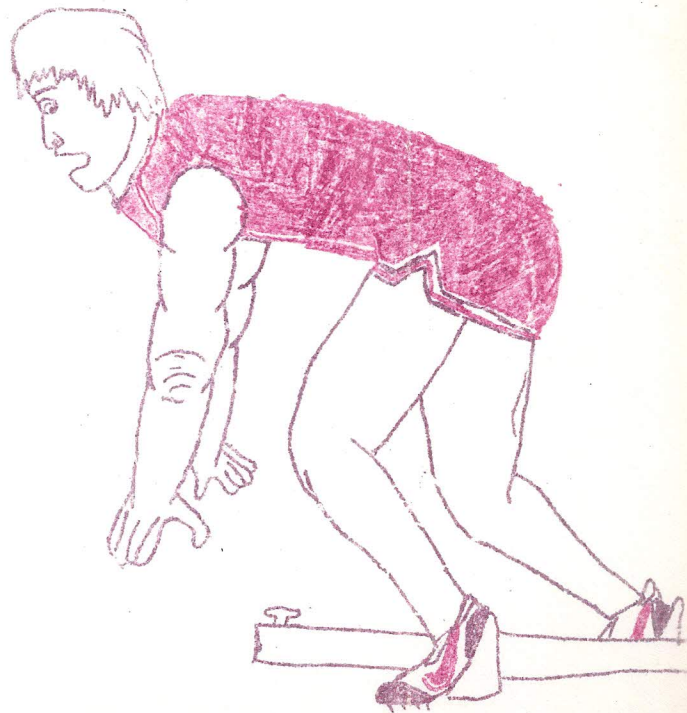


88

4

TRACK



N.6.

THIS BOOKLET IS PRESENTED BY COACH GARRISON

Managers: Cindy Blue  
Laura Johnson  
Tracy Rasmussen

Head Coach: Gary Garrison  
Assistant Coaches: Jim Acklin  
Jerry Hewardine

Captains: Bill Simpson  
Steve Thompsen

Team Record: 10-2

Most Valuable Varsity - Brian Benso - 214 pts.  
Most Valuable Sophomore - Jim LeRette - 69 pts.  
Most Improved - Cliff Griswell

Classic Champions:	PV	12'7½"	Steve Johnson
	1600	4:44.3	Bill Simpson
	F-S 1600	4:58.9	Todd Treat
	F-S 200	24.3	Brian Benso
	LH	41.9	Brian Benso
Fresh-Soph	3200	10:37	Todd Treat
	HH	16.9	Brian Benso
	LH	42.1	Brian Benso
	200	24.6	Brian Benso
Fresh-Soph Okaw	LH	44.1	Brian Benso
	HH	16.7	Brian Benso
	TJ	37'5"	Rob Griswell
Sectional Champion	LH	40.5	Brian Benso
State Qualifier	LH		Brian Benso

SJO continued its fine reputation in track and field. We finished with a record of 10-2, this becoming our 12th straight winning season. Season highlights include: 1) 1st in our 18 team Spartan Classic, 2) 1st in our 15 team Fresh-Soph Invitational, 3) 4th in our 27 team Sectional.

We set one varsity and one freshman record: Cliff Griswell in the Shot and our Fresh-Soph Mile Relay.

Seniors, may your future be filled with many happy days - may you always seek to excel in whatever you undertake in life - may your little ones be "Track Hosses" and may God always bless you.

SJO MOST VALUABLE

Bryan Benso

1. School Record - Fresh-Soph Mile Relay
2. Area All-Star - News Gazette LH HJ
3. Area All-Star - Commercial News LH HH HJ
4. F-S Inv. Champ - HH, LH, 200
5. Classic Champion - LH, F-S 200
6. State Qualifier
7. 214 Varsity Points

SJO MOST VALUABLE SOPHOMORE

Jim LeRette

1. School Record - Fresh-Soph Mile Relay
2. Top Varsity 400 man
3. Area Best Qualifier - 800 Relay
4. 68½ Varsity Points

NEW SCHOOL RECORDS

Varsity

<u>Event</u>	<u>Name</u>	<u>New Record</u>	<u>Old Record</u>
Shot	Cliff Griswell	47'7"	46'1"

Freshman-Sophomore

Mile Relay	Jim LeRette Davie Immke Darrin Karrick Bryan Benso	3:41.2	3:50.7
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Track and Field 1983

Roster and Varsity Points Scored

Seniors

Cliff Griswell-69\*  
Steve Johnson-123½\*  
Thommy Kierok  
Jim Kincaid  
Bill Simpson-165\*  
Steve Thompson-31½\*

Juniors

Keith Pogue-30½\*  
Jim Taylor-72½\*  
Dave Workman-98\*

Sophmores

Bryan Benso-213½\*  
Kurt Clements-17½\*  
Allen Cole  
Gordy Green-1  
Rob Griswell-15\*  
Jim LeRette-68½\*  
Curt Waltermire-1  
Marc Woller-10½

Freshman

David Arteman-11½  
Mike Cannon-16 3/4\*  
Dan Franzen-10  
David Immke-27¼\*  
Darrin Karrich-17 3/4\*  
Mark Kloster-23½\*  
Brian Lasater  
Steve Pogue  
Tod Treat-56¼\*

\*Letter winners

BIG MEETS

<u>MEET</u>	<u>POINTS</u>	<u>PLACE/TEAMS</u>
EIU Indoor	6	7/32
ISU Indoor	0	42
Monticello Inv.	no team score	17
SJO F-S Inv.	55	1/15
Spartan Classic	86	1/18
Monticello F-S Inv.	39	4/15
F-S Okaw	74	2/6
Unity Inv.	18	12/29
Varsity Okaw	19	5/6
Sectional	18	4/27

SMALL MEETS

SJO 98	Tuscola 37	Jamaica 34	
SJO 62	Monticello 94	Arcola 28	
SJO 65	Mahomet-Seymour 102	U-High 24	
SJO 105	Georgetown 73	Oakwood 38	
SJO 104	Farmer City 92	Villa Grove 59	St. Teresa 17
SJO 84	Unity 71		

10 WINS

2 LOSSES

STATE MEET

Bryan Benso      LH      40.9

VARSITY BEST EFFORTS

PV	12' 7½"	Steve Johnson	12' 0"	Jim Taylor	12' 0"	Dave Workman	11' 6"	R Griswell
HJ	6' 1"	Bryan Benso	5' 11"	Dave Workman				
SHOT*	47' 6½"	Cliff Griswell	46' 10"	Keith Pogue	39' 9"	Waltermire	36' 10"	Lasater
DISCUS	137' 0"	Keith Pogue	131' 8"	Cliff Griswell	118' 3"	LeRette	102' 7"	Waltermire
LJ	19' 9"	Dave Workman	18' 11"	Bryan Benso	17' 3"	Clements	16' 6"	Franzen
TJ	39' 9"	Rob Griswell	36' 2"	Bryan Benso	35' 6"	Franzen	34' 10"	Imke
HH	15.9	Bryan Benso	17.4	Dave Workman	18.0	LeRette	20.1	Clements
LH	40.5	Bryan Benso	43.1	Dave Workman	46.5	Clements	47.1	Taylor
100	11.8	Steve Thompsen	11.9	Ted Coyne	12.6	Pogue	12.7	Arteman
200	24.0	Steve Johnson	24.3	Bryan Benso	24.9	Thompsen	25.0	Coyne
400	54.3	Bryan Benso	54.4	Jim LeRette	55.7	Taylor	57.9	Karrick
800	2:07.5	Bill Simpson	2:12.1	Mike Cannon	2:15.4	Kloster	2:18.7	Treat
1600	4:44.3	Bill Simpson	4:54	Tod Treat	5:00.5	Woller	5:11.8	Cannon
3200	10:20.5	Bill Simpson	10:37	Tod Treat	10:52	Cannon	11:07.8	Woller
3200 Relay	9:10.8	Cannon, Karrick, Imke, Kloster						
400 Relay	47.4	Coyne, Thompsen, Johnson, Pogue						
800 Relay	1:36.8	LeRette, Thompsen, Johnson, Workman						
1600 Relay	3:41.2	LeRette, Imke, Karrick, Benso						

RELAY SPLITS

<u>200</u>	<u>400</u>	<u>800</u>
23.6 Steve Johnson	53.0 Bryan Benso	2:06.6 Bill Simpson
23.6 Bryan Benso	54.6 Jim LeRette	2:15.0 Mike Cannon
23.9 Steve Thompsen	55.4 Dave Workman	2:16.0 Tod Treat
24.4 Dave Workman	56.0 Bill Simpson	2:16.0 Dave Imke
24.9 Jim LeRette	56.3 Dave Imke	2:18.0 Mark Kloster
25.0 Jim Taylor	57.1 Darrin Karrick	2:18.0 Darrin Karrick

SOPHOMORE BEST EFFORTS

PV	11'6"	Rob Griswell	10'0"	Kurt Clements	9'6"	Arteman, Franzen
HJ	6'1"	Bryan Benso	5'2"	Rob Griswell	4'10"	Dave Arteman
SHOT	39'9"	Curt Waltemaire	36'10"	Brian Lasater	31'2"	Steve Pogue
DISCUS	118'3"	Jim LeRette	102'7"	Curt Waltemaire	90'7"	Brian Lasater
LJ	18'11"	Bryan Benso	17'3"	Kurt Clements	16'6"	Dan Franzen
TJ	39'9"	Rob Griswell	36'2"	Bryan Benso	35'6"	Dan Franzen
LH	40.5	Bryan Benso	46.5	Kurt Clements	47.2	Dan Franzen
HH	15.9	Bryan Benso	18.0	Jim LeRette	20.1	Kurt Clements
100	12.7	Dave Arteman	12.8	Darrin Karrick	13.2	Kurt Clements
200	24.3	Bryan Benso	26.6	Dan Franzen	26.7	Darrin Karrick
400	54.3	Bryan Benso	54.4	Jim LeRette	57.9	Darrin Karrick
800	2:12.1	Mike Cannon	2:15.4	Mark Kloster	2:18.7	Tod Treat
1600	4:54	Tod Treat	5:00.5	Mark Woller	5:11.8	Mike Cannon
3200	10:37	Tod Treat	10:52	Mike Cannon	11:07.8	Mark Woller
3200 Relay	9:10.8	Cannon, Karrick, Imake, Kloster				
400 Relay	48.4	Arteman, Clements, LeRette, Benso				
1600 Relay	3:41.2	LeRette, Imake, Karrick, Benso				

RELAY SPLITS

<u>200</u>	<u>400</u>	<u>800</u>
23.6 Bryan Benso	53.0 Bryan Benso	2:15 Mike Cannon
24.9 Jim LeRette	54.6 Jim LeRette	2:16 Tod Treat
26.5 Kurt Clements	56.3 Dave Imake	2:16 Dave Imake
26.8 Darrin Karrick	57.1 Darrin Karrick	2:18 Darrin Karrick
	59.0 Mark Kloster	2:18 Mark Kloster
	60.4 Mark Woller	2:19 Mark Woller
	60.7 Dan Franzen	

SOPHOMORE BEST EFFORTS

PV	11'6"	Rob Griswell	10'0"	Kurt Clements	9'6"	Arteman, Franzen
HJ	6'1"	Bryan Benso	5'2"	Rob Griswell	4'10"	Dave Arteman
SHOT	39'9"	Curt Waltemaire	36'10"	Brian Lasater	31'2"	Steve Pogue
DISCUS	118'3"	Jim LeRette	102'7"	Curt Waltemaire	90'7"	Brian Lasater
LJ	18'11"	Bryan Benso	17'3"	Kurt Clements	16'6"	Dan Franzen
TJ	39'9"	Rob Griswell	36'2"	Bryan Benso	35'6"	Dan Franzen
LH	40.5	Bryan Benso	46.5	Kurt Clements	47.2	Dan Franzen
HH	15.9	Bryan Benso	18.0	Jim LeRette	20.1	Kurt Clements
100	12.7	Dave Arteman	12.8	Darrin Karrick	13.2	Kurt Clements
200	24.3	Bryan Benso	26.6	Dan Franzen	26.7	Darrin Karrick
400	54.3	Bryan Benso	54.4	Jim LeRette	57.9	Darrin Karrick
800	2:12.1	Mike Cannon	2:15.4	Mark Kloster	2:18.7	Tod Treat
1600	4:54	Tod Treat	5:00.5	Mark Woller	5:11.8	Mike Cannon
3200	10:37	Tod Treat	10:52	Mike Cannon	11:07.8	Mark Woller
3200 Relay	9:10.8	Cannon, Karrick, Imke, Kloster				
400 Relay	48.4	Arteman, Clements, LeRette, Benso				
1600 Relay	3:41.2	LeRette, Imke, Karrick, Benso				

RELAY SPLITS

<u>200</u>	<u>400</u>	<u>800</u>
23.6 Bryan Benso	53.0 Bryan Benso	2:15 Mike Cannon
24.9 Jim LeRette	54.6 Jim LeRette	2:16 Tod Treat
26.5 Kurt Clements	56.3 Dave Imke	2:16 Dave Imke
26.8 Darrin Karrick	57.1 Darrin Karrick	2:18 Darrin Karrick
	59.0 Mark Kloster	2:18 Mark Kloster
	60.4 Mark Woller	2:19 Mark Woller
	60.7 Dan Franzen	



Feb. 15

U of V indoor mini-meet

Winners:

Shot: 45'5 1/2" Cliff Griswell

300: 34.8 Bill Burracker

SHOT: 35'2" Brian Lasceter

33'11" Keith Poque

H.J: 5'3" Robbie Griswell

Others:

60 H.H. 10.5 Kurt Clements

300: 39.4 Kurt Clements

35.5 Jeff Reichard

39.5 Darin Karneck

60: 7.2 Jeff Reichard

7.1 Bill Burracker

8.4 Roger Arnold

7.9 Darin Karneck

2 mile: Tommy Kierok  
14.12

Feb. 1

Indoor mini-Track meet

Winners:

Shot: 44'9" Cliff Griswell

L.J: 19'10 1/4" Bill Burracker

Others:

SHOT: 40'6" Keith Poque

35'6" Brian Lasceter

60: 6.8 Bill Burracker

6.8 Jeff Reichard

7.2 Ted Coyne

7.7 Troy Woods

EIU INDOOR

MARCH 3, 1984  
SJD SCORED 6 pts.

PLACER:

PV 3rd 11' 6" Steve Johnson

NON-PLACE EFFORTS

LJ - 19' 0" BURACKER

60 - 7.1 BURACKER

400 - 58.5 LOYNE

800 - 2.18 CARROLL

mile - 4:56.2 SIMPSON 5:03.6 Treat

2mile - 11:36.7 CANNON 12:01 WOLLER

ISU INDOOR

MARCH 28

PV 12' 0" JIM TAYLOR PR

42 TEAMS - SJD FAILED TO SCORE

HJ 6' 0" BRIAN BENSO 5' 10" DAVE WORKMAN

SHOT 43' 2" CLIFF GRISWELL

60yd 7.1 STEVE THOMPSEN

HH 8.5 DAVE WORKMAN FALSE BRIAN BENSO

1600 4:56.3 TODD TREAT PR 4:49.8 BILL SIMPSON

3200 RELAY 9:32 TREAT (2:18) KLOSTER (2:27) CANNON (2:22)  
IMMKE (2:24)

MEDLEY RELAY 3:58 WORKMAN (55.9) JOHNSON (26.1)  
LERETTE (26.5) SIMPSON (2:09.5)

1600 RELAY 3:49.6 WORKMAN (56.5) LERETTE (59.4)  
TAYLOR (58.2) BENSO (55.3)

Senior - Freshmen - 53

Junior - Sophomore - 76

March 29, 1984

EVENT	Winning time, height, distance, etc.	1st/Place	2nd/Place	3rd/Place	NON-PLACERS	
Long Jump	19' 1"	Benso	Workman 18' 3"	Franzen 16' 5"		
Triple Jump	32' 2"	Green	Reichard 29' 9"	Griswell 14' 2"		
High Jump	5' 8"	Benso	Workman 5' 8"			
Pole Vault	10' 6"	Taylor	Johnson 10' 6"	Arteman 9' 0"		
Shot	42' 8"	Griswell	Pogue 41' 6"	Waltermire 34' 4"	29' 0" Cole	26' 11" S. Pogue
Discus	124' 10"	Griswell	LeBette 116' 9"	Pogue 111' 8"	90' 10" Waltermire	63' 4" S. Pogue
Low Hurdles	45.6	Benso	Taylor 46.3	Clements 47.5		
High Hurdles	18.2	Workman	LeBette 19.2	Clements 23.6		
100	12.7	Reichard	Pogue 13.2	Green 13.7		
200	25.5	Johnson	Reichard 27.1	LeBette 27.7		
400	59.1	LeBette	Kierok 73.9	Kuehl 75.0	84 Kincaid	
800	2:12	Simpson	Treat 2:22	Cannon 2:32	52.5 Immke	
1600	5:11.8	Simpson	Treat 5:16.5	Kierok 6:35		
3200	11:22	Treat	Cannon 11:49			

400 relay - Junior/Soph 51.7  
Senior/Fresh 52.0

Reichard, Taylor, Green, Clements

800 relay - Senior/Fresh 1:51  
Immke, Kierok, Franzen, Johnson

1600 relay - Junior/Soph 4:10  
Junior set disqualified

Workman (61.5) Taylor (63.4)  
LeBette (70.1) Benso (62.9)

3200 relay -

550-98 Tuscola-37 Jamaica 34

EVENTS	Winning Time, Height, distance, etc.	1st/Place	2nd Place	3rd/Place	4th/Place	Non-Placers
Long Jump	Cancelled					
Triple Jump	Cancelled					
High Jump	6'1"	Benso	5'9" Workman	5'8" Davis		
Pole Vault	12'0"	Workman	12'0" Johnson	12'0" Taylor	8'0" Clements Arteman	
Shot	47'1"	Griswell	44'1" Shields	43'9" Pogue	40'2" Wrensteh	Wattermire 38'4"
Discus	132'7"	Wrensteh	130'0" Corbin	125'9" Griswell	111'7" Pogue	LeRette 87'4"
Low Hurdles	46.2	McDaniels	46.3 Workman	47.2 Taylor	47.8 Clements	
High Hurdles	17.5	Benso	17.6 Jam.	20.8 LeRette	21.0 Clements	
100	12.2	Lacey	12.7 Sprinker	12.8 Coyne	13.1 Taylor	
200	26.0	Johnson	26.8 Benso	27.0 Sprager	27.6 Becker	Earp 31.0
400	56.8	Naomus	56.9 Benso	59.0 LeRette	69.5 Earp	Kierok 73.0 Kincaid 83.0
800	2:14	Simpson	2:16.2 Tuscola	2:24.8 Treat		
1600	5:04.5	Simpson	5:09 Davis	5:10.8 B. Davis	5:14 Davis	Woller 5:34 Cannon 5:39
3200	10:55	Davis	11:01 Jamaica	11:15 Davis	11:44 Woller	Cannon 11:52 Kierok 13:15

- 400 Relay - Jam. 47.8  
SJO 50.5 Coyne, Johnson, Taylor, Franzen
- 800 Relay - SJO 1:43.1 Coyne (26), Johnson (25), Taylor (26.3), Workman (25.8)  
Jam. 1:44.5
- 1600 Relay - SJO 4:05.6 Coyne (60), Franzen (64), LeRette (61), Simpson (60)  
Tus - 4:11
- 3200 Relay - SJO 10:08.8 Imcke (2:28), Karrich (2:36), Kloster (2:35), Treat (2:29)

APRIL 5, 1984

550-62

Monticello - 94

Arcola - 28

Event	Winning Time, Height, Distance, Etc.	1st Place	2nd Place	3rd Place	4th Place	Non-Placers
Long Jump	19'11"	Kinser	Gibson 19'3"	Benso 18'10"	Monahan	Franzen 16'6"
Triple Jump	42'2"	Kinser	Monahan 38'3"	Stoerger 38'2"	Franzen 34'8"	Green 34'0"
High Jump	5'11"	Benso	Stoerger 5'11"	Scott 5'11"	Workman 5'6"	
Ble Vault	11'0"	Taylor	Roberts 11'0"	Johnson 10'6"	Strach 9'6"	
Shot	49'8"	Finet	Griswell 45'4"	McCall 43'7"	Cook 42'6"	Pogue 39'10" Waltermire 36'11"
Discus	148'1"	Trimble	Finet 127'1"	Burke 126'1"	Griswell 124'8"	LeRette 108'1" Pogue 111'
Low Hurdles	42.7	Trimble	Benso 44.5	Strange 45.8	Thomas 46.6	Clements 48.7 Immke 49.8
High Hurdles	16.8	Benso	Colhurst 17.8	Scott 17.9	Workman 18.5	LeRette 20.0
100	11.4	Trimble	Hicks 11.9	Gibson 12.1	Little 12.1	Coyne 12.3 Pogue 12.6
200		Mont.	Gibson 24.9	Boomer 25.0	Sohn 25.1	Johnson 25.3 Coyne 25.7
400	55.5	Lins	LeRette 56.3	Blomlich 57.4	Monahan 58.1	Franzen 62
800	2:10.2	Tarter	Simpson 2:10.5	Wait 2:21.3	Monahan 2:21.4	Kloster 2:25
1600	5:03.5	Simpson	Treat 5:06.7	Dempkey 5:10.8	Cannon 5:12.7	Waller 5:20
3200	10:51.4	Treat	Edwards 10:59.8	Waller 11:07.8		

400 Relay - Monticello 46.2 Arcola 48.9  
550 48.8

800 Relay - Monticello 1:37.9  
550 1:44.9 - Coyne, Johnson, Taylor, Workman

1600 Relay - Monticello 3:48.7 Arcola 4:04.6  
550 3:54.5 - LeRette (58.9) Kloster (62.1) Taylor (57.9)  
Workman (56.7)

3200 Relay - Monticello 9:15.9  
550 9:48.9 - Immke (2:29) Korrick (2:30) Cannon (2:25)  
Simpson (2:24)

April 10, 1984

Man-sey-102

SJO-65

U-High-24

Event	Winning time, height, distance, etc.	1st Place	2nd Place	3rd Place	4th Place	Non-Placers
Long Jump	19'5"	HEARN	19'4" WORKMAN	17'9" TABLONSK	16'5" CLEMENTS	
Triple Jump	38'11"	DING	30'8" TABLONSKI	34'10" EMMKE	37'10" O'KEEN	
High Jump	6'	BENSO	5'6" WORKMAN	5'6" HEARN		
POLE Vault	Kelle	Keller	12'0" JOHNSON	12'0" TAYLOR	12'0" RIECKS	CLEMENTS 9'6" ARTEMAN 9'6" WALTER MIRE 37'8"
Shot	52'3"	GRAMMER	43'10" GRISWELL	41'11" SETEN	39'10" POGUE	LESCATER 32'10" LELETTE 113'1"
Discus	153'3"	SETEN	126'4" GRISWELL	125'4" GRAMMER	121'1" POGUE	WALTER MIRE 91'
Low Hurdles	43.3	WORKMAN	43.7 BECKER	47.1 TAYLOR	51.4 U-HIGH	
High Hurdles	17.0	BENSO	18.5 WORKMAN	18.6 BECKER	18.9 BECKER	LELETTE 21.6 TAYLOR 13.3
100	12.1	DING	12.3 ASHTON	12.7 THOMPSON	12.8 MCCORD	CLEMENTS 13.6 THOMPSON 25.8 ARTEMAN 27.9
200	24.5	DING	25.4 JOHNSON	25.8 ASHTON	26.3 RUSK	LELETTE 58.8 EMMKE 60.6
400	1:52	PERRY	1:54 BLOSSOM	1:56 GARNET	1:58 PETERSON	WALTER 2:19.9 TREAT 5:10 CANNON 5:20
800	2:05.8	MATHIS	2:07.9 SIMPSON	2:09.2 SCHANKEN	2:11.5 WINKI	
1600	4:43.6	MATHIS	4:49.5 SIMPSON	4:51.6 WELKIE	4:55 U-HIGH	
3200	10:17	WELKIE	10:26 WILLIAMS	10:52 CANNON	10:58 LAUGHON	TREAT 11:06

400 Relay - man-sey - 47.4, SJO - 49.5  
THOMPSON, COYNE, POGUE, JOHNSON

800 Relay - man-sey - 1:39.6, SJO - 1:39.8  
MATHIS - 25.4, COYNE - 25.7, BENSO - 23.6, JOHNSON - 25.1

1600 Relay - man-sey - 3:39.1, U-High - 3:39.9  
SJO - 3:54, LELETTE 59.7, COYNE 54.3, TAYLOR 59, BENSO 56.

3200 Relay - U-High - 8:47, Man-sey - 8:58.9  
SJO - 9:52, KLOSTER 2:27, KARRICH 2:33, WALTER 2:22, EMMKE 2:30

SSO-104

Farmer City - 92

Villa Grove - 59

Event	Winning time, height, distance, etc	1st	2nd	3rd	4th	5th
Long Jump	19'9"	Campbell	19'11" Workman	18'8" Floyde	18'5" Elliott	17'2" White
Triple Jump	37'11"	J. Reynolds	36'10" Streaty	35'8" Floyde	35'1/2" McCane	35' P. Reynolds
High Jump	6'2"	Reed	6'1" Benso	5'10" Workman	5'10" Counson	5'8" Johnson
Pole Vault	11'6"	Johnson	11'0" Taylor	10'0" Candack	9' Arteman	8' Schiff
Shot	47'11"	Rolson	44'11" Griswell	41'6" Pogue	38'10" Smith	38'5" Waltermire
Discus	142'6"	Rolson	122'4" Griswell	111'9" Pogue	109'3" Brown	107'8" Beasley
3200M	10:25	Profit	10:48 Treat	11:23 East	11:57 Woodridge	12:06 Clark
HH	15.6	Campbell	16.0 Benso	17.7 Workman	Reed	18.3 Johnson
100	11.7	Griffif	11.7 Tharp	11.9 J. Reynolds	12.1 Elliott	12.3 Vender
800	2:14.8	Simpson	2:15.3 Sanders	2:19 Kloster	2:22.6 Drum	2:27.3 Gilbert
400	56.1	Lehette	56.9 Taylor	56.91 P. Reynolds	57.5 Floyde	60.4 Counson
Low Hurdles	42.3	Tharp	43.3 Campbell	43.4 Workman	46.3 Streaty	46.5 Clements
1600	4:53	Simpson	5:03 Treat	5:23 East	5:25 Rund	5:28 Clark
800	24.7	Johnson	25.0 Vender	25.1 J. Reynolds	25.3 Beasley	25.3 McCane

400 relay - FCM - 47.3  
SSO - 48.2 - Thompsen, Coyne, Johnson, Pogue  
Villa Grove - 49.1

800 relay - SSO - 139.7 - Thompsen (26.4), Coyne (24.8), Johnson (23.7),  
Benso (24.7)  
FCM - 145.3  
ST - 150.9

1600 relay - Villa Grove - 4:10.1  
FCM - 4:14.4  
ST - 4:19.3

3200 relay - SSO - 9:25.6 - Karrick (2:29), Kloster (2:26),  
Imme (2:24), Simpson (2:06.6)  
FCM - 9:27.2  
ST - 10:06.2

530-105

Geot-73

OKW-38

EVENT	Winning time, height, distance, etc.	1st Place	2nd Place	3rd Place	4th Place	Non-Placers
Long Jump	19'9"	WORKMAN	Benso 18'11"	BURTON 17'6"	SCHULTZ 16'5"	16'0" Clements
Triple Jump	39'5"	HARRISON	BURTON 34'2"	COYNE 33'9"	NOOGLE 32'11"	Immeke 31'2" gillen 30'4"
High Jump	5'10"	Benso	WORKMAN 5'10"	JOHNSON 5'8"	STEVENS 5'6"	
Pole Vault	11'0"	JOHNSON	Taylor 11'0"	ARTEMAN 9'0"	CLEMENTS 9'0"	
Shot	46'1"	GRISWELL	POULGE 43'10"	DENHART 41'3"	ANGLE 38'11"	Watt-Emick 35'11" Pogue 27'5" Pogue 20'0" Cole 20'4"
Discus	128'3"	GRISWELL	LEKETTE 118'3"	TRIKER 109'3"	POULGE 105'7"	
Low Hurdles	42.1	Benso	Romos 45.7	WOMBLES 45.8	CLEMENTS 46.8	
High Hurdles	16.0	Benso	WORKMAN 17.6	Romos 19'0"	LEKETTE 19.2	
100	11.4	Perkins	thorp 12.0	HADLER 12.1	THOMPSON 12.2	Pogue 12.7 KARRICH 13.3
200	24.2	Perkins	JOHNSON 24.4	TOWNS 25.4	SANDERS 26.2	
400	58.5	Perkins	Taylor 59.0	Franzen 63.4	Crow 63.4	KARRICH 63.4 Kierok 72.9
800	2:15.4	Simpson	Dimybis 2:17.4	Kloster 2:26.8	TURNER 2:34	
1600	5:01.7	Simpson	FINDER 5:05.1	TREAT 5:07.3	WOLLER 5:18.6	
3200	10:42.2	FINDER	TREAT 11:00.7	WOLLER 11:24	GOOD 11:40	

400 Relay - George town - 48.1, OKW - 48.7  
 530-48.8

800 Relay - 530 - 1:42.4 - Thompson, LeKette, Johnson, WORKMAN  
 OKW - 1:44.2

1600 Relay - 530 - 3:55.7 - Taylor: 58.5 Immeke: 61.3  
 OKW - 3:57.8 Simpson: 58.7 LeKette: 57.2

3200 Relay - 530 - 9:26.8 - KARRICH 2:27 Kloster 2:24  
 Immeke 2:26 Simpson 2:10  
 George town - 9:29.8



APRIL 19

MONTICELLO INVITATIONAL

17 TEAMS  
NO SCORE KEEP  
WE WOULD HAVE  
PLACED ABOUT 3<sup>rd</sup>

PLACERS

1600 - 4:47.9 1ST Bill Simpson - A TRUE CHAMPION!

4:54 7<sup>th</sup> Todd Treat

- LH - 2<sup>ND</sup> 41.0 BRIAN BENSO
- 7<sup>th</sup> 43.2 DAVE WORKMAN - Humpin to please (NEW MEET RECORD)
- HJ - 4<sup>th</sup> 6' 0" BRIAN BENSO
- HH - 4<sup>th</sup> 16.6 BRIAN BENSO
- 8<sup>th</sup> 17.6 DAVE WORKMAN
- PV - 3<sup>rd</sup> 12' 0" STEVE JOHNSON
- 8<sup>th</sup> 10' 6" JIM TAYLOR
- SHOT - 4<sup>th</sup> 46' 4" CLIFF GRISWELL
- 8<sup>th</sup> 42' 0" Keith POGUE
- 3200 - 4<sup>th</sup> 10:20.5 Bill Simpson
- 400 - 8<sup>th</sup> 54.4 Jim LeRette
- 1600 RELAY - 3<sup>rd</sup> 3:42.4 TAYLOR (57.5) LERETTE (55.3) WORKMAN (55.6) BENSO (54.0)
- 800 RELAY - 8<sup>th</sup> 1:45.7 THOMPSON, COYNE, JOHNSON, TAYLOR
- 3200 RELAY - 8<sup>th</sup> 9:24.2 TREAT, CANNON, KLOSTER, IMMKE

NON-PLACERS

- TJ 31' 6" FRANZEN 32' 10" IMMKE PV 9' 6" CLEMENTS
- LJ 18' 2" WORKMAN 15' 8" FRANZEN 15' 8" CLEMENTS
- SHOT 36' 4" WALTERMIRE 400 60.9 IMMKE 61.5 FRANZEN
- 200 24.0 JOHNSON 25.0 COYNE 26.8 KIEROK
- 100 12.2 COYNE 13.2 ARTEMAN 13.2 CLEMENTS
- 1600 5:15.5 CANNON LH 46.5 CLEMENTS HH 19.4 LERETTE
- 400 RELAY 47.9

April 25

SJO Fresh-Soph Invitational

15 teams Top 2

We won! SJO 55  
B-H 43

Champions:

3200 M. Run: 10:37 Todd Treat

110 M. H.H.: 16:91 Bryan Benso

300 M. L.H.: 142.13 Bryan Benso

200 M. Dash: 24.56 Bryan Benso

Placers:

1600 - 5:02.2 Todd Treat - 3<sup>rd</sup>

H.J. - 5'10" Bryan Benso - 2<sup>nd</sup>

T.J. - 38' 1/2" Robbie Griswell - 2<sup>nd</sup>

110 M.H.H. - 19.10 Jim LeRette - 4<sup>th</sup>

400 - 54.8 Jim LeRette - 2<sup>nd</sup>

3200 Relay - Cannon (2:18), Karrick (2:18), Immke (2:16), Kloster (2:18) 2<sup>nd</sup>

1600 Relay - Kloster (60.7), Franzen (62), Immke (59.5), LeRette (54.1) 2<sup>nd</sup>

Non-Placers:

400 Relay - 51.48

100 - 13.1 Arteman

800 - 2:22 Kloster

Shot - 39'9" Waltermire 35'10" Lasater

T.J. - 34'5" Immke

P.V. - 9'6" Franzen 9'6" Arteman 9'6" Griswell

L.J. - 16'2" Clements

Discus - 105'8" LeRette 98'9" Waltermire

800 Relay - 1:51.18

400 - 59.49 Immke

L.H. - 47.78 Clements

Mile - 5:11.32 Cannon

# SPARTAN CLASSIC

APRIL 27

86  
M.S. '78  
MOVT. 74 1/2  
GIBSON CITY 57  
1st out of 18 teams

## CLASSIC CHAMPIONS:

SJO'S ENTIRE TEAM - WOW!

- PV - 12' 7 1/4" STEVE JOHNSON → SUCCESSFULLY DEFENDED TITLE
- LH - 41.99 BRIAN BENSO > HUMPED TO PLEASE!
- 7-S 200 24.3 BRIAN BENSO
- 1600 - 4:44.3 BILL SIMPSON → SUCCESSFULLY DEFENDED TITLE
- 7-S 1600 - 4:58.9 TODD TREAT → SUPER EFFORT

## OTHER PLACERS:

SHOT	47' 6 1/2"	3RD	CLIFF GRISWELL
DISCUS	136' 11 1/2"	5th	KEITH POGUE
P.V.	12' 0"	4th	JIM TAYLOR
L.J.	19' 1"	4th	DAVE WORKMAN
T.J.	39' 9 1/4"	5th	ROB GRISWELL
VAR. H.H.	17.7	6th	DAVE WORKMAN
7-S H.H.	17.2	2ND	BRIAN BENSO
800	2:07.5	2ND	BILL SIMPSON
7-S 400	55.6	2ND	JIM LeRette
LH	43.9	6th	DAVE WORKMAN
7-S 1600	5:11.8	4th	MIKE CANNON
200	24.1	5th	STEVE JOHNSON
400 RELAY	47.4	6th	COYNE, THOMPSEN, JOHNSON, POGUE
7-S 400 RELAY	48.4	3RD	ARTEMAN, CLEMENTS, LeRette, BENSO
800 RELAY	1:39.9	4th	COYNE (25.7) THOMPSEN (25.3) JOHNSON (24.7) TAYLOR (25.2)
1600 RELAY	3:45.7	6th	WORKMAN (55.4) LeRette (55.8) COYNE (56.7) TAYLOR (57.8)

## NON-PLACERS

SHOT	44' 2"	POGUE
400	60.1	IMMKE 80.1 KINCAID
100	12.9	ARTEMAN
200	27.2	ARTEMAN
3200 RELAY	9:28	CANNON (2:18) KLOSTER (2:22) KARRICK (2:22) IMMKE (2:26)

April 28

Monticello State Invitational

530 placed  
4th out of 15  
with 39

Meet Champions:

Soph HH - 17.2 Brian Bendo  
Jest 1600 - 5:01.5 Todd Heat  
PV - 11'6" Rob Hissell

> kumpin to  
please

Other Placers:

TJ - 37'6" 4th Rob Hissell  
S. Shot - 37'7" 5th Curt Waltermire  
S. Discus - 110'9" 5th Jim Le Bette  
F. 800 - 2:15.4 2nd Mark Kloster  
S. 400 - 55.6 3rd Jim Le Bette  
F. HH - 20.5 5th David Elmcke  
3200 - 10:57.7 4th Todd Heat  
11:04.7 5th Mike Cannon  
F400 - 60.0 5th David Elmcke  
F1600 - 5:19.7 5th Mike Cannon  
PV - 10'0" 5th Kurt Clements  
400 Relay - 49.9 Anteman, Clements, Le Bette, Bendo  
1600 Relay - 3:47.2 Le Bette (56), Elmcke (59), Kloster (59),  
Bendo (53).

Non Placers

TJ - 34'4" Elmcke LS - 15'5" Franzen  
Discus - 90' Koubater 90' S. Pogue 102'7" Waltermire  
Shot - 30' S. Pogue 36'7" Koubater 28'11" Cole  
HS - 5'4" Bendo  
100 - 13.0 Anteman 12.8 Karick 13.6 Huen  
400 - 60.0 Karick  
Mil - 5:12.4 Wollen  
200 - 26.7 Karick 26.6 Franzen 27.1 Anteman  
HH - 22.4 Franzen 20.1 Clements

MAY 1

SJO 84

Unity 71

Team Record

10-2

Event	winning time, height, distance, etc	1st / Place	2nd / Place	3rd / Place	Non-placers
Long Jump	18'9"	BARNHART	FRANZEN	CLEMENTS	
Triple Jump	36'7"	BARNHART	GRISWELL	BENSO	Coyne 33' FRANZEN 32'5"
High Jump	5'6"	BENSO	GRISWELL	BARNHART	
Pole Vault	11'0"	GRISWELL	Taylor	Johnson	McKIMMAN 7'6" CLEMENTS 11'5 1/2" WILLIAMS 11'0" LESLIE 10'5 1/2" POGUE 9'1 1/2" WILLIAMS 9'5 1/2" LESLIE 8'5 1/2"
Shot	46'10"	POGUE	GRISWELL	DOAN	
Discus	128'7"	DOAN	GILLET	GRISWELL	POGUE 122'11" WILLIAMS 119'5" LESLIE 116'6"
Low Hurdles	:46.1	TRICKIA	CLEMENTS	Taylor	FRANZEN :49
High Hurdles	:12.0	LeKette	Innke	Hanks	FRANZEN :23.1
100	:11.3	Miller	Coyne	Henderso	McKIMMAN 12. GREEN 11.6
200	:24.5	Miller	BENSO	Johnson	GREEN 29
400	:54.3	BENSO	Reinhart	Innke	KINCAID 29
800	2:14	Simpson	Meyers	Kloster	
1600	5:00	Simpson	Bishop	Cannon	5:17 WILLER
3200	10:57	Bishop	Hinton	Waller	14. KIEBER

400 relay- SJO - 47.4 (Coyne, Johnson, Thompson, Taylor) Unity - 47.59

800 relay- SJO - 1:39.3 (Coyne (24.7), Johnson (25.2), Thompson (24.3), LeKette (25.2))  
Unity - 1:39.9

1600 relay- Unity - 3:52.8, SJO - 4:00.6 (Innke (1:00.6), Waller (1:00.4), LeKette (57.3), Taylor (1:02.7), Kloster (1:03.1))  
SJO - 4:12.8 (Barnhart (1:00.6), Artiman (1:05), Simpson (1:56))

3200 relay- Unity - 9:21, SJO - 10:19.8 (Cannon (2:11), Kieber (2:34), Waller (2:36), Simpson (2:39))

# Soph. OKAW CHAMPIONSHIPS

SJO PLACED <sup>2nd</sup> ~~3rd~~ out of 76

## CHAMPIONS:

L.H. - 44.1 BRIAN BENSO } Humpin'  
 H.H. - 16.7 BRIAN BENSO } TO PLEASE!  
 T.J. - 37'5" Rob GRISWELL

MONT. 79  
 M.S. 73  
 SJO 73  
 A.O. 29  
 St. T. 18  
 UNITY 16

## Other PLACERS:

H.H. 2nd 18.4 Jim LeRette } A TRUE CHAMPION!  
 400 2nd 56.7 Jim LeRette }  
 DISCUS 2nd 111' 10" Jim LeRette } 5th 101'2" Curt WALTERMIRE  
 H.J. 2nd 5' 10" BRIAN BENSO  
 200 2nd 28.1 BRIAN BENSO  
 3200 2nd 11:19.4 Todd TREAT 3rd 11:22 Mike CANNON  
 800 4th 2:18.6 MARK KLOSTER  
 P.V. 3rd 9' 6" Kurt Clements 4th 9' 6" DAVID ARTEMAN  
 SHOT 2nd 37' CURT WALTERMIRE 3rd 36' 10" BRIAN LASATER  
 1600 5th 5:20 Todd TREAT  
 3200 RELAY 2nd 9:26 WOLLER (2:19), KARRICK (2:25), ImmKE  
 1600 RELAY 3rd 4:03.6 KARRICK (63), Kloster (63), ImmKE (62), LeRette (56)  
 800 RELAY 4th 1:52.6 ARTEMAN, CLEMENTS, FRANZEN, KARRICK  
 400 RELAY 5th 52.0 ARTEMAN CLEMENTS, FRANZEN, KARRICK

## NON-PLACERS:

100 - 12.9 ARTEMAN 13.7 GREEN  
 LH - 48.1 ImmKE  
 TJ - 32'10" ImmKE  
 800 - 2:24 WOLLER  
 200 - 29.2 FRANZEN  
 LJ - 16'5" FRANZEN

May 11,  
1989

Unity Invitational

SJO fell  
flat on their  
face, scoring  
only 18 points  
and placing  
12th of 29  
teams

L.H. - 2<sup>nd</sup> 41.3 Brian Benso

H.H. - 3<sup>rd</sup> 163/15.9/165 Brian Benso

Shot - 5<sup>th</sup> 47'0" Cliff Griswell

400 Relay - 6<sup>th</sup> 49.5 ARTEman (13.0) Clements (12.0)  
LeRette (11.5) Immke (13.0)

100- 12.8 Coyne 12.8 ARTEman 13.2 KARRIK

200- 24.3 Johnson

25.1 Thompson

400- 54.4 LeRette

56.3 Taylor

L.H. - 43.1 Workman

H.H. - 17.8 Workman

3200- 11:12 Woller

800- 2:15.7 Kloster 2:12.7 Treat

1600- 5:18.2 Treat 5:22.2 Woller

Shot - 44'0" Pogue

Discus - 135'2" Pogue 131'8" Griswell

L.J. - 16'2" Franzon 16'3" Workman

16'6" Clements

400 Relay - 42.6 Coyne (13.7) Thompson (11.7)

Johnson (11.7) Taylor (12.5)

800 Relay - 1:39.0 Coyne (25.4) Thompson (24.6)

Johnson (24.6) Benso (25.4)

1600 Relay - 3:42.9 Workman (56.4)

LeRette (56.1)

Coyne (56.5)

Benso (53.9)

MAY 15

VARSITY OKAW

m.S. 109  
MONT. 80  
A.O. 34  
UNITY 34  
SJO 19  
ST. THERESA 12

PLACERS:

HH-3RD 17.5 BRIAN BENSO  
HJ-4TH 5'8" DAVE WORKMAN  
PV-4TH 12'0" JIM TAYLOR  
200-4TH 24.7 STEVE JOHNSON  
SHOT-4TH 45'2" CLIFF GRISWELL  
5TH 42'8" KEITH POGUE  
MILE RELAY-4TH 3:45.6 LeRette (54.8) WORKMAN (57.2)  
TAYLOR (56.5) KARRICK (57.1)  
800 RELAY-4TH 1:38.6 LeRette (25.1), THOMPSEN (24.4)  
JOHNSON (24.3) TAYLOR (25.0)  
400 RELAY-5TH 48.2 POGUE, THOMPSEN, JOHNSON, TAYLOR

NON-PLACERS

100 11.8 THOMPSEN 13.0 ARTEMAN  
200 24.9 THOMPSEN 400 60.0 KARRICK  
800 2:19 KLOSTER 2:19 CANNON  
1600 5:18.6 WOLLER  
3200 11:26.6 WOLLER 11:59 TREAT  
IJ 35'6" FRANZEN 34'7" IMMKE  
LJ 15'6" CLEMENTS 15'1" WORKMAN  
DISCUS 123' GRISWELL 135'2" POGUE  
3200 RELAY 9:36.8 CANNON (2:15) KARRICK (2:24)  
IMMKE (2:29) KLOSTER (2:28)  
LH 49.6 FRANZEN 44.3 WORKMAN  
HH 18.8 LeRette



May 18, 1984

Sectionals

280 placed 4th  
out of 27 teams  
with 19 points

Champion and state Qualifier

L.H. - 40.5 1st Brian Benso Humpin To please

Other Placers

H.H. - 16.3 3rd Brian Benso  
17.4 5th Dave Workman P.K.

P.V. - 12'6" 3rd Steve Johnson

Shot - 46'10" 4th Cliff G. Kiswell (23.9)

800 Relay - 1:36.8 3rd LeKette (24.9) Thompson  
Johnson (23.6) Workman (24.4)

1600 Relay - 3:41.2 5th LeKette (54.7)  
Immke (57.2) KARRICK (56.3)  
Benso (53.0) - Freshy Soph Record.

Non-Placers

Shot - Pogue 46' 1/2" L.H. - 47.2 Franzen

P.V. - 12'0" Taylor 5th

100 - 13.0 Artemian

400 - 55.7 Taylor : 57.9 KARRICK

800 - 2:22.1 Cannon 2:16.3 Kloster

1600 - 5:00.5 Walter

Discus - 135'7" Pogue

T.J. - 34'4" Franzen

NEWS GAZETTE AREA

BEST MEET

MAY 22

53 TEAMS

NO TEAM SCORE

PV - 4th 12' 0" STEVE JOHNSON

8th 11' 6" DAVE WORKMAN

JIM TAYLOR

SHOT - 6th 46' 7" CLIFF GRISWELL

L.H - 5th 24.3 BRIAN BENSO

800 RELAY - 3th LERETTE (25.4), THOMPSEN (24.2), JOHNSON (23.9)  
WORKMAN (24.6)

## ST. JOSEPH-OGDEN TRACK AND FIELD RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>PERFORMANCE</u>	<u>YEAR</u>
100 Meters	Robbie Ring	11.1	1964
200 Meters	Robbie Ring	22.2	1965
110 M HH	Rudy Schmidt	15.2	1964
	Steve Immke	15.2	1982
300 M LH	Steve Immke	38.9	1982
400 M	Lornie Ring	51.6	1970
	Howard Marsh	51.6	1973
800 M	Arnold Klapperich	1:59	1968
1600 M	Arthur Freeman	4:27.8	1980
3200 M	Arthur Freeman	9:41.3	1980
Shot Put	Cliff Griswell	47'7"	1984
Discus	Anthony Williford	148'7½"	1982
Long Jump	Rudy Schmidt	21' 3/4"	1965
Triple Jump	Doug Duitsman	41' 5"	1983
High Jump	Jamie Rogiers	6'4"	1982
Pole Vault	Marc McWilliams	12'9"	1981
800 M Relay	Rich Rector	1:34.6	1983
	Steve Thompsen		
	Steve Johnson		
	Rusty Chism		
1600 M Relay	Rich Rector	3:30.3	1982
	Doug Duitsman		
	Rusty Rogiers		
	Steve Immke		
F-S 800 M Relay	Lornie Ring	1:38.6	1969
	Mike Eiskamp		
	Kem Broeker		
	Dean Danner		
600 Yd.	Mike Audo	1:20	1979

<u>EVENT</u>	<u>NAME</u>	<u>PERFORMANCE</u>	<u>YEAR</u>
300 Yd.	Rusty Chism	34.3	1983
60 Yd.	Steve Welch	6.53	1978
60 HH	Steve Immke	7.9	1982
Varsity 400 M Relay	Rich Rector Anthony Williford Steve Immke Rusty Chism	45.3	1982
F-S 400 M Relay	Rich Rector Steve Thompson Ted Coyne Bill Buracher	47.5	1982
3200 M Relay	Rusty Rogiers Bill Simpson Colin Logue Tom Fortune	8:15.6	1982
Distance Medley 800 200 400 1600	Terry Hill Brad Marsh Dave Moore Tony Johnson	8:27.7	1975
Mile Medley 400 200 200 800	Rusty Rogiers Steve Immke Mike Johnson Tom Fortune	3:47.6	1982
Sprint Medley 200 100 100 400	Boatz Osterbur Buss Klapperich	1:41.3	1969

### SJO FRESHMAN RECORDS

100 Meter Dash	Richard Rector	11.7	1981
200 Meter Dash	Brad Marsh	24.3	1973
400 Meter Dash	Buddy Knipfer	55.5	1975
800 Meter Run	Tom Fortune	2:08.4	1980
1600 Run	Bill Simpson	4:53.8	1981
2 Mile Run	Alan Davis	10:27.6	1976
330 Low Hurdles	Brian Benso	42.6	1983
120 High Hurdles	Paul Britt	17.5	1978
Shot Put	Jeff Corn	40'4"	1977
Discus	Dave Wilken	118'6"	1974
Long Jump	Bill Buracher	19'10"	1982
High Jump	Dave Workman	5'8½"	1982
Pole Vault	Mark McMasters	11'6"	1976
Triple Jump	Greg Wells	38'6"	1974
F-S 2 Mile Relay	B. McElwee M. Foster J. Danner A. Freeman	9:02.9	1978
F-S Mile Realy	J. LeRette D. Immke B. Karrick B. Benso	3:41.2	1984
F-S 440 Relay	R. Rector S. Thompson T. Coyne B. Buracher	47.5	1982

\*Freshman records prior to 1972 are not available.