

TRACK & FIELD NEWS

November 1974

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MEET INFORMATION

10TH ANNUAL K OF C SASKATCHEWAN INDOOR GAMES, Saskatoon, Dec. 27, 28. Full complement of events for men & women midget age-class thru college and open. INVITATIONAL events for men and women. Last year's winners including Bolding, Hilton, Carrigan, Reiser, Huntley. A great meet to start your season! Info, Ned Helfrick, Box 563, Saskatoon, Sask., Canada. Invitations, Marcel Gallays, Bus: 306/652-6464; Res: 306/374-0525.

GULF PITTSBURGH INDOOR TRACK CLASSIC—Jan. 4-5, Pitt Field House, Pittsburgh, Pa. High School, women, and men. Banked 220-yard Tartan track. USTFF Midwestern women's triathlon and pentathlon championship. Contact John Harwick, 467 Beverly Road, Pittsburgh, Pa. 15216, 412/561-0338.

16TH ANNUAL EAST COAST INVITATIONAL INDOOR TRACK MEET. Sat., Jan. 18, 1975 in the Richmond Coliseum (site of the USSR-USA Meets). College & Open Events, plus Masters' Mile, mile walk, and women's events. Tony Waldrop ran his first sub-four here; How about you? For entries write: Michael L. Hartley, Track Meet Director, 6400 Meadowburn Drive, Richmond, Va. 23234.

OREGON INVITATIONAL. 15th annual meet, Saturday, January 25, 1975, in Portland Memorial Coliseum, 8 p.m. Select field of great athletes. 11-lap track, one of the country's finest. Entry info from Bob Newland, 1177 Melvina Way, Eugene, Oregon. Ticket info from Coliseum, Portland, Oregon.

68TH ANNUAL WANAMAKER MILLROSE GAMES. Friday, January 31, 1975, Madison Square Garden, New York City. Wanamaker Mile and other traditional outstanding events with world class athletes in America's oldest invitational indoor meet. For info: Meet Director, Howard Schmetz, c/o John Wanamaker, Cross Country Center, Yonkers, N.Y. 10704.

8TH ANNUAL PHILADELPHIA TRACK CLASSIC, conducted by the City of Philadelphia, Friday, February 7, 1975 at the Spectrum, starting time 6:45 p.m. Meet Directors: Jumbo Elliott and Jim Tuppeny. For info contact John Scott, Meet Administrator, 1450 Municipal Services Bldg., Philadelphia, Pa. 19107. 215/563-1242, 215/686-3597.

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TRACK & FIELD NEWS

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UP FRONT

Our October '73 issue asked " '80 Olympics—Moscow?" The answer is "Yes, indeed" after the IOC awarded the '80 Games to the Soviet capital. See pp. 4-5. [Cover design by Dave Haugh]

OLYMPIC NEWS

Trackdom's five-ring circus is inexorably linked to a quadrennial cycle. No sooner do we reach the halfway point in one Olympiad than we must begin to prepare for the next segment.

by GARRY HILL

It's Moscow In 1980...

Vienna, Austria, Oct. 23—Despite some pre-voting bravado by the Los Angeles delegation, Moscow was awarded the 1980 Summer Olympic Games. Few were surprised by the vote.

Said the Soviet news agency Tass: "The IOC members who voted for Moscow today remembered the hundreds of Olympic medals won by Soviet athletes and the fact that the USSR is a country where Olympic ideals are implemented most fully.

"The decision can be described as a triumph of justice."

The plurality given Moscow by the 61 voting members was not released. "Even I don't know it," said IOC President Lord Killanin. "We decided before the vote to keep it secret. Only our two oldest IOC members made the count."

One IOC source said the unofficial count was 39-22 in favor of the Soviets. IOC Director Monique Berlioux denied a Soviet claim they had received 61 votes.

Killanin laughed off a newspaper story which reported that a secret political deal between the US and the USSR had given Moscow the Games. The *London Daily Mail* reported that former President Nixon had conceded the Games to Moscow in secret talks with Leonid Brezhnev. "Unfortunately, I have no Watergate bugging system," Killanin said. "I don't know what Nixon said to Brezhnev."

A long-standing favorite to take the bid, Moscow outstripped LA in pre-voting displays. While the Angelenos utilized only one long wall full of photos for their exhibit, the Soviets made good use of tape recordings, colored slide projections, photographs, diagrams and models. The LA bunch placed great stock in winning the right to give their presentation first, which featured quadrasonic sound. "It gives us a psychological advantage," said a committee member. But it was to no avail.

Afterwards, Killanin commented, "Of course, there has to be a loser. I certainly hope we shall see Los Angeles applying again."

"There is a strong consensus among our delegation that we should bid for the 1984 Games," said LA Mayor Tom Bradley, a former UCLA trackman. "But we will have to talk to the people of Los Angeles before making a commitment."

The biggest LA selling point was summed up by Bradley: "We guarantee,

without any reservation, freedom of movement for all athletes, officials and international visitors to the Games, not only in our city, but also throughout our country.

"We also guarantee full freedom to representatives of the news media to report the Games as they see them."

Just what the Soviets will do to

provide some of these "basic freedoms" remains to be seen.

Killanin reported that the Soviets have promised entry for newsmen only during the Games period, and not in advance of the 1980 dates.

USSR Sports Committee Chairman Sergey Pavlov commented, "For the duration of the Olympics, visas will be issued at border checkpoints." (They usually take up to six weeks.)

On security he said, "We will try to provide security without being observed."

...But Montreal Is Next

IT SEEMS like only yesterday that everyone was still getting ready for Munich, but already the number of days remaining before Opening Ceremonies in Montreal (July 17, 1976) has dwindled to something on the order of 600.

Track events will be held July 23-31, with the fifth day (27th) a rest day. Closing ceremonies are on Aug. 1.

Prices and number of tickets available will be released in early 1975. Orders will have to be placed through national agencies recommended to COJO (the Organizing Committee) by the various National Olympic Committees. None of these have been announced so far. The tickets will be sold in two segments, one in spring/summer '75, the other fall '75/late-April '76. After the closing of the April sales, tickets will be available only from the central office in Montreal.

IOC President Lord Killanin gave Montreal a strong boost at the recent IOC Convention in Vienna: "Before I came here I had reservations about the problems there. I think the Montreal representatives left here with all the confidence of the IOC that they will fulfill their obligations regarding the Games in 1976." The IOC voted to accept the Montreal report, which included information on all facets of the city's plans.

The Olympic Village, work on which is slated to begin in November, is to be a complex of four 17-story sloping towers, grouped to appear as two pyramids. They will be joined by a central core. The buildings are to sit in the middle of an 85-acre tract of land, 65 of which will be a public park. Seventeen acres surrounding the buildings will be a garden area. A tunnel will give athletes direct access to the main stadium. "The design permits the

realization of an Olympic Village which is truly centered on the athletes," said Ivan Dubois, director-general of the Village.

Construction of the 70,000 capacity stadium is reportedly proceeding close to schedule, although labor strikes prevented the completion of the velodrome in time for the World Cycling Championships this summer.

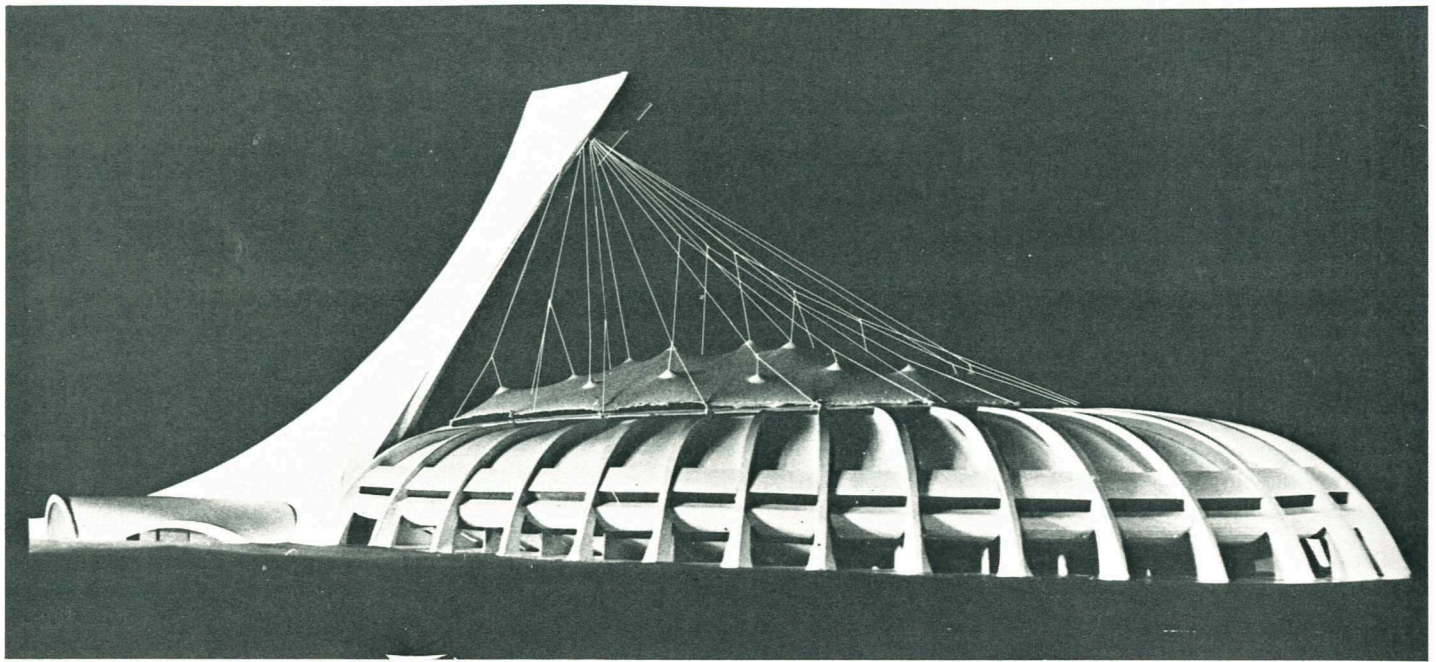
COJO began operating on its own funds in early 1974. One of the biggest sources of income is the system of national lotteries being held. Tickets are sold for \$10 each, with 5% of the value of the tickets sold being earmarked for use by amateur sports bodies in Canada.

The lotteries are *big*. This shouldn't be surprising, in light of the million-dollar first prize. The fourth drawing will be held on Feb. 16, 1975, with 84,000 possible winners to share \$22.9 million in prizes. There will be two firsts of \$1 million, with third and fourth valued at \$500,000 and \$250,000. The prizes are tax-free.

Technology meets tradition. One of the oldest portions of the Olympic hoopla is the carrying of a torch from Mt. Olympus in Greece to the Games site. It isn't going to take quite as long as usual in '76. The torch will be carried from Olympus to Athens, but there it will be applied to a flame sensor. A half-second later, a flame will be lit in Canada's capital, Ottawa, by laser beam. A new torch will be lit from this flame and carried the 120 miles to Montreal for the traditional opening Opening Ceremony.

Timing in Montreal will be performed by equipment of Swiss Timing, a consortium of Swiss manufacturers who joined in July 1972. The group includes such famous names as Longines, Heuer and Omega. Total cost: \$254,000.

Track & Field News



Montreal's domed facility appears to be well-qualified to join the ranks of the "stadia of the future."

The Security Council of the Montreal Urban Community (MUC) says that security procedures at the Games will vary from "discreet" to "rigorous and evident." Another report speculates that the US and Canada may band together to form a joint security force.

People wishing ticket/accommodation information for either Innsbruck or Montreal (and not interested in the offerings of *T&FN*) may obtain information from the respective Organizing Committees: Adamgasse 3, A-6020 Innsbruck, Austria; C.P.O. 1976, Montreal, P.Q., Canada.

Canada is also making good money on the sales of Olympic coins. By late-September, sales of \$68 million had

earned a profit of \$23 million.

Canada doesn't get all the money. In order to market the coins in other countries, Canada had to agree to share the profits with Olympic associations there. Jim Stewart of the *Montreal Star*, says the deal gives him a "queasy" feeling. "Here we are sponsoring a money-making program that will help US athletes come up here and beat us in 1976," he says. "Maybe we could have made a better deal: we'd share the Olympic coins with the US if they'd share their gold medals with us."

Notes for the future: Teheran, Iran, has declared itself in the running for the 1984 Games; Sydney, Australia is planning to be ready for 1988, which happens to be the city's bicentennial.

10,000: 1. Frank Shorter 16; 2. Steve Prefontaine 12; 3. Dick Buerkle 10; 4. Garry Bjorklund 9; 5. Ted Castaneda 6; 7. Eric Hulst 3; 8. tie, Don Kardong, Craig Virgin & Terry Williams 2; 11. tie, Greg Fredericks, Jeff Galloway, Paul Geis, Glenn Herold & Robbie Perkins 1.

Marathon(23): 1. Frank Shorter 23*; 2. Tom Fleming 17; 3. Jon Anderson 9; 4. Kenny Moore 3; 5. tie, Jeff Galloway & Don Kardong 2; 7. tie, Scott Bringham, Steve Hoag, Eric Hulst, John Skisak, John Vitale, Ron Wayne & Terry Ziegler 1.

Walk(9): 1. Larry Young 5; 2. John Knifton 3; tie, Jerry Brown, Floyd Godwin & Todd Scully 2; 6. tie, Tom Dooley, Ron Laird, Jim Murchie, Howie Palamarchuk, Dave Romansky, Carl Swift, Larry Walker & Bill Weigle 1.

HH: 1. Charles Foster 23; 2. Thomas Hill 17½; 3. Larry Shipp 16; 4. Ricky Stubbs 3½; 5. Willie Davenport 3; 6. tie, Dedy Cooper & Charles Rich 2; 8. tie, Bernie Allen, Efran Gipson, Clim Jackson, Mike Johnson & Jim Williams 1.

IH: 1. Jim Bolding 24*; 2. Ralph Mann 16; 3. Bruce Collins 13; 4. Mike Shine 7; 5. tie, Bill Blessing, Dedy Cooper & Harold Schwab 2; 8. tie, Bob Cassleman, Greg Eckman, Rich Graybehl, James King, Gary Schmidt & Wes Williams 1.

HJ: 1. Dwight Stones 24*; 2. Tom Woods 18; 3. Bill Jankunis 15½; 4. Rey Brown 5; 5. Mike Fleer 3; 6. Pat Matzdorf 2; 7. tie, James Barrineau, Mark Branch, Charles Hatch & Rory Kotinek 1; 11. Paul Underwood ½.

PV: 1. Dave Roberts 21; 2. Casey Carrigan 14; 3. Mike Tully 7; 4. Vic Dias 6; 5. Tim Johnson 4; 6. tie, Earl Bell, Roland Carter & Gary Hunter 3; 9. tie, Ralph Haynie & Ed Lipscomb 2; 11. tie, Rick Baggett, Bill Hayes, Larry Jesse, Jan Johnson, Terry Porter, Kim Scott & Jeff Taylor.

LJ: 1. Jerry Herndon 21; 2. Randy Williams 20; 3. Bouncy Moore 11; 4. Arnie Robinson 9; 5. Jerry Proctor 6; 6. Al Lanier 2; 7. tie, Theo Hamilton, Gerald Hardeman & Bill Rea 1.

TJ: 1. John Craft 19; 2. Clarence Taylor 17; 3. Milan Tiff 18; 4. tie, Willie Banks & Ken McBryde 5; 6. Tommy Haynes 3; 7. tie, Ed Lennex & Ron Livers 2; 9. tie, James Butts, Jerome Hutchings & Dave Smith.

SP: 1. Al Feuerbach 24*; 2. George Woods 19; 3. Ron Semkiw 16; 4. tie, Terry Albritton & Jesse Stuart 6; 6. Jim Neidhart 1.

DT: 1. John Powell 24*; 2. Mac Wilkins 23; 3. Dick Drescher 15; 4. Marshall Smith 3; 5. tie, Jay Silvester & Ken Stadel 2; 7. tie, Robin Earl, Art Swarts & Tim Vollmer 1.

HT(22): 1. Steve DeAutremont 21; 2. Tom Gage 15; 3. Bill Shuff 10; 4. Ted Bregar 8; 5. tie, Andy Bessette & Alvin Jackson 3; 7. tie, Boris Djerassi, Gene Mancino & Augie Zilincar 1.

JT: 1. Sam Colson 23; 2. Fred Luke 19; 3. Cary Feldmann 7; 4. tie, Anthony Hall & Bill Schmidt 6; 6. Jim Judd 4; 7. Frank Perbeck 2; 8. tie, Greg Geraci & Milt Sinsky 1.

Dec: 1. Bruce Jenner 24*; 2. Jeff Bennett 14; 3. Fred Samara 11; 4. Craig Bringham 8; 5. Steve Gough 7; 6. tie, Ron Evans & Roger George 2; 8. tie, Rory Kotinek & John Warkentin 1. □

TAFNUTS Panel Picks 76 Team

Prognostication can be a dangerous sport, but it's still one of the favorite pastimes of the bona fide track nut. So dangerous, in fact, that many of the nation's certified nuts sometimes won't even play.

T&FN recently formed its TafNuts Panel, a group of 50-odd experts from all parts of the country. We have solicited their opinions on a wide variety of subjects. You will be seeing more on this in coming editions of *T&FN*.

But many drew the line at going out on the limb to tab the '76 US Olympic Team almost two years ahead of time. Only 24 attempted this difficult task.

Only eight athletes appeared on everyone's ballot. This octet is designated with asterisks. A realistic bunch, our experts sometimes disqualified themselves from picking certain events if they didn't feel qualified. The number in parentheses after some of the events indicates the number of voters. No number means all 24 voted.

Only six putters got votes, while the 400 was the high-water mark with 17 tabbed.

Event-by-event:

100: 1. Reggie Jones 23; 2. Steve Williams 21; 3. Houston

McTear 7; 4. Carter Suggs 4; 5. tie, Clancy Edwards, Eddie Hart & Steve Riddick 3; 8. tie, Don Merrick & Willie Smith 2; 10. tie, John Chambers, Del Meriwether, Clifford Outlin & Steve Williams (Ariz St) 1.

200: 1. Steve Williams 24*; 2. Reggie Jones 15; 3. Willie Smith 12; 4. Clancy Edwards 11; 5. Mark Lutz 6; 6. Mike McFarland 4; 7. Wardell Gilbreath 2; 8. tie, Larry Black, Larry Brown & Millard Hampton 1.

400: 1. Maurice Peoples 19; 2. Darwin Bond 13; 3. Ronnie Harris 8; 4. Karl Farmer 4; 5. tie, Benny Brown, Herman Frazier, Evis Jennings, Maxie Parks & Steve Williams 3; 10. tie, Curtis Byrd, Terry Erickson & Ronald Ray 2; 13. tie, Randy Benson, Larry Black, Wayne Collett, Ron Jenkins, Fred Newhouse, James Redd & Keith Tinner 1.

800: 1. Rick Wohlhuter 24*; 2. James Robinson 16; 3. Keith Francis 12; 4. Rick Brown 6; 5. tie, Mark Belger & Mark Robinson 4; 7. Ken Schappert 2; 8. tie, Tom Byers, Thom Garrison & Juris Luzins 1.

1500: 1. Tom Byers 23; 2. Tony Waldrop 15; 3. Paul Cummings 11; 4. Rick Wohlhuter 7; 5. Marty Liquori 5; 6. Len Hilton 4; 7. tie, Rich Kimball & Mike Slack 3; 9. Matt Centrowitz 2; 10. tie, Steve Lacy & Mark Schilling 1.

Steeple: 1. Doug Brown 24*; 2. Jim Johnson 13; 3. Ron Addison 11; 4. Mike Manley 8; 5. Gordon Innes 7; 6. Steve Savage 2; 7. tie, Barry Brown, Robert Christiansen, Denis Fikes, Dale Fleet, Len Hilton, Mike Irmann & Rich Kimball 1.

5000: 1. Steve Prefontaine 21; 2. Paul Geis 18; 3. Dick Buerkle 14; 4. Don Kardong 5; 5. Craig Virgin 4; 6. Rich Kimball 3; 7. Marty Liquori 2; 8. tie, Ted Castaneda, Len Hilton, Eric Hulst & Steve Stageberg 1.

A MATTER of ATTITUDE

Olympic head coach Leroy Walker believes in positive attitudes—and positive action. **by GENE CHERRY**

The words were emphatic.

"I would be disappointed as hell to think I was elected as a black," spoke Leroy Walker, the first black to be named head coach of a United States Olympic men's track and field team. "I'm going to coach a US team, not a group of blacks or whites.

"Obviously," said Walker, "as a black I will be sensitive to the problems of the blacks, but I don't want any racism—either way."

Getting to know the athlete "as well as we can" will be the primary objective of the US coaching staff in the 18 months prior to the '76 Games, the new Olympic coach said.

The carry-over effect of that philosophy will make the US highly competitive at Montreal, Walker hopes. He realizes, of course, that 1976 will not be the time for a letdown, especially after the less-than-desired showing at Munich in 1972 that resulted in serious questions being asked about the entire US Olympic structure.

But the North Carolina Central University coach warns Americans not to expect a return to the golden days of Mexico City and before.

"We aren't ever going to get back to the point where we can say that second best and nine-tenths effort is going to surpass all other competition in the Olympic Games," the veteran of 31 years of coaching said. "Things have leveled off. The science and technology associated with the development of track and field is worldwide, including what we call the emerging countries. Just look at the number of gold medals that have gone back to Africa since 1960."

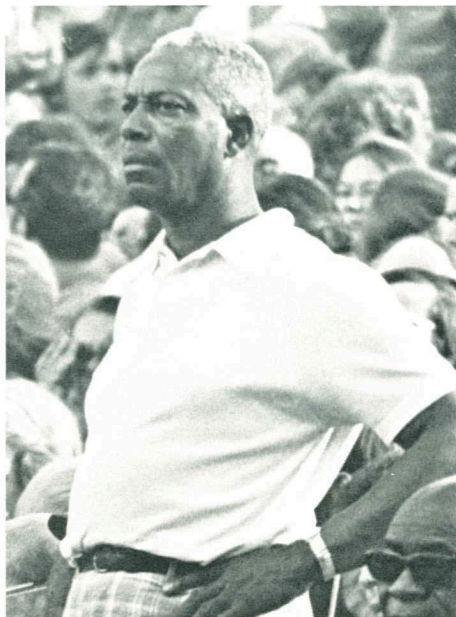
To be a power at Montreal, the United States must get the full exploitation of its talent, Walker said. "And that is a two-way street," he quickly added.

"We have to provide the coaching expertise and facilities and the athletes have to feel inclined to want to maximize their potential.

"If we blend these two things together, we can match any country in the world," said Walker, who is also chairman of the AAU men's track and field committee. "But the problem is we never get the two together. If the coaches are revved up, then the athletes feel the Olympics aren't that important, and vice versa."

Thus attitude will be stressed in the Walker campaign for '76.

"We've got to get close to the athlete. A sudden change in attitude can greatly affect his performance," the graying 56-year-old Atlanta native observed.



Don Chadez

Walker: "I don't want any racism."

"One of the problems in the past has been that the time between the election of the coaches and the Games has been just too short for the coaches to know the athletes well. Now we have the opportunity to observe the athletes under major competition and know something about them, not just whether they can run 9.2 or 9.3, but how they can perform under stress."

But Walker could not assure the elimination of problems with athletes such as the Munich incident that resulted in the banishment of Vince Matthews and Wayne Collett from future Olympics.

Walker said Matthews and Collett "may have been indifferent to the anthem by their position, but I've seen that happen at football and basketball games and other events. It was just the site itself that made it so much more apparent."

As for Montreal, Walker said, "I don't know what will happen. I think the whole social climate has changed a lot since the Tommie Smith-type thing in Mexico, which developed out of concerns they expressed at Tahoe.

"I don't think it (the US system) is by any means perfect," he noted. "I think if blacks want to look for some flaws in our social, political and socio-economic status we can find some, we can find a cause, but there have been enough changes for us to see movements in the right directions so the real confrontations are probably less volatile at this time.

"But the Games are a year and a half away. What the present trend toward

recession is going to bring I don't know. Things could get bad, more blacks unemployed, losing jobs first. A whole lot of things could go wrong. It may stimulate some kind of reaction. I just can't anticipate it. But I think that knowing the athlete better and getting to know them as people rather than as a person who runs an event, who makes a throw or who makes a jump will help. We will be able to sit and talk things out and understand each other better."

For that reason, Walker said he had already asked his coaching staff to begin learning as much as it can about the top 10 athletes in each event.

As for himself, Walker made it clear "I'm going to do all I can to reduce the administrative side of the job. I feel my contribution is as a coach not as an administrator."

"I think it is most important all the coaches get to know the athletes and learn what can keep them satisfied and happy. You know you've got the best in the country and this is not a developmental meet."

Walker also is pushing for more cooperation between men's and women's track and field groups. "We met with the women at the AAU convention in Washington and agreed to hold the men's and women's Olympic trials together in '76," he said. "We're supposed to be one team, but this is the only country in the world that sends its men and women overseas as separate teams."

Asked if the AAU was considering holding joint national championships, Walker replied, "We're working on it." He said the move could come as early as next year.

Walker denied there was pressure on the Olympic committee to name a black coach. "I do think there was pressure to choose people the committee agreed would probably be the most competent," he said.

Walker disagreed with a suggestion by some that a white could never again be head coach of a major US team because of the alleged racial split between black athletes and older white coaches. But he observed that most athletes of both races would never again tolerate a paramilitary type coach.

Perhaps the latter opinion says much about Walker, for he has been described by many as "a commanding general type individual, definitely not a drill sergeant."

But the extremely active coach emphasizes the Olympic staff will be a team effort, not one man's show. "We are a coaching team and if we don't have success in the total game each of us has failed in some way," he said. □

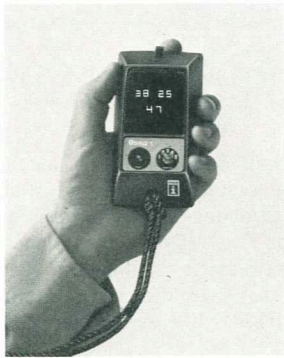
Track & Field News

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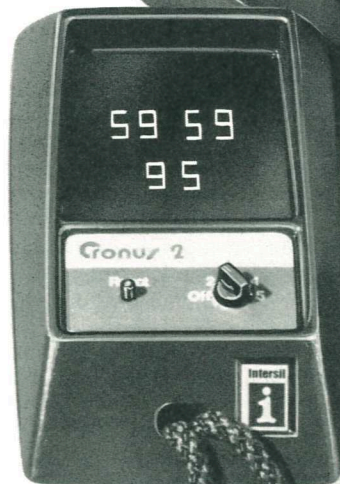
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Over Hill, Over Dale...

Can a team be the favorite for the NCAA cross country crown when it has run only one meet all season? It can if the team is Oregon and if its No. 1 runner is named Paul Geis. Despite the lack of cross country credentials, Geis has proven he is for real, and Oregon is always to be taken seriously.

The Ducks may have their hands full defending their NCAA title, however, because Western Kentucky looks tough and hungry. Nick Rose has yet to be seriously pressed this season and is ably backed by three bonafide All-American possibilities. WKU has the added advantage of having run on Indiana's testing NCAA course this season.

Illinois' Craig Virgin is one of the hottest runners around, and he too has had experience over Indiana's course. Virgin has shaken his injuries and, like Rose, has yet to be pressed in a race this year.

Early season contender Washington State is still tough, although the Cougs have been hurt by injuries. John Ngeno is still healthy, however, and will be in the thick of the title race. Eastern Michigan has been quietly gathering strength in the Midwest and looks ready to do some shouting. Georgetown and Providence seem to be the class of the East, but don't tell that to any of the six to eight Eastern teams capable of scoring well in the NCAA.

If picking the individual winner in the NCAA is tough, how about choosing the winner in a Steve Prefontaine-Frank Shorter matchup? While you can never be sure just who is going to show up for the AAU, both Pre and Frank have sent in entries and appear serious about competing. The American record holder in the six-mile pitted against the four-time national cross country champion. Not a bad race.

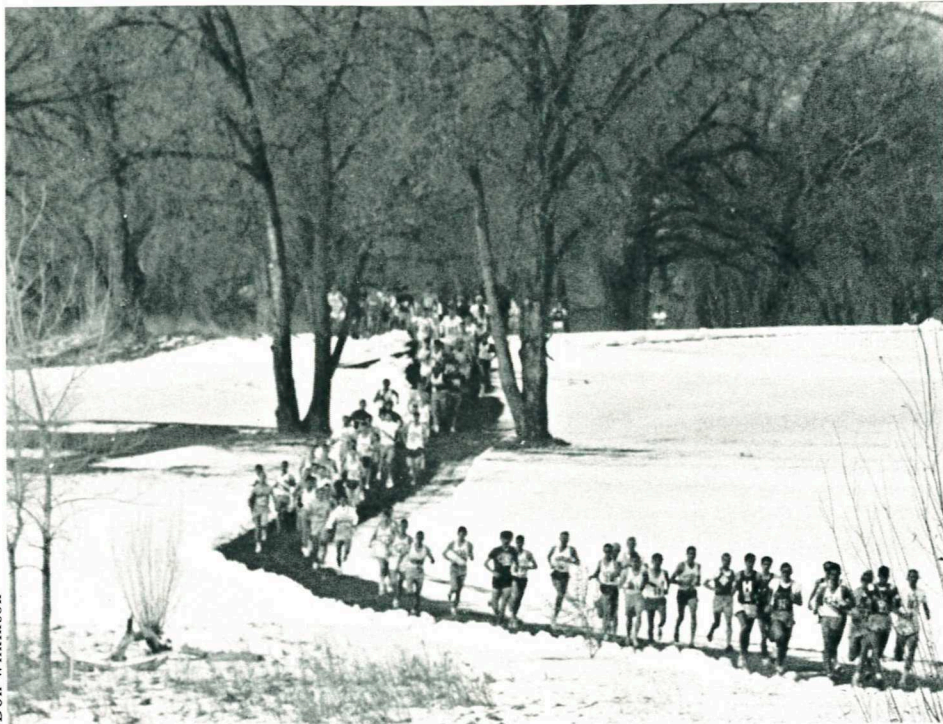
NCAA III CHAMPIONSHIPS Moller, Mt. Union Champs

Wheaton, Ill., Nov. 9—Dave Moller of Rochester was never out of the top three in the NCAA Division III race and at the finish was all alone in first. Mt. Union's team running wasn't as tight as last year's winner (Ashland), but was still sufficient for the team championship.

Moller toured the rolling 5.0 mile route in 24:39.4 to turn back Oxy's Joel Jameson (24:51) and Hamline's David Teague (24:55), while freshman Bob Lunn tallied Mt. Union's first points in fourth (24:59).

Lunn's teammates Jim Ansberry (13), Pat Eaton (16), Rich Kempe (29) and Tom Gooch (44) brought Mt. Union's total to 105 while Jameson's Occidental squad followed at 148. Last year, team victor Ashland packed all five scorers in the top 25.

"Everything has to fall just right for



Don Wilkinson

REMEMBER WHEN? Fort Collins, Colo., Nov. 25, 1967—Harriers had to brave 4850 feet of altitude at 20° in the USTFF. It shouldn't be as tough at Ann Arbor this year.

any winner and some things have to go wrong for others," said victorious coach Jim Wuske. "Luckily everything fell right for us."

Individuals: 1. Dave Moller (Rochester) 24:39.4; 2. Joel Jameson (Oxy) 24:51; 3. David Teague (Hamline) 24:55; 4. Bob Lunn (Mt. Union) 24:59; 5. Dan Copper (Augustana, Ill) 25:04; 6. Greg Bowser (Case Western Reserve) 25:08; 7. Cliff Karthaus (Nebr Wes) 25:09; 8. Dale Thompson (Wheaton) 25:10; 9. Dennis Dierckman (Rose-Hulman) 25:10; 10. Steve Murray (Luther) 25:11; ... 13. Jim Ansberry (Mt Union) 25:17; ... 16. Pat Eaton (Mt Union) 25:22; ... 29. Rich Kempe (Mt Union) 25:47; ... 44. Tom Gooch (Mt Union) 26:01.

Teams: 1. Mt. Union 105; 2. Oxy 148; 3. North Central 174; 4. Brandeis 184; 5. Augustana, Ill. 207; 6. Carleton 280.

Northeast

Talk about insult. Not only did Manhattan have its dual meet streak snapped at 39, but the Jaspers also lost the Mets championship for the first time since 1969, to a surging Rutgers, 52-58. Pete Squires and teammate Tony Colon finished 16.0 up on Rutgers' Ron Spiers in wet, chilly conditions, but the tight team running of the New Jersey school overcame Manhattan's 1-2 finish. Fordham was close with 61 points.

Dennis Trujillo became the first Army winner of the Heps since 1952. Trujillo, who was only 28th in this race a year ago, won his seventh straight victory of the season in 24:34. Freshman teammate Curt Alitz finished second in 24:49, but Navy took the team title easily with 38 points to 92 for second-place Penn.

Georgetown may have given itself the kiss of death by shellacking Penn State

22-36 and William & Mary 18-41, as the Hoyas are now picked by most of their rivals as slight favorites—with emphasis on the slight—for the IC4A. Providence, Rutgers, Massachusetts, Villanova, and Maryland seem to have the best shots at snatching the IC4A title away from the D.C. bunch.

NEW ENGLANDS Providence Now a Power

Boston, Mass., Nov. 11—It wasn't the luck of the Irish, but the skill of a flock of young Irishmen led by Mick O'Shea, that carried Providence to the New England title over powerful Massachusetts.

O'Shea, a sophomore from Limerick, covered the five miles in 23:31 to turn back UMass's Randy Thomas by seven seconds and lead a Providence parade which ultimately found five Friars in the top dozen placers.

Senior Tom Smith grabbed third (23:40), freshman Stetson Arnold fourth (23:46), soph John Savoie ninth (24:10) and yearling John Treacey 12th (24:18) for Providence's 29 points. Massachusetts got by Northeastern for second, 52-59.

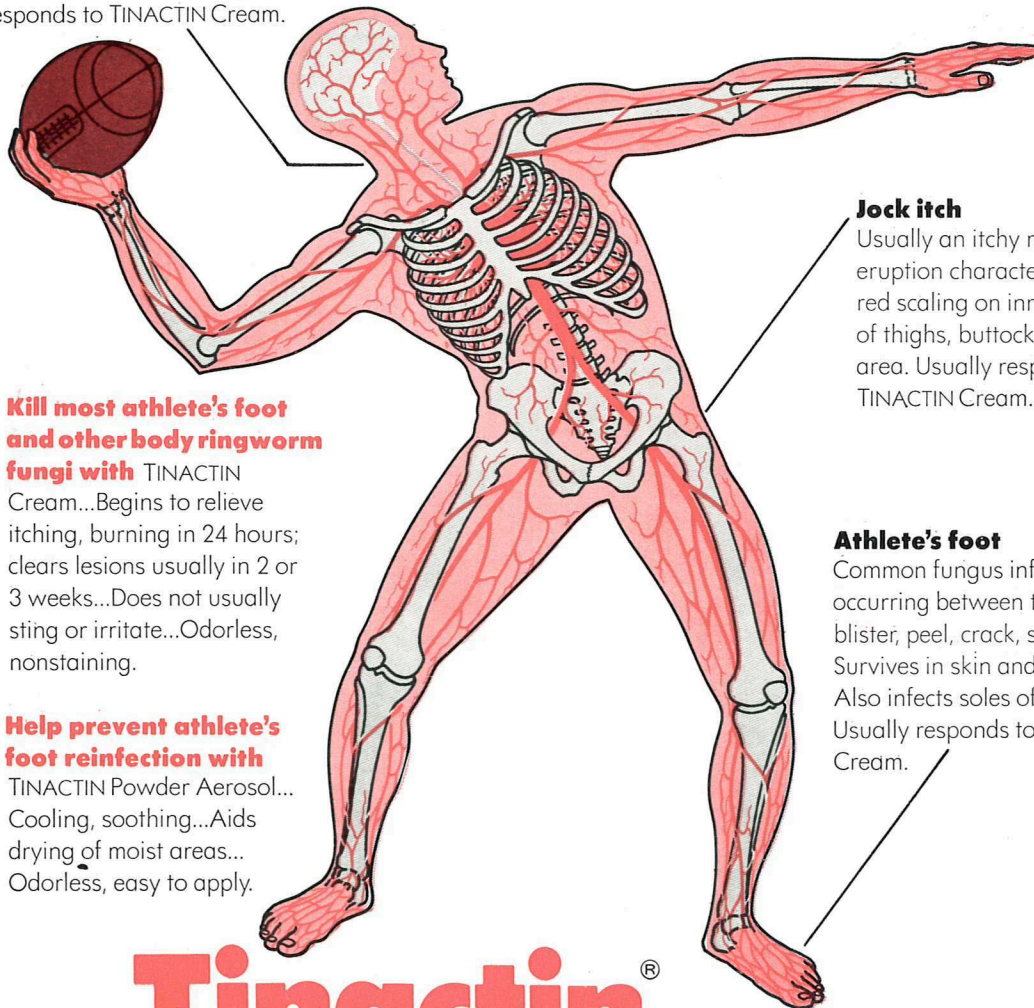
Smith paced the leaders through two miles in 9:10, while O'Shea lead the way at three in 14:03. O'Shea began to pull away steadily and at the finish he was six seconds under Art Dulong's former course best. A note to remember: O'Shea and Savoie are sophs, while Irishmen Treacey, Gerard Redmond and Michael Byrne and American

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Thomas F. McGuire

Mick O'Shea—pacing Providence.

Arnold are just freshmen.

Individuals: 1. Mick O'Shea' (Prov) 23:31; 2. Randy Thomas (Mass) 23:38; 3. Tom Smith (Prov) 23:40; 4. Stetson Arnold (Prov) 23:46; 5. Bill Gillin (Mass) 23:51; 6. John McGrail (Mass) 23:54; 7. Mike Buckley (NEn) 24:01; 8. Bob Flora (NEn) 24:09; 9. John Savoie (Prov) 24:10; 10. John Flora (NEn) 24:13; 11. George Reed (NH) 24:14; 12. John Treacey' (Prov) 24:18.

Teams: 1. Providence 29; 2. Massachusetts 52; 3. Northeastern 59; 4. Dartmouth 142; 5. Holy Cross 173.

Southeast

Scott Eden and Duke seemed to be warming up for their ACC title defenses when they polished off the other North Carolina schools in the state championship meet, but a week later in the ACC, it was mostly Maryland. Eden repeated easily, his biggest competition being the 80° temperature, but the Terps ran 3-5-6-7-8-9 to update the Tortoise and Hare story with a 29-56 team win over the Iron Dukes.

William & Mary bounced back from defeats by Georgetown 18-41 and Penn State 24-30 in a triangular to stomp all comers in the Southern Conference. Reggie Clark led his team to the first eight places.

Western Kentucky couldn't quite match William & Mary's finish in its own Ohio Valley Conference contest, but did manage to have four of the team tie for first place. The Hilltoppers outclassed a very good East Tennessee squad by 38 points, 22-60.

SOUTHEASTERN Davey-Power Leads Vols

Lexington, Ky., Nov. 2 /from Kim Koffman/—With team leader Doug Brown

10—November 1974

graduated, Tennessee's Vols got new Michigan power from freshman Pat Davey in recapturing the Southeastern Conference title they relinquished to Alabama a year ago.

Breaking away from the pack at three miles, Davey forged ahead of the rest over the wind-swept course, finishing 18 seconds up on Kentucky's Jim Buell with a course record 24:49.

"My strategy was to run to win," said Davey, a veteran of last year's US Junior team at the International Cross Country Championships. "I thought it would be tight all the way to the finish and had planned on winning with a kick."

The team battle was a close one, with host Kentucky and Florida placers always seemingly a slot behind Tennessee as the Vols notched a tight 44-49-52 decision. Tennessee finished 1-6-10-13-14, Kentucky 2-4-11-15-17, and Florida 3-5-9-16-19. "It was a tremendous team performance," said Tennessee coach Stan Huntsman.

Individuals: 1. Pat Davey (T) 24:49; 2. Jim Buell (K) 25:07; 3. Frank Betts (F) 25:26; 4. Paul Hansen (K) 25:33; 5. Dennis Skelton (F) 25:43; 6. John Angel (T) 25:44; 7. Anthony DiPaola (G) 25:47; 8. David McKannan (Au) 25:50; 9. Kevin Halzwart (F) 25:52; 10. Bob Boehm (T) 25:56.

Teams: 1. Tennessee 44; 2. Kentucky 49; 3. Florida 52; 4. Georgia 133; 5. Auburn 136; 6. Alabama 169; 7. LSU 171; 8. Mississippi State 199; 9. Vanderbilt 263.

DISTRICT III Western Kentucky With Ease

Greenville, S.C., Nov. 9 /from John Randolph/—Western Kentucky had to be the strong favorite to handily win the NCAA

District III meet, but you could figure on some strong competition from conference winners Maryland, William & Mary, and Tennessee, right? Wrong.

WKU certainly won with ease, with Englishmen Nick Rose, Tony Staynings, Dave Long and Chris Ridler taking 1-2-4-5, but the only competition for the team title came from the various conference runners-up.

Maryland, upset winner over favored Duke in the ACC, had the tables turned in this meet, as the Iron Dukes finished second with 101. SEC champ Tennessee couldn't muster the guns, and Florida scored an upset by finishing third to Tennessee's seventh. Southern Conference champ William & Mary never jelled and finished a shocking eighth although they did manage to buck the trend and finish ahead of their conference runnerup, Furman. Two of three conference champions in the race did not qualify for the NCAA, as only the first six teams advance.

There was never much doubt about the individual title either. Western Kentucky ran as a team for the first mile, but Rose's 9:03 two-mile dropped everybody and he coasted under clear skies to a 28:55.0 win over teammate Staynings. Duke's Scott Eden ran a smart, gritty race over the hilly six-mile layout and moved up through the last mile to break up WKU's sweep.

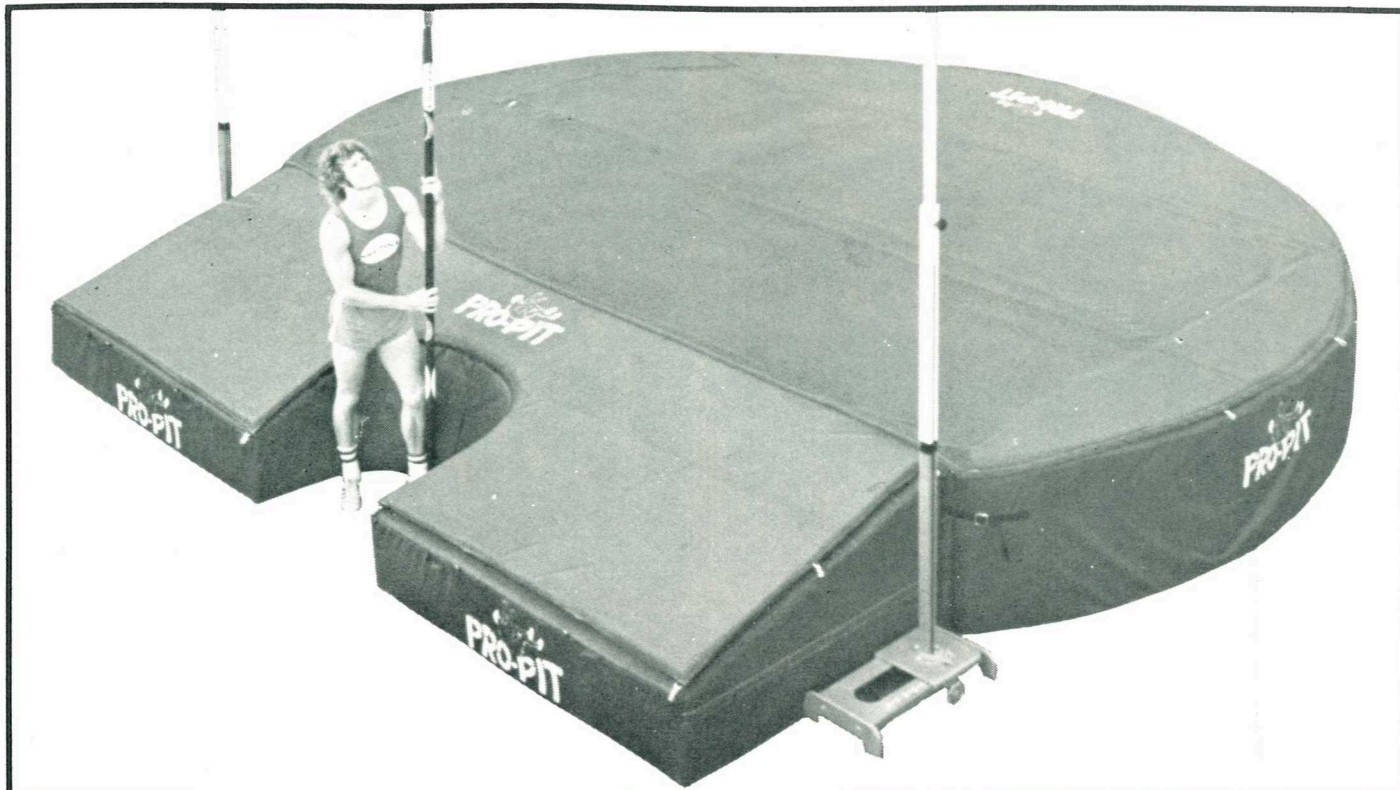
Individuals: 1. Nick Rose' (Wn Ky) 28:55.0; 2. Tony Staynings' (Wn Ky) 29:16; 3. Scott Eden (Duke) 29:25; 4. Dave Long' (Wn Ky) 29:31; 5. Chris Ridler' (Wn Ky)

Don Shively



Britons Tony Staynings (l) and Chris Ridler are big factors in Western Kentucky's success.

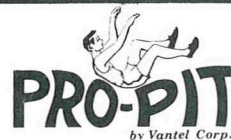
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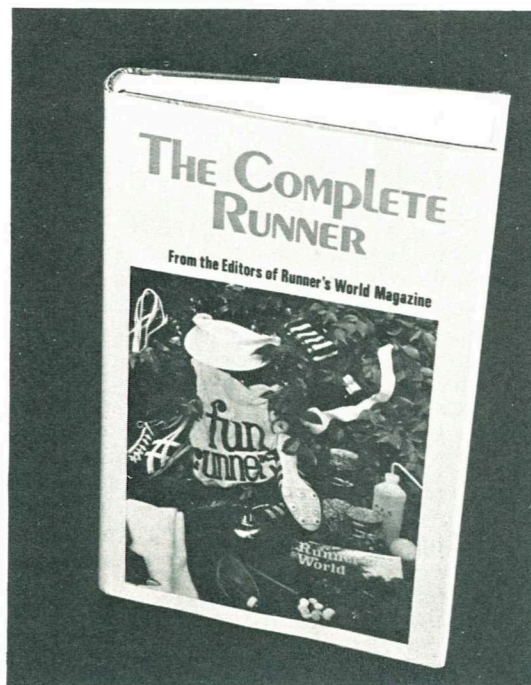
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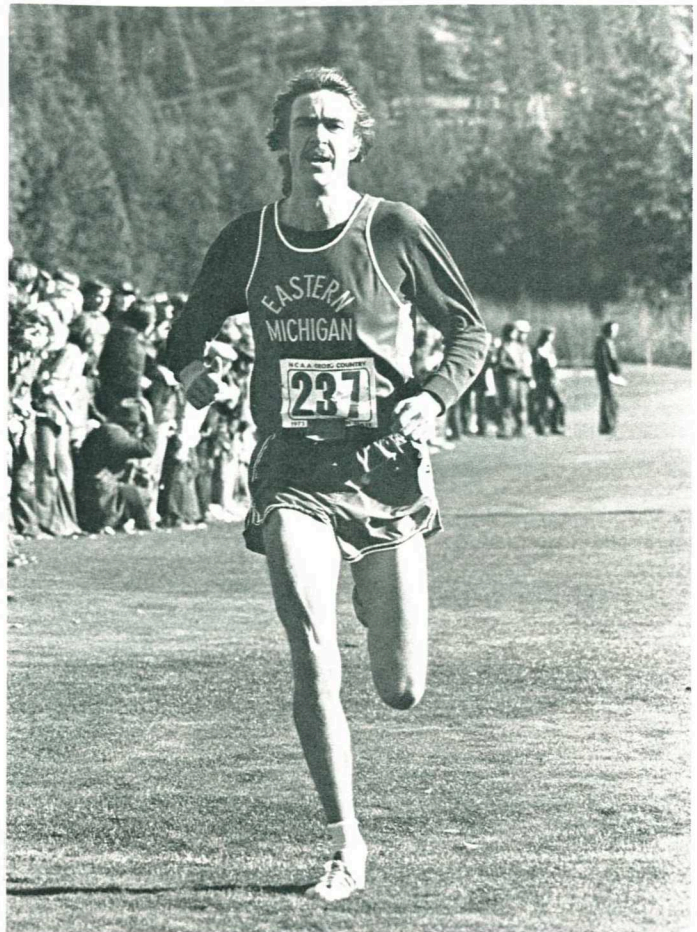
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from TRACK & FIELD NEWS, Box 296, Los Altos, Calif. 94022



Stan Jarocki



Jeff Johnson

The "King of the Midwest" title should be decided when Illinois soph Craig Virgin and Eastern Michigan senior Gordon Minty clash at the NCAA District IV meet.

29:35; 6. Robbie Perkins (Duke) 29:38; 7. Pat Davey (Tenn) 29:46; 8. Jim Buell (Ky) 29:54; 9. Reggie Clark (W&M) 29:57; 10. Mike Finucane (E Tenn) 29:58.

Teams: 1. Western Kentucky 45; 2. Duke 101; 3. Florida 116; 4. Maryland 128; 5. Kentucky 129; 6. East Tennessee 142; 7. Tennessee 145; 8. William & Mary 167; 9. North Carolina 234; 10. Furman 283.

Midwest

Wisconsin seemed invincible going into the Big 10 meet after bopping rival Illinois 21-37 in a dual, but someone forgot to tell darkhorse Michigan. The Illini's Craig Virgin did give ample warning of his title intentions as he continued his undefeated string, beating the Badgers' strong Tom Schumacher by over a minute. No one has been able to stay with Virgin for long, but he may be getting some unwelcome company in the last mile of the NCAA District IV race from Eastern Michigan's Gordon Minty, who topped Virgin by a decisive 25 seconds in last year's race.

Lucien Rosa of Wisconsin/Parkside cruised to his third straight USTFF Midwest title with a 30 second victory over UCTC's Pat Mandera. The UCTC took the team title with 24 points to Wisconsin/Parkside's 68.

CENTRAL COLLEGIATES Eastern OK sans Minty

Bloomington, Ind., Nov. 2 /from Bob
12—November 1974

Parks—Gordon Minty couldn't make it to the Central Collegiate Championships this year. Oh, he's eligible, having petitioned successfully for another season to replace the one he missed with injuries as a sophomore; and he's in great shape, according to his teammates. But his wife might have been a little upset if he'd chosen to race on their wedding day.

Not that Minty was missed by his Eastern Michigan team, as it placed four in the top ten to outdistance runnerup Kent State 43-99 over five miles of Indiana's very hilly NCAA course.

"This wasn't a super performance for us, but a good one," commented EMU coach Bob Parks. "This course provides a fair cross country test. Those hills just keep coming at you."

Judging by his mastery of those hills, individual winner Paul Stemmer of Penn State should be in good shape in the NCAA. Off fast at the start, the diminutive (5-7/128) Stemmer built up a large early lead and managed to hold it, finishing 24 seconds up on Kent State's Mike Irmen.

Individuals: 1. Paul Stemmer (Penn St) 25:09.8; 2. Mike Irmen (Kent St) 25:33; 3. Dwight Kier (Kent St) 25:34; 4. David Smith (En Mich) 25:39; 5. Nick Ellis (En Mich) 25:40; 6. Tim Zumbaugh (B Green) 25:53; 7. Mark Hunter (Kent St) 25:55; 8. Dave Burkhart (En Mich) 25:56; 9. Tom Hollander (En Mich) 25:59; 10. Joe Yates (N Dame) 26:00.

Teams: 1. Eastern Michigan 43; 2. Kent State 99; 3. Penn State 103; 4. Bowling Green 112; 5. Notre Dame 145; 6. Indiana 148; 7. Toledo 155; 8. Western Michigan 217; 9. Central Michigan 238; 10. Illinois State 256.

BIG 10 Virgin Best of Sophs

Ann Arbor, Mich., Nov. 9 /from Don Kopriva—Craig Virgin stayed right on schedule for a shot at becoming the first-ever four-time Big 10 cross country champion, notching his second win in as many tries.

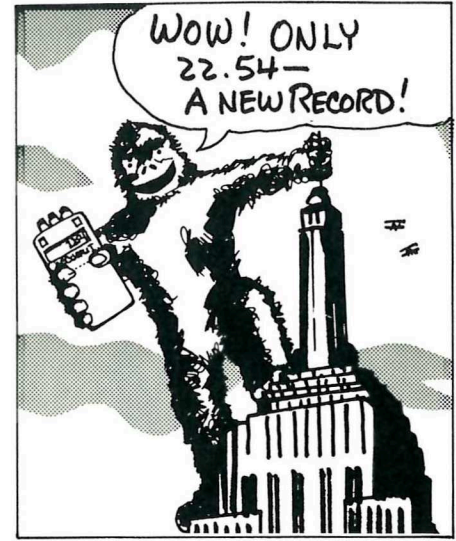
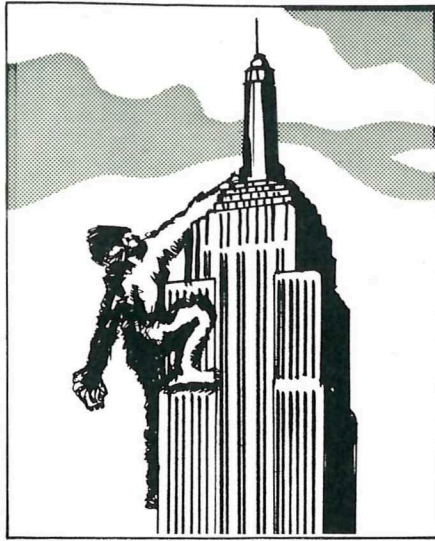
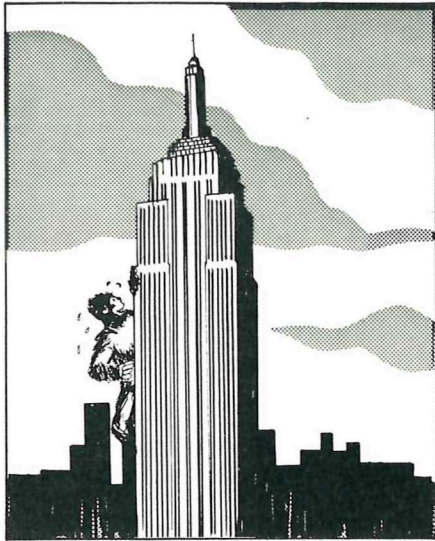
The confident Illini soph broke from the field in the first mile, with only Michigan State's Herb Lindsay staying close. Lindsay hung with the pace for about 2½ miles, surprising Virgin, but by the end Craig had lengthened his lead to almost a minute with his 29:11.4.

Lindsay beat his own course record of 30:06 by a hair with his 30:05.4 clocking, but ended up third as home-schooler Gregg Meyer closed to 29:48.8. The first three are all sophs.

"I hoped everyone else was feeling like I did at four miles," offered Virgin after the race. "I was hitting the wall."

Michigan made superb use of home-course knowledge in toppling favored Wisconsin 42-55 in the team tussle. Playing the ebb and flow of the many hills with virtuosity, the Wolverine five all finished in the top 14 slots (2-6-8-12-14).

Individuals: 1. Craig Virgin (Ill) 29:11.4; 2. Gregg Meyer (Mich) 29:48.8; 3. Herb Lindsay (Mich St) 30:05.4; 4. Tom Schumacher (Wisc) 30:09.2; 5. Tom Bryant (Ohio St) 30:10.8; 6. Bill Donakowski (Mich) 30:12.6; 7. Mark Johnson (Wisc) 30:17.8; 8. Mike McGuire (Mich) 31:21.8; 9. Jim Fleming (Wisc) 30:23.8;



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10. Mike Durkin (Ill) 30:28.8.

Teams: 1. Michigan 42; 2. Wisconsin 55; 3. Illinois 75; 4. Michigan State 84; 5. Minnesota 120; 6. Ohio State 151; 7. Indiana 157; 8. Purdue 226; 9. Northwestern 237; 10. Iowa 283.

MID-AMERICAN

Minty May Be Ready Fast

Mt. Pleasant, Mich., Nov. 9—This year's award for the most-underrated-NCAA-title-contender goes to Eastern Michigan. From a team that appeared to have its hands full winning its own conference, the Hurons have taken on national-class status by trouncing their Mid-American Conference opponents with a 29 point total.

Best actor in a dramatic role was taken by Gordon Minty who thought his collegiate eligibility was finished until halfway through the season. In the mold of all good leading men, Minty did put on the moves and stretched out the bunched field at the 3½ mile mark. "I think I won on my reputation," he offered. Perhaps, but the Welshman looked unpressed as he covered the relatively flat six-mile course in 29:21.2, ten seconds ahead of Kent State's Dwight Kier.

Eastern Michigan heads for a dogfight in the NCAA District IV, but EMU coach Bob Parks is cautiously optimistic. "Our kids have never put it together—yet. We could surprise a few people."

Individuals: 1. Gordon Minty (En Mich) 29:21.2; 2. Dwight Kier (Kent St) 29:31; 3. Marc Hunter (Kent St) 29:36; 4. Tom Hollander (En Mich) 29:41; 5. Nick Ellis (En Mich) 29:42; 6. Tim Zumbaugh (B Green) 29:48; 7. Dave Smith (En Mich) 29:54; 8. Dan Dunton (B Green) 29:59; 9. Tom Duits (Wn Mich) 30:01; 10. Mike Irmen (Kent St) 30:06.

Teams: 1. Eastern Michigan 29; 2. Kent State 82; 3. Ball State 85; 4. Bowling Green 108; 5. Western Michigan 143; 6. Miami 154; 7. Toledo 156; 8. Central Michigan 180; 9. Ohio U 190; 10. Northern Illinois 308.

Plains & Mountains

Eastern New Mexico has a team to be reckoned with, as it knocked off UTEP in an early season confrontation, 28-34, then placed second in the Rocky Mountain USTFF to the Colorado Track Club and John Gregorio's 24:04 victory.

UTEP still has the team to beat in the WAC, though, as the Miners easily (36 points) took the Aztec Invitational from their major conference opponents, Arizona, Arizona State, and BYU. No. 1 man Wilson Waigwa sat out the meet with a strained thigh muscle, but should be back to challenge Arizona's tough-running Ed Mendoza in the WAC championships. Mendoza broke the field and the course record in the Aztec by running 29:19, 37 seconds up on UTEP's Kenyan Frank Munene.

A surprising plains powerhouse has been Wichita State, as the Shockers finished the regular season with a lone loss to Western Kentucky and easily copped the Missouri Valley title with 23 points. Randy Smith ran away from the field in rainy conditions to take his second straight individual title.

Defending champ Jeff Wells of Rice overcame the injuries which hampered him

during the track season to repeat his District VI title. The '73 SWC cross country champ slogged through the muddy course and cool temperatures to a 30:36 win. In the absence of Texas, which did not compete, Arkansas had its own way in the team race, 51-82 over McNeese State.

Other title winners: Big Sky Conference, Doug Darko (Montana) and Montana.

BIG 8

A Tangle at the Top

Ames, Iowa, Nov. 2 /from Carol R. Swenson/—In a pre-season poll of Big 8 cross country coaches, Missouri was picked behind Kansas State, with Iowa State tabbed for dead last, receiving only one vote as high as fifth.

So when the final scores were tallied here today it was somewhat of a surprise to find ISU tied with the Tigers of Missouri at the top of the loop with 49 points each. For the hosts it was the first conference title since 1931, in the days of the old Big 6 Conference.

"I'm really proud of our runners," said Cyclone coach Bill Bergan. "I always felt that the course would make some difference. Our runners knew where they were the whole time on the course and I knew that would help."

The individual race was just as close, with Tim McMullen (Charlie's younger brother) edging Iowa State's Tom Schoberg by only 0.2 over the five-mile route.

Behind McMullen, Missouri was able to pack its top five into the first 15 slots (1-9-11-13-15). Iowa State got a boost by taking three of the first six places (2-4-6-16-21).

Individuals: 1. Tim McMullen (M) 24:45.6; 2. Tom Schoberg (IS) 24:45.8; 3. Keith Palmer (KS) 24:53; 4. Ryan Eichner (IS) 24:59; 5. Jeff Schemmel (KS) 25:02; 6. Larry Irvin (IS) 25:03; 7. Bill Lundberg (K) 25:05; 8. Ron Fick (O) 25:06; 9. Brad Hawthorne (M) 25:13; 10. Bernard Rose (OS) 25:15.

Teams: 1. tie, Iowa State & Missouri 49; 3. Kansas State 83; 4. Oklahoma State 88; 5. Oklahoma 126; 6. Colorado 133; 7. Kansas 147; 8. Nebraska 234.

Pacific Coast

Paul Geis doesn't like to be compared to Steve Prefontaine, but when you lead your Oregon team to a Northern Division title and beat Washington State's John Ngeno in the process, comparisons are inevitable. Geis trailed by 40 yards after three miles and only overtook the Kenyan on the final hill enroute to a 29:47.4 victory, 13 seconds up on Ngeno. Oregon bombed slightly-favored WSU 22-45, although the Cougars were running without All-American Danny Murphy and Kurt Beckman, both out with injuries. Murphy should be back for the Pac-8, but Oregon's impressive team running (4 out of the first 5) makes them heavy favorites to repeat on the team championship.

In the Southern Division, the fireworks in the race for first place were missing as Stanford's Tony Sandoval won by 18 seconds over Cal's Brad Duffy. Cal squeaked to the team title 37-40 over Stanford. □



courtesy Spokesman-Review

Yes Virginia, there is a cross country Paul Geis. Just ask Kenyan John Ngeno of Washington State (20), who has just lost his Northern Division crown to his Duck rival.



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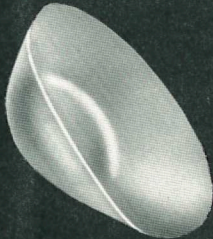


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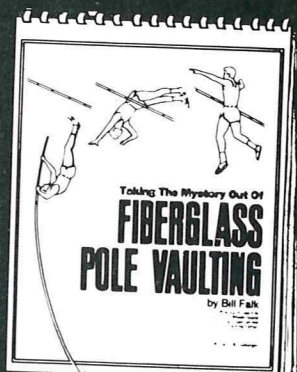
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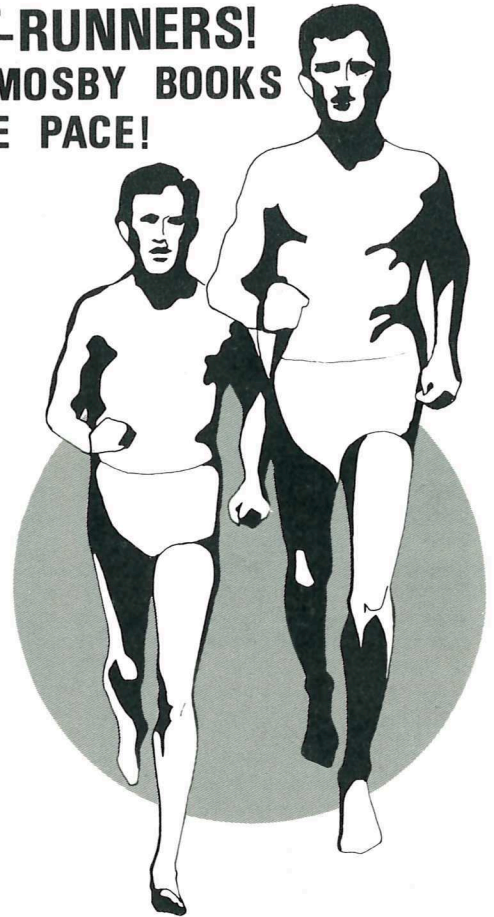
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By FRANCIS X. CRETZMEYER; LOUIS E. ALLEY, Ph.D.; and CHARLES M. TIPTON, Ph.D. July, 1974. 330 pages plus FM I-X, 7" x 10", 191 illustrations. Price, \$10.50.

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By FRANCES WAKEFIELD, M.S.; and DOROTHY HARKINS, Ed.D.; with JOHN M. COOPER, Ed.D. 1973, 296 pages plus FM I-XVI, 6 3/4" x 9 3/4", 276 illustrations. Price, \$9.50.

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JOHN POWELL

It was a curious sight: a half dozen athletes or so were crammed into the back seat behind the heavy wire screen with no way out since the back doors didn't have handles; vaulting poles on the roof hung out over the hood and trunk, cradled between the yellow warning light on one side and the red flasher in the middle; several javelins balanced on a spotlight on the car's right side, the ends stuck in a partially lowered window.

The car was a blue and white patrol car of the San Jose Police Department and behind the wheel sat an imposing figure in a dark blue uniform. But Officer John Powell was off duty at the time; he had just won the discus at the San Jose Invitational and he was ferrying some athletes to the airport. He was scheduled to go back on duty soon but he was helping out with transportation.

It must have been quite a sight to San Jose's citizenry to see one of their finest with such an assortment of people, poles and paraphernalia—on a police car, no less.

Somehow it was in keeping with John Powell's droll, tongue-in-cheek manner. He has a sharp wit, often punctuated by a good-natured gruffness and bravado. Just by his physical appearance—6-2/235lb. and a sometimes unexpectedly brusque manner—he can have an intimidating air.

He makes plenty of noise when he is in the discus ring—both when he lets the plate go at the end of one of his whirlwind spins and in an overall impact on the event. Since 1972, when he placed a surprise fourth at Munich, Powell has entrenched himself as the premier American discus thrower—and one of the world's top three, along with Finn Pentti Kahma and Sweden's Ricky Bruch. And Powell may well be the best of them all.

Rated fourth in the world in '73, he is a strong contender for the top spot this year. And he has built a convincing case—winner in 27 of 29 meets this year; AAU champion; British champion; French champion; exceeded 200 feet in all but two of those 29 meets; over 205 in 21, 210 in 12, 215 in five and 220 twice; surpassed the 224-5 world record with a mighty 227-11 but in an unsanctioned meet, producing 222-8, 221-4 and 220-6 heaves in the same series; averaged 209-3 during a 14-meet European tour, winning 12 meets, beating Bruch in their one meeting and going 1-2 versus Kahma; averaged only three inches less for the entire season; averaged 216-1 for his top 10 throws this year—a mark only four others bettered with even one throw during the season.

While he may appear harsh to the casual observer, Powell is also a quiet, serious man with the perceptions born of a seasoned competitor. The droll humor slips



Chip Gane/Sportsphotos

in every so often, though. This curious combination comes out especially when he talks about the discus.

T&FN: You really established yourself this year as probably the top discus thrower in the world in terms of consistency and marks.

Powell: Well I had a more positive attitude, I made a few minor changes in technique and, when I went to Europe, I put on 10lb instead of losing weight.

T&FN: What did you change in your style?

Powell: A couple of minor things which made my technique more consistent. The way I throw is very precise and if I'm off a little bit my distance hurts. Basically I simplified it to get more drive across the ring and more lift, using my legs.

T&FN: Is consistency in the disc a matter of style?

Powell: The two go hand-in-hand. Basically it takes someone who knows about the discus to say if his style is consistent. Like I threw 223-4 at Modesto then 215-0 at Kennedy the next week. Some people might say, "He dropped off eight feet. He's not consistent at all." But they were pretty comparable if you consider the conditions at both places—helpful wind at Modesto, almost none at Berkeley. You have to understand what is behind a particular throw. Remembering that, I think I hit a pretty good level and was pretty consistent.

My average for the 14 meets in Europe was 209-3, my high was 215-0, the

low was 203-6. I lost the third meet, to Kahma at Helsinki, and the last one, to Kahma at Lappeenranta in Finland. In the first one, Kahma and Ricky both were there and they are always keyed against each other. Then I had to show up and I didn't know what I was walking into. As I recall, I fainted the night before when I found out they would both be there. Woke up in the ring and there they were. One thing about all those meets against those guys, though: they always threw last so I never had a chance to come back on the last throw. That's how Kahma beat me in the last meet. I never had the last chance.

T&FN: Talking about consistency, how hard is it to travel around Europe and throw, sometimes day after day, against the best? Did you try to win each meet, or just do your best, or what?

Powell: I was interested to observe myself in that, make mental notes and see what happened. In some meets, I didn't throw well, for whatever reasons. My goal once I got over there was to always throw 200 feet. After a time I upped that to 62 meters (203-5). I felt I could throw at least that under any conditions and I did at least that in every meet.

But coming off a poor performance either the day before or a couple of days before a major meet, when I went into competition with Kahma or Ricky, I usually rose to the occasion. The adrenalin was flowing and I had confidence in my technique, that my technique would be there.

T&FN: Whom do you consider your prime rivals in both the world and US?

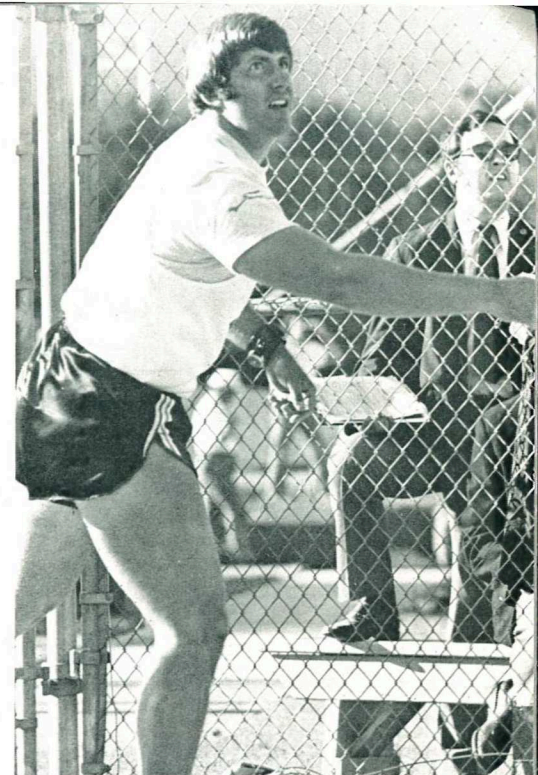
Powell: Well, Ricky and Kahma in the world and Mac Wilkins among Americans. He didn't show up that much in US meets but he threw well towards the end in Europe. I think he's kind of laying in wait.

T&FN: Who has the best technique in the world, besides you?

Powell: Besides me? You should have asked who has the best technique so I could have said me—in all humility. Really, I've seen most of the good throwers of today and the thing about them is that they have mass, size and strength. Compared to them, I have little in those three areas. Technically I like Danek; he's very smooth out there. Actually he's been my idol.

T&FN: How would you describe your technique? We've heard someone gave you your tee-shirt with the Roadrunner on the sleeves because of your fast spin.

Powell: Basically I try to develop linear, instead of circular, motion across the ring. The discus is thrown with the legs and hips. I want to develop slow-to-fast across the ring. It's more important to do things correctly than to do them fast. If



Powell spins to AAU title. [Sequence photography by Don Chadez]

you can do them fast and correctly, that's all the more power to you. I'm not at that stage yet because I've only been doing this for nine years you understand.

T&FN: How did you get onto this?

Powell: It was pretty easy. When I started competing, everyone was bigger and stronger than me. I knew I couldn't use strength for throwing, because I didn't have it. There was a lot of trial and error but I knew there was a way for me to beat those bigger people.

Basically success in discus throwing is the sum of a lot of little things. There are a lot of small things which go into the linear throw. My style isn't based on natural quickness but on a quickness that comes from doing all the little movements correctly. The others can pretty much muscle it because they are bigger and stronger.

T&FN: You're tongue-in-cheek when you say you're small. Sure there are some monsters like Bruch and Gardenkrans. The big guys seem to waste a lot of motion, but your style seems much more economical.

Powell: I think it is because, at one point or another, I've thought about every conceivable thing in the discus, even down to what my toes do, where they're pointed. I want to eliminate any unnecessary motion.

Also one of the biggest things for me the last couple of years has been that I have become more confident. I've seen and competed against the best in the world and beaten most of them. It's experience and what it boils down to is that you aren't competing against the others initially, but against yourself. If you throw your best and lose, that's the way it goes. But if you don't throw your best and lose, then you have a reason to kick yourself.

Bible of the Sport

T&FN: How much of world class throwing is mental?

Powell: When the top people meet, it comes down to the fact that on one day, one can beat the others. That's where the mental aspect takes over. You have to know yourself and by being in similar experiences, you can judge and determine how you'll be in this particular one and where you'd like to improve. Basically success in discus throwing comes from making a lot of mistakes, just as in anything in life. You can't stagnate; you have to go out there and make mistakes and learn from them. You can't stick your head in the sand and just hope you'll do well.

T&FN: You really moved into the world spotlight in '72, but what motivated you to keep throwing after college?

Powell: What else is there in life? It's fine being a policeman but it doesn't differentiate you from the masses. My goal in life is to die healthy. I do a lot of things many other discus throwers don't do, like a lot of running.

Even I realize I'm not going to be in the top 10 or one of the best forever. I figure no more than 20 or 30 more years. I think health is extremely important. There are a lot of millionaires in the world and if I put as much time into making money as I do into discus throwing I would be doing well. But all the money in the world can't buy you health. You don't get something for nothing, especially when it relates to your body.

My goal each year has just been to improve and I've done that every year. A turning point was the '71 AAU when I placed seventh and fouled a throw that would have put me second. I told myself right then I would never again foul a throw

that would win me a high place or an important competition. If someone was going to beat me, they would do it; I wouldn't beat myself. Since then, I don't think I've had any fouls longer than my best legal throw.

T&FN: How about Munich?

Powell: Yeah, how about Munich.

T&FN: How did placing fourth affect your motivation?

Powell: A few days before the meet, I threw 226 in practice and I knew I had come to Munich with the wrong dream. You have to be careful what you dream—it can come true. At least now I know the potential is there to win a gold. In anything the only limiting factor is the mind. You have to believe in yourself.

T&FN: What would you ultimately like to achieve in the discus, a world record, a gold medal, No. 1 ranking?

Powell: Gold.

T&FN: None of the others?

Powell: Gold. All three would be nice, sure, but the gold is the most important. You can lose your world record and top ranking but not your gold medal.

T&FN: Would you be satisfied with a medal?

Powell: Nope, gold. There's only one medal in the Olympics, only one medal the people remember, if they remember at all.

T&FN: Maybe this is where consistency comes in—if you are consistent at a high level, these things will come.

Powell: I think they do but the important thing, obviously, is throwing the discus. If my throwing improves, as I believe it can and will, the potential is much greater that I will achieve all three. But you don't get anything just by thinking about it. It's all dependent on my throwing. □

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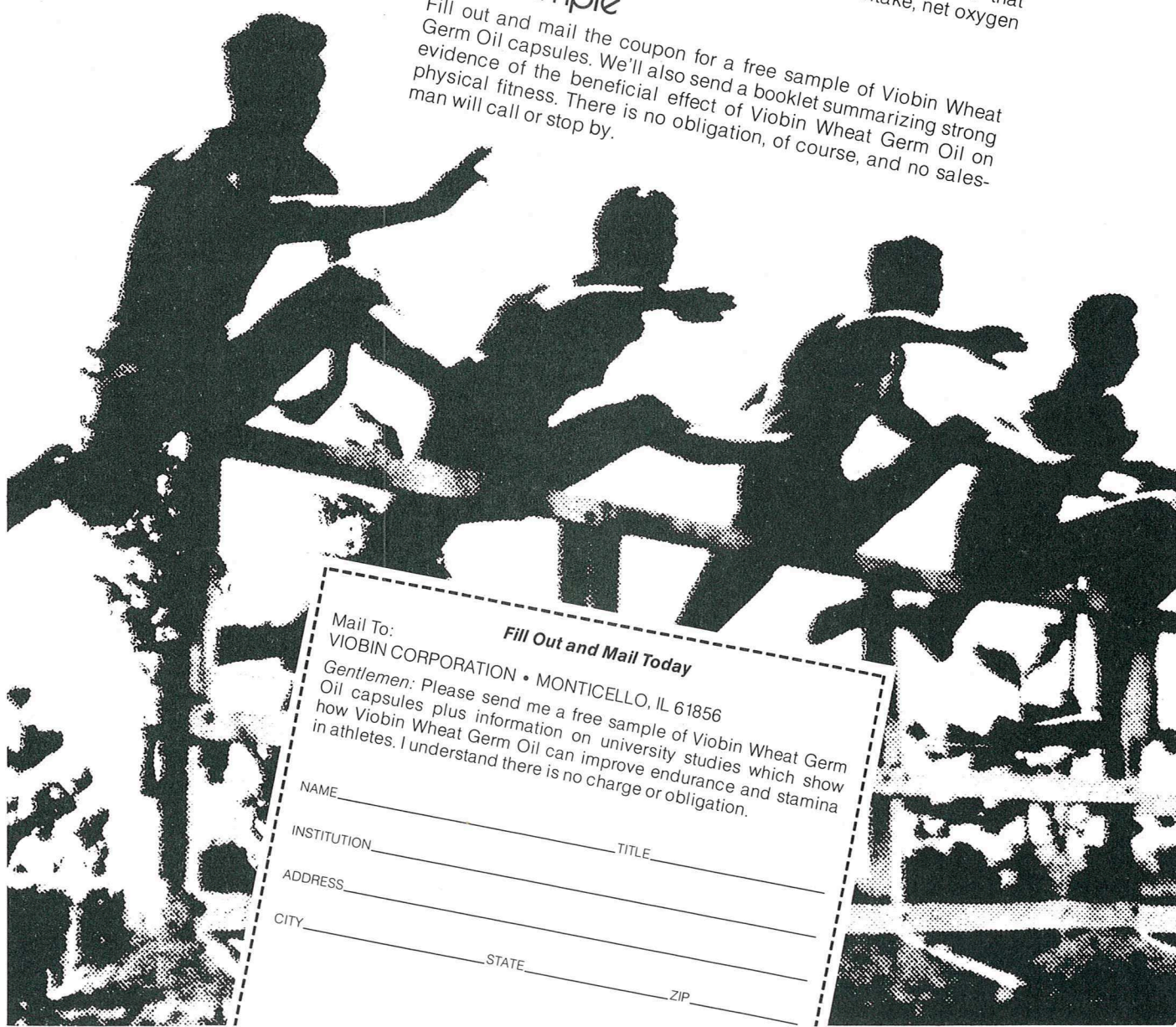
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CHAMPIONS ALL

In the hammer circle, Steve DeAutremont "tries to *make* things happen so I throw well, especially in the big meets." In '74, DeAutremont made plenty happen.

The former two-time NCAA champ while at Oregon State upped his PR three times during the season, ultimately hitting 230-1 to become the sixth-longest US ball-and-chain expert ever. He won his first AAU title, with a then-PR 226-6; he also produced marks of 229-4, 225-9, 222-8 and 220-1 during the year.

"Throwing well is the important thing to me," says the 28-year-old computer systems analyst. "Winning isn't." He did both in '74, but it was his marked improvement and consistency that raised eyebrows.

"My technique finally came together this year," he says, "plus my strength was at an all-time high. But it was the technique work with Robbin Roeder that did it."

Roeder spent a year with renowned hammer coach Gabor Simonyi and then shared what he learned with DeAutremont. They developed and refined what they call a "flat orbit" style of throwing. "The style allows me to work the ball around instead of up and down," DeAutremont explains. "Also I can keep my back straight instead of bending over. We also worked on a no-lead throw—where the thrower isn't trying to lead the ball—so the hammer and thrower turn in unison."

He has improved every year of his eight-year career, but none like '74. He came into this season with a 217-7 PR, hit 225-9 in his fourth meet and took off from there. "I can't emphasize enough how much Robbin has contributed to my career," DeAutremont acknowledges.

For the future, DeAutremont wants to "throw 240, make an Olympic team, make the Olympic finals, beat a Soviet in the USSR meet, make a team that goes to China, be world ranked. And keep improving. I knew I would improve if I found a good way to throw."

"I have come to the USA to set records. The 1974 edition of me is just a sign of what I think I can do in the future." Thusly, Illinois' bouncing Nigerian Charlton Ehizuelen throws down the gauntlet.

"I want to be a four-straight NCAA triple jump champ, and three times indoors—also watch out, I might decide to turn out as a sprinter soon."

Illinois knew it was getting a class athlete when Charlton showed up in Champaign last winter as a 25-6/52-8 performer. When he popped PRs of 25-9½ and 53-11¼ in his first meet everyone found out just how good. Before the year was out, he had taken second in the NCAA indoor, set an African record of 55-2¼ at Drake (the best mark in the US this year),

Bible of the Sport



Gary Kohatsu

Johnson—AAU Steeple

won the NCAA outdoor and taken second in the AAU.

That biggest jump added more than a foot to Ehizuelen's old legal PR. "Before the Drake Relays," he recalls, "I told Coach Bob Wright that I was going to surprise America in this big meet after popping out 54-6 [windy] at Kansas. Fortunately, I worked out seriously and made it."

"Contrary to rumor," says the now-retired Wright, "Charlton is a hard-working, determined athlete." He adds, "He is without question one of track's fiercest competitors."

The 6-0/171 Ehizuelen was delighted with his placings in the nationals. "I felt it was a sign of my potential," he reveals. "The NCAA was a difficult win for me. The pressure was high and I just took a risk and won. As for the AAU, I just took it easy and let Craft win because I was only competing for fun while he was competing to qualify for the US-USSR team."

Evidently supremely confident, Charlton says he will continue to compete, "until I have won three Olympic medals—starting with 1976."

Jim Johnson says he became interested in track in junior high when he was the fastest kid in class. "I originally started as a discus thrower," he reveals, "but I dropped that for obvious reasons."

Fortunately, his 5-10/140 body was perfectly suited for distance running, a talent he developed into an AAU steeple



Dave Dreman

DeAutremont—AAU Hammer



Mike Carberry

Ehizuelen—NCAA Triple Jump

Championship (at a PR 8:28.8) this year, beating American record holder Doug Brown in the process.

"I wasn't really surprised," he says. "I knew Brown could be beaten and I felt that I could do it if I ran a sensible race. Didn't count on Mike Manley being so close. I wish 'old' guys like Mike would stay retired—they should stop posting AAU entry forms in the nursing homes."

From his sense of humor, it is obvious that Johnson has spent too much time training with Club Northwest teammate Don Kardong (see pp. 24-25).

"I originally became a steepler because I enjoyed the event," says Johnson. "I think that's the key to it, because if you don't enjoy the race, you can't be successful. I've seen many good two-milers quit after their first steeple because they didn't enjoy it."

A graduate student in mechanical engineering, he uses the not-common steepling style of stepping on each barrier: "I find that it isn't really any slower than hurdling. Most steplers don't have good hurdling technique and in trying to hurdle the barriers lose some time, energy and continuity."

Speaking of continuity, Johnson thinks that factor is needed in the setting up of steeple courses in this country. "Standardize the lap length (pit inside or outside) and start and finish line," he demands. "It is almost impossible to keep track of where you are timewise on a lot of unfamiliar tracks." □

Sophomores Sparkle Over Two Laps

And that sparkle, combined with speed and spunk, holds promise of even more ahead.

James Robinson leaves no doubt as to what his ultimate goal in track is: "I want to set a world record in the 880. If I keep on improving, I think I can run 1:42 or 1:43."

If those times seem farfetched, they become realistic when one looks at the remarkable improvement the former Laney CC soph has shown in the last three years.

As a senior at McClymonds High in Oakland, Calif., he lowered his PR from 1:55.9 to 1:51.5 for second in the '72 California state meet. The next season as a Laney frosh he cut his best to 1:49.0 for the state jaycee title and placed third in the AAU Junior meet to earn a relay berth on the US Junior team that toured Europe. The wiry 5-10/145 talent started 1974 in high gear as he set an American indoor 600 meter record of 1:18.8, and then defended his state title with a national JC record 1:48.0. He proved to be no idle boaster about his wish for an eventual world record as he improved his PR by 1.6 seconds as he took third in the AAU 800 with a JC record 1:45.7 (good for 1:46.4 in the 880). He followed that with a second in the US-USSR meet in 1:47.5.

Robinson considers his third place at the AAU his biggest accomplishment. "I felt great about it, particularly because I had made the United States team."

He wasn't awed by the fact he was competing for the first time against international class two-lappers the quality of Rick Wohlhuter and New Zealander John Walker. "I feel junior college competition is basically the same as open or college competition," he says.

Another Robinson strength, in addition to his confidence, is his versatility. He owns a 47.1 flat quarter, a 45.6 relay split, a 46.8 metric lap, a 21.1 relay leg and a 4:09.5 mile. He is also a regular on the cross country team.

Now at California, Robinson credits Laney assistant coach Proverb Jacobs with much of his improvement.

"Coach Jacobs had me increase my sprint workouts in practice," he says. "I run a lot of 220s, 330s, quarters and 660s instead of the longer workouts. This has helped me with my endurance and especially my kick." /Gary Brown/

■ ■ ■

Some athletes might say a heavy dose of training was behind a big improvement. Mark Robinson thinks rest did it for him.

The Catholic U sophomore spurted suddenly into the national half mile spotlight with an unexpected 1:46.0 fourth in the AAU 800—lowering his PR for the second time in as many races. His 1:47.7 in the heats cut his best from a 1:48.5 for yards.



Stan Pantovic

Super sophs (l-r) Mark, James and Keith take places 4-3-5 in the AAU 800.

"I ran a lot of races this season," says the 20-year-old Washington, D.C., native, "and I was getting tired near the end of the year."

That 1:48.5 got him second in the IC4A behind another soph star, Keith Francis. Mark came close to that time in winning the NCAA II title in 1:48.7. After looking great in the NCAA prelims (second in both heat and semi), he faded to seventh in the final. That prompted the rest.

"I took it easy between the NCAA and AAU and I know that helped me," he says.

But when Robinson pours on the work, he drenches himself. "I have to work hard to feel prepared within myself," he feels. "Coach Jerry McGee at Catholic can get me to do the work." After the usual fall cross country training, Robinson jumps into indoor interval training during the winter before moving outside in the spring for high-quality intervals ("like 3 x 660 in 1:21, or 3 x 1320 under 3:11," he points out).

Yet Robinson believes an athlete shouldn't be "pressured by parents or coaches to do something he doesn't want to do. Any athlete should participate in what he wants. He should have fun because that is the most important part of athletics. Just the competing, not necessarily winning."

So Robinson going through the training he does seems to indicate he wants something. Indeed: "If my improvement continues in '75, I will definitely look at Montreal."

A note to remember: Robinson went from 1:54.9 as a prep senior to 1:51.7 as a freshman to 1:46.0m this year in only his third year of serious half miling.

■ ■ ■

When he graduates from college, Keith Francis wants to work with exceptional children. Not a bad career choice for someone who's pretty precocious himself.

After winning Massachusetts and New England prep 880 titles in 1972, Keith moved on to Boston College and promptly started acquiring college credentials. First he shocked with a frosh record-tying 1000 of 2:08.1, then surprised with a runner-up 2:10.6 in the NCAA. Moving outdoors, Francis continued making the grades with a 1:48.5 AAU Junior win and a European tour with the Junior team.

And that was just his freshman year.

In '74, the 6-3/175 Francis continued his fast and steady performances with a 1:46.2 PR and a 1:49.0 second in the NCAA 880.

Unexpected? Not at all. "I haven't been surprised with my showing because I've worked hard enough, I think, for the improvement," he feels.

But the biggest test was still ahead—the AAU 800 and Rick Wohlhuter. When Rick burst through the pack to follow Ray Geter's rabbit lead, only Francis tried to go with him. He paid the price for his 1:46.2 and faded to fifth in the homestretch.

"It was an experience to run against Wohlhuter because I had never seen a style such as his. It was also a lesson to get beat by him because his is a great runner," Keith believes.

If experience is the great teacher, Francis is the apt pupil: "Losing is a lesson. It teaches you that you have got to try harder the next time. But losing doesn't damage my attitude and desire because I realize I can change the situation."

And Keith is quietly determined to do just that. "I feel I have some things left to accomplish in this event," he says. "Wohlhuter and I are in the same event, so I must continue to challenge him. I know about the Olympics. I don't need to remind myself about them."

What has Francis learned from the lessons of this past year? "To never quit; try your best and give an honest effort; become the boss."

Pay attention, kids. This student is rapidly becoming the prof. □

1970 European Tour Revisited

by Rick Riley

Nineteen-seventy: Jean Wadoux scares Ryun's 1500 record, Borzov stuns the Americans, Stewart blasts Keino at 5000 and Ron Clarke makes a final tour of Europe.

It was a year much like 1974, a testing ground for many of those who stamped themselves with immortality two years later at Munich.

For me, it was the reaffirmation of what I had known all the time, that I could compete with the best. I was fitter and faster than I have ever been. My life long ambition of running a sub-4:00 had been achieved and I narrowly lost the AAU three mile to Frank Shorter. While the wars on the track left an impression, it was the lessons that I learned outside the stadia and arenas that left the greatest impact.

After losing to Shorter in the 1969 NCAA six, I had gone to Miami, but the heat and humidity had scared me. Knoxville had been a nightmare so I left Miami without competing. I determined then that next year I would go to Europe and that goal was fulfilled.

Never has there been a more naive member of a US team. Naive, that is, to the politics and favorite-playing games of the AAU. With the AAU team came a full contingent of managers and coaches,

mostly from the East, who had apparently earned reputations that escaped the Western athlete.

Besides being naive I seemingly forgot everything I knew about training. Shorter, who had to get in his 20 miles a day no matter what the time, organized a training run upon arrival in France. I foolishly ran about eight miles through the darkened streets of Paris at two in the morning with Frank and a group of others. A slight Achilles tendon soreness was aggravated and I found out the next morning that Frank and I were scheduled to run against the French. I ran and was slaughtered. It occurred to me later that I had no business running in that meet and the 10,000 in the German meet. After my fourth (but my best by 10 seconds) in the German 10,000, the coaching staff apparently lost their confidence in my ability, and decided I wasn't running in the big one, the Soviet meet.

I hadn't lost my confidence. I had pointed and thought about one meet all year and that was the USSR dual. I was, to say the least, very bitter and disappointed when I found out that Prefontaine and Bjorklund were to run the 5000. Both of them had finished behind me in the AAU, and I watched with cold glee as Sharafytdinov killed them.

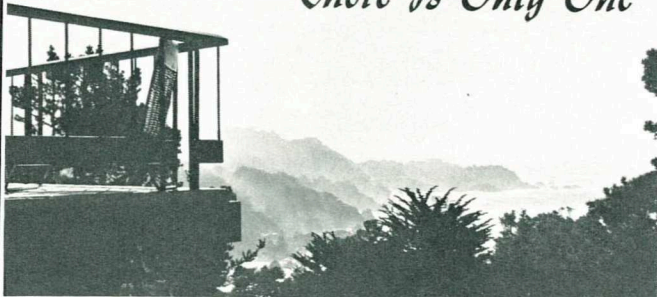
The training staff also helped to make the trip a memorable one. One of them looked at my tendon and decided a tape job was needed. He shaved the lower portion of my leg, or at least attempted to—he neglected, however, to tighten the blade in the razor and instead of removing hair, he removed most of the flesh from my tendon.

Although not an official segment of the team, two of the major companies, adidas and Puma, sent their representatives to accommodate team members. I felt no particular loyalty to either. I had worn adidas in the NCAA and Pumas in the AAU. Upon arrival in France, the Puma rep made a list of my needs—bags, shoes, training suit. The day of the meet his adidas rival called on me and explained the advantages of wearing adidas. He took apart—literally tore apart—a pair of my Pumas to point out weak spots in the shoe. He then explained that adidas does not forget their athletes, gives better service, etc. etc. I wore adidas that night.

The Puma man, shocked and wounded, approached me the next day. It boiled down to this: you were not wearing Puma shoes, but a symbol of his friendship. Shoes didn't seem to reflect personal relationships to me and I stuck to adidas. I liked the Puma man but the relationship between the shoes and him and the athletes was too complicated.

It was not all bad, however. I imagine

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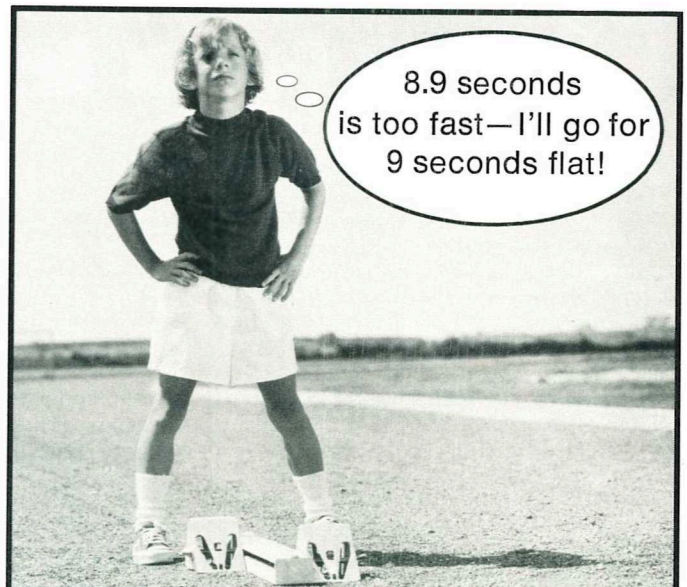
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that a lot of Russians are still wearing Jockey T-shirts with red USA on the front—manufactured by Riley, Savage, Prefontaine, Bjorklund and Co. There were good parties and lifelong friendships formed—I value my associations with Pre and Bjorklund (Russian meet aside), Steve Savage, Dave Romansky, Fred Newhouse, Howell Michael and Kenny Moore.

I learned, too, that shoe companies give more than bags, uniforms, and shoes, evidenced by the beautiful cassette/radio/

stereo components and suede jackets that some team members brought back after shopping trips with the shoe representatives. I saw a little greed evident too, as a long jumper took far more shoes than he needed and abandoned two-thirds.

You don't have to earn a trip to Europe via the AAU any more. Individuals can set up tours for any athlete who can pay his way over with the guarantee that if the athlete runs enough meets, he will make more than enough to cover his

expenses, the money he has put out, and a return-fare home. He might even put a little in the bank when he gets home. This is all fine, but there are American middle distance runners in Europe on their own who can't make it to the finals of either the NCAA or AAU.

I felt a certain disillusionment with the tour but I felt a great deal of pride too. I'd like to go back to Europe—not with Oregon, or Club Northwest, or RR on my chest, but AAU, USA.

AAU Threatens to Penalize Leading Athletes

The biggest blockbuster unleashed at the AAU Convention was delivered by new Olympic Coach LeRoy Walker, who is also the AAU Track & Field Committee chairman.

"We are not trying to reduce opportunity," said Walker of the already-controversial 5- and 10-day rules, which prohibit athletes from competing internationally 10 days prior to the AAU and 5 days prior to any US-involved international meet. "The purpose of the rule is to get all the best athletes for the US team."

Added to the rule was a proviso that adds a penalty of a one-year suspension from AAU-sanctioned competition and no travel permits for violators of the rule.

Not only that, Walker stated that some real bite would be put into the ruling by making it retroactive to include the

1974 season, in which there was a rather notable bunch of violators, including world record holders Al Feuerbach, Dwight Stones, George Woods and Jim Bolding, American record holders Steve Prefontaine and Frank Shorter and Olympian John Powell. All competed in Sweden and/or Italy during the moratorium period.

It is interesting to note that the restriction was not applied to athletes such as Casey Carrigan and Bill Schmidt, who competed in the AAU but did not make the team. Those who made the team but did not compete against the USSR and those who didn't compete in the AAU at all are the ones on the proscribed list. However, those in the Carrigan-Schmidt category were not notified by the AAU that they had been removed from the restricted list.

There was also talk that the AAU

might impose sanctions on those countries which ignored the ban. These penalties could reportedly include not letting any US athlete compete in said country for a year.

Walker said that no suspensions would be placed on any athlete until he (no women athletes had such restrictions) was confronted with the charges and could present arguments in his defense.

It was rumored the AAU would fly the accused to AAU headquarters in Indianapolis to answer the charges, sometime in December.

Commented Pacific Coast Club majordomo Tom Jennings, "I find it interesting that they would spend the money to do this when they wouldn't spend the money to fly our guys back from Europe for the US-USSR meet, which we were perfectly willing to attend."

Meet Director Responds to AAU Threat

The AAU's announcement that it intended to retroactively penalize athletes who defied last summer's ban on international competition before the US-USSR meet drew the following response from veteran meet promoter Al Franken of Los Angeles—who has had his own confrontations with the AAU. His letter was directed to Dr. Leroy Walker, head coach at North Carolina Central, AAU men's track committee chairman and 1976 Olympic head coach.

Dear Coach,

I was reading in the paper of your committee's decision to punish athletes who passed by the AAU Championships and/or international meets. The words that follow are meant to be constructive, to point up just what a bad decision that is.

First of all, selfishly, we need all the topflight athletes we can get to maintain what little pulse there exists economically in the sport. Just since last year, the following meets have died—Seattle, Oakland and New York K. of C. San Diego would have folded also had not my organization agreed to take it over. Some of the other meets aren't exactly in robust health. In this era of a proliferation of sporting events, fans aren't exactly

breaking down the doors to attend track meets.

So any harassment of athletes on the part of your group only will drive a few gate attractions into pro ranks. The ITA is a good recruiter and doesn't need your committee's assistance.

Why in the world does an athlete have to compete in the AAU or international series? By the same logic, why doesn't he have to compete in the Sunkist meet? Both of us are well aware that the AAU needs the key attractions in order to fulfill its TV commitment with CBS-TV. But that is hardly the athlete's problem.

Too, the way to get athletes to participate is to treat them in an extra special way, not to harass or threaten or intimidate. The strong meet promoters have no trouble persuading the key athletes to compete because they employ compassion and interest and concern in the welfare of the athlete.

Now, why do the athletes want to head for Europe? Because they need the expense money they get there that enables them to continue to train for future competitions. Your committee's prime concern should be to find ways to put money into the sport so that the truly interested and talented athletes will be able

economically to afford to compete once they are finished with college. In our society today, who wants to starve to death to win an AAU title?

Both of us are well aware that even the emerging nations of Africa look after their key athletes better than the US. And we know how well subsidized they are in many Western nations and in Eastern Europe. So why in hell do you want to go out of your way to hassle the American athlete?

Your committee might look into the number of meet promoters who have wretched on promises to the athlete, and on promoters who have taken advantage of the athlete. The prime concern of your group should be the welfare of the competitor.

The AAU is skating on very thin ground. Its base is a very narrow one between the NCAA and the pros. It should be out amongst the athletes, trying to romance and cajole and aid them. The AAU really isn't even needed for many of the meets. A Federation sanction would enable them to have all but a handful of athletes presently competing, with the resultant substantial savings. Too, the courts of the country would laugh at the AAU trying to suspend an athlete because he refused to compete in the AAU or AAU

international meets, preferring to compete elsewhere.

But the point of this is that your approach should be to build support for the AAU, to get through to the athletes and give them support. Not to try to bluff and hassle them. Let's get away from this

old-line threatening policy and work with the athletes to benefit them.

Sincerely,

Al Franken, Chairman
Sunkist, San Diego

Mack, The 'Other' Robinson

Jackie Robinson is one of the most famous names in American sports history. But the breaker of baseball's color line shared the genes of athletic greatness with others in his family.

Long before Jackie became a historic figure in 1947, older brother Mack was a track star of international repute. He ran second to Jesse Owens in the Berlin 200 in 1936 and was a two-time NCAA champ. While at Oregon he ran 9.5 and 21.2 and jumped 24-10½.

Passing through Eugene this summer, Robinson made some interesting comments to the *Register-Guard's* Blaine Newnham regarding "shoddy treatment" of blacks at Berlin.

He revealed that it wasn't the alleged snub of Owens by Hitler and the German people that sticks in his mind. "If we were unappreciated," he said, "it was by our

own country. As far as I can remember, not one of the 10 Negro athletes on the Olympic team ever mentioned Hitler's name. He was the head of state, not the one handing out medals. We were treated very well by the Germans.

"I think it was the sports writers' fault," says Robinson of his obscured place in history. "Do you know that nine of the 10 Negroes came home with medals? Most people don't, because it wasn't reported."

The team toured Europe, with fine receptions, before returning home to New York City. "There were no ticker-tape parades," he recalls. "No plaques, no nothing. The first night home we were segregated by color in different hotels.

"I just said to myself, 'The hell with it,' and went home. But it wasn't any different in Pasadena. They didn't do anything either." □



Erik Hill

Pre secretly training for the steeple? No. Pre trying his hand (and foot) at cross country—international style. The brainchild of Olympians Kenny Moore and Mike Manley, the course featured 12,000 meters (7.5M) of "different" cross country.

"Fair, but exceptionally rigorous," explained Moore. "A test of will and raw stamina. Expect to encounter hills, natural and artificial barriers, water jumps, sand,

Bible of the Sport

mud, uneven terrain."

Moore, who survived such courses in international competition, added, "Cross country is vastly more popular in Europe. Continental runners build up great stamina during the winter and then don't dissipate themselves with an indoor season.

"They put that training to use sending Pre home from Europe swearing, biting his lip and whatever he does."

Da! It's Moscow!



MOSCOW 1980

Moscow's made it, and a lot of Americans will be anxious to see the 1980 Olympics and visit Russia at the same time. We already have 116 persons signed up (including several in the last couple of weeks since the site selection was announced). As you can imagine, space is going to be limited on this Olympic tour, so make sure you sign up early...like now! \$50 reservation deposit per person required for TAFNOT 80.

MONTREAL 1976

Hey! It's less than two years away. That's really not much time left to insure your place on TAFNOT 76. We expect to have to close reservations off in mid-1975, so if you have any interest at all in going, reserve your place(s) now. \$200 reservation deposit per person required. Refundable, except for \$10 cancellation fee, until such time as complete tour itineraries are offered, probably Fall 1975.

INNSBRUCK 1976

What a fabulous snowsport holiday! See the Olympics and ski or just enjoy the winter scene in the beautiful Tyrolean Alps. Earliest sign-ups get highest priorities for rooms, tickets, etc. \$200 reservation deposit per person required.

MEXICO CITY 1975

Mexico is the new site of the 1975 Pan-Am Games, probably in October '75. Full details on the tour ready soon. \$150 reservation deposit per person required.

For information on the above tours, write Track & Field News, Box 296, Los Altos, CA. 94022.

THE CONTINUING ADVENTURES of DONNY LONG-LEGS

What, staffer Jon Hendershott asked Don Kardong, is behind your great season in '74? You ran 12:57.6 for three miles in that fast Eugene race (making you fourth-quickest American ever), third in the AAU 5000 and fourth against the USSR. You've been a national-class distanceman since '70, but you really blossomed this year. It just can't be the Froot Loops, peanut butter and pizza. So what is it?

There is no way any writer could do justice to Dingey Don's reply. So, save for cleaning it up here and there, we continue with the adventures of Donny Long-Legs.

Dear Jon,

I've moved three times since I lived at the address where you wrote me. However, I make occasional stops everywhere I've lived (almost) to pick up pornographic material and letters from track magazines, so it was with great delight that I found your letter at one of my former mansions.

Anticipation of interviews is the one thing that keeps me going when the rain begins to soak through to my jockstrap on a wet and windy winter run as the question "What for?" floats into consciousness. Let's begin there: those Seattle winters.

When I was young, I sometimes found a spider crawling in the bathroom sink and it amused me to turn on the water and wash him down the drain. Then I'd wait until he'd shaken off his legs and crawled back up the pipe into the basin, then I'd get him with the water again.

This amusement went on for quite some time, until the spider finally said, "Oh, hell," and was washed away into oblivion, through the failure of his own will to withstand the cruelty of the man at the tap. I can think of no better metaphor to describe what it's like to live in Seattle from November to May while attempting to be a conscientious distance runner.

During one of those times when The Great Tap-Turner let Donny Long-Legs have it, I managed to stay out of the drainpipe long enough to really ask myself "Why this, when I could be playing volleyball? What's the use of working this hard to be a 13:30 three miler?" I thought and thought about it and finally the answer came to me: "Maybe it would be worth the effort if I were a 13:00 three miler!"

I concluded that a worthwhile goal might help me to see the light at the end of the drainspout. I then and there made two goals: 1. to make a US traveling team; and, 2. to run a 13:00 three mile. As fate would have it, the first goal, the more reasonable one, was the one I didn't achieve. The second, the unreasonable one, I did.

There was one other factor which helped me make 13:00 my goal for the year. In track there have always been those who seem to "believe" themselves into running spectacular times. Someone first runs 4:00 because he believes it's possible, while everyone else stands in awe. Ten years later, everyone believes 4:00 is a reasonable time and a host of runners begin running it.

I usually don't tamper much with my attitude, but this time I decided not to wait 10 years, when 13:00 will not be so formidable, but to start believing it possible and probable and reasonable for '74.

So there was quite a lot of self-persuasion involved in the effort. But the night before the Eugene race, someone asked me what my goal was for the year and I said, "Well it was 13:00 but it just changed to 13:10." The kid lost his nerve the night before the battle.

This could turn into the longest letter of my life and I haven't begun to answer your questions. So:

1. *Really, what's behind your improvement this year?* Part was this attitude factor and the other half was the way I trained. This included three things: 1. long, fast distance, about 100-110 miles a week at 5:30-6:00 pace; 2. fartlek at times; 3. infrequent racing. This training made it fairly easy to run quick times, but I was very vulnerable in races. I plan on more speed work next year to develop some kind of kick. This was my main weakness this year.

2. *How did you feel about running under 13?* I was amazed.

3. *How did the Russian meet race go?* It was shitty. I knew neither of the Russians would lead and Dick Buerkle didn't want to lead until the last half-mile,



Mike Lyons

Kardong en route to 12:57.6.

so I was forced to take it from the top. I don't have an excuse for running so poorly. In retrospect I could blame the humidity, but at the time it really wasn't bothering me. I just felt physically flat.

4. *What was the difference between there and the AAU?* The main difference was that there weren't any Russians in the AAU. There were lots of them in North Carolina. Also my travel arrangements were different. To get to the AAU, I got to ride for 26 leisurely hours in a car and sleep in a closet. For the Russian meet, they forced me to take an airplane and sleep on a bed, both of which are unfamiliar *modus operandi* for me in pursuing competitive situations as an amateur.

5. *How did getting mono in '72 when you had a good shot at the Olympic team*

affect you? At the time it didn't bother me overmuch, as I'm aware there is no justice in this world and I thought it would put me on the road to wizardhood. But, as of this writing, I'm still just a normal mortal, so I guess wizardhood isn't in the cards.

I suppose in some sense it had made me more aware of the need to take rewards when they're there, to run well when it's possible and not to count too much on the future. Hopefully this has made me a stronger runner.

6. *What causes improvement in a distance runner?* I'd say it's mainly maturity and experience. Dick Buerkle is a good example. He gets a little stronger and a little wiser every season, even though he wasn't in the limelight much until this year. But he has kept at it year after year and all that work, combined with racing experience, has made him one tough S.O.B.

7. *How seriously do you take running?* A good question—and I don't really know the answer. I know I have to keep loose to have fun and run well. If I can laugh on the starting line, I feel a lot better about the whole thing. Team running has always given me enjoyment and when you're with your teammates, you stay loose. At Stanford I most enjoyed when we had group, rather than individual, successes.

At times this year, I've felt like quitting for that reason. It's very difficult to get a team spirit going in a club, when you never know if people will show up for a meet, and everyone lives in different places, and everyone is into his own event. It can be discouraging. I really miss the kind of fun I had in college. But I try to keep the same attitude I had then and I suppose that's why I keep loose.

It hasn't been that easy since I've had to do almost all my running on my own this year. I'm sure these are problems everyone out of college experiences. It's all individual, there are few opportunities for good competition, you train alone, you have no money, no time for running, etc. And that's why it's difficult to answer the last question.

8. *What are your future plans?* I want to continue at least through Montreal, if I can manipulate my life enough to do so. When I was at Stanford I enjoyed running so much and I was able to live a student's life as well, so it all seemed to fit together. Now, more than occasionally, I feel running is constricting my freedom and my ability to plan for the future and I feel the push to get out of it. There are very few jobs that fit in with the needs of a world-class athlete. I'm trying to find one. But then, as several people have told me, "You have the rest of your life to work." Well, maybe.

Anyway, I hope all this gives you some information about why I've had some improvement this year: attitude, training—and don't forget those Froot Loops.

Abyssinia, Don
Bible of the Sport

KIMBALL PACES PREP DISTANCE SCENE



Chip Gane/Sportsphotos

winning the State races than I did winning in Italy. I trained for the state meet for a year and it was the way I wanted to end my high school career."

With his high school career, per se, finished, the 18-year-old Kimball lost those three "big" races—The International Prep two-mile (although winning the mile), the Junior Champs 5000 and the Golden West 1500.

"Of course I was really disappointed about losing," he says, "but more disappointed that I wasn't mentally and physically in shape to race anymore. I needed a rest yet I wanted to run against the Soviets." He got his chance. A smartly-paced race (with a 65.4 ninth lap) gave him a relatively easy 5000 win.

Fortunately, Kimball was apparently able to kick the bugaboo of the budding miler—the pressure to break 4:00.

"The pressure was tough when I got back from Italy and people were expecting me to break 4:00 in the first meet," he comments. "So I just tried to convince myself of this and I ran OK, but was disappointed because I didn't run what other people thought I should. I should have learned my lesson then but I ran 4:05 and every paper around was calling, asking when I would break 4:00. I told them that it would be my next race. That whole week I worried about it and that week I ran badly. So from then on I really didn't feel the pressure of the four-minute mile."

He will almost certainly have to learn to break 4:00 now that he is at Oregon State—at least if he expects to score any points against mile-heavy rival Oregon. He should be up to it. □

Kimball Super Doubler

In comparison with prepdom's other all-time distance-running superstars, Rich Kimball comes off very well, thank you. The Portuguese Tables, at least, say that as combination miler-two miler, only all-time topper Gerry Lindgren is better. And on the basis of just outdoor performances, then Kimball is best. The leaders:

Gerry Lindgren (Rogers, Spokane)	4:01.5/8:40.0i	1903
Richard Kimball (DLS, Concord)	4:02.4/8:46.6	1874
Craig Virgin (Lebanon, Ill)	4:05.5/8:41.0	1871
Jim Ryun (East, Wichita, Kans)	3:55.3/8:04.0	1868
Tim Danielson (Chula Vista, Calif)	3:59.4/8:55.4	1866
Steve Prefontaine (Coos Bay, Ore)	4:06.0/8:41.6	1866
Curtis Beck (Santa Monica, Calif)	4:04.2/8:48.8	1854
Rick Riley (Ferris, Spokane)	4:04.7/8:48.4	1852
Dave Merrick (LW, New Lenox, Ill)	4:07.4/8:43.2i	1851
Matt Centrowitz (Power M, NYC)	4:02.7/8:56.2	1840
Marty Liquori (Essex C, Newark)	3:59.8/9:04.8	1832

OF PEOPLE & THINGS

by Bert Nelson

A WORD OF ADVICE to the athletes picked on page 5 to make the Olympic team in 1976: Don't pack your bags. Most of you probably won't make it.

Track simply is much too dynamic an activity to permit accurate predictions two years in advance. However, if you must try, *T&FN's* annual ranking of US athletes would seem to be a pretty good base for predicting the 65 men who would compete in the 21 stadium events.

But of the top three ranked in each event in 1969 only 13 (20%) made the 1972 squad. Just 17 (26%) made it from the 1970 rankings and only 24 (37%) from 1971, the year prior to the Games.

And here's a stat that is even more significant of the great competition and change within the American track scene: 25 members of the 1972 team (38%) were not even ranked among the first 10 in the US in 1971! Not making the top 10 were three of four Olympic gold medalists in individual events (Randy Williams, Dave Wottle and Vince Matthews) and three members of the winning 400 relay team (Rey Robinson, Robert Taylor, Gerald Tinker).

Consistency is hard to come by in track and field. We all know of the many high school stars who never make it in college, and of the many collegiate aces who don't produce after graduation. But too often we tend to overlook the violent swings in fortune from one year to the next during college. How often have you been impressed with a great freshman or a sophomom, predicted wonderful things for him, and then wondered, only a year later, what happened?

This year's NCAA 220 field is an excellent example. Larry Black won the NCAA in 1971, Larry Burton took it in 1972 and Marshall Dill was the 1973 champ. All three were present this year along with Mark Lutz, second in 1972. So what happened to these outstanding sprinters? Burton was eliminated in the first of four rounds, Lutz in the second, Dill in the third. Black made it to the final but finished only fifth, behind runners who had never previously even made the finals.

Mel Bassett roared onto the intermediate hurdle scene in 1971, finishing second in the NCAA as a soph. After that great start he failed to score the next two years. Meanwhile, Robert Primeaux won as a soph last year. This year defending champ Primeaux didn't make it through the heats while Bassett was second again.

There are hundreds of such examples. Sometimes there are publicly known reasons—injury, illness, ineligibility. Sometimes only those very close to the athlete know the reasons—problems at home, with the girl friend, loss of interest. And sometimes none, including the athlete and coach, know why. The trackman is just

as interested and works just as hard but the results aren't there and nobody has the answer. It could be the end of a promising career, or it could merely be a detour on the road to the top.

Few indeed are those who don't detour. Only six members (9%) of the 1972 Olympic team ranked in the top three for each of the three years preceding the Games—Steve Prefontaine, Frank Shorter, Willie Davenport, Jay Silvester, George Frenn and Tom Gage.

THE AAU has a mandate to serve the athlete. The US is more than ever aware of civil liberties. The AAU is endangered by congressional investigation and legislation arising from its (and the NCAA's) abuses of power. Given these facts, it's obvious the AAU is doing everything possible to live up to its mandate of service. Right?

HENDERSHOTTS

by Jon Hendershott

IT TOOK LONG enough but we finally will see a dual meet with East Germany, next July in *Ost Deutschland*.

Now that the United States and East Germany share diplomatic recognition, the doors have been opened to athletic meetings. We have already had a super swimming meet.

And finally Americans will be racing, jumping and throwing against those mysterious Germans from the other side of the Berlin Wall. Two of the world's three leading track powers will meet.

It's also time to extend this sporting detente one step further. Richard Nixon parted the Bamboo Curtain with his visit to Peking, as did American basketball players and swimmers.

It's time for track competition with Red China.

I, for one, would love to see Ni Chih-Chin high jump. Naturally I'm curious to see him—but more because he can put his body over a bar 7-6¼ high than because he is one of "them," one of our political/ideological adversaries.

Of course, some people might argue that by opening the doors of international competition to Red China, the other nations of the track world would be letting loose another kind of red bear. It didn't take the Soviets long after re-entering the Olympics in '52 to flex their muscles, literally and figuratively.

Let the Red Chinese in all international competition and it won't be long until they are vying for the top, I have heard it argued.

I interpret such comments to mean, "Let them in and the US will have another strong foe to contend with—and it has enough trouble right now

So what if the Chinese, Albanians,

Wrong. Once again the AAU track and field committee is running roughshod over the rights of the amateur athlete (see page 24). It is restricting competition which is an athlete's right, not a privilege to be granted or taken away. It is restricting travel, another right. And it intends to penalize those athletes who had the temerity to believe they couldn't be denied competition by arbitrary dictators.

Those who maintain the AAU has a death wish appear more right all the time.

OUT OF THE PAST. Walter Tewksbury won the 400 hurdles in the 1900 Olympics. His time was only 57 3/5 but the race was different, as he noted: "We started on the curve and there were no lanes. The hurdles were telephone poles six to eight inches in diameter, 30 feet long, with boxes of brush underneath. A water jump 16 feet wide was across the track just before the finish. I figure my long legs saved the day." □

South Africans and anyone else on this earth competes in the international sphere and beats the world? So what? More power to them. Let everyone compete. Athletes compete against athletes, not against racist governments, Communist ideology or foggy concepts like "ethics," "right/wrong," "good/bad," "us/them."

I urge the AAU to pursue athletic relations with every nation of the world, regardless of political persuasion, internal policies or ideological direction.

While mulling that one over, I also urge the AAU to get more international competition in the US. Two meets every two years is ludicrous. The years US teams travel abroad, the AAU should sponsor meets with other nations in the US. If I can't see the leading Soviet athletes, I would be just as glad to see the top British, French, West Germans, Finns, Swedes, Italians, Poles or whoever.

The more international competition for US athletes, the better. True, the logistical problem of getting visitors here would be substantial. The money seems always to be there for plenty of officials to tag along with teams. It shouldn't be that hard to come up with the bucks to give athletes the invaluable experience of international competition.

Doesn't the AAU profess to be working on behalf of the athlete? They could show it most graphically by giving as many athletes, young and not so young, the opportunity for international competition.

Hello, hello? Are you listening, Indianapolis? And hearing? And thinking? If you really care for the welfare of all American athletes—in track and every other sport you profess to control—don't put this call on hold. □

Why we made an issue out of women's sports.

Someone had to do it.

Because women all over are discovering the benefits of sports: strength, speed, endurance, skill, self-confidence and the thrill of competition.

They're discovering the healthy, free feeling of participating in sports,

with greater vigor and delight than ever before.

Most sports reporting until now has been written for and about men. That's fine, but not enough coverage has been given to women who

excel in sports. And not enough coverage has been given to the limitless possibilities that sports can create for improving women's lives.

That's why Billie Jean King and other top sports and journalism pros got together to bring you a new magazine devoted to women's participation in sports life: *WomenSports*.

As you'll see in the months to come, *WomenSports* will keep you informed on women's activities in all sports arenas, whether women are winning at Wimbledon or jogging down city streets.

We'll tell you how women feel when they're competing and how they react when they're on the sidelines. We'll bring you both human, in-depth profiles and sharp-paced exploration of trends, events, controversies and phenomena.

Not only will we be covering professional and competitive sports like tennis, skiing, drag racing, basketball, bowling and more, but we'll bring you sports like jogging, hiking, biking, and body surfing, in which women participate just for the fun of it.

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In upcoming issues, we'll cover such practical and provocative topics as:

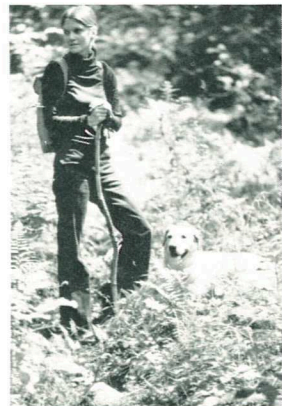
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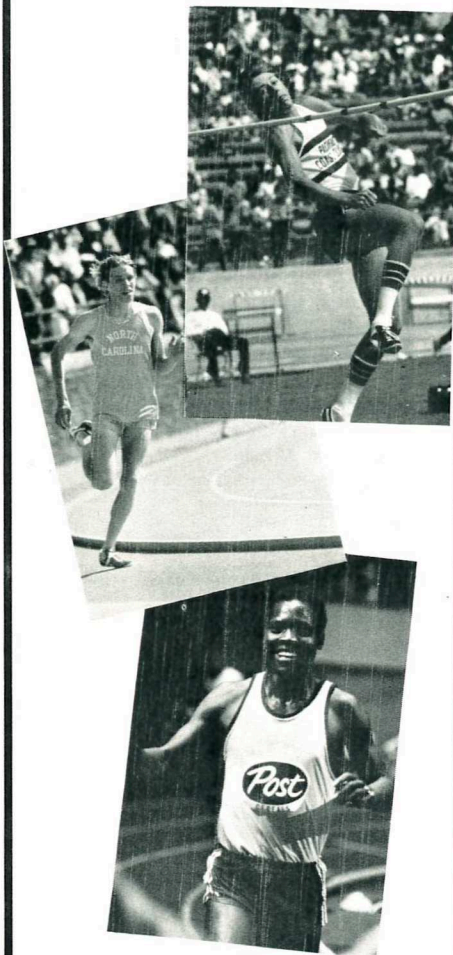
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Last Lap

Eugene Nabs AAU Meet

Los Angeles didn't fare too well in late-October track meet bidding. Presaging its Olympic loss to Moscow, the Los Angeles (UCLA) bid to return the AAU next year was upset by Eugene.

"It's really a surprise to us," said Oregon TC president Ed Doll. "We thought for sure that the meet would go to LA."

The meet will be held on Eugene's super-fast facility on June 20-21. Eugene is reportedly also the main candidate for an international decathlon-pentathlon featuring the US, USSR, East Germany, West Germany and Canada, slated for August.

The rest of next year's international calendar was also firmed up. The US will meet the USSR at Kiev on July 1-2, East Germany (for the first time ever) at Leipzig on July 18-19 and West Germany/Pan-Africa in Durham, N.C., sometime in August.

No plans for a Junior tour have been arranged, but it is expected that the Soviet Juniors will come to the US again, with Lincoln, Nebr. being a potential site.

Also approved was a plan for joint men's/women's Olympic Trials in 1976.

AAU Ratifies American Marks

Thirteen new American outdoor records were approved by the AAU at its recent convention:

100y	9.0	Ivory Crockett (PPC)
100m	9.9=	Steve Williams (SD St)
800	1:44.1y	Rick Wohlhuter (UCTC)
800	1:43.9	Rick Wohlhuter (UCTC)
800	1:43.9=	Rick Wohlhuter (UCTC)
880	1:44.1	Rick Wohlhuter (UCTC)
1000m	2:13.9	Rick Wohlhuter (UCTC)
St	8:23.4	Doug Brown (Tenn)
3M	12:51.4	Steve Prefontaine (OTC)
6M	26:51.8	Steve Prefontaine (OTC)
10km	27:43.6	Steve Prefontaine (OTC)
440IH	48.7	Jim Bolding (PCC)
4MR	16:14.4	Manhattan

Still requiring certification are an 8:18.4 2M, 7:42.6 3000 and 13:22.4 5000 for Pre and a 48.1 400IH for Bolding. It is interesting to note that no field events are represented.

Also ratified were 33 indoor marks, the most notable of which was Herb Washington's 5.8 60y from 1972.

New AAU President Wants Peace with NCAA

Peace between the AAU and NCAA? That's one of the goals of new AAU president Joseph R. Scalzo of Toledo, Ohio, a former Olympic wrestling coach.

"The AAU has no quarrels with the NCAA," said the 58-year-old oil company executive. "We recognize that it is a needed, worthwhile organization that serves the development of a young man's

athletic skills during the four years he is a college undergraduate."

He told the delegates, "For my part, I pledge to you that I will go anywhere and do anything to bring peace to amateur sports in the United States. We need more understanding, and most of all, cooperation, in the name of amateur sports in the United States."

Pan-Am Site, Date Change

Pan-Am dates are not the only thing that have changed since we reported in our last issue that alterations were imminent. The venue is also new.

Citing the current meningitis epidemic as the major reason, Sao Paulo, Brazil, has bowed out as host for the '75 affair.

Fortunately, the torch was picked up by Mexico City, with the VIIth edition slated for Oct. 12-26 at the '68 Olympic site.

The Games will be "the most economical in history," says Mexican OC president Mario Vasquez Rana.

The country is expected to be exempted from obligations to promote cultural events to accompany the Games, due to the shortness of time remaining.

Cross Country Trials Slated

True US representation in the World Cross Country Championships should become a reality in 1975.

Full Junior and Senior teams are slated to make the trek to Rabat, Morocco on March 16. A full Junior squad also competed in 1974, with Rich Kimball (see page 25) winning the individual title to lead the US to the team crown.

The Junior team will be selected from the top placers in an 8000m (4.97M) race in Alameda, Calif., on Dec. 21.

The Senior squad selection will be based on a 15,000m (9.32M) competition at Adirondack, N.Y., on Feb. 15.

USOC Stocks Take Beating

It seems as if no one is immune in these financially-troubled times. The USOC (which *Ms.* magazine recently characterized as a questionable "charity" to be giving money to) is having pecuniary problems.

Reports Neil Amdur of the *New York Times*: "Since November 1972, the USOC's extensive stock portfolio has suffered a more embarrassing setback than some of the committee's much-publicized foul-ups at the Munich Olympics. The actual turnabout on its common stocks has gone from a paper profit of about \$400,000 to paper losses of over \$700,000 on assets of \$5.1 million."

In case one might wonder what the USOC has so much money for, it is

Track & Field News

estimated by executive director Don Miller that preparations for Montreal alone will cost about \$1.2 million.

Killanin Goes to the Top

Already adopted by the Senate is the Pearson Bill, which would establish a five-man board, appointed by the President, to approve US Sports Federations.

The USOC and AAU are deathly opposed to the measure, while the NCAA supports it.

However, as soon as Gerald Ford became President, IOC President Lord Killanin wrote him a letter saying, "The body would not be recognized by the international sports federations concerned and could result in the exclusion of US amateur athletes in that sport from all world competition, including the Olympics."

Killanin said he felt he shouldn't meddle in our domestic affairs, but commented, "Perhaps the Senate, when approving this legislation, was not fully conversant with the organization of sport on an international basis [which prohibits government control]."

Killanin had earlier written to Richard Nixon on the same subject.

Killanin Attacks Politics

President Lord Killanin opened the IOC meeting with a scathing attack on countries which use athletes for political purposes, citing "recent cases" of athletes being prevented from competing against athletes of other countries for political reasons.

It is assumed he was referring to the

Asian Games, where Arab nations, backed by Mainland China, boycotted events in which Israelis were involved.

"This is not sport," he said. "It is not compulsory to take part in the Olympics, or in any international events. But it is compulsory for any individual, national Olympic committee or national federation—once it has accepted an invitation to compete in an official event—to comply with the rules and compete against all comers.

"I appeal to every single sportsman and woman not to come to the Olympics if they wish to make use of sport for political purposes."

IOC Redefines 'Amateurism'

"Amateurism will belong to history. With the coming era, a new word must be found to define the harmony of dedicated sport." A quote from IOC Director Monique Berlioux which served as a portent of what was to come at the IOC's Vienna Congress.

Rule 26, that segment of the IOC rulebook concerning eligibility, has been revised. Not as far as many would like it, but it is a step in the right direction.

The new rule says, simply, that a competitor:

1. Must never have received any financial rewards or material benefit in connection with his or her sports participation, except as permitted in bylaws.
2. Observe and abide by the rules of his or her international federation as approved by the IOC, even if the Federation rules are more strict than those of the IOC.

Gone are the old restrictions which stated that an athlete could receive compensation for training time only 30 days before the Olympics and only 60 days total in a year. They may now be paid as much as their regular salary, with no time limit.

Modified is the restriction that athletes cannot compete with advertising material on their uniforms. This practice is banned only in major competitions. Money earned in smaller meets must go to the national federations.

The rule still does not allow pros in one sport to compete as amateurs in others, such as the NCAA allows.

IOC President Lord Killanin, under whose direction the organization seems to be a bit more receptive to change than it did under Avery Brundage, summed up the problem with the old Rule 26: "It endeavored to state a philosophy rather than to make a firm rule." □

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Richard Shelby, Nashville, Tenn.

Thanks for giving us a view of Pre the man [October]. It is nice to see him as something other than just a set of numbers and stats. Speaking of which, your 1 August list of his eight American records this season was one short. He began his season with an indoor 2M record of 8:22.2 in January. Go Pre!

Jay Dunn, Baltimore.

On amateurism, Steve Prefontaine seemed miffed that his government didn't give him any financial support (October) while he trained and raced as an amateur. I'll be damned if I want my tax money to go to Pre or anybody else who chooses to pursue amateur sport. I don't happen to think it is important which country wins the Olympics. There is no such thing as a team title anyhow. Who cares how many medals the US wins?

Wayne F. Moss, Weaverville, Calif.

When will we shake the myth of Pre and Europe? Since Munich, *T&FN* has on many occasions described Pre as "one who can't lose in Eugene or win in Europe." Why does he have to beat them on their terms—"at home, in their prime season, over their best distances"? I don't see anyone from Europe coming over here to prove themselves on our tracks. Why can't Foster, Viren, Puttemans, or even Gamoudi come and run in Oregon in May?

Alfred J. Paul, Chicago.

I just received my October issue and I was greatly

disappointed. I am quite a cross-country enthusiast and the issue carried a grand total of two pages of cross country. The rest of the issue dealt with Pre's problems and assorted other fan-magazine type articles, "How I overcame my injuries and am now happy."

Alphonse Juillard, Stanford.

Jerry Dyes's interesting proposal to do away with passing zones [October] reminds me of a much more drastic proposal I made years ago. The only stipulation I would make is that a relay team consists of no more than four runners. Members could position themselves around the track where they see fit and take as long as they want to pass. In a 400m relay, a Tommie Smith could cover 160m while his teammates could divide the remainder into 80m segments... In the other direction, I would like to try an experiment and allow a team to use more than four runners. If a coach believes that his team can do better by passing the baton nine times, let him try.

Frank Costello, Maryland coach.

I just can't understand why the IAAF has put a ban on the somersault style of long jumping. Why didn't they ban the flop or the glass pole? They claim they banned the style for medical reasons. There are many aspects of track and field that are dangerous if not for proper coaching and proper facilities, so I don't see this as a valid excuse.

David Johnston, Jonesboro, Ark.

After reading *One False Move and You're Dead*

(October) I would like to make a suggestion. Why not move the runner that false starts a yard back from the starting line. This would mean a runner could still run but would be penalized for false starting. [Ed: According to Historical Editor Wally Donovan, the AAU and NCAA had rules similar to this from 1923 to 1934. The penalties imposed varied with the distance and the race and with the number of false starts.]

John B. Lentz, Haddonfield, N.J.

I believe the majority of false starts to be caused by poor coaching or deliberate attempts by the sprinter to gain an advantage. I clocked the starters at Munich and they sometimes held for 7-8 seconds. Yet according to my recollection there were only two false starts. It goes to show that athletes will hold if the rules are enforced and something big is at stake.

Hugh Jascourt, Greenbelt, Md.

Moscow is a logical and appropriate site for the Olympics under every conceivable standard except one. That is past performance. If we examine the Soviet Union's hosting of the WUG at a time when the world was still recovering from the horror of Munich we will find an organized and systematic effort to discredit Jews. The TV account of the parade of nations deleted Israel as if it did not exist... I urge *T&FN* to organize a boycott of the Olympics of 1980 unless the summer games are shifted to a different nation. Since the image of the Olympics is at stake such a boycott is far more justified than any attempted or proposed thus far.

Jack Pfeifer, Seattle.

Quick, record my vote. Put the '76 Trials in Eugene. □



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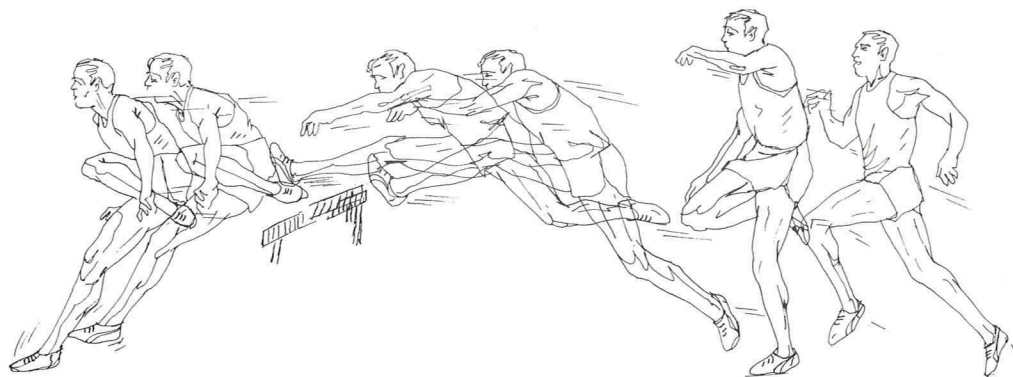
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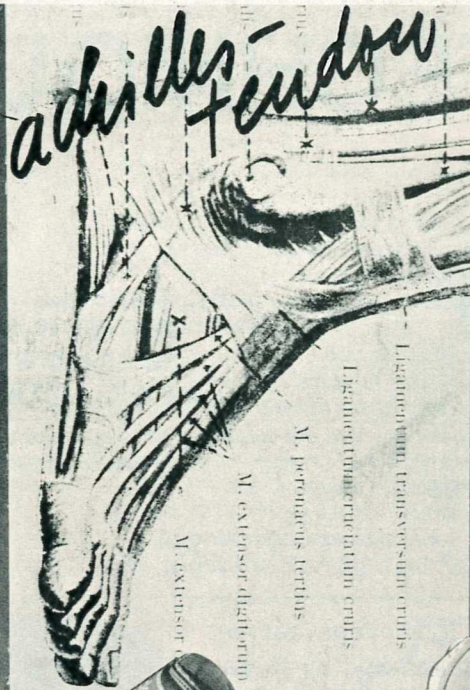
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