

SJO Track

AND

Field Booklet

1974

Presented by

Coach Garrison

Coach Gary Garrison

Co- Captains

Gary Bensyl
Jim Risley

Manager Carol Hovel
Teri Craig

We had another very successful season. Among our accomplishments are 4 new school records. For the second straight year we had a winning season including a victory in our Quadrangular meet. Other team accomplishments include 3rd in the County meet and 1st in our 6 Team F-5 invitational. We also had several young men included on the Class A State Honor Roll. (Tony Johnson mile 4:39.6, 2 mile 10:12.5; GREG WELLS TJ 38'6"; GARY BENNYL HH 15.85 440 relay 46.9 MOORE, MARSH, BENNYL, STARK).

It has been an enjoyable season and I would like to express appreciation to all those people who made our season such a success — TERRI, CAROL, PENNY, SHERRIL, all those who helped at our meets, all the patient parents; and especially the TRACK HORSES.

My best wishes to Gary & Mitch for all the long hours they have endured in their 4 years of track and may their memories be sweet ones; their little ones "TRACK HORSES". May you always "Hump to Please", accept life's responsibilities, and taste of life's many joys.

Coch Harrison

SJO TRACK SQUAD

Seniors

Gary Bensyl

Mitch Moore

Juniors

Roger Clark

Keith Harms

Tony Johnson

Jim Risley

Chuck Weaver

Sophomores

Eric Buzzard

Dale Corn

Kevin Elliott

Jeff Grussing

Terry Hill

Tim Idleman

Scott Kesler

Mike Langdon

Brad Marsh

Dave Moore

Scott Pacey

Drs Rouse

Tom Sattler

Bob Silver

Linden Stark

Rick Sturts

Freshman

Twan Brown

Bill Campbell

Dale Graffis

David Jannusch

Marty Johnson

Loren Kirkwood

Ernie Northen

Mark Pausch

John Risley

Ken Smith

Greg Wells

Dave Wilken

Rusty Woodward



BEST EFFORTS
OF
"1974"

2 mile 10:12.5 Johnson Idleman 11:02.9 Woodward 11:13
 H.H. 15.85 Bensyl Northern 18.8 Langdon 19.3
 100 11.0 Moore Bensyl Pausch 11.1 Marsh Wells 11.3
 880 2:08.8 Idleman Johnson 2:11.2 Woodward Sturts 2:16
 440 54.8 Stark Moore 57.0 Marsh 57.7
 L.H. 42.9 Bensyl Grussing 46.0 Northern 47.0
 Mile 4:39.6 Johnson Idleman 4:56 Hill 5:13.7
 220 24.4 Stark Moore 25.1 Marsh 25.1
 440 relay 46.9 Moore, Stark, Bensyl, Marsh
 880 relay 1:42.3 Moore, Marsh, Pausch, Corn
 880 F-5 relay 1:42.0 Marsh, Wilken, Wells, Stark
 Mile relay 3:50.4 D. Moore, Grussing, Sturts, Stark
 Shot 42'4" Harms Ristley 41'6" Corn 36'7"
 P.V. 11'3" Silver Kester 10'6" Ristley 10'0"
 H.J. 5'7" Wells Wilken 5'6"
 L.J. 19'3" Wells Stark 17'8"
 T.J. 38'6" Wells Sturts 36'1" Smith 33'10"
 Discus 118'9" Harms Ristley 118'6" Wilken 118'6"

Mile Relay 440's

Stark 54.9
 Sturts 57.3
 D. Moore 57.5
 Marsh 57.2
 Grussing 58.1
 Ristley 58.3
 Moore 59.0

880 Relay 220's

Moore 24.2
 Stark 24.5
 Marsh 25.2
 Corn 25.4
 Wells 25.5
 Sturts 25.7
 Pausch 25.9

SJO

Most Valuable

Gary Bensyl

123 points

- 1) currently holds 2 records
- 2) 15.85 HH best
- 3) 42.9 LH record
- 4) member of record setting 440 relay team

Most Valuable Sophomore

Linden Stark

104 1/2 points

- 1) member of record setting 440 relay team
- 2) had best time for team in 440/220
54.9 / 24.4

SJO ended with a 10-5 record in dual, triangular, and quadrangular meets.

SJO	44	Tuscola	102	
SJO	35	Metemora	111	
SJO	107	Catlin	62	Jamacia 14
SJO	63	Monticello	91	Uni High 7
SJO	49½	Mahomet	102½	Homer 26
SJO	66	Catlin	70½	Oakwood 40
SJO	98	Villa Grove	76	ABL 47½ Homer 44½
SJO	73	Georgetown	61	Westville 47

Big Meets:

U of I	4 pts.	11 out of 22
Urbana Open	18 var pts. 10 F-3 pts.	4th of 18 4th of 10
SJO F-3 Inv	117 pts.	1st of 6
Mattoon Inv		didn't score
County Meet	39 pts.	3rd of 7
F-3 Conference	33 pts.	4th of 8
Unity Inv	16 pts.	9th of 12
Varsity OKAW	21½ pts.	5th of 8
District		didn't score

March 27 & 28

SJO Intersquad

senior, sophomore
vs.
junior, freshman

Event	Winning time, Height or Distance	1 st Place	2 nd Place	3 rd Place	Non-Placers	
Long Jump	18'	G. Wells	17' 2" L. Stark			
Triple Jump	32' 6"	K. Smith	32' 4 1/2" R. Sturts	32' 1/2" M. Pusch	28' 11" K. Elliot	
Pole Vault	10' 6"	J. Risley	10' B. Silver	9' 6" S. Kester		
Shot	39' 8"	J. Risley	39' K. Harms	35' 9" D. Corn	29' 2" D. Jannusch	28' 3" T. Sattler
Discus	119' 4 1/2"	K. Harms	98' 1 1/2" D. Corn	79' 1/2" D. Graffis	76' 4 3/4" D. Jannusch	73' 6 1/2" S. Pacey
High Jump	5' 6"	D. Wilken	5' 4" R. Wells	4' 10" B. Silver		
Low Hurdles	48.5	E. Northen	48.6 J. Grossing	50. B. Silver	51.5 M. Langdon	51.8 A. DeSoto
High Hurdles	20.9	B. Silver	21.4 M. Langdon	21.8 E. Northen	22.8 J. Grossing	23.4 A. DeSoto
100	11.8	B. Marsh	11.9 G. Wells	12.4 M. Pusch	12.6 Moore	
220	26.3	B. Marsh	26.5 M. Moore	27.6 R. Clark	28.1 M. Pusch	29.6 L. Stark
440	58.4	L. Stark	58.6 J. Risley	60.8 D. Moore	63.1 D. Wilken	63.5 K. Elliot
880	2:18.3	R. Sturts	2:18.4 C. Weaver	2:24.8 D. Woodman	2:27.4 T. Johnson	2:31 T. Hill
Mile	5:24	T. Idleman	5:25 C. Weaver	5:41 D. Woodman	5:49 T. Hill	6:17.7 M. Johnson
2-Mile	11:10.5	T. Johnson	11:27 T. Idleman	13:5 B. Campbell	14:32 L. Kirkwood	15:11 L. White

440 Relay - D. Graffis, D. Jannusch, K. Harms, J. Risley 55.5

880 Relay - M. Moore (27.4), D. Moore (27.6), D. Corn (26.8), B. Marsh (26.7)

Mile Relay - D. Corn (62.5), S. Kester (65.5), M. Langdon (69) 1:48.5
L. Stark (65) 4:22

U of I INDOOR

Medley Relay	2 Lap	Linden Stark
	1 Lap	Jim Risley
(4+h)	1 Lap	Brad Marsh
	4 Lap	Tony Johnson

4:46.6

Tuscola - 102 vs. SJO - 44

April 2, 1974

Event	Winning time, height, or distance	1st place	2nd place	3rd place	Non-Placers	
Long Jump	19'	Bechtel	18' 9"	18' 5"	16' 10"	16' 6"
Triple Jump	37' 4"	Wells	36' 6"	34' 11 1/2"	34' 11"	33' 10"
High Jump	5' 7"	Waters	Lowriscend 5' 4"	5' 4"	5' 2"	
Pole Vault	11'	Galey	10'	10'	9' 6"	
Shot	47' 6"	Rich	Risley	41' 5"	40' 2"	39' 1"
			Conner	42' 1 1/2"	Little	Risley
Discus	127' 3"	Conner	Little	114' 1 1/2"	108' 5"	86' 8"
			Harbaugh	116' 3"	Harms	Corn
Low Hurdles	44.7	Crowder	47.	47.1	49.4	
High Hurdles	116.6	Bensyl	Smith	18.	Silver	
			Huber	16.7	19.9	Largdon
100	11.0	Meyer	11.1	11.5	11.6	
220	25.7	French	French	25.8	26.2	27.0
			Stark	58.1	59.6	61.4
440	57.1	Stark	Specktel	Conner	Moore	
880	2:17	Menere	2:17.4	2:19.2		
Mile	5:18.1	Menere	Weaver	5:22.2		
			Brewer	5:22	Geiler	Woodward
2 Mile	10:55.5	Johnson	11:3.3	11:20.5		
			Kroenuna	Illeman		

F-5 880 - relay - (Elliott, Kausch, Wilken 26.1, Wells 26.6) 1:46.7

440 - Relay - (French, Galey, Smith, Meyer) 49.3 (M. Moore, Stark, Bensyl, Sturts) 49.8

880 Relay - (Meyer, Galey, Smith, French) 1:44 (Marsh 26., D. Moore 26.5, Corn 26.9, Risley 27.1) 1:46.5

Mile Relay - (Crowder, Geiler, Conner, Batchel) 3:58.5 (D. Moore 61., Corn 62.8, Moore 61.2, Johnson 60.5) 4:05.5

SJO F-S vs. Tuscola
26 - 78

April 2, 1974

<u>Event</u>	<u>Winning time</u>	<u>SJO Placers</u>	<u>Non-Placers</u>
2 mi	11:37.7	Campbell	
HJ	5'6"	Northern 20.6	
High Hurdles	20.6	Grossing 21.2	Buzzard 38'
Shot	37'4"		Jannusch 31'3"
100 yd. dash	11.2	Pausch 11.3	
880	2:20	Hill 2:31	Graffis 79'
Discus	102'5"		Buzzard 77'8"
LJ	17'4"	Wilken 17'4"	
TJ	30'4"	Pausch 15'5"	
440	60.2	Elliot 30'4"	Kester 61.8
Low Hurdles	47.9		Smith 63.8
Mile	5:30	Langdon 50.4	Silver 53.3
220	26.3		
Mile Relay	4:03.4	Pausch 27.2 Wilken 66, Woodward 63.5 Grossing 63, Elliot 63.5	

Metemora III vs. SJO 35

April 6, 1974

Event	Winning time, height or distance	1st Place	2nd Place	3rd Place	Non-Placers	
Long Jump	18' 5"	Wells	Sharp	Winblen	Stark	Wilken
Triple Jump	38' 6"	Wells	Weldon	Goetz	Sturts	Smith
High Jump	5' 5"	Goetz	Wells	Schertz	Wilken	
Pole Vault	11' 6"	Herring	Silver 10' Ristley 10'		Kesler	
Shot	40' 11"	Ruden. S	40' 8" Harms	39' 10" Greist	39' 7" Ristley	34' 11" Corn
Discus	129'	Bean	121' 3" Ruden. S	118' 9" Harms	103' 9" Corn	101' 3" Wilken
Low Hurdles	43.9	Weldon	44.1 Bensyl	48.4 Grossing	48.8 Northen	51.0 Langdon
High Hurdles	16.2	Weldon	18.7 Friederich	19.0 Bensyl	20.7 Silver	21.8 Langdon
100	10.8	Morgan	11.0 Wernshnan	11.6 Winbler	11.9 Marsh	12.5 Rausch
220	24.0	Morgan	24.1 Wernshnan	25.1 Holman	25.3 Ristley	25.9 Marsh
440	56.4	Garber	56.5 Stark	56.9 Kauchah	63.0 Smith	64.3 Clark
880	2:07.7	Nicholson	2:11.2 Johnson	2:14.9 Ruder. P	2:27.5 Sturts	2:23 Woodward
Mile	4:42.8	Ruder. T	4:43.3 Johnson	4:57.5 Cordes	5:21.5 Weaver	5:31.5 Woodward
2 Mile	10:11.5	Ruder. I	10:34.5 Cordes	10:46.2 Zobrist	11:25.0 Tillman	11:44.0 Weaver
F-5 880 relay - 1:45.9 Metemora		1:48.1 SJO		(Elliot 28 Rausch 26.5; Wilken 27.5 Wells 26.7)		
440 relay - 47.5 Metemora		49.5 SJO		(Moore, Stark, Bensyl, Marsh)		
880 relay - 1:38.8 Metemora		1:45.7 SJO		(M. Moore 26.7, D Moore 26.9; Corn 26.9, Marsh 25.2)		
Mile relay - 3:52.1 Metemora		4:01 SJO		(Moore 59, Kesler 63; Idleman 63, Stark 56)		

SJO 107 - Catlin 62 - Jamaica NY

April 9, 1974

Event	Winning time, height or distance	1st place	2nd place	3rd place	4th place	Non-Placers
Long Jump	18' 4"	Ross	17' 8" Stark	17' 7" Bensyl	17' 1 1/2" Royce	16' 8 1/2" Wilken
Triple Jump	35' 10"	Ross	34' 10" Sturts	33' 3" Smith	32' 5 1/2" Church	
High Jump	5' 6"	Woodard	5' 2" Wilken			
Pole Vault	9' 6"	Silver	9' 6" Turner	9' Kessler		
Shot	41' 6"	Risley	41' 1" Woodard	40' 2" Harms	39' 1 1/2" Pennock	35' 6" Corn
Discus	131' 1"	Woodard	118' 6" Risley	118' 2" Harms	107' 9" Corn	
Low Hurdles	45.3	Bensyl	48.0 Weaver	48.8 Northen	48.9 Grussing	
High Hurdles	17.8	Bensyl	19.5 Weaver	20.4 Silver	20.5 Elston	20.9 Langdon
100	11.0	Bowman	11.1 Modglin	11.3 Marsh	11.5 M. Moore	11.9 Rausch
220	24.1	Modglin	24.8 Stark	25.1 Moore	25.6 Woodard	26.3 Marsh
440	58.0	Stark	59.3 Risley	61.1 Turner	62.4 Clark	63.0 D. Moore
880	2:16.8	Weaver	2:17.1 Tilleman	2:20.6 Ross	2:20.8 Miller	2:20.9 Sturts
Mile	5:00.6	Johnson	5:05.5 O'Shaughnessy	5:23.6 Tilleman	5:30.1 Weaver	5:44.7 Woodard
2 Mile	10:30	Johnson	10:41.8 O'Shaughnessy	11:40.5 Woodward	11:56 Hill	
F-5 880 relay - 1:48.7 (Smith 28, Wilken 26.4, Rausch 27.7, Marsh 26.4)					Catlin - 1:50.5	
440 relay - SJO 47.5 (Stark, M. Moore, Bensyl, Marsh)					Catlin - 50.0	
880 relay - Catlin 1:45.5			SJO - 1:47.2 (Moore 26.5, D. Moore, Kessler 27.5, Corn 26)			
Mile relay - SJO 4:05 (Corn 61.0, D. Moore 62.5, Grussing 60.5, Sturt)					Catlin - 4:09.5	

April 9, 1974

SJO F.S. vs. Catlin & Jamacia

4/9/74

89 - 43 - 3

<u>Event</u>	<u>Winning time</u>	<u>SJO Placers</u>
2 mi	12:37.2	M. Johnson, White 13:40
High Hurdles	20:8	Northen, Grussing 21.5
Shot	35'9"	Brown 33'1 1/2", Jannusch 30'3"
		Buzzard 29'10 1/2"
100yd dash	11.5	Elliott 12.3, Desoto 13.0
880'	2:43	Kirkwood
Discus	92'3"	Graffis 80'1 1/2", Brown 79'7"
		Buzzard 79'2"
LJ	14'11"	
TJ	29'6 1/2"	Pausch, Elliott 29'
Low Hurdles	51.8	Silver, Langdon 52.4
		Desoto 56
Mile	5:56	Hill, Campbell 6:03
		Kirkwood 6:19, Risley 6:29
220	26.3	Elliott, Smith 26.9,
		Desoto 28.7
440 Relay	52.8	Desoto, Smith 54.5
		Jannusch, Kester
Mile Relay	4:22.8	Kester, Pausch 4:22.8
		Wilken, Northen

April 11, 1974

Monticello 91 - 500 63 - Uni High 7

Event	Winning time, height or distance	1st place	2nd place	3rd place	4th place	Non-placers
Long Jump	19' 2"	Bailey	Seken	18' 6" Wells	Lilly	
Triple Jump		NO TRIPLE JUMP THIS MEET!				
High Jump	5' 8"	Baily	5' 4" Brown	5' 2" Wilken		
Pole Vault	10' 0"	Ashby	10' 0" Risley	9' 6" Silver	9' 0" Kasler	
Shot	50' 7 1/4"	Benson	43' 7 1/2" Couture	42' 2 1/2" Narfleet	41' 1" Harms	
Discus	122' 0"	Benson	118' 6" Wilkin	116' 5" Harms	116' 4" Couture	
Low Hurdles	44.1	Riley	44.4 Bensyl	46.3 Grussing	46.7 Holladay	47.4 Northen
High Hurdles	16.5	Bensyl	16.7 Bailey	16.9 Phipps.	Riley	
100	10.9	Carr	11.1 Rupp	11.5 Marsh	Ravech 11.7 Wells 11.7	
220	24.25	Carr	24.4 Stark	25.2 Risley	25.5 Seloens	26.1 Sturis
440	57.2	Stark	58.1 Darry	59.1 Risley	61.6 Dworschak	63 Weaver
880	2:14.5	Dworschak	2:17.8 Riggins	2:18 Idleman	2:20 Weaver	2:24 Sturis
Mile	4:55.7	Johnson	4:58.8 Duck	5:12.6 Brewer	5:16.5 Idleman	5:30.6 Woodward
2 Mile	10:41.1	Johnson	10:48.7 Brewer	11:35.5 Smith	11:38 Woodward	12:30 Hill
440 Relay	Monticello 48.6	500 50.3 (Moore Stark, Bensyl Marsh)				
880 Relay	Monticello 1:43.6	520 1:43.9 (Moore 27, D. Moore 26.5, Corn 25.8, Marsh 25.2)				
Mile Relay	Monticello 4:00	530 4:03.1 (Corn 63, Grussing 60, D. Moore 41, Moore 59.1)				

April 12, 1974

F-3 Monticello - 11 1/2 550 - 20 1/2

Event	Winning time, height or distance	1st Place	2nd Place	3rd Place	Non-Placers	
Long Jump		Treadway	Gasaka	M. Darrell		
High Jump	5'	Wisegarvin	4'10" Goodman			
Shot	38'6 1/2"	Blackburn	Phipps	Patrick		
Discus	109'	Patrick	108'1" Striegel	92' Philips		
Low Hurdles	46.7	Bushue	48.7 Silver	52.4 Langdon	53.0	53.5
High Hurdles	18.0	Holloday	19.0 Bushue	20.0 Northen		
100	11.8	Gasaka Treadway		11.9 O. Moore		
220	25.8	Gasaka	25.9 Treadway	26.4 Kester	27.5	27.5
440	62.8	Williams	63.1 Smith	63.2 Kester		
880	2:23	McDowell	2:24.7 Goodman	2:28 Pariloc	2:32	2:40
Mile				6:05 Johnson		
2 Mile		Ford	Kallenback	12:30 Hill	13:08	13:22

440 Relay - Monticello - 54.7

880 Relay - 550 - 1:47.5 | Monticello 1:48.9

Mile Relay - Monticello 4:10.5 | 550 Langdon (64) Smith (63) Northen (67) Elliott (63.5)

URBANA OPEN

April 13, 1974

CLASS B 18 Teams

Varsity Division - Sweet 550 4th Place
F-5 Division - Sweet 550 4th Place

A hump to please TEAM EFFORT.

Mile	4:41.8 (1st)	Tony Johnson
F-5 880	2:12.7 4th	Tim Idleman
F-5 440	59.4 4th	Dave Moore
F-5 TJ	3'2" 4th	Greg Wells
Varsity Sprint Medley	4:08.4 2nd	Risley, 440 (58.3), Moore 220 (25.8), D. Moore 220 (27.9), Sturis 880 (2:16)
Varsity 440 Relay	49.6 4th	Moore, Moore Benz, I. Risley
F-5 Sprint Medley	4:00.2 3rd	Stark @ 440 (57), Marsh 220 (25.9), Corn 220 (26.1), Idleman 880 (2:11.2)

Non - Placers

LH 44.7 Benz	DV 10'0" Kester
HJ 5'2" Wilken	440 61.0 Kester
Distance Medley 8:49	Woodward (2:16), Sturis (60.3) Moore (27), Johnson (5:05)
F-5 880 Relay 1:42	Marsh (25.8), Wilken (26.1) Wells (25.5), Stark (24.6)
F-5 440 Relay 50.7	Marsh, Wilken, Wells, Stark

April 16, 1974

Mahomet-Seymour 102 1/2 - SJO 49 1/2 - Homer 26

Event	Winning time, height or distance	1st place	2nd place	3rd place	4th place	Non-placers
Long Jump	19' 5"	Anderson	18' 5" Karr	17' 4" Wells	16' 9" Farley	
Triple Jump	38' 1"	Scott	38' Farley	36' 10" Wells	36' 1" Kessler	
High Jump	5' 8"	Farley	5' 6" Wilken	5' 4" Stade	Cinbell 5' 4" Wells 5' 4"	
Pole Vault	11' 6"	Willoughby	10' Kessler	10' Silver	9' 6" Dawkins	
Shot	46' 6"	Edwards	41' 3" Harms	41' 3" Eichelberger	38' Lindsey	
Discus	125' 9"	Lindsey	124' 5" Edwards	124' 1" Willoughby	115' 2" Harms	
Low Hurdles	42.5	Nichols	43.8 Miller	44.6 Bensyl	44.7 Leonard	18.5 Garrison
High Hurdles	17.1	Bensyl	17.6 Leonard	18.5 Miller	20.3 Langdon	
100	10.9	Scott	11.2 Karr	11.3 Miller	11.65 Sturts	Burch 11.7 D. Moore 11.7
220	24.7	Scott	24.7 Stark	25.3 Karr	Moore 25.6 Marsh 25.6	27.5 Elliot
440	53.6	Anderson	54.8 Stark	55.1 Graham	57.8 Marsha	57.9 D. Moore
880	2:07.9	Reely	2:08.5 Howard	2:11.5 Johnson	2:18.8 Moore	2:25 Northern
1 Mile	4:47.5	Johnson	4:47.6 James	5:03 Kasper	5:11.7 Page	5:15 Tideman
2-Mile	10:26.2	James	10:51.6 Page	11:02.9 Tideman	12:03.6 Weaver	12:04 11:11
440 Relay - SJO 48.9 (Moore, Marsh, Bensyl, Stark)			Mahomet 49.2			
880 Relay - Mahomet 1:41.7		Homer 1:45.5		SJO 1:46 (Marsh 25.9, Kessler 2:14, Corn 2:09, Sturts 2:57)		
1 Mile Relay - Mahomet 3:49.5		Homer 3:56.7		SJO 3:58.3 (Grussing 5:19, Tideman 2:31, Weaver 3:31, Stark 3:25)		

Oakwood-26 1/2 Homer 27 1/2
 April 19, 1974

SJO-117 - Catlin - 35 - Mahomet - 3.3 - Seymour - 3.3 - Bismarck - 3.2

Event	winning time, height or distance	1 st Place	2 nd Place	3 rd Place	4 th Place	5 th Place	
Long Jump	18' 2 1/2"	Wells	17' 4 3/4" Birges	16' 10 1/4" Stark	16' 9 1/4" Carter	16' 5 3/4" Warren	
Triple Jump	37' 10"	Wells	34' 11" Nichols	34' 6" Boen	34' 4 3/4" Starts	34' 2" Klinebell	
High Jump	5' 4"	Wilken	5' 2" Wells	5' 0" Glade Podd	---	5' - 0" Edinger	
Pole Vault	10' 6"	Keeler	10' Silver	10' Dawkins	^{Hamilton} Stone		
Shot	42' 5 1/2"	Swaney	37' Winkler	36' 1 1/2" Corn	34' 11" Moore	34' 9" Stone	
Discus	116' 10"	Wilken	112' 9" Swaney	104' 11" Boen	103' 8 1/2" Corn	98' 1/2" Reed	
Low Hurdles	43.6	Miller	44.8 Carter	46.2 Grussing	46.8 Nichols	47.4 Elston	
High Hurdles	17.25	Miller	19.0 Elston	19.4 Northen	19.7 Langdon	20.0 Stone	
100	11.0	Bowman	11.3 Carter	11.4 Marsh	11.8 Paush	12.0 MacChellen	
200	25.4	Stark	26.5 Brown	26.8 Corn	26.9 MacChellen	27.4 Steinhell	
440	55.6	Stark	59.1 Moore	59.25 Williams	59.8 Leisch	1:00.2 Winkler	
880	2:14.8	Idleman	2:19 Starts	2:20.4 Watson	2:26.8 Sidlens	2:28.2 Davis	
mile	5:09.9	Cook	5:08 Kasper	5:20.3 Idleman	5:21.6 Freezor	5:22.2 Woodward	
2 mile	11:06	Cook	11:16.9 Woodward	11:21.2 Freezor	11:21.5 Driver	11:43.1 Mill	
880 Relay	1:43	(Paush Wells Wilken Marsh)	Catlin	Mahomet	Seymour	B-H	Homer
Mile Relay	3:56.4	(moore marsh Grussing Starts)	Homer	Mahomet	Seymour	B-H	Catlin
440 Relay	49.8	(Paush Starts Wilken Stark)	Catlin	Bismarck	Mahomet	Oakwood	

Catlin 70 1/2 - SJO 66 - Oakwood 40

EVENT	winning time, 1/15/11 or distance	1st Place	2ND Place	3RD Place	4th Place	Non-places
LONG Jump	18'8"	Mordlein	Thompson	Stydell	Ross	
Triple Jump	36'2"	Thompson	Wells	Stydell	Ross	
High Jump	5'5"	Wendell	BROWN 5'4" Wilken		5'4" Royce	
Pole Vault	10'	TURK, Brown, Wendell			9'6" Silver	9'6"
Shot	46'2"	Stone	Swaney	39'10" Harms	38'11" Pennock	35'3"
Discus	132'9 1/2"	Stone	Jurney	Mazelbarce	Harms	103'5"
LOW HURDLES	45'2"	Bensyl	Elston	NORTON	BROWN	48.8
HIGH HURDLES	16'2"	Bensyl	Elston	Weaver	NORTON	19.8
100	10.7	Bowman	Burrows 11.0 M. MOORE		11.2 Thompson	11.5 11.8
220	25.2	Mordlein	MOORE 25.3 Stark		Stydell	26.8
440	57.3	Stark	59.1 Marsh	59.3 Turk	60.5 MOORE	65 2:31
880	2:18.1	Talman	2:19.9 Ross	2:22.9 Miller	Greene	2:33 5:44
mile	5:03.5	Johnson	5:07.7 O'Shan	Cook	5:31 Idelman	5:34
2-mile	10:26.5	Johnson	10:33.8 O'Shan	COOK 11:08.8	11:48.1 Weaver	11:52
440 Relay	50.1 (MOORE, MARSH, STARK)	SJO	50.9 (BIBB, STARK)	51.1 (NORWOOD, CATLIN)		
880 Relay	Catlin 14:37	SJO	Wilken (28.3)	COOK (27.1)		
mile Relay	Catlin 3:55	SJO	D. MOORE (60.3)	MARSH (58.7)		
		SJO	BRISSING (58.7)	SLURIS (57.3)		

WE WERE down by 23 pts after the field events were completed and rolled to nearly even. A sweet running effort. Tony set a new school record.

SJO QUAD

April 25, 1974

SJO 98 - Villa Grove 76 - ABL 47 1/2 - Homer 44 1/2

Event	Winning time, height or distance	1st place	2nd place	3rd place	4th place	5th place
Long Jump	18' 8 1/2"	Wells	18' 8 1/4" Bosch	18' 5" Kappes	18' 3 1/4" Marbin	17' 5" Bensyl
Triple Jump	37' 10"	Wells	36' 2 1/4" Kappes	34' 1 1/2" Piercy	34' 7 1/2" Carmack	34' 7" Sturts
High Jump	5' 4"	Chambers	5' 2" Dodd Wilken		5' 2" Wells	
Pole Vault	12' 6"	Bosch	10' Brutlag	10' Kasler	10' Silver	9' Risley
Shot	47' 6"	Edward's	42' 4" Harms	40' 6" Harbien	38' 10" McComas	
Discus	144' 11"	Edward's	121' Schweighart	117' 1" Shumacher	115' Harms	110' 8" Wilken
Low Hurdles	43.6	Miller	43.8 Bensyl	46.7 Kanders Piercy	46.7	47.8 Grussing
High Hurdles	16.5	Bensyl	16.85 Miller	17.4 Prosser	18.6 Piercy	19.3 Langdon
100	10.95	Bosch	11.1 Kappes	11.2 Rund	11.3 Marsh	11.4 Driver
220	24.7	Stark	25.2 Bosch	25.7 M. Moore	25.8 Marsh	26.7 McComber
440	56.9	Stark	57.75 Jones	57.8 Chambers	58.1 Marsh	59.1 Liesh
880	2:09.5	Reely	2:11.2 Cooper	2:11.5 Idleman	2:15.1 Hill	2:20.8 Flammang
Mile	4:55	Mohr	5:01.8 Johnson	5:08.1 Hill	5:10.3 Idleman	5:19.3 Kasper
2-Mile	10:20	Mohr	10:23 Johnson	11:14.1 Bruno	11:17 Kasper	11:19.4 Bade
F-S 880 Relay - SJO 1:45.2 (Pausch 26.5 Wilken 26.7 Wells 25.6 Corn 26.2)					ABL 1:50.6	
440 Relay - SJO 48.8 (Moore, Pausch, Bensyl, Stark)			V.G. 49.9		ABL 50.0	Homer 52.2
880 Relay - V.G. 1:45.3		SJO 1:46.2 (Sturts 26, D. Moore 28, Moore 24, Kester 25.8)			Homer 1:47	
Mile Relay - Homer 3:53.9		V.G. 3:55.5		SJO 3:57.7 (Corn 60.6 D. Moore 58.2 Grussing 58.2 Sturts 58.7)		

MATTUON INVITATIONAL

Although no one placed we had several fine efforts including 6th place finishes by Tony Johnson in the mile (4:43.3) and Linden Stark in the 440 (55.3).

Other Efforts

Soph	100	Wells 11.3	Pausch 11.1
Soph	220	Corn 27.0	Marsh 25.9
Soph	440	Marsh 58.4	
Soph	880	Woodward 2:30.5	Sturts 2:25.7
Soph	Mile	Woodward 5:20	Idleman 5:06.1
Soph	2 mile	Idleman 11:11	
Soph	880 Relay	Pausch (27), Wilken (27)	
		Wells (26), Stark (24.5) 1:44.5	
Soph	LH	Grussing 48.0	Northen 47.0
Var.	LH	Bensyl 44.5	
Var.	220	Moore 25.5	
Var.	440	Moore 58.4	
Var.	880	Johnson 2:17	
Var.	Mile	Wearer 5:27.4	
Var.	Mile Relay	Marsh (57.7) D. Moore (58.8)	
		Sturts (60), Stark (54.9) 3:51.4	
Var.	LJ	Wells 19'3"	

April 30, 1974

SJO 73 - Georgetown 61 - Westville 47

Event	Winning time, height or distance	1 st	2 nd	3 rd	4 th	NON-PLACERS	
Long Jump	19' 1/2"	McCullough	18' 6" J Brooks	17' 11/2" Lorinski	17' 7 1/2" Bonebrake		
Triple Jump	40' 11"	Fratick	37' 4" Walls	37' 2" Grider	35' 1/2" Barton		
High Jump	5' 7"	Redmond	5' 6" Such	5' 2" Fratick	5' 2" Wilken		
Pole Vault	10' 6"	Hartman	10' 0" Kester	9' 6" Silver	9' 6" Becker		
Shot	42' 4"	Moody	39' 2" Harms	38' 3 1/2" Wilson	38' 5/8" Risley		
Discus	118' 1"	Harms	104' 5" Barefield	94' 1/2" Corn	91' 8 3/4" Grider		
Low Hurdles	22.0	Bensyl	23.9 Klink	24.5 Barton	24.6 Hartman	24.7 Langdon	
High Hurdles	17:0	Bensyl	19.3 Wilson	19.4 Northen	20.0 Hartman	20.0 Grussing 21.8 Langdon 22.2	
100	10.6	McCullough	10.65 Moody	11.1 Bensyl	11.2 Cline	11.2 Darr 11.2	
220	24.3	McCullough	25.3 Marsh	25.4 Moore	25.8 Wilken	26.6 Tollman 26.7	
440	56.7	Debarba	58.7 Williams	58.9 D. Moore	59.0 Sturbs	59.7 Grussing 59.7	
880	2:13.5	Johnson	2:19.4 Mills	2:19.8 Stark	2:20.2 Moore	2:24.3 Tollman 2:27	
Mile	4:52.7	Debarba	5:13.2 Molem	5:19.8 Weaver	5:22.3 Woodward	5:27 Campbell 5:29	
2 Mile	10:29.8	Johnson	11:10.5 Tollman	11:10.6 Mills	11:38 White	11:40 Kirkland 11:40	
440 Relay - Georgetown			SJO - 51.3 (Rausch, Wells, Marsh, Stark)				
880 Relay - Georgetown	1:39.8		Westville 1:41.5	SJO 1:47 (Rausch 26, Kest 27.9, Wilken 26.9, Marsh 26.7)			
Mile Relay - SJO	3:59.7	(D. Moore 62.2, Sturbs 60.6, Grussing 59.2, Stark 57.5)				Westville 4:00.0	

Marty & Terry Clipped huge amounts off their mile times

May 3

Unity

County Meet

Placers

Team Standings

Shot	- Harms 4th (41-4)	Risley 5th (37-1)	Maahomet-Seymour	98
Discus	- Harms 5th (117-10)		Unity	72
LJ	- Wells 5th (17-3)		STO	59
TJ	- Wells 3rd (38-6)		ABL	32
PV	- Silver 3rd (11'0")	⁵³⁰ _{Season Best}	Homer	22
	- Kesler 4th (10'0")		Fisher	21
440 Relay	- 3rd 49.2 Pausch, Marsh		Uni High	2
880 Relay	- 3rd 1:44.3 Moore (25.5)	Bensyl Stark		
Mile Relay	- 3rd 3:53.6 D. Moore (58.4)	Grussing (58.1)	Sturts (59.5)	Marsh (57.5)
FS 880 Relay	- Pausch (25.5)	Wilken (26)	Wells (25.7)	Stark (25.5)

County Champions

HH Bensyl 3rd (16.3)

440 Stark 5th (56.4)

LH Bensyl 3rd (43.0)

mile Johnson 2nd (4:39.6)

New School
Record
"Sweet"

Non-Place Efforts

HH Northen 19.2/18.9 in finals

100 Pausch 11.4 Moore 11.6

220 Moore 26.4 Corn 27.9

LH Grussing 47.4

HJ Wilken 5'2"

440 D. Moore 57.0

2 mile Woodward 11:17.3

880 Idleman 2:16

880 Weaver 2:21.5

FROSH-SOPH CONFERENCE

May 7th
RAIN + COLD

PLACERS

HJ Wells (2nd) 5'7" outstanding improvement

TJ Wells (2nd) 37'3"

PV Silver (3rd) 10'0"

F-S 880 Relay Marsh, Wilken, Pausch

CORN (1st) 1:42.4

440 Relay (4th) Pausch, Wilken, Wells, Stark 50.0 Sullivan

Mile Relay (2nd) Grussing (60) CORN (59.5)

Starts (6) D. Moore (59.5) 4:01

HH Northern (3rd) 19.2 / 19.3

880 Starts (5th) 2:16.1 Idleman (2nd) 2:08.8

440 Stark (4th) 56.4

Mile Idleman (2nd) 5:04

TEAM STANDING

Tuscola 76

Monticello 51

Arcola 43

SJO 33

Warrensburg 28

St. Teresa

Unity

Sullivan

A humb + 0
Please Effort

NON-PLACE EFFORTS

2 mile Johnson 11:57

LH Grussing 46.0

Northern 47.4

HH Langdon 19.6

Mile Hill 5:15

100 Pausch 11.6

220 Stark 25.3 / 26.2

Marsh 25.1

440 D. Moore 57.4

HJ Wilken 5'0"

LJ Wells 17'6" Stark 17'2"

Shot CORN 36'7"

Jannusch 29'

PV Keöler 9'0"

Discus Wilken 90'

Graffis 94'

TJ Starts 34'7"

Unity Invitational

SJO placed 9th out of 12 scoring 16pts.

Placers: (and) Johnson 10:12.5 ← new set
2 mile
MH (and) Bensyl 16.4
FS 880 (3rd) Idleman 2:10.5
F-S LJ (3rd) Wells 17'11"
Frosh 440 Relay (5th) Pausch, Wilken, Wells, Risley
Var. mile Relay (5th) D. Moore (58.5), Grussing (58.5), Marsh (57.8)
Stark (57.9)

Non-Placers

2 mile — Woodward 11:15
MH — Northen 18.8
100 — Pausch 11.5, Wilken 11.8
880 — Elliott 2:20, Sturts 2:20.5, Weaver 2:28
440 — Stark 56.3, D. Moore 59.2
LH — Bensyl 44.0, Grussing 46.9
mile — Johnson 5:03, Hill 5:13.7
220 — Sturts 25.6, Wells 26.6
Discus — Marms 115, Corn 101
Shot — Marms ?, Risley ?
Var. Relay — 48-1, Moore, Marsh, Bensyl, Stark
Var. 880 Relay — ~~B~~ 1:44.1 - Moore, Marsh, Wilken, Corn
PJ — Kesler & Silver 10'0"
HJ — Wilken 5'4"

May 15

Varsity Okaw Meet

"perfect day and some real fine efforts"

placers

- HJ - Wells (5th) - 5'6"
- TJ - Wells (5th) - 37'1"
- PV - Silver (5th) - 11'3"
 (only 1" away from our school record)
- HH - Bensyl (3rd) - 16.6
- LH - Bensyl (3rd) - 42.9 ← school record
- 440 - Stark (4th) - 55.1
- 880 - Idleman (5th) - 2:09.4
- Mile - Johnson (1st) - 4:45

Team Standings

- Unity 73
- Monticello 55
- Tuscola 51
- St. Theresa 33
- SJO 21 1/2
- Arcola 15
- Sullivan 12
- Warrensburg 11 1/2

← CONFERENCE CHAMPION
in a

"Hump to Please Effort"

- 880 relay - (4th) 1:42.3 Moore (25.6) Marsh (25.2) Pausch (26.1) Corn (25.4)
- mile relay - (4th) 3:50.1 D. Moore (59.6) Grossing (58.1) Sturts (57.8) Stark (55.2)

Non-Place Efforts

- HJ - Wilken - 5'4"
- LJ - Wells - 17'8"
- PV - Kester - 10'0"
- 100 - Moore - 11.0
- HH - Norton - 13.9
- 440 - D. Moore - 39.4
- 440 relay - 48.8 Moore (12.5) Marsh (12.1) Bensyl (12.1) Stark (12.1)
- Discus - Harms 108' Grottic 97'8"
- Shot - Harms 42' Riskey 31'
- 220 - Marsh 25.6 Pausch 26.2
- 2 Mile - Woodward 11:26 Hill 11:40
- Mile - Idleman 5:16
- LH - Grossing 46.2

SJO was among 21 schools that failed to score.

SJO efforts included a sweet 440 relay of 46.9 tying the school record

MOORE
marsh
Bensyl
Stark

H.H Bensyl Prelim. 16.2 / Semi-Finals 15.85

another best

effort from a very successful season for "Bensyl"

Mile - Johnson 4.54

Idleman 4.56 Knocked 8sec. off his previous best.

440 Stark 55.8

P.U. Silver failed to make 11'0" starting height.

NEW RECORDS

mile	Tony Johnson	4:39.6	(old record) 4:40.5
2 mile	Tony Johnson	10:12.5	10:44.4
Triple jump	Greg Wells	38'6"	New event
330 Low Hurdles	Gary Bensyl	42.9	New event
440 relay	Mitch Moore Brad Marsh Gary Bensyl Linden Stark	46.9	Ties record

TOTAL POINTS

	<u>Total</u>
Bensyl	123
Johnson	110
Stark	104 1/2
Wells	92
Marsh	60 1/2
M. Moore	51
Idleman	51
Risley	42
Wilken	40
Harms	38
D. Moore	37 1/2
Sturts	32 1/2
Pausch	30 1/2
Corn	30
Silver	29
Kesler	19 1/2
Grussing	20
Wearer	15
Northen	10
Smith	4 1/2
Elliott	2 1/2
Woodward	2
Langdon	2
Hill	1
Risley	1

ST. JOSEPH-ODGEN TRACK AND FIELD RECORDS 1973-1974

100	Robbie Ring	10.2	1964
220	Robbie Ring	22.3	1965
HH	Rudy Schmidt	15.2	1964
180 LH	Randall Grussing	20.4	1965
330 LH	Gary Bensyl	42.9	1974
440	Lornie Ring ? Howard Marsh	51.9	1970 1973
880	Arnold Klapperich	1:59.7	1968
Mile	Tony Johnson	4:39.6	1974
2 Mile	Tony Johnson	10:12.5	1974
Shot Put	Lynn Osterbur	46'1"	1965
Discus	Jan Busboom	129'3"	1973
Long Jump	Rudy Schmidt	21'3/4"	1965
Triple Jump	Greg Wells	38'6"	1974
High Jump	Rudy Schmidt	6'1/4"	1964
Pole Vault	Rudy Schmidt	11'4"	1964
Var. 880		1:36.7	1973
Relay	Mitch Moore Jim Rusley Pete Marsh Stan Harper		
Var. Mile		3:40.1	1973
Relay	Mitch Moore Jon Clark Roy Keith Pete Marsh		
F-S 880		1:39.3	1969
Relay	Lornie Ring John Black Kem Broeker Bob Danner		

TRACK AND FIELD RECORDS

60 yd	Robbie Ring	6.8	1966
70 MH	Bob Schmidt Randall Grussing	9.5	1964 1965
120 LH	Randall Grussing	14.2	1965
Var 440 Relay	Brad Marsh Mitch Moore Mitch Moore Brad Marsh Jim Risley Gary Bansyl Pete Marsh Linden Stark	46.9	1973/1974
Fr. 440 Relay	Bob Danner Ken Broeker Mike Clark Dave Hennenga	48.1	1969
2 Mile	Finney Boatz Buss Klapperich	8:48.4	1968
Distance Medley	Noel Wright 880 Ron Wrather 220 Nolan Head 440 Dave Kalb mile	8:47.6	1964
Mile Medley	Boatz Osterbur Buss Klapperich	3:50.3	1968
Sprint Medley	Boatz 220 Osterbur 110 Buss 110 Klapperich 440	1:39.9	1969
Shuttle Hurdles	Norlyn Grussing Rudy Schmidt Robbie Ring Randall Grussing	50.7	1965