

Teams of the Week



ST. JOSEPH-OGDEN GIRLS' CROSS-COUNTRY

Coach Terri Rein's top-ranked team (by ilmilesplit.com) won a Class 1A regional championship for the seventh time in the last eight years. Led by senior Abby Fisher, the top five ran within 53 seconds of one another, all placing in the top 11.



MONTICELLO BOYS' CROSS-COUNTRY

Coach Dave Remmert's team won its fifth regional overall and second in a row. Three seniors — Matt Norvell, Justin Furcich and Will Montgomery — are trying to reach state for the third year in a row, and the Sages are shooting for a sixth straight trip.



MAHOMET-SEYMOUR BOYS' CROSS-COUNTRY

Coach Neal Garrison's team captured the program's 10th regional title in the sport and fourth in a row. Senior Jackson Powell and junior Alex Keeble have run on three of the teams. Senior William Wolf and junior Jack Hyde were on two of the teams.



ARCOLA FOOTBALL

Coach Zach Zehr's squad followed up on consecutive sub-.500 seasons with the 24th unbeaten regular season team. The team held four foes to no more than one touchdown and averaged 44 points per game, scoring at least five TDs every game.