

SIO



TRAIL

1987

This booklet is presented by Coach Garrison.

Managers: Laura White
Barb Ritten
Teresa Johnson
Trini Fruhling

Head Coach: Gary Garrison
Assistant Coaches: Jim Acklin
Jerry Hewerdine

Captains: Dave Immke
Ken Waltsgott

Team Record: 11-5

Most Valuable Varsity - Ken Waltsgott - 265 1/2

Most Valuable Soph. - Bruce Bennett - 148

Most Improved - Brett Benso

Classic Champions: LJ-20'0" Ken Waltsgott
Soph. HH -16.3 Bruce Bennett

ICC Champions:

400 51.2 Brett Benso
LJ 21'8" Ken Waltsgott
TJ 44'3" Ken Waltsgott
PV 11'6" Dan Franzen
HJ 6'0" Brett Benso

Sectional Champion: LJ 21'3 1/2" Ken Waltsgott

STATE Qualifiers:

HH Bruce Bennett
HJ Brett Benso
LJ Ken Waltsgott
3200 Relay Dave Immke, Mike Cannon, Tim Ulbrich, Brett Benso

New School Records:

Event	Name	New Record	Old Record
400	Brett Benso	51.2	51.4
Pole Vault	Dan Franzen	13'1/4"	13'0"
600 Yds.	Dave Immke	1:18.4	1:20

SJO Track:

SJO continues its excellent track tradition. We completed the small meet portion of our season with an 11 - 5 record for our 15th consecutive winning season.

Season highlights include:

- 1) 1st in our Soph. Conference Meet.
- 2) 6th in the 31 team Unity Invitational.
- 3) 2nd in our Varsity Conference Meet.
- 4) 4th in our 25 team Sectional
- 5) 6 of our boys competed at the STATE Meet.

Most Valuable Sophomore (Bruce Bennett)

- 1) High Jump 6'0" High Hurdles 15.7
- 2) Soph. ICC High Hurdle/High Jump Champion
- 3) SJO Soph. Invitational High Hurdle Champion
- 4) 3rd 2nd ICC HH and 2nd ICC HJ
- 5) 2nd Sectional HH
- 6) 148 Varsity Points

Most Valuable Varsity (Ken Waltsgott)

- 1) School Records Long Jump, Triple Jump
- 2) Area All-Star Long Jump, Triple Jump
- 3) Classic Champion Long Jump
- 4) Unity Invitational Champion Long Jump
- 5) Conference Champion Long Jump, Triple Jump
- 6) Sectional Champion Long Jump
- 7) 265 $\frac{1}{2}$ Varsity Points

Track and Field 1987
Roster and Varsity Points Scored

Seniors

Arteman, David - 43	**
Cannon, Mike - 73½	****
Franzen, Dan - 114	***
Immke, Dave - 138½	****
Lasater, Brian - 67	**
Treat, Tod - 117	****
Waltsgott, Ken - 265½	***

Juniors

Benso, Brett - 263½	***
Dillman, Billy - 6	
Evans, Neal - 9	
Fisher, Pat - 86½	***
Garrison, Nathan - 92	***
Knott, Kevin - 6	
Wambold, Jimmy - 26	*
Willard, Barry - 28	**
Witruk, Myron - 33¼	**

Sophomores

Anderson, Shane -		
Bennett, Bruce - 148		**
Bouck, Bo - 3½		
Chism, Scott -		
Harper, Dan - 10		*
Houchens, Matt - 9		
Landers, Aaron - 4		*
Melton, Brad - 17½		*
Taylor, Jeff - 18		**
Ulbrich, Tim - 68½		*

Freshmen

Franklin, Jason - 2		
Fuller, Justin -		
Hascall, Jeff - 7½		
Jacobs, Paul - 7		
Mabry, Matt -		
Mennenga, Chris - 3		*
Miller, Jeremy -		
Royer, Justin - 16		*
Rudnicke, Paul - 2½		
Schaub, Scott - 3½		
Thacker, Robbie -		
West, Shannon - 5		

BIG MEETS

<u>Meet</u>	<u>Points</u>	<u>Place/Teams</u>
EIU Indoor	2	
ISU Indoor		No team score
Monticello Invitational		No team score
Monticello F-S Invitational	39	3/12
Spartan Classic	50	5/8
SJO F-S Invitational	33	5/15
Okaw Invitational		No team score
Soph. ICC		1/8
Unity Invitational	35	6/31
ICC Conference	74½	2/8
Sectional	24	4/25

SMALL MEETS

SJO 159	Mahomet-Seymour	86
SJO 80	Tuscola	52
SJO 78	Monticello 128	Unity 28 W-L 42 D-W 7
SJO 61	Watseka	86
SJO 65	Georgetown	81
SJO 104	Bismark 78	Villa Grove 4
SJO 81	North Vermillion	36
SJO 85½	Georgetown 110½	Covington 31 Schlarman 3
SJO 111	Clinton 59	Lexington 16

11 wins

5 loses

Varsity Best Efforts

LJ	21'8" Ken Waltsgott	17'10" Dan Harper	17'2" Chris Mennega	15'6" Justin Fuller
TJ	44'3" Ken Waltsgott	38'10" Bruce Bennett	37'9" Paul Jacobs	30'5" Justin Fuller
HJ	6'4 1/2" Brett Benso	6'0" Bruce Bennett	5'2" Jason Franzen	5'0" Matt Mabry
PV	13' 1/4" Dan Franzen	10'0" Jeff Taylor & Justin Royer		9'0" Shannon West
Shot	46'5" Brian Lasater	43'2" Kevin Knott	42'1" Bill Dillman	38'8" Neal Evans
Discus	114'0" Brian Lasater	112'0" Neal Evans	96'0" Bill Dillman	92'0" Rob Thacker
HH	15.7 Bruce Bennett	17.1 Dan Franzen	18.5 Jason Franklin	19.6 Paul Rudnicke
LH	41.3 Nathan Garrison	42.5 Dan Franzen	44.2 Paul Jacobs	46.0 Paul Rudnicke
100	11.7 Pat Fisher	11.8 Brett Benso	11.9 Ken Waltsgott	Barry Willard Dave Anteman
200	23.6 Brett Benso	24.1 Ken Waltsgott	24.4 Pat Fisher	24.5 Dan Harper
400	51.2 Brett Benso	54.0 Jim Wambold	56.0 Brad Melton	58.1 Aaron Landers
800	2:05.4 Dave Innke	2:09.5 Mike Cannon	2:12 Brett Benso	Tim Ulbrich
1600	4:51.9 Tod Treat	4:53.8 Tim Ulbrich	5:02 Dave Innke	5:11 Matt Houchins
3200	10:33.9 Tod Treat	11:00 Jeff Hascall	11:22 Shane Anderson	12:23 Matt Houchins
400 Relay	46.1 Dave Anteman, Nathan Garrison, Pat Fisher, Bruce Bennett Shannon West			
800 Relay	1:37.4 Ken Waltsgott, Barry Willard, Pat Fisher, Bruce Bennett Neal Evans			
1600 Relay	3:31.4 Dave Innke, Jim Wambold, Pat Fisher, Brett Benso Rob Thacker			
3200 Relay	8:17 Dave Innke, Mike Cannon, Tim Ulbrich, Brett Benso Paul Rudnicke			

Relay Splits

	<u>100</u>	<u>200</u>	<u>400</u>	<u>800</u>
11.0	Nathan Garrison	24.0 Bruce Bennett	51.3 Brett Benso	2:02.7 Dave Innke
11.1	Pat Fisher	24.2 Pat Fisher	52.7 Dave Innke	2:03 Brett Benso
11.2	Bruce Bennett	24.2 Barry Willard	54.0 Pat Fisher	2:04 Tim Ulbrich
11.6	Dave Anteman	25.0 Ken Waltsgott	54.6 Jim Wambold	2:06.1 Mike Cannon
11.8	Chris Mennega	25.0 Dan Harper	54.9 Nathan Garrison	2:10 Aaron Landers
11.9	Ken Waltsgott	25.7 Dave Anteman	55.3 Mike Cannon	2:12 Myron Witruft
12.0	Justin Royer		56.0 Brad Melton	2:18 Bo Bouck

Sophomore Best Efforts

LJ	17'10" Dan Harper	17'2" Chris Mennega	15'6" Justin Fuller
TJ	38'10" Bruce Bennett	37'9" Paul Jacobs	30'5" Justin Fuller
HJ	6'0" Bruce Bennett	5'2" Jason Franklin	5'0" Matt Mabry
PV	10'0" Jeff Taylor	Justin Royer	9'0" Shannon West
Shot	32'0" Brad Melton	30'0" Rob Thacker	24'5" Jeremy Miller
Discus	92'0" Rob Thacker	77'0" Jeremy Miller	64'9" Brian Farmer
HH	15.7 Bruce Bennett	18.5 Jason Franklin	19.6 Paul Rudnicke
LH	44.2 Paul Jacobs	46.0 Paul Rudnicke	47.5 Bo Bouck
100	12.3 Dan Harper	Justin Royer	12.7 Chris Mennega 13.2 J. Fuller
200	24.5 Dan Harper	24.6 Bruce Bennett	25.1 Justin Royer 25.7 B. Melton
400	56.0 Brad Melton	58.2 Jason Franklin	58.7 Aaron Landers Bo Bouck
800	2:12 Tim Ulbrich	2:12.5 Aaron Landers	2:20 Bo Bouck 2:21 R. Thacker
1600	4:53.8 Tim Ulbrich	5:11 Matt Houchens	5:17 Rob Thacker 5:34 J. Hascall
3200	11:00 Jeff Hascall	11:22 Shane Anderson	12:03 Matt Houchens
400 Relay	48.9 Dan Harper, Chris Mennega, Justin Royer, Brad Melton		
800 Relay	1:41.8 Dan Harper, Chris Mennega, Justin Royer, Bruce Bennett		
1600 Relay	3:52.9 Justin Royer, Chris Mennega, Justin Fuller, Paul Jacobs		
3200 Relay	9:12.7 Matt Houchens, Bo Bouck, Rob Thacker, Tim Ulbrich		

Relay Splits

<u>100</u>	<u>200</u>	<u>400</u>	<u>800</u>
11.2 Bruce Bennett	24.0 Bruce Bennett	56.0 Brad Melton	2:04 Tim Ulbrich
11.8 Chris Mennega	25.0 Dan Harper	57.1 Bruce Bennett	2:10 Aaron Landers
12.0 Dan Harper		57.3 Paul Jacobs	2:18 Bo Bouck
12.0 Justin Royer		57.5 Paul Rudnicke	2:19.6 Rob Thacker
12.1 Brad Melton		57.8 Justin Fuller	2:20.7 Matt Houchens
		57.9 Aaron Landers	2:27 Scott Schaub
		58.0 Chris Mennega	
		58.1 Tim Ulbrich	

Meat Champions

shot 42'7" Brian Lasater

PV 12'6" Dan Franzen

Other Efforts

this page over 400 meters

300 34.9 Benso = 51.19

36.18 Garrison = 53.06

36.41 P. Fisher = 53.40

38.2 Cannon 38.29 Dan Harper 39.47 Garrison 39.5 Landers

40.55 Rudnicka 41.42 Chism

60 6.9 Arteman

6.95 Bennett

7.08 Fisher 7.08 Benso 7.15 Garrison 7.18 Garrison 7.2 Willard

7.2 Harper 7.2 Jacobs 7.45 Cannon 7.7 Chism 7.7 Rudnicka

shot 35'2" Dillman 33'8" Knott

LJ 16'9" Harper

HJ 38'10" Bennett

600 1:29.3 Ted Treat 1:35.8 Houchens 1:49.3 Fileccia 1:50 Anderson

2 mile 12:58 Anderson

U of I mini-meet

march 4

shot 37'6" Evans

35'11" Dillman

35'8" Knott

LJ 17'1 $\frac{3}{4}$ " Harper

HJ 6'2" Benso

60 7.1 Fisher

7.13 Bennett

7.40 Rudnicka

7.66 Landers

7.1 Garrison

7.2 Willard

7.44 Wambold

7.83 Chism

7.1 Harper

7.39 N. Garrison

7.53 Jacobs

mile 4:55.1 Treat

5:11.6 Cannon

5:31.4 Houchens

6:08.6 Fileccia

800 2:45 West

4x1 lap

Team 1

Fisher 34.8

Garrison 30.9

Willard 31.3

Benso 30.5

2:08.6

Team 2

Harper 37.15

Bennett 30.52

Landers 32.14

Wambold 33.26

2:13

Team 3

Rudnicka 38.4

Neal Garrison 31.7

Jacobs 34.2

Chism 37.3

2:21

* First man runs farther

U of T Mini-Meet

March 11

shot 42'6" Brian Lasater 38'8" Neal Evans 37'9" Kevin Knott
35'9" Bill Dillman 33'0" Shane Truitt 19'0" Brian Farmer

PV 10'6" Dan Franzen

60 6.89 Dave Arteman 7.1 Ken Waltsqott 7.2 Pat Fisher
6.94 Bruce Bennett 7.2 Nathan Garrison 7.2 Dan Harper
7.36 Paul Jacobs 7.38 Paul Rudnicka 7.48 Jim Wambold
7.53 Aaron Landers 7.6 Matt Mabry 7.9 Shannon West
7.26 Barry Willard
7.33 Chris Mennega
7.49 Justin Royer

300 36.5 Nathan Garrison 37.7 Dave Arteman 38.1 Jim Wambold
36.7 Bruce Bennett 37.85 Barry Willard 38.1 Dan Harper
38.7 Paul Jacobs 38.8 Justin Fuller 38.8 Chris Mennega
38.9 Ed Bouck 39.4 Neal 39.8 Paul Rudnicka
42.0 Matt Mabry 42.6 Jeff Taylor 41.5 Scott Schaub
38.5 Justin Royer
38.7 Aaron Landers
38.9 Ken Waltsqott
40.7 Ryan Fisher
43.1 Mark Wolf

600 1:21.1 Dave Immke 1:29.2 Ted Treat 1:57 Kent Fileccia
1:25.5 Brett Benso 1:38.2 Dan McIntyre

HH 9.1 Dan Franzen 9.6 Neal Garrison 10.47 Paul Rudnicka

mile 5:02.2 Ted Treat 5:21.3 Mike Cannon 5:27.4 Matt Houchens
5:49.3 Jeff Hascall 6:05 Shane Anderson 6:15.2 Kent Fileccia

2 mile Relay 2:17.8 Cannon 2:30 Houchens 2:34 Schaub
2:17 Benso 2:37 McIntyre 2:46 Hascall
2:30.6 Bouck ? Ulbrich 2:58 Anderson
2:16.3 Immke 2:51 Fileccia 2:44.6 R. Fisher

Castles 2nd Meet

Placers:

LJ 5th 20'6" Ken Waltsgott

Others:

Shot 43'10" Brian Lasater
 HJ 6'7" Brett Benso
 5'10" Bruce Bennett
 TJ 38'6" Ken Waltsgott
 35'0" Bruce Bennett
 60 7.0 Dave Arleman
 400 55.1 Brett Benso
 800 2:11.7 Mike Cannon
 2:23.6 Scott Schaub
 1600 5:21.8 Matt Hauchens
 1600 Relay 3:43.9 Fisher 57.1 Garrison 57.4 Benso 54.1 Imnke 55.5

ISU Indoor

March 20

No team score

Placers:

600 3rd 1:18.4 Dave Imnke
 PV 2nd 13'4" Dan Franzen
 Shot 3rd 46'5" Brian Lasater
 LJ 5th 20'11" Ken Waltsgott

) Both smashed school records

Non Placers:

HJ 6'0" Benso 6'0" Bennett
 TJ 39'11" Waltsgott
 Shot 39'5" Knott
 60 meters 7.4 Arleman 7.8 Willard
 HH 8.95 Franzen 8.91 Bennett
 800 2:22.7 Ulbrich
 mile 4:52.4 Treat
 2 mile Relay 9:25 Cannon (2:15), Bouck (2:21), Schaub (2:27), Treat (2:19)
 mile Relay 3:46.7 Benso (54.4), Garrison (56.2), Fisher (58.0), Cannon (57.5)

march 27

SJD 59 ms 86

EVENT	winning time, height, distance, etc	1st Place	2nd Place	3rd Place	Non-Placers	
Long Jump	18'11"	Waltsgott	Smallwood (17'5")	Harper (17'3")		
Triple Jump	39'5"	Waltsgott	Smallwood (36'5")	Bennett (36'2")		
High Jump	6'2"	Benso	Bennett (6'0")			
Pole Vault	12'6"	Fransen	Pank (12'0")	Dineley (11'6")		
Shot	50'	Holderer	Wilkinson (47'8")	Lasater (43'5")	Knott (38'6")	Evans (37'6") Dillman (36'10")
Discus	141'8"	Holderer	Wilkinson (125'9")	Lasater (112')	Evans (100'3")	Dillman (89'1") Knott (78'11")
Low Hurdles	44.1	William	Smallwood (44.4)	Jacobs (43.4)	Rudnicka (42.6)	
High Hurdles	17.7	Bennett	Fransen (18.1)	Wilhelm (18.9)		
100	11.9	Rusk	Benso (12.2)	Johnson (12.2)	Willard (12.4)	Fisher (12.3)
200	24.7	Johnson	Willard (26.3)	Arteman (26.4)		
400	53.3	Benso	Rusk (54.5)	Peterson (55.4)	Melton (58.1)	Wambold (60.1)
800	2:06.5	Welter	Imake (2:15)	Masters (2:20.3)	Cannon (2:22)	
1600	5:05	Farcher	Treat (5:20.6)	Bussey (5:19)	Holderers (5:35)	
3200	10:47.6	Treat	Farcher (10:50)	Bussey (11:23)		
400 Relay	46.2	Mahomet	SJD (47.7)	Arteman (47.7)	Harper (47.8)	Fisher (47.9) Waltsgott (47.9)
800 Relay	1:40.1	Mahomet	SJD (1:42.5)	Arteman (1:42.5)	Willard (1:42.9)	Fisher (1:42.9) Harper (1:42.9)
1600 Relay	3:45.7	Mahomet	SJD (3:52.2)	Imake (3:52.2)	Melton (3:52.2)	Fisher (3:52.2) Cannon (3:52.2)
3200 Relay	9:24	Mahomet	SJD (9:40.2)	Cannon (9:40.2)	Bussey (9:40.2)	Wambold (9:40.2) Ulbulch (9:40.2)

April 3, 1987

SJO BO Tuscola 57

EVENT	WINNING time, height, distance, etc	1st Place	2nd Place	3rd Place	Non Placers	
Long Jump	19'10"	waltsqott	B. Hatfield (18'2")	Harper (17'6")	menegay (16'4")	Fuller (14'11")
Triple Jump	37'3"	waltsqott	Brookins (36'0")	Bennett (34'5")	Jacobs (29'9")	
High Jump	6'0"	Bennett	Benso (5'10")	B. Hatfield (5'10")	Franklin (5'0")	
Pole Vault						
Shot	47'0"	Kibler	Lasater (42'10")	Kalmar (40'11")	Knott (40'9")	Dillman, Evans (36'11")
Discus	113'3"	Evans	Lasater (99'3")	Kalmar (92'9")	Dillman (88)	Trucker, Miller (83") (70'4")
Low Hurdles	44.23	Hoel	Garrison (44.9)	Miller (46.56)	Rudnicka (51.9)	
High Hurdles	17.2	Bennett	Hoel (19.03)	Rudnicka (21.16)	Franklin (22.0)	
100	11.73	Cross	Benso (12.1)	Artemas (12.1)	Willard, Jacobs, Fuller (12.7) (13.4) (14.3)	
200	24.91	Cross	Harper (26.1)	Willard (26.1)	Royer, Menega, Chism (26.8) (27.8) (28.0)	
400	53.73	Alexander	Benso (54.3)	Melton (58.9)	Landers, Franklin, Menega, Royer (61.6) (61.6) (62) (62)	
800	2:17.8	Imanke	Little (2:30)	Witruk (2:22)	Ulbrich (2:23)	
1600	5:17.4	Cannon	Houchens (5:43.7)	Harmon (5:50)	Anderson (6:05)	
3200	11:03	Treat	Houchens (12:26)	Hascall (12:30)	Anderson, Filecek (12:39) (12:50)	
400 Relay	48.11	Tuscola	SJO (48.26)	Artemas (13.0), Garrison (11.8), Harper (11.4), Waltsqott (11.9)		
800 Relay	1:40.37	Tuscola	SJO (1:42.4)	Artemas (26.1), Willard (26.9), Bennett (24.9), Harper (25.6)		
1600 Relay	3:57.33	Tuscola	SJO (4:01.34)	Impton, Landers, Franklin, Benso (6:02) (6:2) (6:3) (5:7)		
3200 Relay	9:41.83	SJO	Tuscola (10:02.83)	Cannon, Witruk, Schaub, Imanke (2:15) (2:20) (2:30) (2:36)		

SJO 61

Watsoka 86

EVENT	Winning time, height distance, etc	1st Place	2nd Place	3rd Place	Non Placers	
Long Jump	19' 1/2"	Stone	Watsgott (19' 8")	Harper (17' 3")		
Triple Jump	40' 1/2"	Watsgott	Bennett (38' 6 1/2")	Hayes (36' 3 3/4")		
High Jump	6' 2"	Bohner	Benso (6' 0")	Nelson (6' 0")	Bennett (5' 10")	
Pole Vault	11' 0"	Franzen	Taylor (10' 0")	Royer (9' 0")	West (9' 0")	
Shot	49' 6 1/2"	Wood	Lasater (44' 0")	Dillman (39' 7")	Evans (26' 6")	Knott (35' 9")
Discus	144' 6"	Wood	LaVoie (113' 2")	Evans (105' 5")	Lasater (109')	Thacker (92' 0") Dillman (87' 8")
Low Hurdles	43.16	Nelson	Garrison (44.5)	Gibbs (47.63)	Jacobs (47.5)	Rudnicka (48.2) Bach (48.2)
High Hurdles		Nelson	Franzen (17.6)	Gibbs (18.79)	Rudnicka (21.1)	Franklin (21.5)
100	10.97	Miller	Stone (11.37)	Arteman (12.1)	Willard (12.3)	Harper (12.3)
200	24.12	Stone	Fisher (25.1)	Arteman (26.3)	Willard (26.3)	Watsgott (27.2) Wambold (28.1)
400	54.57	Miller	Innke (56.6)	Melton (58.1)	Landers (58.7)	
800	2:12.8	Benso	Wittman (2:17.3)	Treat (2:18.5)	Witruk (2:22)	
1600	5:02.74	Love	Treat (5:04.3)	Montgomery (5:19.2)	Hascall (5:58)	
3200	11:03.07	Montgomery	Cannon (11:15.1)	Hascall (12:10.1)	Hanchers (12:22)	

400 Relay	46.60	Watsoka	SJO (79) (48.64)	Arteman (12.9)	Garrison (11.9)	Fisher (11.3)	Bennett (10.5)
800 Relay	1:39.82	Watsoka	SJO (1:41.68)	Arteman (25.9)	Willard (25.5)	Asler (24.2)	Watsgott (26.1)
1600 Relay	3:47.92	Watsoka	SJO (3:54.4)	Innke (57)	Garrison (58)	Melton (58)	Benso (61)
3200 Relay	SJO (9:16.8)	Watsoka (9:33.92)	Treat (2:18.9), Witruk (2:21), Ulbrich (2:22), Innke (2:14.8)				

JV- SJO 49 Watseka 74

3200 relay	1 st SJO 10:40.75
LJ	3 rd Fuller 14'11½"
400 relay	2 nd SJO 50.08
HH	2 nd Franklin 21.54
High Jump	2 nd Franklin 5'2", 3 rd Mabry 5'0"
100	2 nd Fuller 13.32, 3 rd Chism 13.40
shot	2 nd Thacker 28'10"
800	1 st Ulbrich 2:21.55, 2 nd Thacker 2:28
800 relay	1 st SJO 1:50.92
400	2 nd Franklin 59.84
200	1 st Royer 26.71, 2 nd Mennega 27.44
1600 relay	1 st SJO 4:09.24

JV- Mahomet vs. SJO

Long Jump	2 nd Fuller 14'½"
Triple Jump	2 nd Jacobs 33'1", 3 rd Fuller 30'4½"
2 mile	1 st Hascall 12:07.76, 2 nd Anderson 12:10.01, 3 rd Feleccia 13:00.00
HH	1 st Rudnicke 22.03, 2 nd Franklin 22.46
800 yd.	1 st Bouck 2:25.35, 2 nd Scrub 2:25.6
High Jump	1 st Franklin 5'2"
800 relay	1 st SJO 1:50.39
400 yd.	2 nd Royer 61.03, 3 rd Chism 64.9
mile	3 rd Hascall 5:57.3
PV	1 st Taylor 8', 2 nd West 8', 3 rd Royer 8'
200	2 nd Harper 26.5, 3 rd Mennega 27.3
discuss	1 st Thacker 84'10", 2 nd Miller 77'4", 3 rd Truitt 62'2"
shot	1 st Thacker 29'2", 2 nd Truitt 25'6", 3 rd Miller 25'2"

April 9, 1987

SJO 65 Georgetown 81

EVENT	Winning time, height, distance, etc	1st Place	2nd Place	3rd Place	Non Placers
Long Jump	19'4"	Waltsgott	Jenkins 17'11"	Harper 17'7"	Mennega (16'4")
Triple Jump	39'7½"	Waltsgott	Smith 38'3"	Bennett 37'8½"	Jacobs (34'0")
High Jump	6'0"	Benso	Bennett 5'10"	Smith 5'8"	
Pole Vault	9'6"	Royer	West 8'6"	Stark 8'6"	
Shot	46'7½"	Stimac	Lasater 42"	Huff 41"	Evans (34'3")
Discus	117'10½"	Walker	Lasater 99'	Dillman 90'5"	Trachler (84'3")
Low Hurdles	43.59	Ramos	Carrison 43.8	Franken 44.8	Jacobs (46.7)
High Hurdles	16.34	Ramos	Bennett 17.0	Price 17.62	Franken (18.4)
100	11.86	Selby	Rice 11.90	Benso 12.2	Arteman, Willard, Wambold (12.4) (12.7) (12.9)
200	24.44	Selby	Willard 26.0	Arteman 26.0	Wambold (27.2)
400	54.7	Benso	Price 55.87	Shap 57.84	Landers, Wambold (59.7) (61.2)
800	2:09.31	Nimrich	Cannon 2:14.3	Ulbrich 2:16.6	
1600	4:48	Fender	Stark 4:56.25	Treat 4:58.5	Buchers, Hascall (5:29) (5:44)
3200	10:13.25	Fender	Treat 10:42.1	Green 11:33.22	Buchers, Hascall (12:24.7) (11:55)
400 Relay	46.25	Georgetown SJO		Arteman, Carrison, Fisher, Bennett (11.6) (12.4) (12.4) (11.8)	
800 Relay	1:39.82	Georgetown SJO		Arteman, Willard, Fisher (23.5) (25.7) (24.5)	
1600 Relay	3:44.52	Georgetown SJO		Melton, Imcke, Carrison, Benso (58.4) (59.6) (57.4) (51.8)	
3200 Relay	SJO (8:54.2) Georgetown (8:56.58)		Cannon, Bouch, Ulbrich, Imcke (10:11.9) (10:18) (10:16.6) (2:07.5)		

530 78

W-L 43

Unity 28

mont. 126

D-W 7

EVENT	TIME	1st Place	2nd Place	3rd Place	4th place	5th place	
Long Jump	20' 8 1/2"	Berger	Waltzgett 19' 10"	Dalmer 18' 5"	Trimbale 18' 1/2"	Zeman 17' 11"	
Triple Jump	41' 7"	Waltzgett	Hurdbrink 41' 4 1/2"	Correll 38' 10"	Trimbale 37' 7"	Bennett 37' 3"	
High Jump	6' 7 1/2"	Stoerger	Benso 6' 0"	Weddle 6' 0"	Reeder 5' 8"	Bennett 5' 6"	
Pole Vault	12'	Strack	Trickett 10' 6"	Dean 10'	West 9'	Royer 8' 6"	
Shot	44' 10"	Salmon	Flitz 44' 2"	Buchanan 43' 0"	Lasater 40' 5 1/2"	Weddle 39' 0"	
Discus	132' 5"	Salmon	Dempsey 125' 4"	Evans 114' 0"	Lasater 109' 3"	Dyson 104' 4"	
Low Hurdles	43.1	Garrison	Dempsey 43.4	Howell 45.5	Jacobs 46.2	Barbour 46.2	
High Hurdles	15.8	Strack	Bennett 16.7	Francis 17.5	Jones 18.2	Howell 18.6	
100	11.5	Stoerger	Dalmer 11.5	Berger 11.29	Trickett 11.7	Brown 11.73	
200	23.8	Berger	Stoerger 24.2	Crook 24.4	Hunter 24.9	Zhoades 24.9	
400	53.2	Benso	Dempsey 55.4	Dalmer 55.6	Brisco 56.48	Mallon 56.5	
800	2:11.1	Hertz	Refrine 2:11.12	Petersen 2:18.3	Imake 2:19.1	Peterson 2:20.5	
1500	5:01.34	Decker	Treat 5:04.4	Hertz 5:09.7	Crockett 5:16.6	Biehl 5:21.24	
3200	10:45.3	Treat	Crockett 10:45.5	Dempsey 10:57.5	Dicker 10:59.4	Biehl 11:07.5	
400 Relay	Monticello 46.2	530 (47.8) Arman (47.7), Garrison (48.6), Unity (49.7)					Fisher (46.4) Bennett (46.8)
800 Relay	Warrensberg (1:39.2)	530 (1:39.9) Arman (23.1), Willard (23.4), Fisher (26.3), Monticello (1:40.3)					Deland-weldon (1:48.22) Waltzgett (24.4)
1600 Relay	530 (3:45.8)	Imake (56.7), Garrison (57.9), Fisher (56.2), Benso (54.9)					Warrensberg (4:05.8)
3200 Relay	Unity (8:54)	530 (8:55.5) Cannon (2:12.8), Ubrich (2:19), Witruk (2:15.2)					Warrensberg (9:56.3) Imake (2:08.4)

Monticello Invitational

NO team scores

April 16

Meet Champion

LJ 21'0" Ken Waltsgott

Other Placers

TJ 42'1" 2nd Ken Waltsgott

FV 12'0" 2nd Dan Franzen

9'0" 6th (tie) Jeff Taylor

9'0" 8th Justin Royer

LH 42.3 2nd Nathan Garrison

HH 16.6 4th Bruce Bennett

17.1 6th Dan Franzen

HJ 6'0" 4th (tie) Brett Benso 5'8" 8th Bruce Bennett

200 24.9 8th Barry Willard

400 51.4 3rd Brett Benso Humpin to please { SCHOOL RECORD }

3200 10:33.9 4th Tod Treat

400 Relay 46.8 4th Arteman, Garrison, Fisher, Bennett

800 Relay 1:39.6 Arteman, Willard, Fisher, Waltsgott

1600 Relay 3:42.2 4th Fisher (54.5) Melton (57.0) Garrison (57.0) Benso (53.7)

3200 Relay 8:43.2 3rd Cannon (2:10) Witruk (2:14) Ubrich (2:12) Imme (2:10)

Non Placers

100 12.0 Arteman 12.7 Royer 12.8 manega HH 19.8 Franklin

200 24.4 Fisher 25.4 Harper LH 47.4 Rudnicka 48.7 Bouck

400 56.6 melton 56.9 Wambold 800 2:13.8 Cannon 2:18 Imme

1600 4:57.9 Treat 5:38 Hascall 5:43 Fileccia LJ 17'10" Harper

3200 11:45 Hascall 11:36 Anderson TJ 37'5" Bennett

Shot 41'10" Lasater 40'1" Knott Discus 111' Lasater

April 23, 1987

550 104

B-H 73

V-G 4

EVENT	Winning time, height distance, etc	1st Place	2nd Place	3rd Place	4th Place	Non-Placers
Long Jump	19'4"	Waltzoff	Lindsay 19'2"	Hill 17'6"	Harper	
Triple Jump	42'11"	Lindsay	Waltzoff 40'6"	Hill 39'4"	Koennemann 37'4 1/2"	Jacobs 33'5 1/2"
High Jump	6'	Benso	Bennett 5'10"	Koennemann 5'10"	Kirts	Franklin 5'6"
Pole Vault	9'6"	Fraser	Taylor 9'6"	Rover 8'6"	Sillings 8'6"	
Shot	53'1"	Tison	Spence 47'10"	Lacoste 40'9"	Leaver 39'4 1/2"	Knott, Dillman 37'3" 31'6"
Discus	148'2"	Tison	Dlater 120'2"	Sheahan 109'4"	Lacoste 104'4"	Dillman 91'
Low Hurdles	42.79	Bodin	Garrison 42.97	Lindsay 45.03	Jacobs 47.3	Rudnicka 48.3
High Hurdles	16.42	Bodin	16.89 Lindsay	Bennett 17.3	Fransen 18.6	Franklin, Rudnicka 17.9 20.3
100	12.15	Fisher	Artemas 12.26	Waltzoff 12.32	Profit 12.37	Willard 12.6
200	25.1	Waltzoff	Fisher 25.3	Harper 25.32	Harper 25.9	Winard 25.9
400	53.8	Benso	Harper 56.97	Melton 57.7	Lander 59.3	Franklin 59.4
800	2:10.7	Jinnata	West 2:13.95	Cannon 2:13.8	Brant 2:17	Buck 2:18.4
1600	5:16	Treat	Wibich 5:14.6	Tuggle 5:16.19	Yates 5:16.51	Houchens 5:24.5
3200	10:47.9	Treat	Tuggle 11:04.2	Winkler 11:18.57	Norman 11:34.7	Haskell 11:35.9
400 Relay	550 (47.7)	Artemas, Garrison, Fisher, Bennett B-H (48.86)				
800 Relay	550 (1:41.5)	Artemas, Winard, Fisher, Bennett B-H (1:43.48)				
1600 Relay	550 (3:49.6)	Winbold, Melton, Garrison, Benso (57.4) (58.2) (58.2) (55.7) B-H (3:56.17)				
3200 Relay	550 (9:02.1)	Cannon, Wibich, Winkler, Jinnata (2:11) (2:15) (2:16) (2:00) B-H (9:23.07)				

530 placed 3rd out of 12 teams
mont 83
Tuscola 77
530 39

Meet Champions:

soph HH 16.9 Bruce Bennett
Fresh HH 19.8 Jason Franklin > humped to please

Other Placers:

TJ 3rd 36'9" Bruce Bennett 4th 32'11 1/2" Paul Jacobs
HJ 2nd 5'10" Bruce Bennett
PV 4th 9'6" Justin Royer 5th 8'6" Jeff Taylor
Fresh HH 2nd 20.4 Paul Rudnicka
soph 800 2nd 2:12 Tim Ulbrich
Fresh 400 4th 58.7 Jason Franklin
soph 400 4th 57.9 Brad Melton
soph 1600 5th 5:17 Matt Huchens
soph 200 5th 24.6 Bruce Bennett
400 Relay 5th 49.8 Harper, menega, Royer, melton

Non-Placers:

LJ Harper 16'6" menega 15'1"
3000 Anderson 12:01 800 Buck 2:20
100 menega 13.5 Jacobs 13.5 Harper 12.9 Chism 13.7
400 Landers 59.6 Fuller 60.6
LH Jacobs 45.5 Rudnicka 47.3
1600 Mascall 5:39 Fileccia 5:47
200 Royer 26:5 menega 26.7 Harper 26.0

May 1, 1987

Spartan Classic

5th placed 5th
out of 18 teams
with 50 points.

Champions:

LJ 20' 11" Ken Waltsgott > great efforts
F-SH 16.3 Bruce Bennett

Other Placers:

HJ 2nd 6' 2" Brett Benso 5th 6' 0" Bruce Bennett
 TJ 2nd 42' 10" Ken Waltsgott
 PV 4th 12' 6" Dan Franzen
 400 6th 52.8 Brett Benso
 1600 4th 4:51.9 Tod Treat
 3200 5th 10:42.3 Tod Treat
 3200 Relay 2nd 8:32.9 Benso (2:06.5), Ulbrich (2:19.3),
 Witruk (2:12.8), Immke (2:13.4)
 400 Relay 5th 46.8 Arteman, Garrison, Fisher, Bennett
 1600 Relay 4th 3:40.2 Fisher (56.5), Melton (57), Immke (53.8),
 Benso (53.0)

Non Placers:

Shot 45' 11 1/2" Lasater 410' 0" Knott HIT 19.7 Franklin
 100 12.1 Arteman 200 25.2 Willard 25.5 Harper 26.0 Royce
 3200 11:43.4 Hasscall F-S 400 Relay 49.1 800 Relay 1:39.7
 400 56.9 Melton 58.7 Landers
 LH Garrison (fell) 45.2 Jacobs
 1600 4:56 Ulbrich 5:22.2 Houdens

may 4, 1987 SJO F-S Invitational

SJO scored 5th
out of 15 teams
with 33.

meet Champions

HH 16.6 Bennett ties meet record

Placers

HH 5th 19.4 Franklin
HJ 4th 5'10" Bennett
800 5th 2:12 Ulbrich
PV 2nd 10'2" Taylor
LH 4th 45.1 Jacobs
3200 Relay 4th 9:12.7 Houchens (2:20.7) Bouckla (19.2) Thacker (2:15.6) Ulbrich (2:12)
400 Relay 3rd 49.3 Harper (12.9) Mennega (11.8) Royer (12.2) Melton (12.5)
800 Relay 2nd 1:41.8 Harper (35.9) Mennega (23.2) Royer (25.6) Bennett (25.0)
1600 Relay 5th 3:56.3 Melton (58.4) Bouck (58.8) Franklin (60) Bennett (59)

Non-Placers

LJ 16'10" Harper HH 19.9 Rudnicke
PV 9'6" Royer 800 2:25 Fuller 2:37.7 Schunk
TJ 33' Jacobs LH 46.9 Rudnicke
3200 11:49.6 Hascall 11:51 Anderson 12:40 Fileccia
100 12.8 Harper 13.2 Jacobs 13.6 Chism
400 57.6 Melton 58.1 Landers 58.4 Franklin
1600 5:23.9 Houchens 5:40.7 Hascall
200 26.2 Royer 26.6 Mennega 27.1 Fuller

May 6, 1987

EVENT	Winning time, height, distance, etc	1st Place	2nd Place	3rd Place	4th place	5th place
Long Jump	19'8"	Waltzgoth	Selby 19'46"	Richards 18'10 1/2"	Nimrick 18'8 1/2"	Breuer 18' 1/2"
Triple Jump						
High Jump	6'2"	Benso	Bennett 6'	Smith 5'10"	Funder 5'6"	Wilson 5'4"
Pole Vault	10'	Jenkins	Stark 10'	Royer 9'6"	Taylor 9'6"	Green 9'
Shot	43'5"	Stimac	Lasater 40'10"	Knott 40'11"	Walker 40'8"	Dillman 40'4"
Discus	133'2"	Walker	Montgomery 116'3"	Lasater 113'5"	Stojic 111'10"	Crowder 75'1"
Low Hurdles	40.9	Ramos	Booe 41.5	Garrison 42.5	Smith 42.1	Cornell 44.1
High Hurdles	15.6	Ramos	Bennett 16.2	Price 16.5	Smith 17.3	Franklin 19.5
100	11.8	Selby	Fisher 11.7	Waltzgoth 11.9	McClain 11.1	Willard 12.1
200	23.6	Selby	Benso 23.2	Price 23.9	Waltzgoth 24.1	Fisher 24.6
400	52.6	Benso	McClellan 55.4	Wambold 56.9	Wilson 57.8	Jenkins Franklin 58.0
800	2:06.9	Stark	Nimrick 2:06.9	Cannon 2:09.5	Franklin 2:13.5	Witnik 2:14.9
1600	4:41	Fender	Hanson 4:50.0	Stark 4:51.0	Treat 4:53.3	Wibrich 4:59.0
3200	10:20.0	Fender	Hanson 10:31.0	Treat 10:39	Farris 10:55.0	Hascall 11:15
400 Relay	Georgetown 45.7	3:10 Hartman, Garrison, Fisher, Bennett (11.7) (11.5)				
800 Relay		Covington (42.5)				
1600 Relay	3:13.2	O'town 3:43.0				
3200 Relay		Witnik (53.8), Cannon (55.3), Wambold (56.3), Benso (57.1), Wibrich (58.1), Booe (58.5), Rudnicke (57.5), Witnik (57.7), Royer (59.9), Meany (58.0), Fuller (57.8), Jacobs (57.3)				

May 11, 1987

Soph ICC

SJO won!

Meet Champions:

HH	15.85	Bruce Bennett	} kumpin to please!
HJ	6'0"	Bruce Bennett	
LH	44.7	Paul Jacobs	
800	2:13	Tim Ulbrich	

800 relay 1:43.2 Harper, menega, Royer, Bennett

1600 relay 3:55.5 melton (58.5), Rudnicke (58.5)
Franklin (59.8), Landers (58.7)

Other Placers:

400	56.8	2nd Brad melton	58.7	5th Bo Bonck
200	24.5	2nd Dan Harper		
HH	19.0	3rd Jason Franklin		
3200	11:52	5th Jeff Hascall		
shot	32.1	5th Brad melton		
LJ	16'5"	6th Dan Harper		
3200 Relay	9:52.6	3rd Bonck 2:24	Thacker 2:23	
		Houchens 2:27	Landers 2:18	
400 Relay	49.9	2nd Harper, menega, Royer, Melton		

Non-Placers:

100	13.2	menega	800	2:32	Fuller
3200	12:20	Anderson	TJ	36'6"	Bennett
LH	46.0	Rudnicke		33'2"	Jacobs
200	25.5	Royer	1600	5:36	Ulbrich
				5:38	Houchens

530 III Clinton 59 Lexington 16

EVENT	Winning time, height, distance, etc	1st Place	2nd Place	3rd Place	4th Place	Non-Placers
Long Jump	19'5"	Waltzoff	Davis 16'10"	Payne 16'7"	Mennege 15'7"	
Triple Jump	39'6"	Waltzoff	Jacobs 30'3"	Franka 34'9"	Mennege 32'11"	
High Jump	6'0"	Benson	Bennett 5'10"	Davis 5'10"	Innis 5'4"	
Pole Vault	12'6"	Franker	12'3"	Taylor 10'	Royer 10'	West 9'6"
Shot	44'11"	Lasater	Kroft 43'5"	Dillman 42'0"	Fathere 39'3"	
Discus	107'4"	Lasater	Beyore 94'1"	Olsen 95'6"	Dawling 93'0"	
Low Hurdles	41.60	Innis	Garrison 43.3	Granblat 45.32	Bolser 45.65	Jacobs 46.4 Rudnicke 46.5
High Hurdles	16.14	Bennett	Innis 17.26	Franker 18.7	Granblat 12.73	Franklin 19.6 Ludnicke
100	12.1	Fisher	Arteman 12.0	Ulrich 12.4	Krause 12.46	Royer 13.1
200	29.2	Fisher	Korneran 25.27	Waltzoff 25.5	Waltzoff 25.3	Arteman 26.1 Garrison 26.0
400	52.4	Benson	Korneran 53.78	Franker 55.0	Wambold 56.5	Landers 57.3 Melton 57.6
800	2:00.39	Carter	Innis 2:09.6	Dawling 2:13.40	Miller 2:17.8	Bond 2:22 Houchens 2:23
1600	4:49.67	Carter	Treat 5:00.0	Ulrich 5:05.9	Bolser 5:10.43	Fucker 5:16.8
3200	10:36.45	Bolser	Treat 10:51	Roscoll 11:12.6	Forsberg 11:15.5	

400 Relay	Clinton 1:34.74	530 Arteman, Garrison, Fisher, Bennett 46.9 (12.3) (11.5) (13.2) (11.9)
800 Relay	Clinton 1:38.80	530 Waltzoff, Ulrich, Fisher, Bennett 1:38.8 (24.8) (24.1) (25.4) (24.6)
1600 Relay	Clinton 3:43.23	530 Cannon, Rudnicke, Wambold, Innis 3:51 (56.1) (58.7) (58) (58.4)
3200 Relay	530 8:49.2	Benson (2:09), Ulrich (2:12), Landers (2:14), Cannon (2:12) Clinton 9:20.41

May 15, 1987

	St. Anne	104
	Mahomet	72
31 teams	Casey	56
	Monticello	49
	Tuscola	39
	SJO	35

Unity Invitational

meet Champions:

LJ 20'10" Ken Waltsgott

3200 Relay 8:37.7 Imke (2:06) Cannon (2:11)
Ulbrich (2:10) Benso (2:09)

Other Placers:

HJ 6'4" 2nd Brett Benso 5'10" 11th 5th Bruce Bennett
 TJ 42'1" 4th Ken Waltsgott
 400 54.4 6th Brett Benso
 F-5 400 Relay 49.1 6th Harper, menega, Royer, Melton

Non-Placers:

400 Relay 47.8 Artman, Garrison, Fisher, Bennett
 800 Relay dropped baton
 1600 Relay 3:46.3 Imke (55.6) Cannon (57.9) Franzen (57.7) Benso (55)
 400 55.2 Wambold 1600 5:03.9 Treat
 LH 43.1 Garrison 45.9 Jacobs TJ 35'4" Jacobs
 shot 44'5" Lasater 38' Knott LJ 16' Harper 15' menega
 100 12.0 Artman 12.4 Willard 12.5 Harper 12.6 Royer
 200 26.1 Waltsgott 24.7 Fisher
 HH 16.5 / 16.2 / 16.4 Bennett 18.9 Franklin
 3200 10:43.8 Treat 11:48 Hascall

Area Best Meet

52 schools & only
the top 8 are invited

3200 relay 1st 8:24 Immke, Cannon, Ulbrich, Benson

HJ 2nd 6'2" Brett Benson 6th 5'10" Bruce Bennett

HH 7th 15.9 Bruce Bennett
800 relay 5th 1:37.5 Wambold, Willard, Fisher, Bennett

1600 relay 7th 3:39.9 Immke (54.3) Wambold (55.9)
Garrison (54.9) Fisher (54.8)

IHSA
STATE MEET

350 schools

HH 16.1 Bruce Bennett

Long Jump 20'8 1/2" Ken Waltsgott 18th

High Jump 6'2" Bruce Bennett

3200 Relay 8:21.7 Immke 2:03.5 Cannon 2:08.7
Ulbrich 2:06 Benson 2:03.3

19th

SJO ONCE AGAIN WAS WELL
REPRESENTED AT STATE.

ST. JOSEPH - OGDEN TRACK AND FIELD RECORDS

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Year</u>
100 Meters	Bryan Benso	11.0	1986
200 Meters	Robbie Ring	22.2	1965
110 M HH	Bryan Benso	14.4	1986
300 M LH	Bryan Benso	37.65 AT	1986
400 M	Brett Benso	51.2	1987
800 M	Arnold Klapperich	1:59	1968
1600 M	Arthur Freeman	4:27.8	1980
3200 M	ARthur Freeman	9:41.3	1980
Shot Put	Keith Pogue	52' 1 1/2"	1985
Discus	Anthony Williford	148' 7 1/2"	1982
Long Jump	Ken Waltsgott	23'6"	1986
Triple Jump	Ken Waltsgott	45'1 1/2"	1986
High Jump	Bryan Benso	6'8"	1986
Pole Vault	Dan Franzen	13' 1/4"	1987
800 M Relay	Rich Rector	1:34.6	1983
	Steve Thompson		
	Steve Johnson		
	Rusty Chism		
1600 M Relay	Jim LeRette	3:26.03 AT	1986
	Dave Immke		
	Mark Woller		
	Bryan Benso		
Varsity			
400 M Relay	Rich Rector	45.3	1982
	Anthony Williford		
	Steve Immke		
	Rusty Chism		
F-S			
400 M Relay	Rich Rector	47.5	1982
	Steve Thompson		
	Ted Coyne		
	Bill Buracker		
3200 M Relay	Rusty Rogiers	8:15.6	1982
	Bill Simpson		
	Colin Logue		
	Tom Fortune		

AT
Automatic Timing
State Meet

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Year</u>
300 yd.	Bryan Benso	32.4	1986
60 yd.	Steve Welch	6.53	1978
60 HH	Steve Immke	7.9	1982
	Bryan Benso		1986
Distance Medley		8:27.7	1975
800	Terry Hill		
200	Brad Marsh		
400	Dave Marsh		
1600	Tony Johnson		
Mile Medley		8:15.6	1981
400	Rusty Rogiers		
200	Steve Immke		
200	Mike Johnson		
800	Tom Fortune		
Sprint Medley			
200	Boatz	1:41.3	1969
100	Osterbur		
100	Buss		
400	Klapperich		
F-S 800 M Relay	Lornie Ring	1:38.6	1969
	Mike Eiskamp		
	Kem Broeker		
	Dean Danner		
F-S 1600 M Relay	Jim LeRette	3:41.2	1984
	Dave Immke		
	Darren Karrick		
	Bryan Benso		
600 yd.	Dave Immke	1:18.4	1987