## Boys' Cross Country

The team has proven that the cross country season is won or lost in the off-season. After losing several top runners, including state qualifier Justin Sebens, many expected the team to have a slower year. However, nearly the entire team ran constantly over the summer.

Several runners improved significantly this off season which looks to offset for the losses. Austin Beck, and Jacob Mahaffy ran over 500 miles this summer in an effort to lower their times and be team leaders. Thomas Thoren and Kurt Bucker ran over 400 miles this summer. Because of their dedication and leadership to the cross country team Austin, Jacob, Thomas, and Kurt were all made captains.

In the first race this season the team took a close 2nd place out of 6 area teams. However, at the Charleston Invitational the team defended last year's title. Led by personal records by Jacob Mahaffy (16:29), John Prillaman (17:08) and Austin Beck (17:13). Mahaffy placed second, and all 5 of the scoring team members were in the top twenty. This past weekend the team also placed 7th at the Springfield Invitational.

"I'm extremely proud of all the boys on the team," says Coach Garrison, "I can't remember too many races when every single person on the team runs a season best on the same day."