

BONS  
1999

1999 Cross Country Season																			
NAME	G	1998 BEST	Gr	20-Aug Base	24-Aug Dary	28-Aug Edis	03-Sep Chris	09-Sep Hm Dec	11-Sep Pkrd	16-Sep Jeff	18-Sep MS Inv	23-Sep Mont	25-Sep Oly	30-Sep Conf	02-Oct Mont	09-Oct Sect	16-Oct State		
T SEBESTIK	M	11.31	8	13.03	12.52	12.55	12.19	12.36		inj	inj		13.08	12.35	11.49	11.56	11.57	11.46	11.43
WILSON	M	12.19	7	13.01	12.33	inj	12.55	12.18	11.45	12.50	12.01	12.50	12.10	12.33	11.58	11.53	11.49		
RIDDLE	M	12.09	8	12.54	12.56	13.29	12.27	12.28	12.22	12.16	12.03	12.14	11.53	12.07	12.06	11.47	12.09		
BACHMAN	M	12.22	8	13.09	13.05	13.37	12.46	13.06	12.11	12.20	12.21	12.10	12.08	12.13	12.10	12.22	12.10		
BEACH	M	13.22	8	13.34	13.11	13.31	13.00	12.48	12.29	12.13	12.02	12.44	11.54	12.16	12.26	12.20	12.19		
MEYER	M	12.55	8	13.10	13.06	13.47	13.19	12.44	12.41	12.37	12.34	12.42	12.23	12.29	12.24	12.27	12.29		
ROBERSTAD	M	R	6	13.41	m6:18	m6:09	13.21	13.08	12.41	12.41	12.31	12.28	12.14	12.28	12.26	12.30	12.32		
CJ FALL	M	12.31	8	abs	12.55	13.20	12.47	12.25	12.24	12.27	12.45	12.52	12.13	12.15	12.54	1st alt	1st alt		
SMITH	M	12.40	8	13.16	13.02	13.20	12.55	13.17	12.48	12.38	12.38	13.10	12.30	12.46	12.14	alt	alt		
D SEBESTIK	M	R	7	13.50	13.19	13.12	12.48	12.59	12.42	12.53	12.59	13.09	12.39	12.42	12.36	alt	alt		
WILLARD	M	R	6	14.54	m6:44	m6:28	13.51	14.10	13.51	14.06	13.39	13.30	13.05	13.25	12.51	alt	alt		
NICKRENT	M	13.11	7	15.12	14.39	14.55	14.11	13.58	15.23	13.36	13.18	13.26	abs	13.03	12.59				
DEBOLT	M	R	6	15.42	m6:58	m6:54	15.13	14.27	15.32	14.21	14.17	14.21	14.05	14.16	14.03				
ERNST	M	15.02	7	16.46	16.04	abs	abs	15.30	15.08	15.02	15.25	15.45	15.30	15.37	14.48				
ROSE	M	R	6	16.30	m6:55	m7:05	15.31	15.57	15.05	15.02	14.31	15.11	15.40	14.22	14.53				
HOCH	M	13.33	8	14.42	14.11	14.10	14.05	abs	abs	13.30	13.22	13.10	12.57	12.59	abs				
FONES	M	R	6	17.08	m7:20	m7:19	17.30	16.41	15.13	abs	abs	15.09	14.08	15.06	abs				
HEATER	M	R	6	abs	abs	m6:39	15.10	14.13	13.55	14.04	13.24	13.41	13.11	abs	abs				
KIRWAN	M	14.45	7	16.25	15.51	16.09	15.25	15.50	15.27	14.14	14.15	14.51	abs	14.43	ill				
					m=1 mile	m=1 mile													

All races 3200 meters (2miles) unless noted