dec. 28 he ran an eased-up 880 in 1:51.9. Five days later he covered the 1000 in 2:11.1. He knocked a pair of impressive runners from the record books with his times: '56 Olympic 800 champ Tom Courtney (1:52.2) and '36 winner John Woodruff (2:11.3).



Don Chadez

*The World's Fastest Humans? Herb Washington (r) and Steve Williams share a light moment.*

Texas Southern flash **Tommy Fulton** summed up his goals for '74 rather succinctly: "3:51 mile."

## JUMPS

"In reference to the upcoming indoor season I am mildly disappointed in my inability to get accepted into some of the major meets. Because of this I would consider seriously turning pro if asked." So says 7-2½ high jumper **Rick Fletcher**, now out of UCLA. "I am motivated by fame and fortune. Unfortunately, I am competing in the wrong sport for those goals. What really motivates me is the enjoyment I receive from competing and associating with other athletes. I also have a desire to realize as near as possible my full potential as an athlete."

### Seagren and Smith At It Already

If ITA wanted some built-in publicity, they couldn't have done better than picking up **Steve Smith**. He and **Bob Seagren** spent a good portion of last season taking potshots at each other. It's started again.

"It's going to be nice to vault against the 'The Mouth'," says Seagren. "Yes, you could say I'm definitely looking forward to it."

"For our fan's sake, I just hope he can back up the way he talks. And he talks an awful lot for a guy who has jumped almost 6" less than me. Maybe it all started when we were both at USC. I was a senior and I was doing a lot of travelling that year. He was a freshman and maybe he was jealous because I wasn't around very much."

"I really haven't talked with him in a long time. But I've read what he says about me and it just amuses me. I think he's making a fool out of himself. It would be different if he'd jumped 18-7. Then he'd have room to talk."

"It'll take some 18-foot vaults and higher for me to win this year," conceded Seagren, "but I like pressure. When something is on the line, that's when I jump best."

Frosh **Bill Jankunis** is happy that he chose Colorado: "It's just beautiful out there," he says. "I love the atmosphere. It's a nice place to work out and I like to hike in the mountains." Jankunis, a 7-½ flopper as a New York prep, is learning a lot. "I found out my form was really terrible," he says. "I was clearing 7-0 so I thought I must be doing something right. But I didn't have a weight training program, I wasn't bending my leg up to my chest in the approach and I was positioning my arm wrong in the recovery. Little things that count in the long run."

NCAA indoor TJ champ **Barry McClure** is optimistic about the future of the three-bounce event in the US: "I feel that the triple jump is receiving more and more recognition and I foresee more US jumpers being ranked in the world." He hopes to have a good '74 season. "I just hope that I can discipline myself enough to have a good season. I don't have anyone to make me work out now. Therefore I have to have that desire."

NCAA outdoor triple champ **Milan Tiff** is working hard already, getting stronger and faster. "I've never reached my full potential," he says, "but I'm training hard to regain the height of my potential, which I almost successfully achieved this summer in Africa with a fall-back on a 56-10¼ jump. My first goal is to continue where I left off in Africa and my second is to keep my competitor **John Craft** company at a high competitive level. My strongest motivating force is to outjump Mr. Craft as I once did in 1970."

## SHOT PUT

"It's still pretty early," said outdoor shot record holder **Al Feuerbach** before the Sunkist meet. "It'll take a few weeks to get in the groove but I really believe I can hit 72 feet indoors this year." Commenting on the fact that **Brian Oldfield** of the ITA is the only putter ever to hit 70 undercover, Al comments, "Big deal. That's their only season. My 71-7 could have been indoors if we had been indoors then."

Feuerbach waxed eloquent on quickly-emerging **Ron Semkiw** after the latter's 67-3 at Sunkist. Still only 19, Semkiw has now thrown farther than any other teenager in history. "He's the one who is going to help make the US a shot power again," says Al. "We're going to stay ahead of the East Germans and Russians for another 10 years now. The kid has fantastic potential. He has all the tools. Right now, he's even stronger than I am—but that's going to change."

**George Woods** says he was tired after Munich, kind of maintained throughout the indoor season, then just fell apart for outdoors. "This year will be different," he promises. "I'm ready for a good year—all year."

## LONG DISTANCES

"I want to put together a 'European-type' season next year," says **Steve Prefontaine**. "That is, preparing to run in Europe during the summer rather than running myself out in the US in the spring." He adds, "I'd like to run some good indoor races and have a good time this winter." Pre is currently working as a bartender in Eugene. "A couple of beers never hurt anyone."

There was talk at Sunkist that Pre might have been beaten by **Paul Geis** if the new Oregon star hadn't been sick the week before. Already talk is beginning that Geis should replace Pre. "If you mean in terms of being the best distance runner at Oregon and one of the best in the nation, then the answer is yes," Texan Geis says. "But if you mean being made into a running idol, then the answer is now no. I couldn't ever imagine anyone wearing a 'Go Paul' t-shirt." Geis relates that Pre was pretty upset by his loss to Buerkle. "He's really upset. He came back the next day and worked his rear end off. He put in three workouts, not just one."

The International Selection Committee of the AAU Long Distance Running Committee has named 11 runners to represent the US in the international Junior Cross Country Championships. The team: **Craig Virgin** (Ill), **Terry Williams** (Ore), **Ron Addison** (Tenn), **Matt Centrowitz** (Manhattan), **Dave Taylor** (Ore), **J.J. Griffin** (Colo), **Pat Davis** (Motor City TC), **Richard Kimball** (DeLaSalle HS, Concord, Calif), **Gordon Oliver** (Georgetown AA), **Mike Pinocci** (WVTC) and **John Roscoe** (SWn Mich JC). □



### For successful business and social meetings come to Midtown Motor Inn in Boston

Complete function room facilities, business and social, accommodating up to 250 persons in Boston's most centrally located full-service Motor Hotel.

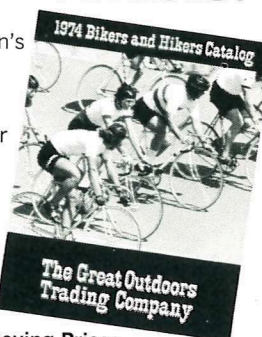
Send for Facilities Brochure. Or call the Sales Office at (617) 262-1000

Diagonally across from  
Prudential Center

**Midtown Motor Inn**  
220 Huntington Avenue  
Boston, Mass. 02115

## Attention Bicycling Enthusiasts!

The Nation's most complete bicycling mail order catalogue is now available



- ★ Money Saving Prices
- ★ Over 100 Pages ★ Name Brands
- ★ Racing, Touring, Camping Equipment
- ★ Latest Accessories ★ Biker's "Bible"

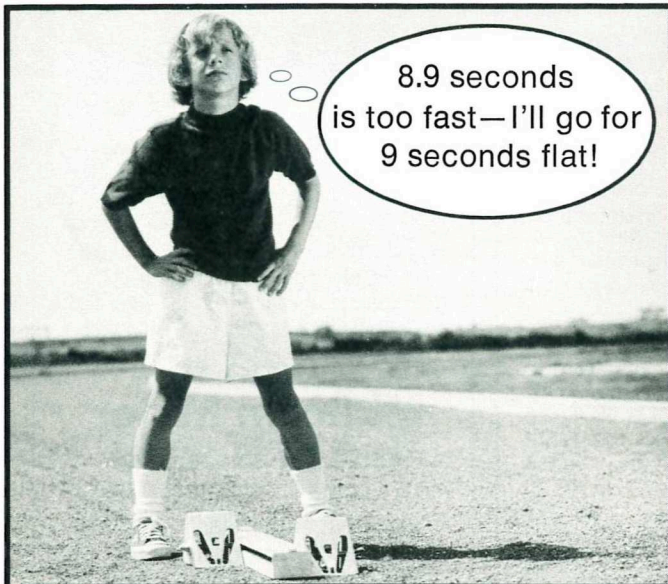
Send \$1.00 to cover mailing to:  
**The Great Outdoors Trading Company**  
109 Second St., Dept. M113  
Sausalito, Calif. 94965

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_





It's OK to dream, Jimmy! But for those records to be legal, you need everything going for you. That includes quality equipment that meets all the competitive specifications. That's what you get with Pacer products! See our complete track line of Catapole vaulting poles, Held javelins, starting blocks, hurdles, vault and jump standards, and throwing implements by writing for a free catalog. AMF Pacer brings out the best in you.

**AMF**  
Pacer American

P.O. Box 2266, Santa Fe Springs, California 90670

## ROAD KING SHOES

ANNOUNCING OUR NEW ROAD KING SHOE



Road King \$16.90  
Suede King 18.90  
Ladies Suedette 18.90

Add \$1.00 for mailing  
Calif. residents add 5% sales tax.  
Ask for Free Catalog.



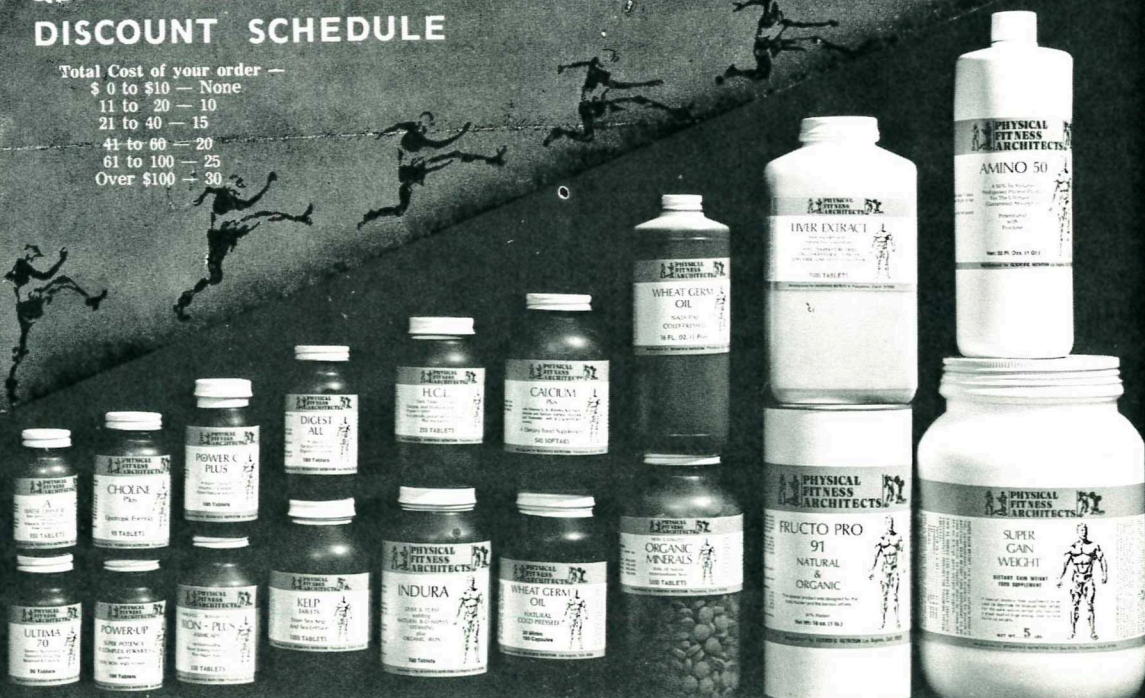
Masters Meet 1973, Gothenberg, Sweden.

Eriberg Enterprises (ROAD KING SHOES), 9433 Alto Drive  
La Mesa, California 92041 Tel: (714) 466-8659

# SCIENTIFIC NUTRITION

QUALITY AT A DISCOUNT  
DISCOUNT SCHEDULE

Total Cost of your order —  
\$ 0 to \$10 — None  
11 to 20 — 10  
21 to 40 — 15  
41 to 60 — 20  
61 to 100 — 25  
Over \$100 — 30



ORDERS SHIPPED SAME DAY AS RECEIVED — (SEND FOR FREE CATALOG)

FOUNDATION OF CHAMPIONS, P.O. BOX 4115, PASADENA, CA. 91106

# Status Quo

Triple jumper **Ralph Byrd**, a 52-0 performer as a soph for Chabot last year will be inactive in 1974. He is recuperating from knee surgery.

Olympic high jumper **Chris Dunn** (7-3) is currently doing graduate work in physical education at Oregon. That's quite a switch from his philosophy major at Colgate.

The University of Nevada picked up a top horizontal leaper in Norwegian Olympian **Kristen Flogstad**. However, the 26-3 $\frac{3}{4}$ /53-11 $\frac{1}{4}$  jumper has no NCAA eligibility because of his age.

Kansas has lost 62-4 $\frac{3}{4}$  shot putter **Rudy Guevara** for 1974 due to scholastic ineligibility.

Norwegian discus thrower **Knut Hjeltnes** has transferred from Western Maryland to Penn State and will be ineligible in '74. A 193-4 performer, Hjeltnes was the college division champ and was third in the university meet in '73.

■ ■ ■

"How about an article on lower back injuries?" asks 17-4 vaulter **Larry Jessee** of UTEP, who injured his doing a flip into the pit this summer. Jessee, always a claimant to good marks in out-of-the-way competitions, says he did 18-1 $\frac{1}{2}$  in practice during the summer, but has lost 26 lb. since then and is taking things slowly.

Athlete of the Year **Ben Jipcho** was slated to run in several indoor meets on his way to the Commonwealth Games, but didn't show up when the Kenyan Federation said that the AAU had botched the travel arrangements for Ben to get to New Zealand. The AAU denied the charges, saying that the ticket was already confirmed. The grapevine now says that Kenyan officials were afraid to let Jipcho compete in the US before Christchurch for fear that he would jump ship and sign with the ITA.

South African miler **Peter Kaal**, usually a fixture of the Pacific Coast Club indoor team, won't be competing during the undercover campaign because of a hairline fracture in a leg.

■ ■ ■

The defending NCAA 880 champ, Wisconsin's **Skip Kent**, is planning on returning to serious training in April when he completes his officer's training with the Marines. Currently living in Triangle, Va., Kent currently has little time to train but is apparently eager to resume his track career.

**Rob Mango** of Illinois was the fastest indoor 880 runner in the world in '73 (1:49.4), but he says that he will have to miss this year's indoor scene because of graduate work. "I will resume racing during the outdoor season," he says. "I have the desire to compete more than ever."

Kenyan high hurdler **Kip Ngeno** just might turn into an intermediate barrier man this year. He can certainly call on excellent coaching, as '68 Olympian **Boyd Gittins** is doing graduate work at Washington State and **Ralph Mann**, '72 silver medalist is doing likewise. Both are reported to be looking forward to strong '74 campaigns.

Arizona had a good frosh in 9:02.2 two-miler **Steve Martin** (Davis, Calif), but he left school shortly after enrolling last fall. Apparently he got

## ITA: Milburn and Wottle on the Brink

Depending on what you read and when you read it, super-hurdler Rod Milburn: (a) is joining the ITA; or, (b) is not joining the ITA. Philadelphia Classic head John Scott said in early January that Southern U coach Claude Paxton said that Milburn would sign on Jan. 20. This traveled around the country. A couple of days later, Milburn said, "I haven't decided when I'm going to sign the contract, probably somewhere around the last part of January. I've been waiting to sign." He added that we wouldn't devote all his time to pro track. "I'm looking for a job working with youth or the police community relations department."

Later though, Milburn agreed to compete in the Millrose Games on Jan. 25. At Sunkist (Jan. 19), he said, "I've given thought to pro track, but I'd kind of like to remain an amateur, go for the '76 Olympics. My attorney is working on a contract with the LA Rams for football and there is a possibility of a deal with the new World Football League."

Also thinking strongly on the subject of pro track is Olympic 800 champ Dave Wottle. "We're still apart as far as money is concerned, but they know I'm interested, and I want to get it settled one way or another."

His main problem right now is motivation. "It's really been rough lately," he says. "I've tried to start training again about three times and stopped each time. I can't seem to get back into the spirit of organized running."

ITA has signed two other stars. Back in September, British Olympian Ian McCafferty joined the ranks. A 3:56.8 miler, McCafferty says he plans to go all out for the world 2M record. Also making it with the pros is former world high hurdle record holder Earl McCullouch, as Director of Personnel. "I'll be Personnel Director first and an athlete second, though. I'll be there to help the athletes and then compete."

married and decided that education and running weren't for him.

Scholastically ineligible in Indiana this year will be multi-talented prep sprinter **Mike McFarland**. McFarland turned in 6.0i, 9.4 and 20.9 clockings for Chicago Parker last year and was a member of the national Junior Team.

Perhaps the greatest indoor 600 runner who ever trod the boards, **Martin McGrady**, recently confirmed his retirement. The world record holder at 1:07.6, McGrady commented that his only goal this year was to make his wife happy. He says he retired because of disagreements with the ITA. "However, if any other professional organ is formed, I'll consider returning to competition."

Probably out for the indoor scene is '73 AAU 600 champ **Fred Newhouse**, with a chronic leg injury. "I like the indoor season most of all," he says, "but my training has been delayed by an injury. Now it would be too late for me to get in shape for indoors, so I might pass up the whole season. I wanted to join pro track and they talked to me, but said they were full for this season, so that was that."

■ ■ ■

Jamaican sprint star **Don Quarrie** is still at Southern Cal and will graduate in January. He then plans to go to grad school in Business Administration.

Manhattan mile standout **Joe Savage** is still out of commission. A knee and thigh injury is expected to keep him out of the indoor season, although he is supposed to be ready again by April.

Junior shot standout **Ron Semkiw** has transferred from Arizona State to nearby Mesa CC.

Munich fourth-placer **Jim Seymour** didn't run the intermediates (or anything else) in '73, choosing to live the retired life. He started his comeback with a 58.8 500 in the Sunkist. Seymour and former UCLA star Len Van Hofwegen have banded together with a couple of other area athletes to form the Gothard Street Gang TC.

■ ■ ■

Western Kentucky's cross country team suffered some bad luck in the NCAA Championships, dropping from second to seventh when it was ruled that **Tony Staynings** had cut the course. That was one of the luckier things that happened. Several weeks later Staynings and fellow Western Kentucky Britons Nick Rose and Chris Ridler were in a motel in Marlboro, Mass. when a car drove into their room. Staynings suffered a fractured pelvis, lacerations, pulled muscles and a bruised back. He was expected to be out of action for a year. Rose received severe lacerations of the arms, legs and back. Ridler suffered only minor lacerations.

Washington junior **Jeff Taylor** has always done a good job during the indoor season, but has fallen off badly in the last couple of outdoor campaigns. The NCAA indoor runnerup in '73, Taylor had a bad habit of no-heighting outdoors. Hopefully, by not vaulting undercover, he will be better in the psych department outdoors.

The lesser-known of San Diego State's dashing duo, **Harold Williams**, says he is recovering from the hamstring problem which hampered him in '73. He attributed the pull to inexperience during training and has changed his methods. "I'm doing much more stretching and have a good weight program to overcome the hamstring."

Although Oregon State's **Tom Woods** got a collegiate record 7-3 $\frac{1}{2}$  high jump at the Idaho State Meet of Champions, he did only 7-0 the next night at Sunkist, as his old nemesis, tendinitis in his takeoff foot, cropped up again. □

# ACCUSPLIT ACCUSPLIT ACCUSPLIT

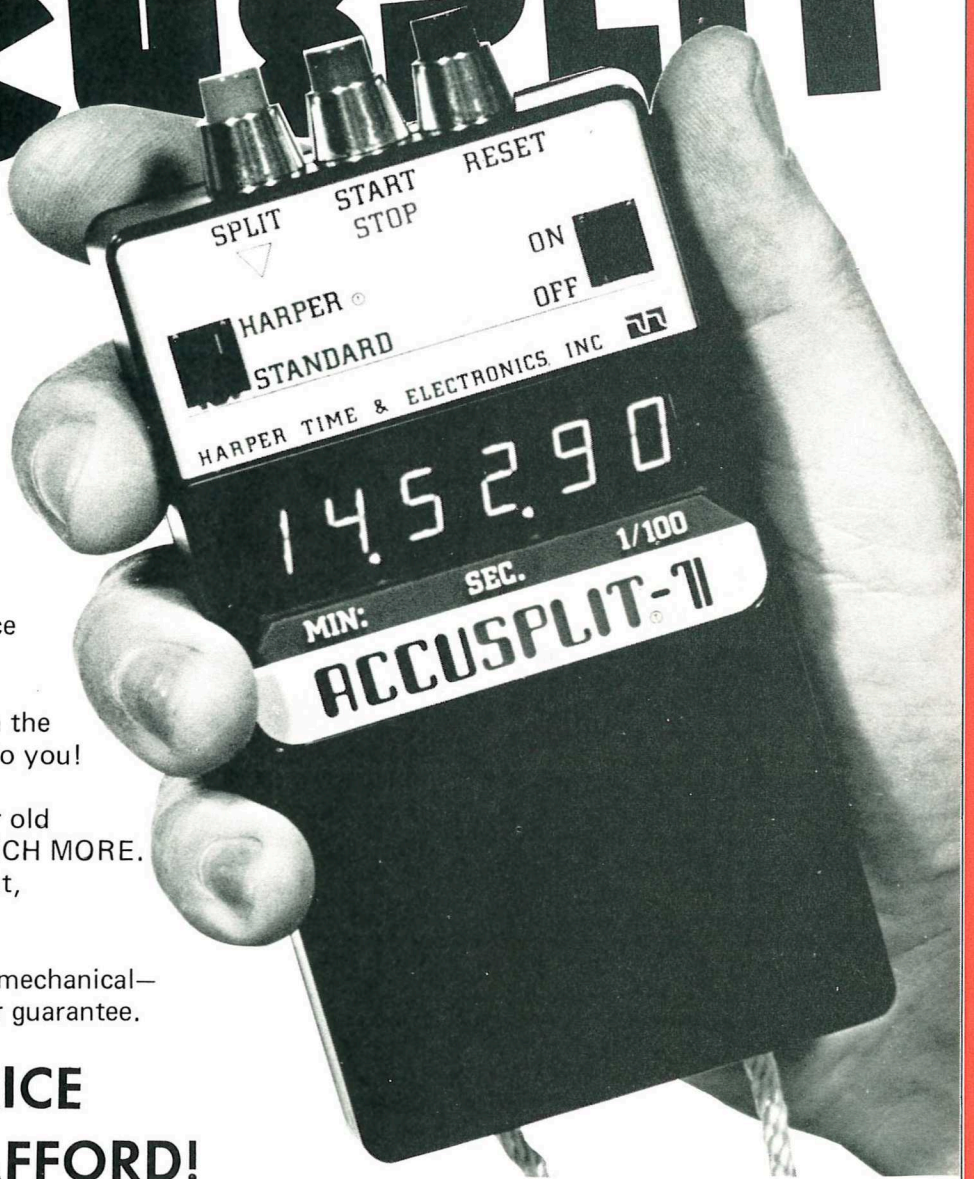
THE FANTASTIC NEW  
ELECTRONIC STOPWATCH

NOW ONLY **\$99.50**

Plus \$3.00 Shipping  
(Priority Mail)  
and Insurance

- New technological and marketing considerations have broken the price barrier on the fabulous new electronic digital stopwatch. The manufacturer has been able to slash the price to us and we're passing it on to you!
- The Accusplit does everything your old mechanical watch does. . .AND MUCH MORE. BIG-DIGIT display gives you instant, unmistakable readings and splits.
- NO FINER TIMER —electronic or mechanical— is available anywhere. Full two-year guarantee.

**NOW AT THE PRICE  
ANYONE CAN AFFORD!**



Please send me \_\_\_\_\_ Accusplit(s) @ \$99.50 each. My Check for \$ \_\_\_\_\_ plus \$3 postage, is enclosed. In Calif. add 5% tax.

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Charge to BankAmericard \_\_\_\_\_ Master Charge \_\_\_\_\_ Card No. \_\_\_\_\_  
(for Master Charge also give 4-digit Interbank No.)

Expiration & code \_\_\_\_\_ Signed x \_\_\_\_\_

Leather Carrying Case:  red  blue  moss green  jet black. With matching strap. \$12.50 each. \_\_\_\_\_

TRACK & FIELD NEWS, (365 First St.), BOX 296, LOS ALTOS, CA. 94022



# Beat the Clock!

*Time is tight as Bill Toomey tries to make a switch from decathlon star to Superstar*

Ahh, the magic lure of money—boxer Joe Frazier trying to swim, Jim Ryun trying to hit a baseball. Such are the sights and sounds of the Superstars competition, in which famous sports personalities compete in such diverse activities as bowling and running an obstacle course. After vault star Bob Seagren walked off with \$39,000 for winning the initial competition last February, former world decathlon record holder Bill Toomey commented, "Seagren? If they'd let me in, I would've cleaned his clock."

Never one to suffer from a loss of words, Seagren retorted, "I make so much money now that I send my clocks out to be cleaned."

Since Toomey is already well-to-do in his own right (how many other college coaches drive a Rolls-Royce?), it is perhaps not the money that is driving him towards this year's competition. Rather, it is the same intensity and fierce competitive spirit that led him into being the world's top decathlete. As revealed in a recent story by Earl Gustkey of the *LA Times*, the 34-year-old Toomey is pulling out all the stops as he prepares for his semi-final round on Jan. 28-29.

Toomey is training for the competitions in baseball (hitting a ball chucked from a pitching machine), cycling (one mile), swimming (100m free), tennis (tournament), weight lifting (jerk), bowling and the obstacle run. Of the latter Toomey says, "I'm going to absolutely attack that wall. I'm going to run straight up it. I'll bet

they've never seen anybody do that before."

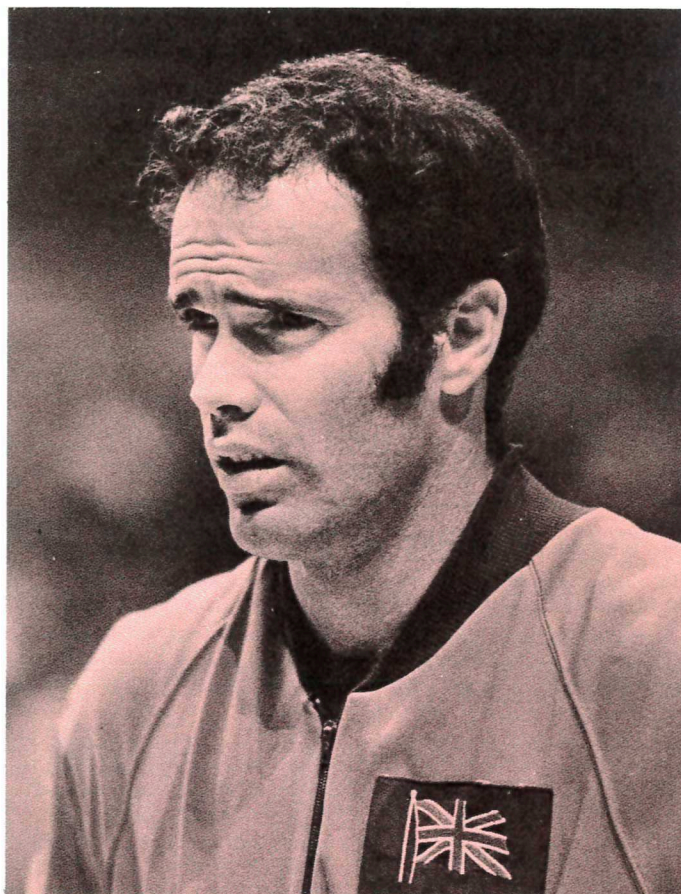
He has a top-flight coaching staff. For swimming there is UC Irvine swim coach Ed Newland: "I'm sure he'll learn fast, but right now he has absolutely no feel for the water."

"I haven't been this exhausted since my last decathlon," gasped Toomey after his first workout.

Then there is bowling. Bill hasn't tossed a ball since 1952, but as a coach he has Dick Stoefler, last man to bowl successive 300 games. Toomey's first game—110 (the national men's average is 153). "You can tell he's a great athlete," says Stoefler, "He ought to be able to count on a 150 by the time he gets to Florida."

He has three tennis instructors, UCI coach Myron McNamara and two nationally-ranked 18-year-old girls. "He won't show any improvement for two weeks," says McNamara, "but in a month he'll astound people."

After the tennis lesson, Toomey has a long day in store. At noon there is another swim session, followed by a session in the



Rich Clarkson

**BILL TOOMEY**

batting cage with UCI baseball coach Gary Adams. And at night he has miles to peddle.

"You know, in a way, there's no way I can win in this thing. I mean, if I win it, people will say an Olympic decathlon champion should have won by an even bigger margin. If I lose, they'll say, 'How could an Olympic decathlon champion lose to those guys?'"

## NCAA Liberalizes Pro Restrictions

Proponents of open track got a good shot in the arm at the recent NCAA Convention, held in San Francisco in mid-January. The most significant of several rule changes adopted was one which will permit collegiate athletes to become professionals in one sport while retaining their amateur status in others. This would allow, say, Kent State's Gerald Tinker to sign a pro football contract now and still compete in track this spring. This, of course, still violates AAU and IOC rules.

Although he agreed with the rule change, USOC President Philip Krumm commented, "I just think the NCAA acted hastily. They could get some of their athletes into trouble as a result of this change. We want those athletes in the Olympic movement, but we have to live by Olympic rules, and those rules, for the moment, do not permit an athlete to receive any monetary reward for practicing sport.

"Basically, this is what we passed on as a recommendation for revision of the Olympic code last year. But it was not passed by the IOC. However, we think this is what should be done."

IOC President Lord Killanin of Eire commented, "The question of an amateur in one sport and a professional in another taking part in the Olympics is, however, under consideration with the international federations. We are reviewing the amateur rules at the moment but it is very difficult to predict any outcome. There is no trend one way or other at the moment."

One of the big obstacles to international acceptance of such loose rules is the objection of the Socialist countries. "Many countries view things in a different light," added Krumm. "For instance, the Russians and East Germans support their athletes, sometimes in great style. This is in direct violation of the rules, but nothing can be done because the Communists do

not accept professionalism and therefore maintain their athletes are amateurs."

AAU chief Ollan Cassell said, "We would like to delay any comments on the new rule until we have seen the full text."

The rule amendment barely passed the two-thirds majority needed, 258-123. The rule is not mandatory. Individual colleges or conferences may choose not to follow the regulation if they so desire. There are still restrictions placed on the athlete. To maintain his NCAA eligibility, he cannot make any commercial endorsements, or receive scholarship money while under pro contract. It was also ruled that attending a pro tryout (brief) would not harm amateur status in a sport.

Other significant actions: Division I schools voted to retain the 2.0 grade rule for entering freshmen, while Divisions II and III eliminated any grading at all; the Southwest Conference sought a rule limiting the recruiting of prep athletes to the senior year only, but it was easily defeated; scholarship limits were changed from a basis of dollars to numbers of grants.



**NEED A POLE FAST?**

CALL BILL FALK AT  
**CATA-POLE**  
 HEADQUARTERS IN THE EAST  
 (401) 942-9363

LARGEST STOCK and FASTEST DELIVERY  
 In The World

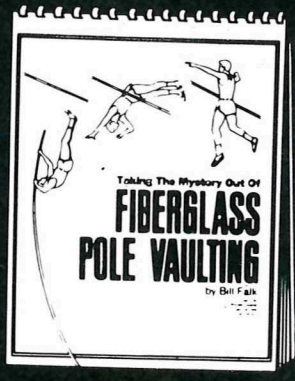
All Models Of Black And Green Cata-Poles.  
 What Pole To Use? Call Us For Consultation.

M-F ATHLETIC COMPANY  
 P. O. Box 6632, Providence, R. I. 02904

**GREAT NEW MANUAL  
 ON POLE VAULTING**

- Easy To Follow With Illustrations
- 13 Separate Chapters On Every Phase
- By Bill Falk, Jumping Coach At University Of Rhode Island and U. S. Olympic Specialized Training Camps

**\$5.00 A Copy — Order From**  
**M-F ATHLETIC COMPANY**  
 P. O. Box 6632  
 Providence, R. I. 02904




**OVER 1000**

**TRACK AWARDS  
 IN STOCK.**

**FREE ENGRAVING  
 FAST DELIVERY**

**FREE DELIVERY ON TROPHIES**

#D428Y-6 11" \$3.40 each

Stock medal, including  
 red/white/blue presentation ribbons  
 and boxes, 3 for \$2.35,  
 your choice gold, silver, bronze.

Track ribbons printed to order—  
 as low as .14¢ each.

Call or write for catalog 73  
**Sports Awards Co.**

4351 N. Milwaukee Ave.  
 Chicago, Ill. 60641  
 Telephone 282-8060



# Walker Young Fried by IOC Decision

by Mike Jenner

"It burns me up."  
 Larry Young spoke indignantly—and with good reason. The finest US walker in Olympic Games history, bronze medalist at 50 kilometers in both 1968 and '72, is an Olympian without an event following the IAAF's decision last fall to drop the 50 from the program at the '76 Montreal Games. And he feels the repercussions are just beginning.

"The officials are just looking for a scapegoat," Young feels. "Most walkers have accepted their traditional place at the bottom of the totem pole in track. But I, and a lot of other walkers, don't plan on just accepting this decision and doing nothing about it."

Young rebuts the IAAF's arguments which led to the decision to drop the 50. "Supposedly the decision was based on the need to cut the number of participants for economic reasons. Buy why has the 50 been cut when team sports remain? And some new team sports, like women's basketball and rowing, have been added. I'm not against teams, but don't cut walking out. Our sport is as individualistic and characteristic of the spirit of amateurism as any."

Another reason for cancellation was the difficulty and inconvenience of staging an event as long as the 50, often involving public streets, police, etc. In Munich, however, only about 10 kilos of the entire course were on public roads; the remainder of the race was held in a park.

"All I see them doing is taking away one of the 'free' events," says Young. "With the exception of the marathon, people who can't afford to attend other parts of the Games now won't be able to see any Olympic competition."

The difficulty in judging walking events was the final reason given for cancellation. "With all the controversy in Munich over the judging of other events, this reason is very ironic since there were no arguments or questions over either the validity or quality of the judging in the walks," Young points out.

"But, as far as the decision-makers are concerned, the decision is final. But they're going to hear a lot of repercussions."

One factor working against walkers in their efforts to gain at least reconsideration of the decision is the lack of organization among global walkers. That is precisely what walkers must do, Young feels: present an organized meaningful protest.

Internationally, the British have been most definitive in their plans and actions. The British walking association has hired a representative to prepare and present its case. Advertisements have been bought in various publications and walkers have talked with leading officials about the decisions. The Germans and Soviets, perennial walk powers, are also expected to strongly protest the move.

For the present in the US, Young plans a letter campaign by national walking leaders as well as contacting leading officials and athletes abroad. "I will try any way necessary to get the decision changed," Young promises.

Young, a student at Columbia College who bypassed the '73 season to concentrate on his studies, feels the decision can do nothing but harm walking's future in the US. "National interest has really picked up," he says. "The response after the Games was amazing. That's why it's so disheartening to be cancelled now. I think the people already in the sport will stay, but for newcomers, this decision is very detrimental."

The 30-year-old Young sees the problem stemming from the differences in goals and ideologies between athletes and the decision-makers. "The crux of the issue is that non-athletes make the decisions," he offers. "Those now making the decisions know nothing of the nature of sports. Why shouldn't athletes help decide their own destiny? Walkers weren't consulted at all on this decision. It's a very undemocratic thing all the way around."

# OF PEOPLE & THINGS

by Bert Nelson

There were athletes and officials, trainers and equipment salesmen. But mostly the hotel meeting room was alive with coaches, former coaches and would-be coaches. And why not, for it was the annual get-together of the United States Track Coaches Association held in conjunction with the NCAA convention in San Francisco.

Clinic sessions were the main order of business, at least officially. Dr. Gideon Ariel, a former Israeli Olympian and now assistant coach at Massachusetts, analyzed Olympic throws and jumps from the viewpoint of body mechanics. A number of coaches were highly and verbally impressed. A symposium on drugs, several other lectures, and a practical clinic, wherein the coaches participated instead of just listening, rounded out the day-and-a-half clinic program.

Ed Burke, the Olympic hammer heaver, was hard to recognize at 185 pounds, down from his top throwing weight of 242. "I feel like a human being again and have a 48 pulse rate," said Ed. Former Olympic coach Stan Wright explained his own five pound drop. "I tend to eat more under pressure and now that I'm no longer AAU track chairman I'm losing."

Two athletes were present. Two-lapper Rick Brown, whose quiet, almost shy demeanor belies a fierce competitive drive, silently absorbed lecture material. "I'll probably coach and I always want to keep my mind open." Not so quiet was vaulter Steve Smith who as a professional now can openly push the Sky-pole which he favors over the more popular Cata-pole.

Steve traded technique "secrets" with Bill Perrin, the Wisconsin coach and equipment manufacturer, said he had been fooling around with the flop and was surprised to clear 6-8, and explained why he usually entered meets at 17 feet, resulting in seven no-clearances last season. "My style has to be consistent. It's

grooved for higher heights and I just don't know where I am or what I'm doing lower down. I vault worse at lower heights, so why try them?"

Mel Brodt, Bowling Green coach and president of the coaches' association, naturally had to be asked about Dave Wottle. "Dave never worries about his conditioning or lack of it," Mel said. "Or almost never. The Olympics were an exception, because he had been out of real training for so long." Wottle probably will turn pro, Brodt feels, and will be a crowd pleaser. "He's a big draw. At the Astrodome, for instance, a large share of the crowd walked out as soon as the mile was over."

Joe Hilton of North Carolina told how his milers, Tony Waldrop and Reggie McAfee, attempted to handle Wottle. "They tried to defend against him, but whatever they did Dave was always too strong for them." Brodt concurred that strength was one of Wottle's greatest assets.

Happy about a change of jobs was Bob Tracy. At St. Cloud State in Minnesota his runners, including Olympian Van Nelson, were known to hit the roads in sub-zero weather. Now at the University of Hawaii he reports they have used sweat pants only once in a year-and-a-half.

Leroy Walker revealed why he changed his mind about retiring at North Carolina Central. "When I found out a number of the athletes I had recruited and worked with were planning to transfer I felt I owed it to them to see them to see them through school." Walker loves working with athletes but hates the traveling. "If only I could eliminate the weekends I'd coach forever."

"The Winning Edge in Sports" was the title of Walker's inspirational talk at the association's banquet. One of the secrets, says Walker, is "accountability." That means each athlete is accountable not only to himself and his coach and school, but to his teammates. At NCC the lesson is well learned. Each minute of being late for practice calls for a penalty run of one mile. And not just for the offending athlete, but for the whole team! That, we all agreed, is accountability. □

## KEEPING TRACK

by Bob Hersh

"Two years ago in the AAU [decathlon], Si Tyler, Mr. AAU of the San Joaquin Valley in California, insisted that decathletes failing to make a mark in an event be given one courtesy point. This year he insisted the discus and javelin be measured in centimeters, in stubborn defiance of the clearly expressed rule that only even centimeters be used."

This paragraph appeared in the 1 July *T&FN* and I've been wondering ever since if anyone would comment on it. Nobody has so I will raise some obvious questions—such as, is an official who is obviously ignorant of, or indifferent to, the rules permitted to officiate at a National Championship?

The answer is that the AAU has not seen fit, as part of its stewardship of our sport, to require that officials meet any objective criteria of competence, to have the faintest familiarity with the rules of the sport or, indeed, to have any quality other than a willingness to serve. Nor has the NCAA, which is proud of the quality of its referees in major sports, taken any interest in who works at a track meet. As a result, disgraceful mis-officiating in track is commonplace in this country at every level.

I stress the latter point—I am not talking about grass roots track, high school dual meets and what have you. In 1973, this writer attended seven major national track and field championship meets held by four different organizations. Not one was free from officiating errors. Most of the goofs I observe at big meets are on basic points which should be known by any half-competent. How, for instance, can a head discus official at a collegiate championship meet not know that we don't measure half-inches? Why did the starter at the most important meet held in this country thus far this decade omit the required "set" command in the 800 meters?

Meanwhile, thousands of spectators have gone home convinced, I am sure, that we have a strange and silly sport where

comparatively simple things cannot be sorted out by grown men. Can you imagine the chaotic officiating we see all the time being tolerated for an instant in any sport which seeks and obtains mass spectator appeal? If a football referee can call a close complicated play in a second, why does it take an appeals committee an hour to decide who jostled whom on a track? The answer, sadly, is that our officiating is so inadequate that we do not dare trust such important matters to the working officials on the field.

Must we allow this simply because our officials are unpaid volunteers? Obviously, I don't think so. Anybody who spends as much time as most officials do at meets should be willing to spend a few minutes every now and then reading the parts of the rule book pertaining to his usual event or assignment—if he had a rule book, or even knew where to get one.

In Great Britain, you know, officials are given examinations. There are various levels of officialdom which are attained by merit. Why can't we do that here? I'm sure it would provide a much-needed impetus for officials to do the miniscule amount of homework required. Without going that far, the various administering bodies could do much for the sport by better circulating information about rules and officiating. The USTFF has taken a step in the right direction by publishing a generally excellent manual for officials. But as far as I know, they haven't sent copies in bulk to their member schools and clubs for distribution to regular officials. The AAU has been inexcusably inactive in this area.

I am not suggesting that all officials are incompetent. I know that we have many good officials, but also, I think, too many bad ones.

The upgrading of officiating should be an important goal for the sport. It is an achievable goal, since track and field is a relatively easy sport to officiate. If high school football and basketball games all over the nation can find decent referees, it is not too much to expect that track meets of international importance will be conducted in accordance with the rules, fairly and accurately applied. □

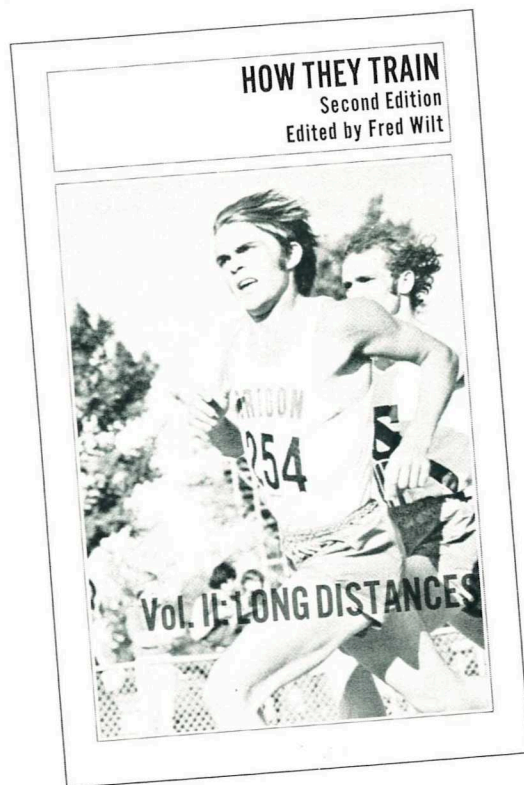
# HOW THEY TRAIN 2ND EDITION

EDITED BY FRED WILT

VOL. I: Middle Distances Paperbound, \$3.00 Library ed., \$4.50  
VOL. II: Long Distances Paperbound, \$3.00 Library ed., \$4.50  
VOL. III: Sprinting and Hurdling Paperbound, \$3.00

*One of the most popular track books ever, HOW THEY TRAIN has now been brought up to date and split into three separate volumes, including for the first time training profiles on sprinters and hurdlers (Volume III). Each book contains many training profiles on top current and past athletes, his seasonal and daily workouts, racing tactics, vital statistics, etc. Each book offers a fund of valuable suggestions to the coach and athlete and useful information to the fan. All well illustrated.*

**Some of the runners profiled:** I: Wottle, Crothers, Doubell, Luzins, Ouko, Elliott, etc.; II: Prefontaine, Puttemans, Bedford, Shorter, etc.; III: Borzov, Calhoun, John Smith, Hary, Sang, Mann, Hemery, etc.



Order from: Track & Field News, Box 296, Los Altos, Cal. 94022  
Please add 25¢ per book for postage. Calif. residents add 5% tax.

**NEW BOOK BY ED AND NANCY FOX**  
**THE SANTA CLARA COUNTY BOOK**  
\$2.95

T&FN's assistant publisher, Ed Fox, and his wife Nancy, have produced a non-track book—a guide to T&FN's local area, called **THE SANTA CLARA COUNTY BOOK: 888 Things to See and Do in Santa Clara County**. Tafnews Press (T&FN's book division) is the publisher, and it is being sold currently in bookstores and other outlets in San Jose, Palo Alto and other San Francisco peninsula and Santa Clara Valley towns. It describes in detail many of the treasures and pleasures of this beautiful area. Even if you live far from California, you'll find it pretty good reading. It's available directly from Track & Field News, Box 296, Los Altos, California 94022. 160 pages. 26 photographs by Nancy Fox. Illustrations and maps by Dave Haugh. **\$2.95**

**Mechanics of the Pole Vault**  
8th 1973 EDITION 8th

The bible of pole vaulting is back in print—50,000 words, 170 pages, 21 pages of photographs by the best photogs. Interviews with 27 world ranking vaulters including: Nordwig, Kuretzky, Bryde, Carter, Cotton, Dionisi, Isaksson, Lagerqvist, Porter, Smithey, Taylor, Wallick, Labbe, Abada, Bellot, Tracanelli, Blair, Bull, Craig and others. Everything from beginner to expert. Pole Plant, Posture at Take-off, Mechanics, Training, Olympic Pole Vault Controversy. Six 18 Foot Vaults including three world records. Everything about Pole Vaulting detailed in depth. **The World Champions' Reference Book.**

Completely re-written from cover to cover. Written by a former NCAA & Natl. AAU Champion who in 1968 received the Helms Hall of Fame Award for Outstanding Contributions to The Science of Track Athletics, Former Coach. 20 years of accurate information to Pole Vaulters here and abroad.

**Dr. Richard V. Ganslen**  
1204 Windsor Drive  
Denton, Texas 76201

**\$4.00** **\$4.00**

**ASTRO PIT USED:**  
PENN RELAYS  
USA-RUSSIA MEET  
ETC.

**ALL FOAM CONSTRUCTION**

**DESIGNED TO SAVE MONEY**

**AP-632**

**ALUMINUM ATHLETIC EQUIPMENT CO. BOX 145 WYNNEWOOD, PA.**

# Last Lap

## '75 Pan-Am Back to Brazil

After several months in limbo, the 1975 Pan-American Games have settled in Sao Paulo, Brazil. Original host Santiago, Chile backed out after the recent political upheaval and was asking for a postponement until '77.

On Jan. 5, the Executive Committee of the Pan-American Sporting Organization (PASO) voted instead to give the games to Sao Paulo, which was also the site of the '63 Games. Buenos Aires, Argentina and Maracaibo, Venezuela were also interested in having the meet.

The '75 PASO convention will be in Sao Paulo, at which time the committee agreed to propose Santiago as the '83 site. The '79 meet has already been awarded to San Juan, Puerto Rico.

The largest city in Brazil (population 6,000,000), Sao Paulo was picked as the new site largely because of the already existing facilities from '63. Among these are an Olympic Village for housing competitors. The meet is scheduled for May of 1975.

## Court Challenges Foreign Rule

A December court ruling could have far-reaching ramifications in collegiate track. Howard U of Washington D.C. filed a suit against the NCAA for stripping of its soccer team's national championship in 1971 because it used ineligible players.

The players in question were from the West Indies and were declared ineligible because they violated the overage-foreigner rule. This ruling states that foreign athletes lose a year of collegiate eligibility (on a national level) for each year they compete after their 19th birthday.

District Judge Gerhard A. Gessell ruled that the NCAA stipulation was unconstitutional because it did not apply equally to Americans. "While the NCAA is properly concerned with preventing older players coming from abroad on the pretext of educational objectives and dominating championship competition because of age and prior sports activity, it was not demonstrated to the court's satisfaction that there are not other less restrictive means available," said the judge. So far, the NCAA has not voiced any official reaction to the decision.

## To Russia With Love

The US-USSR indoor meet for '74 is beginning to look like a floating crap game. Although we said in December that the meet was going to stay in Richmond, Va., probably on March 15-16, such is not the case. First we heard that the date was

switched to March 23.

However, it has now been (finally?) decided that the meet will be in Moscow (not the original site of Leningrad) on March 2.

Another scheduling change involves the San Diego indoor, which has been pushed back from Feb. 16 to Feb. 17, a Sunday. The rationale behind this is that many athletes have had trouble getting from New York (site of the AAU the previous night) to San Diego in time for the meet.

## British Coaches Move Against Drug Abuse

Britain's national coaches are prepared to take a definite step against alleged drug abuse in sports competitions.

During a conference of the British Association of National Coaches, the whole question of doping in sport was discussed by 40 coaches. The association drew up four conclusions:

- 1. Sport without fair play is not sport and honors won without fair play can have no real value.
- 2. Methods of enforcement of doping laws must be given priority. Punishment must be immediate and severe if doping is not to become a way of life in international sport.
- 3. A standing international doping research unit should be formed to allow federations to be level or ahead of

pharmaceutical developments.

• 4. If the problem of doping persists, then governmental grants-in-aid should be discontinued.

The secretary of the British track federation, Arthur Gold, said he approved of the philosophy, but, "It could only be implemented on proof of drug taking rather than suspicion."

## T&FN Seeks Volunteers

Calling all track nuts! *T&FN* needs you. We are always eager to find people who can help us as volunteer correspondents, photographers and writers.

There are several different ways in which you can be of assistance to us. We have literature available explaining just what you can do for us and what we can do for you.

If you think you have any skills in these areas, don't hesitate to write for details. Contact the Editorial Department, *Track & Field News*, Box 296, Los Altos, Calif. 94022.

## AGE RECORDS is Coming

Fear not, *Age Records* fans. The 1974 edition is on the way. *T&FN* has received many queries wondering about this fact-filled publication, which lists the best marks by age for each event. We ran into some small delays along the way, but things are once more progressing at full-steam and we should be able to soon bring you the latest edition.

If you think that you belong in *Age Records* and haven't yet submitted your 1973 performances, don't delay. Do it now. Send all marks to the Editorial Department, *Track & Field News*, Box 296, Los Altos, Calif. 94022. □

# Stat Corner

## All Indoor Sub-4:00 Miles

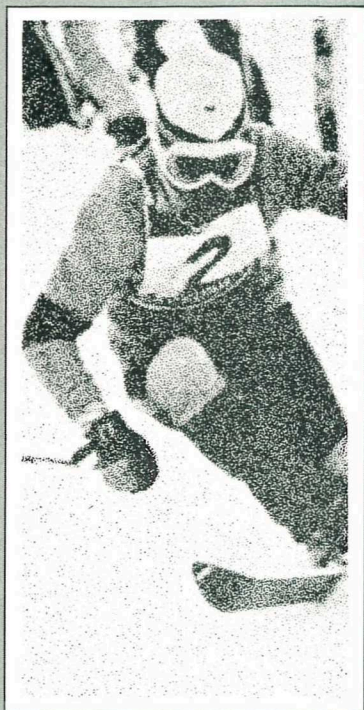
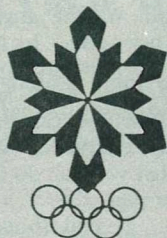
Marty Liquori has as much as promised to break the world indoor mile record at the Philadelphia Classic on Jan. 28. Barry Brown is supposedly set up to drag the field through a 2:58 three-quarter and Liquori will take it from there, getting good opposition from Len Hilton and John

Hartnett if the plan goes right. Interestingly enough, Liquori has never broken 4:00 indoors, other than on the Astrodome's gigantic oval. The honor of the first sub-4:00 of the year goes to North Carolina's Tony Waldrop, who became the 19th to turn the feat on a legal-sized oval. The all-time indoor sub-4:00 performances (\*=world record at the time):

3:56.4	*Tom O'Hara (Loyola) 64		3:59.5	Tony Waldrop (N Car) 74	
3:56.4	*Jim Ryun (unat) 71	3:58.9	*Beatty 62	3:59.6	Jurgen Haase (EG) 66
3:56.6	*O'Hara 64	3:58.9	Jim Grelle (LATIC) 64	3:59.6	Ryun 66
3:57.5	Ryun (Kans) 68	3:58.9	Mason 71	3:59.7	Waldrop 74
3:57.9	Tom Von Ruden (P Coast) 72	3:58.9	Henryk Szordykowski (Pol) 71	3:59.7	Mike Slack (unat) 74
3:58.0	John Mason (P Coast) 71	3:58.9	Dick Quax (NZ) 71	3:59.8	Herrmann 63
3:58.1	Chuck LaBenz (P Coast) 71	3:58.9	Len Hilton (Hous TC) 72	3:59.8	Grelle 63
3:58.2	Jurgen May (EG) 66	3:59.1	Rick Wohlhuter (UCTC) 74	3:59.8	Bill Doston (unat) 63
3:58.5	O'Hara 64	3:59.2	O'Hara 63	3:59.8	pRyun (ITA) 73
3:58.6	*Jim Beatty (LATIC) 63	3:59.2	Steve Prefontaine (Ore) 73	3:59.9	Herrmann 62
3:58.6	Siegfried Herrmann (EG) 65	3:59.3	Dave Patrick (Vill) 67		<b>Oversized track:</b>
3:58.6	Ryun 67	3:59.4	Von Ruden 71	3:57.2	Marty Liquori (Vill) 71
3:58.8	Ryun 67	3:59.4	Kip Keino (Kenya) 72	3:59.1	Hilton (Houston) 71
3:58.8	Jim Crawford (Ft Mac) 73	3:59.5	O'Hara 63	3:59.6	Greg Carlberg (Nebr) 71

# OLYMPIC TOURS 1976

WINTER GAMES  
INNSBRUCK,  
AUSTRIA  
February 3-14



\*Round-trip air transportation \* Lodging in the Innsbruck area for 14 nights \* Tickets to a variety of winter sports, stressing alpine skiing and figure skating \* Celebrity banquet, one of our famous meet-the-stars affairs \* Travel options \* and much more \*

Housing and tickets are just as tight as the Summer Games, so we don't expect to be able to take all who want to come. Priority for tickets, flights, lodging, etc. is given to those who sign earliest. \$250 per person deposit reserves your place now.

For complete details on TAFNOT Winter 76 and TAFNOT Summer 76, write to TRACK & FIELD NEWS OLYMPIC TOURS, Box 296, Los Altos, Ca. 94022.

## To Box 296

*Carl Hatfield, Morgantown, W. Va.*

I would like to congratulate Jon Hendershott on the fine article on Robert Boxie in the NCAA cross country meet [*The End of the Line*]. I think your magazine could use more articles on someone other than the superstar. I also think Boxie should be congratulated on running a fine race.

*Jim Formato, Pleasant Beach, N.J.*

I was extremely happy to see your recent article [*The End of the Line*], because I've never read an article written on the runner that finished last. The real reason I'm happy is because I've been close to that spot a couple of times.

*Jack Pross, Chatswood, Australia.*

I was very interested in *Hilltopics* by Garry Hill in October. I guess you could find an argument for the elimination of almost any of the Olympic events depending on your interest. Of all the events, the steeple is the most illogical, having no real connection with the Ancient Olympics, unless of course the messenger from the Plain of Marathon had to leap ditches and hurdle fallen logs on his way to Athens.

*Donald Belisle, New Bedford, Mass.*

As the Boston Marathon nears, rumors are going around that the BAA brass are trying to get Olympic marathon champion Frank Shorter to enter the event. Shorter has never actually won a marathon in the US [he tied for first once] and no Olympic marathon champ has ever won the prestigious Boston race. The BAA brass hope that Frank will make up for that oversight in Boston on April 15.

*Walt Murphy, Glendale, N.Y.*

Alf Daley and Charles Joseph made their big-meet debuts for Seton Hall at College Park, running the first two legs on their 3:14.8 mile relay. I don't see them losing to anyone indoors this year—maybe outdoors as well. In fact, with Daley running leadoff, the next three legs may never know what it is to run from behind.

*Mike McCormick, El Centro, Calif.*

Michael Clark's AAU sanctioning problems [October] are just a few of the reasons I have refused to purchase an AAU card for the past eight years. We all have the privilege to enter races, but I feel we should also be permitted to enter races unofficially without paying our poll taxes.

*Chris Kaigh, West Sayville, N.Y.*

In October, Von Van Allen was under the impression that Dave Wottle is "the greatest middle distance runner of my time and maybe of all time." A runner who does not at least make it to the final of the 1500 at Munich and says the mile is his speciality can hardly be called the greatest middle distance runner of all time.

*Dave Doupe, shot putter, Ithaca, N.Y.*

I've always wanted to write to *T&FN* and now I have something to write about. In reply to Marv Porten [August] on classes in

the shot. If you enjoy throwing the shot for enjoyment, then classes should make no difference, unless you want to win. Strength and quickness are the keys to the shot. We don't live in a handicap world, Marv. If you want something you have to work for it. Dedication is the key to success.

*Dave Cameron, Long Beach, Calif.*

I would be extremely interested to know if any performer in track history has surpassed Rory Kotinek of UCLA in his high jump (7-1), javelin (248-2) and long jump (24-7 $\frac{3}{4}$ ) triple. [Ed: No, his closest competition (according to the Portuguese Tables) comes from East German decathlete Joachim Kirst, with 7-1, 25-8 and 215-2 bests.]

*Ray Canton, Santa Barbara, Calif.*

I was so busy this fall that I didn't even open *T&FN* until Christmas vacation. What a great surprise I had this morning when I read the story on Sam Adams in the October issue. There indeed is a great man.

*Jerry Rushton, coach, Ball State.*

I feel I must respond to statements made in October by former Ball Stater Dave Kerr. I was not Dave's coach here and don't want your readers to think the "run 'em to death in April" philosophy still exists here. My philosophy is to make track fun and enjoyable by inspiring my athletes to want to train and compete.

*Edward Rice, Alexandria, Va.*

I was pleased with September and October where you had sequence pictures of Rod Milburn and Al Feuerbach and some excellent comments on their technique. I hoped this would become a regular feature to help athletes and coaches throughout the country. But in your November issue, no such material was published. [Ed: We consider most technical material not to be of interest to the general readership of *T&FN*, thus we print *Track Technique*. However, we do anticipate the occasional printing of interesting technical articles such as those on Milburn and Feuerbach when they become available.]

*Marco Martini, Rome.*

In reply to anyone who thinks Valeriy Borzov didn't train hard in '73—consider the results of a Zurich 200 on July 6: Borzov 20.6, Karl Honz (WG) 20.7, Joseph Leserwane (S Afr) 20.8, Fred Newhouse (US) 21.0 and Chuck Smith (US) 21.0. Borzov turned his head around twice as if to ask his opponents to run faster. Was that an out-of-shape 10.8 sprinter?

*Kim Stevenson, Conway, Ark.*

I see you listed the top countries in a theoretical 4 x 800 relay [November]. I agree with your listing as far as 10th place. Here New Zealand should place, as their total is 7:05.7. [Ed: 7:05.7 is correct, but try 12th place, as we also omitted Jamaica (7:05.1) and Belgium (7:05.6).]

# **PORT-A-PIT VAULTS THE PACIFIC**

This year a Port-A-Pit pole vault pit was chosen for the Tenth British Commonwealth Games held in New Zealand. While we are justly proud that our pit was selected, we are equally excited that our reputation has now become truly international. It is our dedication to Quality, Service and Innovation that has made our high jump and pole vault pits the number one choice of coaches and track officials. Please send for a FREE color catalog to:

## **PORT & PIT**

Department PA  
1340 N. Jefferson Street  
Anaheim, California 92807  
Telephone: (714) 524-8750



TRACK & FIELD NEWS  
P.O. BOX 296  
LOS ALTOS, CALIFORNIA 94022 U.S.A.

Return Postage Guaranteed  
Address Correction Requested



February 1974



**LOOK  
AT THE  
FEET**

Track and field events test the guts of a shoe!  
When the best athletes pass on their shoes  
ideas to us, we listen. Maybe that's why adidas  
makes the greatest and most successful track  
shoes in sports history.

More information available at:

**Libco**  
1 Silver Court  
Springfield,  
N. J. 07081 U.S.A.  
(201) 379-1630

**Clossco, Inc.**  
2200 Martin Avenue  
P. O. Box 299  
Santa Clara, Ca. 95050  
(408) 246-8350

**Hughesco, Inc.**  
3000 Junius Street  
P. O. Box 1769  
Dallas, Texas 75221  
823-9340

**adidas**

**Vanco**  
5133 W. Grand River Ave.  
P. O. Box 870  
Lansing, Michigan 48901  
(517) 485-1726

**adidas-Canada, Ltd**  
550 Oakdale Road  
Downsview 479  
Toronto, Ontario  
(416) 742-3872-6