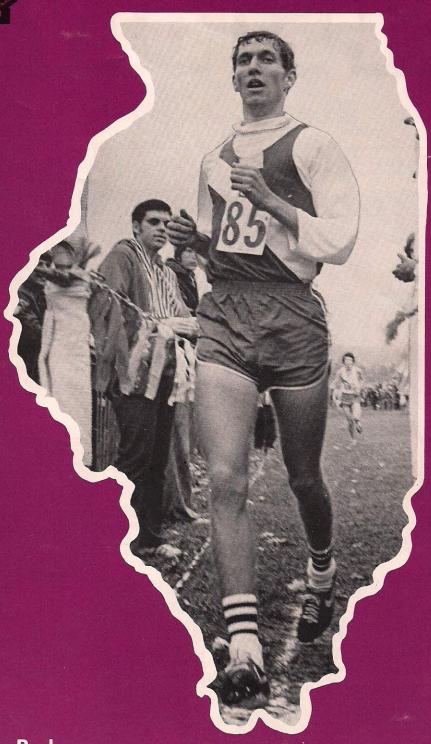


31st Annual

BOYS STATE FINAL CROSS COUNTRY MEET

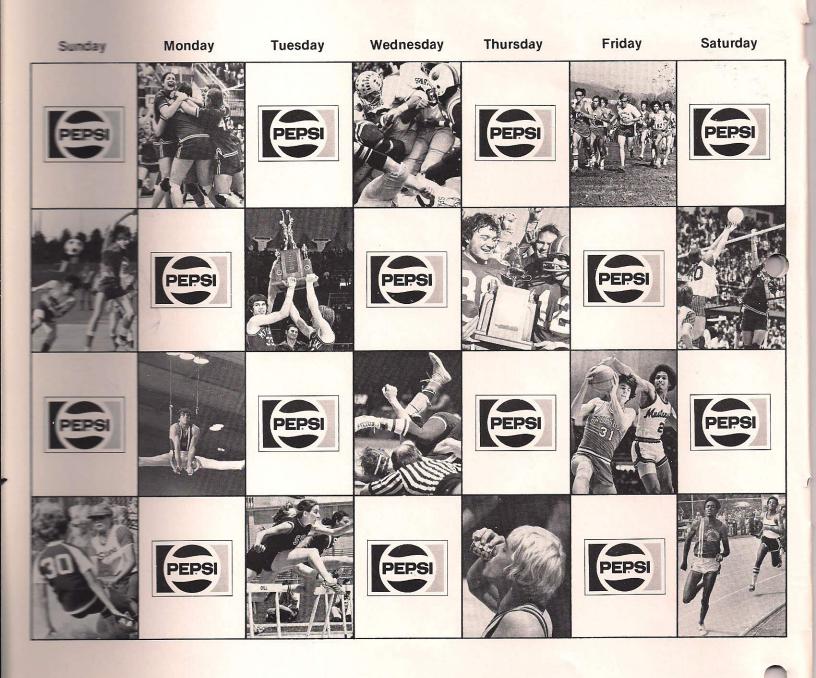
(Class A and Class AA)



Detweiller Park Peoria, Illinois Host: Peoria (H.S.) November 13, 1976

Official \$1.00 Program

HALLA PESIDAY



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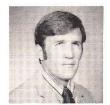


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(Continued on Page 5)



ROBERT TURNER Decatur Referee-Starter

1976 Games Committee



WILLIAM ROBERTSON Peoria (H.S.) Principal



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How to Watch and Score the State Final Meet

By Stan Hieronymus - Sports Writer - Peoria Journal Star

Cross country is not, by definition, a spectator sport. A typical high school course may be outlined by a baseball backstop, the school parking lot, the football field . . . and a playground swing set. There are picturesque courses, though the hills and woods, with narrow paths and tight turns. They often demand more of runners — and spectators who must sprint from one hilltop to the next to get an occasional glimpse of the runners.

The State Final Meet course here at Detweiller Park is neither an afterthought nor a hidden trail. It's necessary that it be open — most of the scenery, like the tree-covered hills to the west, is outside the course—because over 200 runners must sort out themselves in the beginning of the Class AA race and, for instance, 42 runners finished within 12 seconds of each other when things were busiest in 1974.

An open course is a spectators' course. It is possible (with the help of binoculars) to see most of the race from any of several places. It's best to choose one spot and stay there since past meets have drawn more than 6,000 spectators and the shift to a two-class system this year may mean even more people will be on hand today. It's spectators who usually get in the way of other spectators, and sometimes the runners. The basic rule for spectators is stay on the road and off the course. Prime viewing areas include:

A Along the west side of the course, from the point where the runners turn south the first time to the finish line. From here it's possible to see the start, the runners as they go past the half-mile and two-mile marks and the finish. The runners will pass the mile mark directly across the way.

B From the back of the starting line, and outside the path the runners will take. The perspective on the start is different from here. The runners circle the south end of the course two times and are coming at the spectator here for the finish, although it may be impossible to see them until they reach the finish chute.

C From the triangle, north of the trees. The runners get here through an opening in the trees, but spectators must stay on the road. Often the race for both individuals and teams is determined here. Elmhurst York's runners traditionally "check out" — try to pass five runners each — in here. While in the triangle, Lincoln-Way's Dave Walters broke contact with the field in the 1973 race and went on to a relatively easy victory. It is difficult to get to and from the triangle after watching the start and still see the finish, but there are fewer spectators in this area and the spectator will have a better look at, and a better feeling for, the runners in what is one of the psychologically toughest parts of the race.

There will be people on the infield once the runners have gone the first 440 yards. Don't be tempted to join them. The area is restricted to those with special badges. "The meet is for the runners," says Peoria Central Cross Country Coach Bob LaCroix. "We don't want to impede them in any way." In past years, spectators have been permtted onto the course when the race ended, but this morning Class AA runners will be preparing for their race as soon as the Class A competition is over, so spectators will have to be kept off the course then too.

For the first finishers, the three-mile race lasts a little over 14 minutes. The team winner may be determined by runners who take another minute to finish. There is an awful lot to keep track of in a relatively short amount of time.

TEAM SCORING — This is not a relay race. The team with the lowest total time for five runners does not necessarily win. The team score is the sum of the first five places earned by team members in competition with other team runners. A simple example: a team that finishes 1-2-3-4-100 will score 110 and lose to a team that places 18-19-20-21-22 for a total of 100. The team champion is the one with the lowest score. To keep track of the team races first disregard all runners wearing numbers in the 300s. These are individuals who advanced, even though their teams didn't, from sectional competition. A team runner who finished 58th will count just 33 toward the team

About the Author

Even though he was a political science major at the University of Illinois, Urbana-Champaign campus, Stan Hieronymus has never lost votes during his career as one of the top high school sportswriters in the state.

Stan is as much at home in the Press Box in the Assembly Hall covering IHSA events there as he is up and down the hills of Detweiller Park, Peoria. A graduate of Urbana (Univ.) High School, Stan began his career in journalism as a sportswriter for the News-Gazette in Champaign. After much success, he was promoted to City Editor of



the News-Gazette. In October, 1973, he returned to sportswriting as a member of the award-winning Peoria Journal Star staff.

Formula for Victory

The winning formula the five years the State Cross Country Meet has been run at 3 miles at Detweiller Park has been basically the same. Times are not available for all runners in 1971. Champion York's first two runners finished in 14:43 and 14:46 and the third, fourth and fifth runners were 23rd, 33rd and 35th overall, probably in around 15 minutes.

Team, year	Pts.	1st man	2nd man	3rd man	4th man	5th man
York, 1972	84	14:42	14:50	14:51	14:56	15:00
*York, 1973 River-Brook.	$\begin{array}{c} 64 \\ 159 \end{array}$		14:40 14:19		14:55 15:10	14:58 15:32
Bloom, 1974 York Fremd	91 96 106	14:20	14:42 14:28 14:48	14:50	14:56 15:00 14:57	15:04
**Bloom, 1975 York	$\begin{array}{c} 128 \\ 132 \end{array}$		14:43 14:49			15:26 15:13

* course was short

**course was wet, sloppy

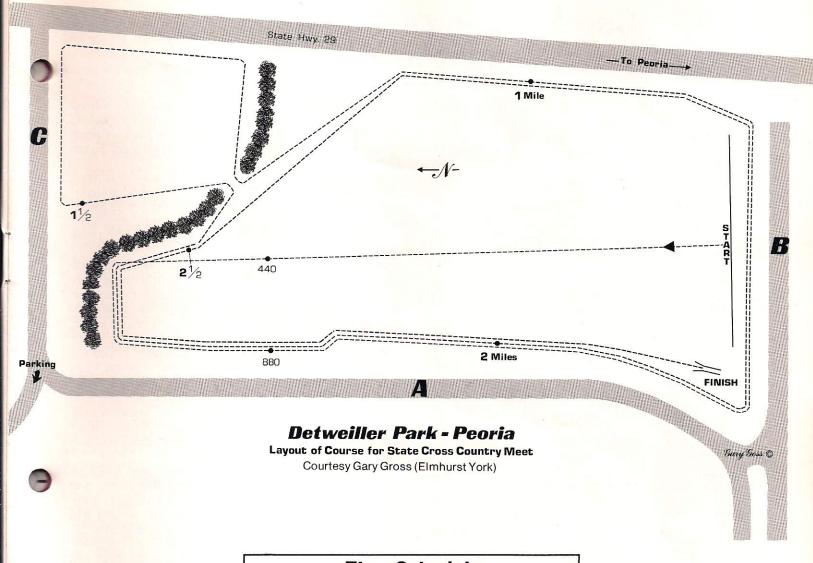
total if 25 unattached runners place ahead of him. How much lower a runner's team place is than his actual finish depends on the quality of the unattached field (in 1973, 12 of the first 16 and 23 of the first 38 runners to finish weren't involved in the team race). A very rough rule of thumb by which to figure a runner's team score: take 60 per cent of his actual place if he's in the top 100, two-thirds in the top 150 and subtract 50 from the place of a runner who finishes higher than 150th.

Don't worry about the team score until the race is half completed. A team that sprints the first 440 yards downhill to the first turn may find its runners considerably less quick the third time they turn south. There are subtle dips, if not hills, in the course, which is 30 feet lower at the north end than at the south. The only important things at the 880-yard mark are that individual first-place hopefuls maintain contact with the lead and that teams are together and moving up. Every year some individuals, and even whole teams, that might have done well are left behind when they get caught at the first turn and literally have to stop and walk.

PACKING - Is a cross country team like a golf team, where each individual goes out to do his best and the results are an individually achieved totals? Not at all. Thornton's Wildcats running in a "pack" conjures up dangerous visions, but it is merely sound application of the theory used, in part at least, by every successful cross country team in the state. This is a race of the mind as well as of the body. It's nice to have an ally in the second mile, when the excitement of the start has worn off and thoughts of pushing hard the final mile can be oppressive. Team success becomes a more real goal when a runner can see his teammates passing runners, or they may even go past one simultaneously. It's not unusual to hear one teammate yelling, "Let's go get the next to another. Pack-racing is not perfect for every team, and don't expect the packs to stay together all the way into the chute. runners may split up and go on their own for a mile and a half or two miles into the race after using the pack to get themselves out at a sensible pace. A team with six or seven good enough runners will have reinforcements near the front on a day when one of the top five isn't running well. The pack helps runners with less ability get the most out of themselves, but sometimes means a more talented runner must hang back. A team with athletes of disparate abilities may do better if those runners go it alone, or in "packs" of two or three.

THE WINNERS - Chicago Heights Bloom won the state championship last year when Larry Griffin, a senior out for cross country for the first time, knocked nearly a minute off his previous heat three-mile time to finish 104th overall and count 66 points toward his teams total of 128. York was second with 132 points. Griffin's accomplishment was so astonishing there were charges - charges which were proved untrue - that he had not run the entire course. "He was dead with a mile to go," said Bloom coach Don Slota. "It was just guts and He wanted to be a state champion and now he is." How is a spectator to know to watch for such runners - to tell which runners who go out fast for one mile will still be near the front at three? It can't be done. The last two years, the race for the individual title has been decided by a sprint in the last quarter-mile. But what happens in the last 440 yards is determined in large measure by the 4,840 yards that go before that. And before that, the pre-race preparation. And the regular season before that. And the miles run over the summer before that. And . . . the teams and the individuals to watch are listed elsewhere. Just think in terms of uniforms, five of them. Keeping track

of those runners will more than occupy the time.



Time Schedule

10:00 a.m. - Class A Race (Detweiller Park) 11:30 a.m. - Class AA Race (Detweiller Park) Noon - Class A Awards Ceremony (Peoria High Gym) 1:30 p.m. - Class AA Awards Ceremony (Peoria High Gym)

Personnel Working This Year's Meets

(Continued from Page 3)

TIMERS:

Veryl Bernhardy, Peoria
TIME CALLER/OFFICIAL FOR FIRST PLACE:

Gary Goss, Timer, Peoria Frank Tocha, Timer, Kewanee Kenneth Vincent, Timer, Kewanee

SCORERS:

Jack Bensing, Peoria William Christian, Peoria Dennis Irwin, Peoria Robert LaCroix, Peoria TABULATORS:

William England, Caller, Peoria James N. McCormick, Checker, Peoria Ronald Zipfel, Checker, Peoria Walter Fink, Recorder, Peoria MEET RESULTS:

John Stock, Peoria Jerry Wyeth, Peoria CHUTE INSPECTORS: Illinois Valley Striders, Peoria Peoria High School Boosters

MOBILE COURSE INSPECTORS:

Richard McCormack, Peoria Stewart Regnier, Peoria

COURSE INSPECTORS:

Frank Hagan, Peoria Charles Hicok, Peoria Don Kettleborough, Peoria Cleve Klopfenstein, Peoria Richard Lane, Peoria Roger May, Peoria Ken Meischner, Peoria Robert Meiss, Peoria Michael Stuart, Peoria Richard Tubbs, Peoria

HOSPITALITY:

Peoria High School Student Council Charles Grayeb, Sponsor Ann Tindall and Ruth Heiniger, Hostesses

PROGRAMS:

Peoria High School Key Club Richard Christian, Sponsor PHOTOGRAPHY:

Steve Mehl, Peoria PUBLIC ADDRESS SYSTEM:

Stan Byerly, on course, Peoria Peoria High School AV Dept., awards SECURITY:

School District 150 Security Guards

Civil Defense City of Peoria Police Illinois State Highway Patrol

Peoria Park Police CONTRIBUTING ORGANIZATIONS:

Peoria High School Art Department Graphic Arts Department Committee - 40 Soccer Squad Cross Country Squad Lettermen's Club

Catholic Cemetery Association
Illinois Department of Transportation Peoria Park District

Can Lebanon's Greyhounds Be Caught in Class A?

By STAN HIERONYMUS -- Sports Writer - Peoria Journal Star

Cross country at Lebanon High School has changed since Craig Virgin graduated. It's become better. The Greyhounds finished 19th and 14th in the 1971 and 1972 state meets when Virgin was running to back-to-back titles. Last year they were fifth in the last one-class state meet. Five runners return from that team, so it's little surprise Lebanon is the favorite today to win the first Class A state title.

"That was a different type team," said Hank Feldt, the coach at Lebanon when Virgin ran. "We always felt like we were in great shape if the kids were within 100 yards of Craig after the first mile." In 1972, when Virgin set the Detweiller Park three-mile record of 13:50.6, Lebanon's second runner finished

one minute and 40 seconds behind Virgin.

"They don't seem to have the star this year," said Virgin, but the Greyhounds make up for that with balance. Greg Hogg was the eighth underclassman to finish in last year's state meet, running 25th in 14:46. Harvey Thomas was 49th, Terry Grunden 99th, Jeff Lee 114th and Vic Burns 115th. Saturday Lebanon scored 40 points in its own sectional even though Thomas, who had the flu, did not finish the race.

Lebanon is a town of 3,600 10 miles east of St. Louis. The high school draws from the town, the surrounding rural area and Scott Air Force Base.

McKendree College is located in Lebanon.

"We were one of the few towns around to have a substantial black population," Virgin said, "but there wasn't any racism. It was more on a person-to-person basis."

Three of Lebanon's top five runners are black. "It was a shock to some people," Virgin said. "They didn't think blacks could run distance. The kids down there didn't realize it until there were some articles in the paper . . . I hope it will help some

people outside of Lebanon."

Virgin, captain of Coach Gary Wieneke's University of Illinois harrier and track teams this year, popularized cross country both in Lebanon and throughout Illinois. Last week he became the first runner ever in the history of the Big Ten to win four straight conference titles, and next week he will defend his NCAA title. He also was a member of the 1976 U.S. Olympics team.

This past summer, he occasionally was able to work out with this year's team. "They trained harder than ever this summer," Virgin said. "As hard as we used to work in the fall... I expected them to really

come out strong."



MARK CAPELLE Highland (St. Paul)



TOM CLENNON Minooka

But, in some ways, Lebanon hasn't been as impressive as last season. The Greyhounds scored 19 points in a one-class district last year and 22 in the sectional. "They haven't been concentrating," Lebanon coach Ira Price said. "I know that.

"I kept thinking they were just kinda waiting around for it to start," Price said. "I told them if that was their attitude, it might backfire. You might reach down for it and it might not be there.

"They're getting themselves ready now. I think

they will be psyched."

Mark Capelle of Highland (St. Paul) won the individual title at Lebanon, while Burns and Hogg were second and third. Capelle, a junior who was second to Reo Rorem of Gilman in the state Class A mile last spring, was 146th in last year's state meet.

In other Class A sectionals Saturday:

AT ROANOKE-BENSON. — Minonk - Dana - Rutland's runners were greeted by "sirens, fire engines and everything" when they returned home with a sectional trophy last Saturday. "It's the first time we've advanced as a team to the state in anything," M-D-R Coach Van Peters said. "The thing I like is they got some recognition, which cross country runners usually don't."

Minonk scored 86 points in the sectional to 91 by Farmington (East). Prophetstown, St. Anne and Elmwood also qualified teams. Farmington, Elmwood and Prophetstown were ranked among the state's top Class A teams during the season and St.

Anne won a one-class district last year.

"We expected to do well," Peters said, "but not that well." Quite obviously a consolidated school, M-D-R has 300 students and is located 30 miles north of Bloomington. It is one of four schools in Woodford County with a cross crountry team. Metamora, another of the four, advanced to the Class AA finals.

"We finally had a year where we had five kids who can run," Peters said. "We're starting to get it going." He gives much of the credit to seniors John Riely and Noel Bell. Riely, who was second to St. Anne's Tim Rattin in the sectional, is a year-around runner.

He took a lot of the younger kids with him in the summer," Peters said. "He's president of the student council and the kids look up to him . . . It's hard to recruit kids for cross country, to find those who will discipline themselves."

Junior Brian Elam of Farmington was third individually at Roanoke. Elam was a member of Farming-



TIM RATTIN St. Anne



JOHN REILEY Minonk-Dana-Rutland

ton's Class A state champion two-mile relay team last spring, but before this year had devoted his falls to football. "In track, we did about half the work we are doing here," Elam said.

Farmington is located 20 miles west of Peoria and 10 miles south of Elmwood. Last year, Farmington's John Isbell was first in the Peoria Sectional meet and Elmwood's Brad Fryer second. Fryer was 18th in the state meet and Isbell 38th.

The rivalry between two runners has extended to the teams. "It's made this team," Farmington Coach Rich Putnam said. "For sure," Elam agreed. "We feel we're pretty even. We knew they'd be our main competition."

AT MAPLE PARK (KANELAND) — In what was generally regarded as the state's toughest Class A sectional, Winnebago emerged as team champion at Kaneland, scoring 97 points to finish 29 ahead of Aurora (Marmion).

Host Kaneland and Minooka, both ranked among the state's best Class A teams all season, failed to advance. Kaneland missed by one point, Minooka by four. Minooka's Tom Clennon won individually, finishing five seconds ahead of Terry Donahue of Lombard (Montini).

"Our goal was just to get to Detweiller Park," Winnebago coach Rog Schmidt said after the sectional victory. "We're just happy we made it as a team. We saw so many teams for the first time today and haven't seen the others, so who knows about the state meet?

"If Lebanon is as strong as they say . . . say but after that we've maybe got as good a chance as any other team."

Winnebago, located just west of Rockford, has 530 students and is expected to have one of the state's best Class A basketball teams this winter. The Indians reached the "Sweet 16" last year and return 6-foot-4 twins Greg and Lee Boeke.

This is the first time we've really ever had seniors on the team," said Schmidt. Winnebago has had cross country six years. "We've just never had the kids who stuck with it.

"This year our seniors (Doug Drogemuller and Greg Barker) have given us tremendous leadership. Barker drives around on Sunday, picking up kids and making sure they are running. He gets them running every morning."

AT FLORA — Fairfield, which hasn't lost to a Class A team this season, scored 53 points to win the Flora Sectional. Blud Mound — which also hadn't lost to a Class A team before Saturday — was second, nine points ahead of Effingham (St. Anthony).

"We just hope we can run as a pack," Fairfield Coach Tom Wickham said, talking about the prospect of challenging Lebanon. "If we just run in front of them, we'll get 'em." Fairfield, 30 miles east of Mount Vernon, placed five runners in the top 24 Saturday as freshman John Simpson led the Mules with a fifth place finish.

"Cross country is kind of a new sport around here," said Wickham, who was a hammer thrower at Eastern Illinois University. "To be really honest, we haven't been to good before . . . I just kind of took over.

"I'd hate to say we're great," Wickham said, pausing, "but we're pretty good."

Blue Mound, which is 10 miles southwest of Decatur, also expects to have a fine basketball team this winter. The top seven players return from last year's 18-8 squad. Almost all the cross country team members also play basketball.

"It's been a bit of a problem for us," said Dick McDonald, who coaches both basketball and cross country workouts in the afternoon and then practiced basketball.

Blue Mound qualified for the 1972 state meet and has a strong small-school track program. "We originated cross country here in 1969," said McDonald, who has 30 runners (from an enrollment of 210) on his team. "We developed it as a lead-in for track and conditioning for basketball. All of a sudden it became a very competitive, challenging sport . . . It developed into a major sport.

And when today's first Class A state meet is over, it will be a major sport for still more.

BOYS DISTRICT CLASS A CROSS COUNTRY RECAP

Site	Team Champion	Coach	Points	Individual Champion (School)	Class	Time/Distance
Aurora (Marmion Military)	Minooka	Rich Bowman	49	Thomas Clennon, Minooka	Jr.	15:04/3 Mi.
Carlinville	Greenfield	Dick Tucker	40	Dick Tucker, Greenfield	So.	16:11/3 Mi.
DuQuoin	Fairfield	Tom Wickham	38	Steve Jennings, Metropolis	Sr.	14:40/2.9 Mi
Granville (Putnam County)	Minonk (MDana-Rutland)	Van Peters	46	John Riely, Minonk (MDana- Rutland)	Sr.	14:28/2.8 Mi
Mahomet (MSeymour)	Mahomet (MSeymour)	John King	42	Don Weber, Robinson	Jr.	16:19/3 Mi.
Niantic (NHarristown)	Blue Mound	Dick McDonald	25	Mike Jackson, Blue Mound	So.	16:16/3 Mi.
Palos Heights (Chicago Christian)	Beecher	Steve Curring	62	Tom Stluka, Beecher	Jr.	15:15/3 Mi.
Rushville	Camp Point (Central)	Mike Blickham	96	Mike Obert, Liberty	Jr.	15:45/3 Mi.
St. Anne	St. Anne	Mike Rebello	44	Tim Rattin, St. Anne	Sr.	15:17/3 Mi.
Taylor Ridge (Rockridge)	Elmwood	Thomas Meyers	57	Brian Elam, Farmington (Farmington East)	Jr.	14:47/2.85
Trenton (Wesclin)	Lebanon	Ira Price	32	Mark Capelle, St. Paul (Highland)	Jr.	15:37/2.9 Mi
Woodstock (Marian Cent. Catholic)	Winnebago	Roger Schmidt	35	Douglas Drogemuller, Winnebago	Sr.	15:33/3 Mi.

1976 BOYS CLASS A SECTIONAL CROSS COUNTRY RECAP

Site		Team Champion	Coach	Points	Individual Champion/School	Class	Time/Distance
Flora	(2)	Fairfield	Tom Wickhan	53	Don Weber, Robinson	Jr.	15:31/3 Mi.
Lebanon		Lebanon	Ira Price	40	Mark Capelle, Highland (St. Paul)	Jr.	15:29/3 Mi.
Maple Park (I	(aneland)	Winnebago	Roger Schmidt	97	Tom Clennon, Minooka	Jr.	15:23/3 Mi.
Roanoke (R	Benson)	Minonk (MDana-Rutland)	Van Peters	81	Tim Rattin, St. Anne	Sr.	14:51/3 Mi.

Hicks-Graves Duo May Be Class of Class AA

About the Author

A former harrier for the Wildcats of Harvey (Thornton) — back in the days when the "long" course covered only two miles — Dennis Mahoney is a seven-year veteran of covering Illinois high school athletics in the south suburban area.

Currently sports editor of the Tinley Park paper in the Star/Tribune Newspapers syndicate, Dennis began his writing career immediately upon graduation from high school in June of 1969. He was assistant sports editor in the Star/Tribune Harvey newspaper until he joined the Tinley Park staff in 1972. He was promoted to sports editor in March of 1976.



Shortly after his promotion, the Tinley Park paper's sports section was judged best in the state (Class B) by the Illinois Press Association.

By DENNIS MAHONEY Sports Editor Tinley Park Star-Tribune

Bob Hicks knew about Tom Graves before the two Orland Park

(Carl Sandburg) runners ever laid eyes on each other.

"It was a practice before the season, and the coach (John Wilson) told me, 'There's this real good freshman transferring here who's already run a 4:35 mile," said Hicks, recalling his sophomore year. "I said, 'No way did this kid do that.' I didn't think he could be that good.'

It didn't take long for Hicks and the rest of the state to find out just

how good Graves, a transfer from Indianapolis, could be.

Graves and Hicks are at the top of the list of individual favorites for the Class AA individual state cross country title. They ran one-two

Saturday in the Thornridge Sectional.

Graves and Hicks. They seem to go together like the Captain and Tenille, bacon and eggs, hard work and cross country. They could become the first teammates to run one-two at the state cross country finals since Ray Ott and Bob Lindrud did it for Moline in 1957. That feat has been accomplished only one other time, in 1953, when Evanston's Louis Kujawinski and John Hitt turned the trick.

The Sandburg pair have impressive credentials. Graves was third to Ron Craker of Elmhurst (York) and Dan Gilchrist of Rockford (East) in the state meet a year ago, and Hicks was 13th in the same race. Last spring, Graves - then a sophomore - upset Craker to capture the Class

AA two-mile run and Hicks placed second in the mile. It wasn't always easy for Hicks, now a senior, to cope with the fact

that Graves was just as talented.

'At first, it bothered me to see that Tom was so good. It was a shock," Hicks said. "I really thought I'd be the top sophomore around and I was. But here was a freshman beating me. I just finally had to

accept the fact that Tom was so talented." From that realization came a mutual bond, a love fo running. In fact, even at big invitationals and in most dual meets the past two years, Hicks and Graves have tied for first rather than seek any individual

glory. "We've always run together, and not to hurt one another," said Graves. "It doesn't bother me to see anybody ahead of me in a race,

as long as it's him."

"We 've never really sat down at any time and said, 'Let's tie from now on," Hicks said. "It just kind of evolved that way.

Both have vivid memories of last year's cross country finals. For

Hicks, it's hard to forget the disappointing 13th place effort.

Two days after the sectional last year, I had a sore throat. I thought I was getting a cold. Then when I got to Peoria, my glands were swollen and I had a little bit of a fever," Hicks said. "It was disappointing to finish so low, because I'd already beaten averyone





BOB HICKS Orland Park (Sandburg) Above

TOM GRAVES Orland Park (Sandburg) At Left

who eventually finished ahead of me — except Craker, Gilchrist and Tom," Hicks said.

The eventual diagnosis was that Hicks had mononucleosis, which took him months to recover from."All I know is I was sick. When everybody started to move at the mile mark and I couldn't move with

then, I knew something was wrong," he said.

For Graves, the memories are more pleasant. "I really didn't think I could run with Craker and Gilchrist," he said, "I was just hoping to be in the top 15. But I felt good running with them, so I just tried to stay with them as long as I could."

Bremen Coach Rob Kaller, a veteral cross country checker with

Bremen Coach Bob Keller, a veteran cross country observer who must be tired of seeing the Hicks-Graves duo every week, is particu-

larly impressed with Graves.

'I think Graves is a good as any state champion we've had, and I've seen the great ones. I think Graves is in a category with Craig Virgin, Keller said. "He runs so smoothly, so effortlessly, and that's what it's all about. He's never been pushed, either, and there are a lot of good runners in the south suburbs."

Does being the favorite bother Graves?

"There's pressure in any race you run," he answered. "The pressure depends on how your let it affect you. If you've worked hard enough and run as well as you can, then whatever happens will happen.

You've got to try to run your best every time out, it's as simple as

AT DOLTON (THORNRIDGE) — Tom Graves and Bob Hicks ran one-two as Carl Sandburg has a surprisingly eash time winning the Thornridge Sectional. Oswego was 40 points behind Sandburg with 128 points. "I feel you have to run well in this meet to do well in the state . . . You need the momentum," said Thornridge coach Skipy Stolley, whose team was fourth Saturday.



RANDY ADLER Alton (Sr.)



JIM SPIVEY Bensenville (Fenton)



TOM WUCHTE DeKalb



TERRY BAUER Chicago Hts. (Bloom)



FRANK REILLY

Graves ran the 2.9-mile course in 14:16, breaking the course record by 16 seconds. Hicks was second in 14:20, two seconds ahead, of Dave Bensema of Oak Lawn (Richards) and seven seconds ahead of Terry Bauer of Chicago Hts.(Bloom). Bauer, who was 11th in last year's state meet, had his foot operated on during the summer. He was the only member of the Bloom team — which had won two straight state titles — to reach the finals as Bloom missed qualifying by one point.

AT GLEN ELLYN (GLENBARD WEST) — Wheaton (North) upset Elmhurst (York) by one point to win the team title, while Jim Spivey of Bensenville (Fenton) ran away from the field individually. York has finished first three times and second twice in the past five State

Final Meets.

Spivey, on the other hand, ran cross country for the first time last year and finished 25th in his district. Spivey, a junior, is unbeaten this season.

"I think he's going to give Graves and Hicks all they can handle," said Stolley.

Among Spivey's victims this season is Richards' Bensema, who has run behind the Sandburg duo often in the past two seasons and a third-place finisher in the state Class AA two-mile last spring, Bensema finished five seconds behind Spivey in the Mattoon Invitational.

"Graves will force it more in the second mile," said Bensema. "He'll

run 15 to 20 seconds faster this year on any course."

AT CRYSTAL LAKE — Deerfield and Palatine (Fremd), ranked one-two and two-one much of the season, finished one-two Saturday in the Crystal Lake Sectonal, Deerfield coming out 13 points ahead. Junior twins Todd and Mark McCallister ran 6-12 Saturday, while junior Keith Hampton was ninth. Hampton has been bothered by a bad knee most of the season and Deerfield had other problems with sickness and injuries, struggling in the middle of the year after finishing third in last year's state meet and starting strong this year. "We're healthy now," said Coach Len Kisellus, "and ready to go."

Fremd, which changed coaches two weeks before district meet when Roy Hascup took over for Ron Menely, is led by John Filosa. Filosa finished 13th as a sophomore when Fremd — which was leading the

race until the final 440 - was third.

"That team was mostly seniors," Filosa said recently. "They'd been toegther for four years. They just tried too hard that year . . . This year I think we can take a more relaxed attitude."

Tom Johnson of Palatine beat Dan Skarda of Mundelein for the

individual title.

AT PRINCETON — Moline placed four runners in the first 24 to easily win the team title at Princeton, while DeKalb junior Tom Wuchte pulled away from Frank Reilly of Champaign (Central) in the closing yards to win individually.

Six teams advanced from Princeton as Peoria (H.S.) and East Moline (United) tied for fifth. DeKalb was seocond and Peoria (Woodruff) and Metamora shared third. Metamora, just across the Illinois River from Peoria, is the smallest school to reach the first Class AA finals.

Known first as a football school — the Redbirds are defending Class 3A champions and carried a 27-game winning streak into this year's playoffs — it has but 875 students, but Saturday showed more depth than any team at Princeton. Metamora's fifth runner beat all other fifths and its seventh beat all but two fifths.

Wuchte, who was eighth in last year's state meet, has lost just once this season — to Spivey. "I'm trying to reach the mental wall quicker," said Wuchte, who broke free of all but Reilly shortly after one mile Saturday. "I get throught the point in the race where you want to give up a lot quicker."

Wuchte won't back away from the competition. "I think it (the race) could go in around 14 minutes," he ssaid. "I'm not counting my-

elf out."

AT DECATUR — Alton (Sr.) placed six runners in the top 18 to dominate the field and score 39 points at Decatur. Alton's Randy Adler beat Granite City (North) junior Mike Baker by one second for the individual title.

"Come November, we're going to be tough," Adler said in early October, when he was first and his team third in the Peoria (H.S.) Invitational at Detweiller Park.

vitational at Detweiller Park.

Tough enought to win a state title? "That's what it means," said Adler. "We've had one saying since we were sophomores: 'State in '76.""



BOB SAVAGE Northfield (New Trier West)

Site Chicago Crystal Lake

Princeton

Decatur (Stephen Decatur) Glen Ellyn (Glenbard West) Dolton (Thornridge)



TOM JOHNSON Palatine (H.S.)



DAVE BENSEMA Oak Lawn (Richards)



JOHN FILOSA Palatine (Fremd)



DOUG DIEKEMA Wheaton (North)



MIKE BAKER Granite City (North)

BOYS DISTRICT CLASS AA CROSS COUNTRY RECAP

Site	Team Champion	Coach	Points	Individual Champion (School)	Class	Time/Distance
Bloomington (H.S.)	Metamora	Gene Jones	52	Mark Chase, Danville (H,S,)	Jr.	14:18/2.9 Mi
Dixon	DeKalb	John Birkett	35	Tom Wuchte, DeKalb	Jr.	15:12/3 Mi.
Edwardsville	Alton (Sr.)	James O. Wigger	45	Bob Weilmuenster, Belleville (West)	Jr.	15:09/2.95
Hoffman Estates (Conant)	Palatine (H.S.)	Joe Johnson	47	John Filosa, Palatine (Fremd)	Sr.	14:53/3 Mi.
Kewanee (H.S.)	Moline	Gene Shipley	52	Bob Schaefer, Peoria (Woodruff)	Sr.	14:40/2.97
New Lenox (Lincoln-Way)	Orland Park (Sandburg)	John Wilson	41	Tom Graves, Orland Park (Sandburg)	Jr.	14:41/3 Mi.
Oak Park (O.PRiver Forest)	Chicago (Gordon Technical)	Doug Berger	36	John Olszewski, Chicago (Gordon Technical)	Sr.	15:03.8/3 Mi.
Olney (East Richland)	Centralia	Rod White	53	Bill Horn, Mattoon	Sr.	15:35/3 Mi.
Park Forest (Rich East)	Dolton (Thornridge)	Robert Stolley	50	Terry Bauer, Chicago Heights (Bloom)	Sr.	14:19/2.9 Mi
Park Ridge (Maine East)	Deerfield	Len Kisellus	48	Darryl Robinson, Arlington Heights (Forest View)	Sr.	13:30/2.8 Mi
Springfield (Southeast)	Springfield (Lanphier)	Lee Halberg	40	Rich Humphrey, Springfield (Southeast)	Jr.	15:35/3 Mi.
Summit (Argo)	Palos Hills (Stagg)	Dave Drom	67	Dave Bensema, Oak Lawn (Richards)	Sr.	15:20/3 Mi.
Villa Park (Willowbrook)	Elmhurst (York)	Joe Newton	44	Jim Spivey, Benseville (Fenton)	Jr.	14:25/3 Mi.
Wheaton (North)	Wheaton (North)	Rolland Eckman	39	Doug Diekema, Wheaton (North)	Sr.	14:45/3 Mi.
Zion (ZBenton)	Mundelein	Art Campbell	53	Ray Cardinal, Wauconda	Sr.	13:58/2.85

1976 BOYS CLASS AA SECTIONAL CROSS COUNTRY RECAP

Team Champion	Coach	Points	Individual Champion/School	Class	Time/Distance
Chicago (Lane Tech)	Calvin Moses	29	Maurice Street, Chicago (Farragut)		15:14/3 Mi.
Deerfield	Len Kisellus	58	Tom Johnson, Palatine (H.S.)	Jr.	14:03.9/2.75
Alton (Sr.)	James Wigger	39	Randy Adler, Alton (Sr.)	Sr.	14:57/3 Mi.
Wheaton (North)	Rolland Eckman	86	Jim Spivey, Bensenville (Fenton)	Jr.	14:23.5/2.99
Orland Park (Sandburg)	John Wilson	88	Tom Graves, Orland Park (Sandburg)	Jr.	14:16/2.9 Mi
Moline	Gene Shipley	84	Tom Wuchte, DeKalb	Jr.	14:43/2.9 Mi

Presenting the 1976 Class A Entries

Note: Large, bold number beside team roster indicates team starting position.

AURORA (MARMION MILITARY) — 2nd Coach: Ray Dagenais 1. Joe Loran, Sr. 2. Tom Pack, Jr. 3. Andrew McKay, Jr. 4. Miguel d'Dscoto, So. 5. Terry Fleming, Jr. 6. Greg White, So. 7. Bob Fitzsimmons, Jr.	ELMWOOD – 5th Coach: Tom Meyer 43. Daryl Dorch, Jr. 44. Mark Kissee, So. 45. Rod Andrews, Fr. 46. Brian McAlister, Sr. 47. Steve Shissler, So. 48. Dan Morland, Sr. 49. Dan Wolschlag, Jr.	METROPOLIS — 4th Coach: Steve Woodworth 85. Steve Jennings, Sr. 86. Randy Johnston, Sr. 87. Gary Bremer, Fr. 88. Stan Oliver, Sr. 89. Frank Welsh, So. 90. Shawn Williams, Fr. 91. Todd Foster, So.
BEECHER — 5th Coach: Steve Curring 8. Tom Stluka, Jr. 9. Luigi Buffone, So. 10. Kevin O'Brady, Fr. 11. Henry Nykaza, Jr. 12. Mike Stluka, So. 13. Mike Mulcahy, So. 14. Kevin Mulcahy, Sr.	FAIRFIELD — 1st Coach: Tom Wickhan 50. John Simpson, Fr. 51. Jim Gifford, Sr. 52. Russel Scott, Sr. 53. Steve Bolding, Sr. 54. Tim Wiser, Jr. 55. Don Meeks, So. 56. Dwayne Parrent, Sr.	MINONK (MDana-Rutland) — 1st Coach: Van Peters 92. John Riley, Sr. 93. Mark Weers, So. 94. Noel Bell, Sr. 95. Brian Folkerts, Jr. 96. Mitch Hobbs, Sr. 97. Jim Riley, Fr. 98. Lowell loerger, Fr.
BLUE MOUND — 2nd Coach: Dick McDonald 15. Mike Jackson, So. 16. Kelly Armstrong, Jr. 17. Bart Tucker, Sr. 18. Ed Bailey, Sr. 19. Doug Collier, So. 20. Gary Jackson, Sr. 21. Tom Dalluge, Jr.	FARMINGTON (EAST) — 2nd Coach: Rick Putnam 57. Brian Elam, Jr. 58. Howey Ludington, So. 59. Dave Johns, Sr. 60. Lloyd Wolford, Sr. 61. Timm Roberts, Sr. 62. Dave Ludington, So. 63. Scott Turbett, Sr.	PLANO — 3rd Coach: Vaughn Rice 99. Steve Jent, Jr. 100. Scott Griter, So. 101. Bob McQuade, Sr. 102. James Huettd, Sr. 103. Mike Hubbard, Jr. 104. Kevin Albright, Sr. 105. Tim Crump, Jr.
CHATHAM (GLENWOOD) — 5th Coach: Paul Kopatz 22. Jeff Jones, So. 23. Ronald Bowman, So. 24. Doug Stratton, Jr. 25. Mark Pappas, So. 26. Bobby Evans, Jr. 27. Frank Lewis, Sr. 28. Mark Mercado, Fr.	GREENFIELD – 2nd Coach: Richard H. Tucker 64. Rich Tucker, So. 65. Rich Young, So. 66. Randy Margeson, Jr. 67. Steve Pembrook, Jr. 68. Steve Decker, Jr. 69. Rick Dowland, Fr. 70. Harry Garnes, Fr.	PROPHETSTOWN — 3rd Coach: Irv Sanderson 106. Randy Sharer, Sr. 107. Larry Karn, Sr. 108. Dan Eyrich, Sr. 109. Tom Shipp, So. 110. Don Shipp, Jr. 111. John Hill, Fr. 112. John Zade, Jr.
EFFINGHAM (ST. ANTHONY) — 3rd Coach: Les Stevens 29. Greg Schutte, Jr. 30. Jeff Weit, Sr. 31. Dan Feldhake, So. 32. Mike Longsworth, Fr. 33. Gary Roeke, So. 34. Lee Schutte, Fr.	LEBANON — 1st Coach: Ira Price 71. Victor Burns, Jr. 72. Greg Hogg, Sr. 73. Jeff Lee, Jr. 74. Terry Grunden, So. 75. Chuck Rutherford, Jr. 76. Vic Dagner, Fr.	ROBINSON – 5th Coach: Jim Fox 113. Don Weber, Jr. 114. Jeff Montgomery, Jr. 115. Mike Bachelor, Jr. 116. Bob Bulla, Jr. 117. Richard Andrus, So. ST. ANNE – 4th
35. Jeff Schutte, So. ELMHURST (TIMOTHY CHRISTIAN)—4th Coach: Don Greenfield 36. John Munk, Sr. 37. Jim Hoekstra, So. 38. David Vandervelde, Jr. 39. Tim Loerop, Fr.	77. Harvey Thomas, Sr. MARISSA — 4th Coach: Art Frazier 78. Mike Root, Sr. 79. Stewart Milam, Jr. 80. Bill Davis, So. 81. Jeff Lloyd, Jr.	Coach: Mike Rebello 118. Tim Rattin, Sr. 119. Dave Statler, So. 120. Gale Donton, So. 121. Joe BeNoyer, Jr. 122. John Meltzer, Jr. 123. Todd Lafond, Jr.
40. Mark Nordman, So. 41. Bob Bollow, Jr.	82. Bill Lloyd, Fr. 83. Gerald Walkington, So. 84. Jeff Lauphattus, So.	

84. Jeff Launbattus, So.

41. Bob Bollow, Jr.

42. Phil Woldman, Jr.

ST. JACOB (TRIAD) - 3rd

Coach: Tal Fisk

124. Jim Taylor, So.

125. Kevin Take, So.

126. Steve Touchette, Jr. 127. Tod May, So. 128. Gene Weis, Fr.

129. Bob Sobiech, Jr.

WINNEBAGO - 1st

Coach: Roger Schmidt

130. Doug Drogemuller, Sr.

131. Greg Barker, Sr.

132. Mike Eickman, So.

133. Brad Stouffer, So.

134. Rich McLaughlin, Jr.

135. Bruce Johnson, Fr.

136. Steve Larson, Jr.

INDIVIDUAL ENTRIES

- 402. Brad Maue, Breese (Mater Dei), So.
- 403. Terry Snider, Chester, Sr.
- 404. Peter Lortie, Chicago (University of Chicago), Jr.
- 405. Bill Wasson, Glasford (Illini Bluffs), Jr.
- 406. Mark Capelle, Highland (St. Paul), Jr.
- 407. Terry Donahue, Lombard (Montini), Sr.
- 408. Tom Clennon, Minooka, Jr.
- 409. Kelly Egger, Monmouth (H.S.), Jr. 410. Scott Swengl, Neoga, Jr.
- 411. Joel McKinney, Niantic-Harristown, So.

- 412. Mike Burger, Noble (West Richland), Jr.
- 413. John Hoekstra, Palos Heights (Chicago Christian), Jr.
- 414. Jeff Lounsberry, Petersburg-Porta, Jr.
- 415. Dave James, Pleasant Plains, Sr.
- 416. Bill Hostetler, Roanoke-Benson, Sr. 417. Mike Kapp, Sterling (Newman Central Catholic), Sr.
- 418. Greg Grubb, Stillman Valley, So.
- 419. Rich Heaton, Taylor Ridge (Rockridge), Jr.
- 420. John Plummer, Toledo-Cumberland, Jr.
- 421. Roger Hundley, Warrensburg-Latham, Jr.





Class A Meet Scorecard

INDIVIDUAL RESULTS

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FINAL TEAM RESULTS

SCHOOL (Places) PTS. 1. Lebanon -96 2. Winnespage -137 3. Farmington -153 4. Plane 6. Fairfield -222 6. Fairfield -223 7. Elmwood -223 8. Minomk. Dane. Rot lend-355 10. Glenwood -255 11. Blue Mound -255 12. Green Field -275 13. Marissa -277 14. Beecher -278 14. Beecher -278 14. Beecher -278	SCHOOL (Places) PTS.	15. Timothy Christian - 731	16. St. Anthony - 375	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	10 Prowhets town - 378	76 86 6W 7E	etropolis -	20. Triad - 461	(58 91 98 99 115)		22.	23.		24.	25.		(27.		
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Class AA Meet sorecard

INDIVIDUAL RESULTS

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FINAL TEAM RESULTS

SCHOOL (Places) PTS.	15. Os wego - 389		G 43 69 142 143	17. East Moline	1 85 87	18. Hurere West	19. Proviso West -4	321 56 89 25 (6 20. Woodruff	21. Thornton 4		22. Belkville West - 475	(19 83 98 127 148	23. Metamora - 4	(70 72 96 17	24. Dringhen Lan	7 25 Lane Tech -58	Sh1 821 145	6 26. Granite City North-6	86) (3	1 27. Centralia -6	8C)	78.
SCHOOL (Places) PTS.	1. Deer-Field - 111	2 4 34 45 (S)	1 St 25 41	3. York.	34	west	5. Moline - 220	47 11 20 44 71 74		(31 40 48 SI 66	2 53 (1 65 81	8. Thornridge -271	12 17 58 90 94	9. Glenbard West -301	76	rdon Icch -	11 Palatine - 337	21 64 117	12. Sand burg - 356		13. Pepria High - 38	27 38 54 110	14. Hanne Cast - 38.1

Presenting the 1976 Class AA Entries

Note: Large, bold number beside team roster indicates team starting position.

ALTON (SR.) — 1st Coach: James Wigger 201. Randy Adler, Sr. 202. Alex Lambie, Sr. 203. Brad Wigger, Sr. 204. Dave Lambie, Sr. 205. Doug White, Sr. 206. Rick Adler, Jr. 207. Dale Edwards, Jr.	CHICAGO (LANE TECH) — 1st Coach: 243. Richard Ochioa 244. Mike Pellikan 245. Andrew Calzimantes 246. James Noumiec 247. Brian Rowland 248. Brian Vick 249. Mario Rodriquez	ELMHURST (YORK) — 2nd Coach: Joe Newton 285. Todd Peterson, Jr. 286. Kevin Millon, Sr. 287. Tim Dunham, Sr. 288. Bob Bradshaw, Sr. 289. Larry Gorman, Sr. 290. Mike Garcia, Sr. 291. Jeff Snow, Sr.
AURORA (WEST) — 5th Coach: Lee Gleasman 208. Mike Matteson, Sr. 209. Steve Gramsch, So. 210. Brad Lyon, Jr. 211. Pat Higgins, Sr. 212. Craig Richmond, Jr. 213. Bob Brenkus, So. 214. Jim Molloy, Sr.	DEERFIELD — 1st Coach: Len Kisellus 250. Todd McCallister, Jr. 251. Keith Hampton, Jr. 252. Mark McCallister, Jr. 253. Greg Less, Jr. 254. Bruce Gilbert, Sr. 255. Bill Hayward, Sr. 256. Dana Rutstin, Jr.	GLEN ELLYN (GLENBARD WEST) — 3rd Coach: Jim Arnold 292. Jeff Hill, So. 293. Tom Eller, Sr. 294. Jay Rutherford, Jr. 295. Steve Pugsley, So. 296. Bryan Webster, Jr. 297. Dan Harris, Sr. 298. Mike Arenberg, Sr.
BELLEVILLE (WEST) — 3rd Coach: Norm Armstrong 215. Bob Weilmuenster, Jr. 216. Jim Bartelsmeyer, Sr. 217. Keith Kniepkamp, Sr. 218. Kenneth Huffman, Sr. 219. Chuck Hollis, Sr. 220. Mark Walz, Sr. 221. Mark Collins, Sr.	DE KALB — 2nd Coach: John Birkett 257. Tom Wuchte, Jr. 258. Brad Rongey, Jr. 259. John Vaughn, Sr. 260. Brian Sullivan, Jr. 261. Ted Ledbetter, Sr. 262. Dave Christianson, Sr. 263. Paul Grosklags, Jr.	GRANITE CITY (NORTH) — 5th Coach: Merlin Robinson 299. Robert Baker, Jr. 300. David Ebrecht, Sr. 301. Gregory Stout, Jr. 302. Donald Lucy, Sr. 303. Aaron Hikam, So. 304. Ed Futch, So. 305. Royce Meyenburg, Jr.
CENTRALIA — 4th Coach: Rod White 222. Rob Gardner, Jr. 223. Rusty Sherman, Jr. 224. Doug Laws, Jr. 225. Chris Dehn, Jr. 226. Mike Houstra, Sr. 227. Dean Morris, Jr. 228. Scott Doetsch, Jr.	DES PLAINES (MAINE WEST) — 5th Coach: Bill Barringer 264. Gary Paul, Sr. 265. Jeff Bridges, Sr. 266. Perry Walters, Jr. 267. Brian Tolan, Sr. 268. Mark Caras, Sr. 269. Don Murray, Sr. 270. Morris Danielson, Jr.	HARVEY (THORNTON) — 3rd Coach: Ed Fredette 306. Bill Moran, Jr. 307. Richard White, So. 308. Ray Lane, Sr. 309. Mike Sokolewicz, Fr. 310. Paul Gutierrez, So. 311. Rich Lane, Jr. 312. Tom Campbell, Jr.
CHICAGO (GORDON TECH) — 4th Coach: Doug Berger 229. John Olszewski, Sr. 230. Tom Maloney, Jr. 231. Dave Wilson, Jr. 232. John Swiech, Sr. 233. George Stasinos, Sr. 234. Jerry Tabat, Jr. 235. Mark Nannini, Sr.	DOLTON (THORNRIDGE) — 4th Coach: Skip Stolley 271. Jim Galen, Jr. 272. Steve Asauskas, Sr. 273. John Sullivan, Jr. 274. Jeff Hall, Sr. 275. Jeff Heath, So. 276. Mike Marshall, Sr. 277. Bob Wagner, So.	HILLSIDE (PROVISO WEST) – 5th Coach: Larry Wiezorek 313. Burt Becker, Sr. 314. Robert Mileski, So. 315. Mike Backer, Jr. 316. Mike Knitter, Jr. 317. Robert Popp, Sr. 318. Mike Laubsted, Sr. 319. Dave Dratnol, Sr.
CHICAGO (KENNEDY) — 2nd Coach: 236. Larry Coyle 237. Dave Czuba 238. Ken Schick 239. Joseph Kuchta 240. James Kuchta 241. Mike Urzendowski 242. Mike Parker	EAST MOLINE (UNITED) — 5th TIE Coach: Gary Phillips 278. Bob Feller, Sr. 279. Daren Evans, Jr. 280. John Orewiler, Sr. 281. Brian Kinman, Jr. 282. Mike Morris, So. 284. Bruce Bell	METAMORA — 3rd TIE Coach: Gene Jones 320. Keith Zobrist, Sr. 321. Brian Johnson, Jr. 322. Steve Kamm 323. Ric Miller, So. 324. Mike Davis, Jr. 325. Curtis Nelson, Jr. 326. Dan Driscoll, Jr.

PEORIA (WOODRUFF) - 3rd TIE PALATINE (H.S.) - 3rd MOLINE - 1st Coach: Joe Johnson Coach: Gene Shipley 327. Rod Willems, Sr. 354. Tom Johnson, Jr. 328. Jerry Bellmyer, Sr. 355. Charles Elliott, Jr. 16 329. Rick Edlund, Jr. 356. Kevin Mikolai, Jr. 357. Tony Vargas, Sr. 330. Dave Strom, Sr. 331. Steve Hansen, Sr. 358. John Dahlgren, Jr. 332. Bill Barth 359. Devin Koy, Sr. 360. Dave Imig, Sr. ORLAND PARK (SANDBURG) - 1st Coach: John Wilson PARK RIDGE (MAINE EAST) - 4th 333. Tom Graves, Jr. Coach: John Coghlan 334. Bob Hicks, Sr. 361. Bill Feid, Sr. 335. Mike Keane, So. 362. Pat Donahue, Sr. 336. Mike Choffin, So. 363. Ken Struck, Sr. 337. Tom Smith, Jr. 338. Dale Michalak, Sr. 364. Jeff Mattes, Sr. 365. Dan Phalen, So. 366. Gary Mattes, Sr. 339. Jim Sunta, So. 367. Bob Kirby, Sr. OSWEGO - 2nd Coach: John Sammons PEORIA (H.S.) - 5th TIE 340. Tracy Cahill, Jr. Coach: Robert LaCroix 341. Tom Benson, Sr. 368. Rich Parker, Sr. 342. Dan Gray, Jr. 369. Shawn Stever, Sr. 343. John Snooke, Jr. 370. Dave Ayoub, Sr. 344. Tom Utsch, So. 371. Pete Halter, Sr. 345. Tom Kaetzer, Sr. 372. Charles Conibear, Jr. 373. Rod Phillips, Sr. 346. Steve Behnke, Sr. 374. Mike Markley, Jr. PALATINE (FREMD) - 2nd Coach: Roy Hascup 347. John Filosa, Sr. 348. Dan Inbody, Jr. 349. Dan Tischler, Sr. 350. Tom Ross, So.

Coach: Howard Morgan 375. Mark McIntosh, Sr. 376. Bob Schaefer, Sr. 377. Robert Hill, Sr. 378. Rick McIntosh, So. 379. John Hedeman, So. 380. Ron McIntosh, So. 381. Mike Burcick SPRINGFIELD (LANPHIER) - 2nd Coach: Lee Halberg 382. Kevin Zardnt, Jr. 383. Keith Boyd, Sr. 384. Keith Zardnt, Jr. 385. Roy Taraba, Sr. 386. Mike Bailey, So. 387. Duncan Weathers, So. 388. John Sgro, So. WHEATON (NORTH) - 1st Coach: Rolland Eckman 389. Doug Diekema, Sr. 390. Jay Avery, Sr. 15 391. Pat Carney, Jr. 392. Ken Davison, Sr. 393. Tim Maret, Jr. 394. Jim Lovern, Sr. 395. Andy Reed, So.

INDIVIDUAL ENTRIES

- 451. Darryl Robinson, Arlington Heights (Forest View), Sr. 452. Don Volke, Belvidere, Fr.
- 453. Jim Spivey, Bensenville (Fenton), Jr.

351. Matt Filosa, So. 352. Ed Martinez, So. 353. Bob Ratcliff, Jr.

- 454. Frank Reilly, Champaign (Central), Sr.
- 455. Gene Payne, Chicago (Brother Rice), Jr.
- 456. Kenneth Perkins, Chicago (DuSable)
- 457. Maurice Street, Chicago (Farragut)
- 458. Edward Key, Chicago (Kenwood)
- 459. Alberto Sopena, Chicago (Lake View)
- 460. John Haberkorn, Chicago (Marist), Sr.
- 461. Terry Bauer, Chicago Heights (Bloom), Sr.
- 462. Kent Martin, Collinsville, Sr.
- 463. Chris Dremann, Downers Grove (North), Sr.
- 464. Bill Horn, Mattoon, Sr.
- 465. Dan Skarda, Mundelein (H.S.), Sr.

468. Dave Bensema, Oak Lawn (Richards), Sr. 469. Paul Lunecki, Oak Park (Fenwick), Sr. 470. Perry Sager, Olney (East Richland), Jr. 471. Bruce Merriman, Park Forest (Rich East), Sr. 472. Steve Senf, Park Ridge (Maine South), Sr. 473. Steve Arch, Princeton, Jr. 474. Larry Schuldt, Rock Falls, Sr. 475. Peter Ffitch, Rock Island (Alleman), Sr. 476. Jim Scrutton, Springfield (Griffin), Sr. 477. Rich Humphrey, Springfiels (Southeast), Sr.

466. Bob Savage, Northfield (New Trier West), Sr.

467. Glenn Urbaniak, Northlake (West Leyden), Sr.

- 478. Ray Cardinal, Wauconda, Sr.
- 479. Jim Wolfe, Zion (Zion-Benton), Sr.

COMMUNICATION—It maintains a clear channel of communication between member schools and persons associated with member schools through its monthly periodical, the ILLINOIS INTERSCHOLAS-TIC, the Official Handbook (which contains the Constitution and By-laws of the Association and other important data, and a detailed directory of registered athletic officials), and numerous direct mailings and other publications and pamphlets.

The IHSA's Constitution and By-laws were first adopted statewide in 1915 when officers were elected for the Illinois High School Athletic Association (predecessor of the IHSA). In 1922, after tremendous growth, the Association hired the nation's first fulltime director. Since that time, only three men have served as Executive Secretary of the IHSA: Mr. Charles W. Whitten from 1922 to 1942, Mr. Albert Willis from 1942 to 1968, and Mr. Harry Fitzhugh from 1968 to the present.

Until 1940, the role of the Association was supervision and control of only athletic programs. Then, following the first recodification of the Constitution and By-laws, the jurisdiction of the IHSA was extended to non-athletic activities. The privileges of participation in high school athletics in Illinois were expanded, while additional teeth were put into the penalty process for violation of the rules, under a new Constitution and By-laws which became effective July 1, 1976. For only the second time in the long history of the IHSA, the rules and regulations governing interscholastic activities were completely reviewed and reshaped to expand the rights of the students served by the IHSA schools, as well as to provide the schools with the tools to build a modern, thriving statewide interscholastic activity program.

Meet the Legislative Commission



Fr. JOHN GAVIN Chicago (Mendel) District 1



DANIEL TRAHEY Chicago (Kennedy) District 2







CLYDE WATSON WILLIAM RIDER DONALD TRIMBLE Park Ridge (Maine South) Glen Ellyn(Glenbard E.)Richton Park (Rich South)



LeROY HOOKS Polo District 6



RICHARD JENKINS Morrison



ROGER TUTTLE Pontiac District 8



BERNARD FLEENER WILLIAM ROBERTSON Champaign (Central) District 9



Peoria (H.S.) District 10



RICHARD MOSIER Argenta-Oreana District 11



ROBERT PURLEE Roseville District 12



RICHARD HEITHOLT Quincy (Sr.) District 13



STANLEY DAVIS Pana District 14



JERRY TURNER Belleville (West) District 15



WILLIAM NORRIS Norris City-Omaha District 16



CHARLES SWINNEY DuQuoin District 17



All-Time Team Data

YEAR	CHAMPION	COACH	PTS.	RUNNER-UP	PTS.
1946	Paris	Ernie Eveland	90	Chicago (Lane Tech)	102
1947	Paris	Ernie Eveland	30	DesPlaines (Maine Twp.)	89
1948	Paris	Ernie Eveland	23	Washburn	73
			(2, 3, 4, 16, 17))	
1949	Paris	H.D. "Deac" Sweel		Evanston	72
1950	Chicago Hts. (Bloom)	E.R. Nelson	49	Paris	70
1951	Urbana	Gene Armer	21	LaGrange (Lyons)	61
			(2, 4, 6, 12, 16))	
1952	Peoria (Woodruff)	Roy Gummerson	37	Urbana	80
1953	Evanston	Emil Schultz	111	Cumberland	119
1954	Maywood (Proviso)	Harold Monilaw	71	Peoria (Woodruff)	121
1955	LaGrange (Lyons)	Max Armer	95	Chicago (Englewood)	122
1956	LaGrange (Lyons)	Max Armer	102	Rock Falls	113
1957	Maywood (Proviso)	Harold Monilaw	63	Edwardsville	133
1958	Alton	Neal Schmelzel	95	Glen Ellyn (Glenbard)	100
1959	Winnetka (New Trier)	Ben Almaguer	67	Glen Ellyn (Glenbard West)	96
1960	Glen Ellyn (Glenbard West)	C.A.R. Johnson	80	Winnetka (New Trier)	85
1961	Highland Park	Dick Ault	96	Glen Ellyn (Glenbard West)	97
				(Evanston 98)	
1962	Elmhurst (York)	Joe Newton	61	Evanston	98
1963	Chicago (Lane Tech)	Leonard Jareczek	69	Glen Ellyn (Glenbard West)	126
1964	Hillside (Proviso West)	Dick McCallister	46	Elmhurst (York)	68
1965	Elmhurst (York)	Joe Newton	61	Rockford (Guilford)	125
1966	Evanston	Jim Nelson	117	Naperville	124
1967	Arlington Hts. (Arlington)	Bruce Samoore	73	Hillside (Proviso West)	74
1968	Elmhurst (York)	Joe Newton	121	Evanston	129
1969	Palatine (Fremd)	Ron Menely	86	Elmhurst (York)	129
1970	Park Ridge (Maine East)	John Coughlan	129	Palatine (Fremd)	139
1971	Elmhurst (York)	Joe Newton	67	Centralia	136
1972	Elmhurst (York)	Joe Newton	84	Arlington Hts. (Hersey)	164
1973	Elmhurst (York)	Joe Newton	64	Riverside (RBrookfield)	159
1974	Chicago Hts. (Bloom)	Don Slota	91	Elmhurst (York)	96
1975	Chicago Hts. (Bloom)	Don Slota	128	Elmhurst (York)	132

All-Time Individual Data

		33333333 33333333	66666666	weiller weiller weiller weiller weiller
SITE	Urbana Urbana Urbana Urbana	Urbana Urbana Peoria (CC) Urbana (CC)	Urbana (CC) Savoy	Peoria Detweiller Peoria Detweiller Peoria Detweiller Peoria Detweiller Peoria Detweiller Peoria Detweiller
WINNING	10:07.8 9:58 9:55.3 9:35.1	9:47.6 10:22.4 10:16.6 9:21.6 9:34 9:31.8 9:31.8 9:31.8	9:15 10:11.3 9:57 9:30.9 9:53.4 9:45.4 9:54.4 13:26.3	12:37.6 13:59.3 13:50.6 13:57.7 14:14.3
DISTANCE	2 Mile 2 Mile 2 Mile 1.9 Mile	2 Mile 2 Mile 1.9 Mile 1.9 Mile 1.9 Mile 1.9 Mile 1.9 Mile 1.9 Mile	1.9 Mile 2 Mile 2.75 Mile	2.67 Mile 3 Mile 3 Mile 3 Mile 3 Mile 3 Mile 3 Mile
SCHOOL	Paris Moline Paris Rock Island (HS)	Paris Urbana Marengo Evanston Joliet East Moline Peoria (Woodruff) Moline Winnetka (New Trier) Cicero (Morton)	Moline Wheaton Skokie (Niles West) Chicago (Lane Tech) DesPlaines (Maine West) Libertyville Rockford (Guilford) Hillside (Proviso West) Moline Hillside (Proviso West)	Palatine (Fremd) New Lenox (Lincoln-Way) 3 Mile Centralia Glen Ellyn (Glenbard West) 3 Mile Elmhurst (York) 3 Mile Rockford (East)
RUNNER.UP	George Twigg Bob Malmstrom Glen Curtis Irv Reitz	Chuck Metheny Verlon Sheuring Dale Nevel John Hitt Dan Inrie Fred Sandoval Bill Gillingham Bob Lindrud Weymouth Kirkland	Wiley Wright Dave Bartel Jim Weinert Steve Bakieda John Greco Doug Williamson Dave Calvert Rich Elliott Andy Isla-Rubert	Dan Pettinger Lee Erickson Stan Vannier Bill Fritz Ron Craker Dan Gilchrist
SCHOOL	LaGrange (Lyons) Paris Buffalo (Tri-City) Evanston	Chicago (Calumet) Paris Peoria (Woodruff) Evanston East Moline (United) DeKalb Rockford (East) Moline Kankakee	Winnetka (New Trier) Highland Park Evanston Evanston Hillside (Proviso West) Winnetka (New Trier) Riverside (RBrookfield) DesPlaines (Maine West) Glen Ellyn (Glenbard West) New Lenox (Lincoln-Way)	New Lenox (Lincoln-Way) Lebanon Lebanon New Lenox (Lincoln-Way) Hillside (Proviso West) Elmhurst (York)
WINNER	Warren Druetzler Bob Lollenberger Stacy Siders James Henry	Steve Murphy Charles Metheny Charles Hakes Louis Kujawinski Fred Sandoval Jim Bowers Brian White Ray Ott Marvin Silliman	Weymouth Kirkland Jim Weinert Charles Schulz Charles Schulz Bruce Bowman Mike Collins Jim Press Lee LaBadie Ken Popejoy	Dave Merrick Craig Virgin Craig Virgin Dave Walters Tom Marino Ron Craker
YEAR	1946 1947 1948	1950 1951 1952 1953 1954 1955 1956 1957 1958	1960 1961 1962 1963 1964 1965 1966 1967 1968	1970 1971 1972 1973 1974



CRAIG VIRGIN Lebanon



DAVE WALTERS New Lenox (Lincoln-Way)



BILL FRITZ Glen Ellyn (Glenbard West)



RON CRAKER Elmhurst (York)



CRAIG YOUNG Stillman Valley



DAN GILCHRIST Rockford (East)



TOM MARINO Hillside (Proviso West)

Top Detweiller Course Times

(3-Mile Course)

Time	Runner	School	Year	Place
13:50.6	Craig Virgin	Lebanon	1972	1st
13:57.7	Dave Walters	New Lenox (Lincoln-Way)	1973	1st
13:59	Craig Virgin	Lebanon	1971	1st
14:06	Bill Fritz	Glen Ellyn (Glenbard West)	1973	2nd
14:13	Ron Craker	Elmhurst (York)	1975	1st
14:13	Craig Young	Stillman Valley	1973	3rd
14:13	Dan Gilchrist	Rockford (East)	1975	2nd
14:14.3	Tom Marino	Hillside (Proviso West)	1974	1st
14:15	Mike Marks	Riverside-Brookfield	1973	4th
14:18	Arnold Jackson	Schaumburg	1973	5th
14:18	Tom Graves	Orland Park (Sandburg)	1975	3rd
14:19	John Unger	Riverside-Brookfield	1973	6th
14:20	Stan Vannier	Centralia	1972	2nd
14:20	Dean Erdal	Waukegan	1973	7th
14:20	John Capriotti	Chicago Hts. (Bloom)	1973	8th
14:20	Ron Craker	Elmhurst (York)	1974	2nd
14:21	Paul Hansen	Lombard (Glenbard East)	1973	9th
14:22	Paul Sewell	Rockford (Guilford)	1972	3rd
14:22	Dan Gilchrist	Rockford (East)	1974	4th
14:23	Dean Erhard	Deerfield	1972	4th

Recap of 1975 State Final Meet

INDIVIDUAL RESULTS

FINAL TEAM RESULTS

Finish	Runner	Year ('75)	School	Time	Finish	School	Top Five Team Place Finishers	Total
1	Ron Craker	Sr.	Elmhurst (York)	14:10.3	1	Chicago Hts. (Bloom)	5, 8, 12, 37, 66	128
2	Dan Gilchrist	Sr.	Rockford (East)	14:13	2	Elmhurst (York)	1, 18, 28, 42, 43	132
3	Tom Graves	Jr.	Orland Park (Sandburg)	14:18	3	Deerfield	10, 33, 34, 39, 45	161
4	Dave Finnestad	Sr.	Oswego	14:24	4	Rockford (East)	2, 32, 35, 61, 68	198
5	Steve Chaplin	Sr.	Glenview (Glenbrook So)	14:25	5	Lebanon	13, 24, 26, 63, 74	200
6	Jim Keen	Sr.	Riverside (R-Brookfield)	14:27	6	Des Plaines (Maine West)	11, 21, 52, 65, 67	216
7	Jim McHugh	Sr.	Hillside (Proviso West)	14:28	7	Park Ridge (Maine East)	7, 25, 31, 54, 110	227
8	Tom Wuchte	So.	DeKalb	14:32	8	Woodstock	15, 36, 46, 53, 89	239
9	John Herbert	Sr.	Hinsdale (Central)	14:33	9	Harvey (Thornton)	19, 20, 49, 82, 88	249
10	Dave Erdal	Sr.	Waukegan (East)	14:35	10	Chicago (Lane Tech)	16, 22, 47, 84, 87	256
11	Terry Bauer	Jr.	Chicago Hts. (Bloom)	14:36	11	Hillside (Proviso West)	3, 6, 81, 91, 92	273
12	John Creevy	Sr.	Hillside (Proviso West)	14:37	12	Downers Grove (North)	17, 38, 49, 70, 105	279
13	Bob Hicks	Jr.	Orland Park (Sandburg)	14:38	13	Hinsdale (Central)	4, 50, 59, 69, 114	296
14	Reo Rorem	Sr.	Gilman	14:39	14	Alton (Sr.)	9, 41, 72, 80, 107	309
15	Mark Tomasik	Sr.	Park Ridge (Maine East)	14:40	15	Danville (H.S.)	56, 64, 78, 85, 90	373

How They Got To Detweiller

The top five placing teams and the top five finishing runners who are not members of the qualifying teams advance to the State Final Meet in both Class A and Class AA from the Sectional Meets.

In addition, the first and second place teams and the top 10 individuals who are not members of the first two teams from the Chicago Public League Qualifying Meet advance to Detweiller Park for the Class AA State Final.

Year-By-Year State Final Point Leaders

1946—	at URBANA	1956—at URBAN		1966—at URBANA	
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Paris	90	 LaGrange (Lyons) 	102	 Evanston (Twp.) 	117
2. Chicago (Lane T		2. Rock Falls	113	2. Naperville	124
3. LaGrange (Lyon		3. Chicago (Englewood)	151	3. Elmhurst (York)	127
4. Chicago (Harriso		4. Maywood (Proviso)	156	4. Chicago (Lane Tech)	133
5. Chicago Hts. (B	loom) 149	5. Alton	171	Hillside (Proviso West)	159
1947—	at URBANA	1957—at URBAN.	A (CC)	1967—at URBANA	(CC)
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Paris	30	1. Maywood (Proviso)	63	1. Arlington Hts. (Arlington)	73
2. Des Plaines (Ma	ine Twp.) 89	2. Edwardsville	133	2. Hillside (Proviso West)	74
3. Chicago (Lane T		3. LaGrange (Lyons)	146	3. Elmhurst (York)	101
4. Chicago (Schurz		4. Urbana	158	Glen Ellyn (Glenbard West)	190
Rock Island	142	Franklin Park (Leyden)	186	5. Ottawa (Twp.)	249
1948_	at URBANA			1968—at SAVO	ΟY
	POINTS	1958—at URBAN	A (CC)		POINTS
TEAM 1. Paris	23	TEAM	POINTS	TEAM 1. Elmhurst (York)	121
2. Washburn	73	1. Alton	95	2. Evanston (Twp.)	121
3. Elmhurst (York)		2. Glen Ellyn (Glenbard)	100	3. New Lenox (Lincoln-Way)	153
4. Chicago (Lane T		3. Rockford (East)	133	4. Glen Ellyn (Glenbard West)	156
5. Erie		4. Chicago (Lane Tech)	140	5. Ottawa (Twp.)	182
East St. Louis	TIE 123	 Edwardsville 	145	0. 000ana (1mp.)	
			at the same	1000	
	at URBANA	1959—at URBAN		1969—at SAV	TOTAL STATE OF THE PARTY OF THE
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Paris	36	1. Winnetka (New Trier)	67	1. Palatine (Fremd)	86
2. Evanston	72	2. Glen Ellyn (Glenbard West)	96	2. Elmhurst (York)	129
3. Downers Grove	87 f) 103	Chicago (Lane Tech) Edwardsville	126	3. Mt. Prospect (Prospect)	TIED 146
 Peoria (Woodruf Chicago (Steinm 		Moline	TIE 145	Park Ridge (Maine East) 5. Hillside (Proviso West)	
5. Chicago (Steinin	3(2)	Wollie		5. Hillside (Proviso West)	157
1950—	at URBANA	1960—at URBAN.	A (CC)	1970—at PEOR	IIA
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Chicago Hts. (B	loom) 49	1. Glen Ellyn (Glenbard West)		1. Park Ridge (Maine East)	129
2. Paris	70	2. Winnetka (New Trier)	85	2. Palatine (Fremd)	139
3. Des Plaines (Ma	ine Twp.) 99	3. Chicago (Phillips)	139	3. Evanston (Twp.)	183
 Peoria (Woodruf 		4. Moline	143	 Naperville (Central) 	193
5. Lincoln	117	5. Urbana (H.S.)	197	Hillside (Proviso West)	213
1951—	at URBANA	1961—at URBAN	A (CC)	1971—at PEOI	RIA
AND	POINTS	TEAM	POINTS	TEAM	
TEAM 1. Urbana	21	1. Highland Park	96	1. Elmhurst (York)	POINTS 67
2. LaGrange (Lyon		2. Glen Ellyn (Glenbard West)	97	2. Centralia	136
3. Peoria (Woodruf		3. Evanston	98	3. Park Ridge (Maine East)	137
4. Franklin Park (I		4. Edwardsville	117	4. Riverside-Brookfield	138
5. Dixon	139 •	Peoria Hts. (Richwoods)	179	New Lenox (Lincoln-Way)	171
1050	PEOPLA (CC)	1000 LIDDAN	A (GG)	1050 PEO	NY 4
	PEORIA (CC)	1962—at URBAN	37 55	1972—at PEOI	
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Peoria (Woodruf	f) 37 80	1. Elmhurst (York) 2. Evanston	61	1. Elmhurst (York)	84
2. Urbana	87	3. Winnetka (New Trier)	98 100	2. Arlington Hts. (Hersey)	164
3. Evanston 4. Geneseo	104	4. Glen Ellyn (Glenbard West)	135	 LaGrange (Lyons) Riverside-Brookfield 	175
5. Chicago Hts. (B		5. Urbana (H.S.)	171	5. Rockford (Guilford)	191 196
19/03/98/2					
1953—at	URBANA (CC)	1963—at URBAN	A (CC)	1973—at PEO	KIA
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
1. Evanston	111	1. Chicago (Lane Tech)	69	1. Elmhurst (York)	64
Toledo (Cumberl		Glen Ellyn (Glenbard West)	126	2. Riverside-Brookfield	159
3. Alton	136	3. Evanston (Twp.)	139	3. Glen Ellyn (Glenbard West)	177
4. Peoria (Woodruf		 Oak Park-River Forest 	163	4. Palatine (Fremd)	204
5. Urbana	149	5. Winnetka (New Trier)	187	Maywood (Proviso East)	205
1954—at	URBANA (CC)	1964—at URBANA	A (CC)	1974—at PEO	RIA
TEAM TEAM	POINTS	TEAM	POINTS	TEAM	
1. Maywood (Provi		1. Hillside (Proviso West)	46	1. Chicago Hts. (Bloom)	POINTS
2. Peoria (Woodruf		2. Elmhurst (York)	68	2. Elmhurst (York)	91 96
3. Alton	140	3. Chicago (Lane Tech)	109	3. Palatine (Fremd)	106
4. Urbana	155	4. Lombard (Glenbard East)	132	4. Hillside (Proviso West)	141
5. Toledo (Cumberl		5. Evanston (Twp.)	142	5. DeKalb	155
1055 -4	LIDDANA (CC)	1005 - LIDDAN		1975 – at PEORI	
	URBANA (CC)	1965—at URBANA			LA
TEAM	POINTS	TEAM	POINTS	TEAM	POINTS
		1. Elmhurst (York)	61	1. Chicago Hts. (Bloom)	128
1. LaGrange (Lyon	rood) 122	Rockford (Guilford)	125	2. Elmhurst (York)	132
Chicago (Englew					
 Chicago (Englew Urbana 	139	3. Lombard (Glenbard East)	153	3. Deerfield	161
Chicago (Englew	139				

PHOTO CREDITS

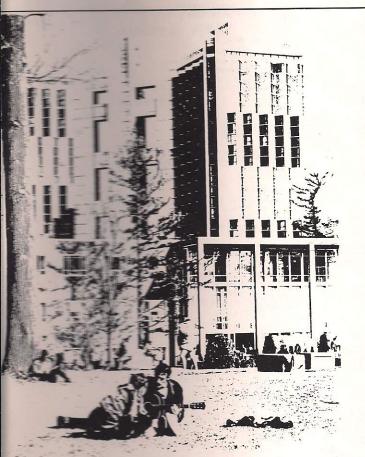
Special thanks is extended to Photographer Dennis Trumble of the Peoria Journal Star, and the paper's sports staff, for the artwork which appears on the cover of and in this year's edition of the Boys Cross Country program. In addition, special thanks is also extended to the photography department of Peoria (H.S.) for photos that appear in this edition. The cover photograph is of last year's winner, Ron Craker of Elmhurst (York).

BOYS CROSS COUNTRY - HIGHEST PLACING TEAMS

(Excludes 1976)

		0 1	21	146	5th
School	Ist	2nd	3ra	4111	oui
#4.tmm	1		2		1
Delington)	1				
Actimutum Htts. (Hersey)		1			
Centralia		1			
Chicago (Englewood)		1	1		
Ohicago (Harlan)				1	
Chicago (Harrison)				1	
Omicago (Lane Tech)	1	1	3	3	
Chicago (Phillips)			1		
Ohiosop (Schurz)				1	220
Onicaco (Steinmetz)					2
Chicago Hits. (Bloom)	3				2
			3		- 31
DelCalb			152	12	1
Des Plaines (Maine Twp.)		1	1	1	
Disection					1
Diswiners Grove			1		
East St. Louis (Sr.)		×			1
Ethwartsville		1	265	1	2
Elminurst (York)	6	4	3		
Erie	un:	6725	200		1
Ewarston	2	3	4		1
Franklim Park (Leyden)				1	1
Geneses				1	
(Glen Ellym (Glenbard)		1			
Glen Ellium (Blenbard Wes	t) 1	3	1	3	
Highland Park	1				

School	1st	2nd	3rd	4th	5th
Hillside (Proviso West)	1	1		1	3
LaGrange (Lyons)	2	1	3	3	
Lebanon					1
Lincoln					1
Lombard (Glenbard East)			1	1	
Maywood (Proviso East)	2			1	1
Moline				1	1
Mt. Prospect (Prospect)			1		
Naperville		1		1	
New Lenox (Lincoln-Way))		1		1
Oak Park (O.PRiver Fore	est)			1	
Ottawa (Twp.)					2
Palatine (Fremd)	1	1	1	1	
Paris	4	1			
Park Ridge (Maine East)	1		2		
Peoria (Central)				2	1
Peoria (Woodruff)	1	1	1	3	
Peoria Hts. (Richwoods)				20	1
Riverside (R-Brookfield)		1		2	
Rock Falls		1			
Rockford (East)			1		
Rockford (Guilford)		1			1
Rock Island (H.S.)					1
Toledo (Cumberland)		1	112	•	1
Urbana	1	1	1	2	3
Washburn		1	174		_
Winnetka (New Trier)	1	1	1		2



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Illinois State University Normal-Bloomington

1976-77



MATHIETIC Honor Roll

Boys Athletics

Sport GOLF Class A	Place 1st 2nd	Place School 1st Carmi 2nd Auburn	Coach Dave Johnson Anton Dolenc	Score 642 668
Class AA	1st Mt. 2nd Ho Individi	Individual Champion: John Giv 1st Mt. Prospect (Prospect) 2nd Homewood-Flossmoor Individual Champion: Tom Fer	Individual Champion: John Given, Carmi, So. (5-75-150) 1st Mt. Prospect (Prospect) George Bork 2nd Homewood-Flossmoor Gordon McGregor 637 Individual Champion: Tom Ferlmann, Peoria (Spalding) 74-78—152	632 637 -78—152

Tournaments Remaining

SITE	November 12-13 Park Ridge (Maine East)	Peoria (Detweiller Park)	November 26-27 Normal (Hancock Stadium)	February 25-26 Champaign (Assembly Hall) February 25-26 Darien (Hinsdale South) March 4-5 Mt. Prospect (Prospect) March 11-12 Champaign (Assembly Hall) March 18-19 Champaign (Assembly Hall) May 27-28 Arlington Hts. (Arlington) May 27-28 Charleston (O'Brien Field) May 27-28 Peoria (Manual) (Meiner Field)	מסוומ (ואומווממו) (ואוסוווסון וכוס)
DATE	November 12-13 P	November 13	November 26-27	February 25-26 February 25-26 March 11-12 March 18-19 May 27-28 May 27-28 June 2-3	
ACTIVITY	SOCCER	(CLASS A and AA)	(ALL 5 CLASSES)	(CLASS A and AA) SWIMMING GYMNASTICS BASKETBALL (CLASS A) EASKETBALL (CLASS AA) TENNIS TRACK & FIELD (CLASS A and AA)	

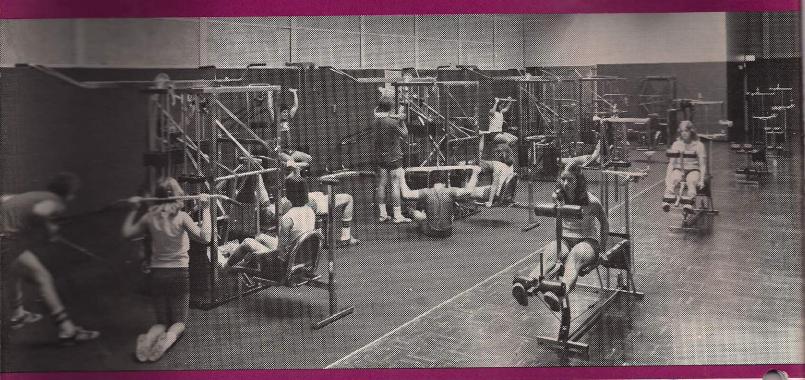
Girls Athletics

Sport	ARCHERY	GOLF	TENNIS		SWIMMING
Place	1st Freeburg 2nd Rolling M ndividual Cham	1st Quincy (Sr.) 2nd Homewood- ndividual Champi	1st Hinsdale (Central) 2nd (Tie) Crystal Lake Winnetka (New Trie Singles: Sue Jaeger, Colette Ben Sr., 6-4, 6-4.	Doubles: Nan Hins Bets 6-0,	1st Hinsdale (Central) 2nd Park Ridge (Maine
School	1st Freeburg 2nd Rolling Meadows (H.S.) ndividual Champion: Maria Rech	1st Quincy (Sr.) 2nd Homewood-Flossmoor ndividual Champion: Alicia Ogri	1st Hinsdale (Central) 2nd (Tie) Crystal Lake (H.S.) Winnetka (New Trier East) Singles: Sue Jaeger, Prairie Vi Colette Bennett, Nort Sr., 6-4, 6-4.	Nancy Nyquist (Sr Hinsdale (Central) be Betsy Stogin (So.), W 6-0, 6-4.	Hinsdale (Central) Park Ridge (Maine South)
Coach	1st Freeburg Mary Anne Downen 2,549. 2nd Rolling Meadows (H.S.) Ken Bates 2,435. Individual Champion: Maria Recker, Rolling Meadows (H.S.) 660	1st Quincy (Sr.) 2nd Homewood-Flossmoor Janice Mueller 748 Individual Champion: Alicia Ogrin, Waukegan (East) 73-75—148 (4 Under Par)	1st Hinsdale (Central) 2nd (Tie) Crystal Lake (H.S.) Winnetka (New Trier East) Winnetka (New Trier East) Singles: Sue Jaeger, Prairie View (Stevenson), Fr. beat Colette Bennett, Northfield (New Trier West), Sr., 6-4, 6-4.	Doubles: Nancy Nyquist (Sr.)-Susan Whitney (Fr.), Hinsdale (Central) beat Stephanie Frei (Sr.) - Betsy Stogin (So.), Winnetka (New Trier East), 6-0, 6-4.	Nancy Prentice Dawn Butler
Score	2,545 2,437 .S.) 660	727 748 75—148 (4 Un	14 9 9 9 (1),	(; <u>'</u> ; ;	116

Tournaments Remaining

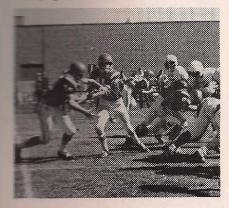
ш	November 12-13 Winnetka (New Trier East)	January 28-29 Normal (Horton Fieldhouse)	February 11-12 Peoria (Town & Country Lanes)	February 11-12 Park Ridge (Maine East)	Normal (Horton Fieldhouse)	Northfield (New Trier West)	Charleston (O'Brien Field)	Pekin (Mineral Springs Park)	
DATE SITE	November 12-13 Win	January 28-29 Nor	February 11-12 Peo	February 11-12 Park	April 1-2 Nor	April 22-23 Nor	May 20-21 Cha	June 2-3 Pek	
ACTIVITY	FIELD HOCKEY	VOLLEYBALL	BOWLING	GYMNASTICS	BASKETBALL	BADMINTON	TRACK & FIELD	SOFTBALL	

Homewood-Flossmoor High stays in winning shape the Universal Gym way!



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athletic and adult education programs, and has become our most highly utilized facility. We are very pleased."

Football coach Bob Lombardi's pleased, too: "In our twenty-one sport program, fourteen of our teams have won conference championships in the past year. Universal Gym Equipment has been instrumental in any athletic successes we have attained." But Universal Gym Equipment isn't just for competitive athletics. In any physical fitness course, it's a powerful addition. Here's how Barbara Sprayberry, Associate Director of Homewood-Flossmoor's P.E. program sums it up:

"Universal weight training equipment has provided our school with the opportunity to present in-depth weight training units at all grade levels. We have been particularly pleased with a freshman co-ed fitness course developed this year."



The simple fact of the matter is that more and more high school coaches and physical education departments are turning to Universal, world's largest manufacturer of gym equipment. Isn't it time your school did?

For more information and a demonstration in your school, contact . . .

Universal GYM EQUIPMENT

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