



Meets on Tap: IHSA Regional To The State Championships



TONY JONES

Oct 24, 2015



MORE MEETS

1A bureau valley regional

Bureau Valley High School Manilus, IL
Oct 24, 2015

Boys-

#15 Sterling (Newman Catholic), #17 Rock Falls, #18 Galva will do more than trot in this race. Some pride will be on the line before moving on to the Oregon Sectional.

Girls-

The new #1 team in the state Annawan Weathersfield is here and they should cruise and maybe even run a

few alternates to give them championship race experience.

Venue Records: [Bureau Valley High School](#)

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Antioch

Fox River Park (Bristol, IL)

Oct 24, 2015

Boys-

#2 Grayslake Central is the only team of note here and may rest some key runners including ace junior Jack Aho.

Girls-

#12 Carmel Catholic, #13 Lakes, #15 Grayslake Central are the key teams and will be in direct contrast to their boys in that some serious running will be conducted.

[Last Year's Meet](#)

Venue Records: [Fox River Park](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Belvidere North

(Spence Park, Belvidere IL)

Oct 24, 2015

Boys-

#6 Belvidere North, #16 Dixon, #18 Rockford Christian will make this regional a fun one to watch. The last of the Yunks, Eryk Yunk will begin his quest for big individual numbers this weekend.

Girls-

#6 Belvidere North will be led by Jenna Lutzow and she has been on a roll this season.

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Crete-Monee

Crete-Monee HS XC Course (Crete, IL)

Oct 24, 2015

Venue Records: Crete-Monee HS XC Course

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - De La Salle

(Washington Park, Chicago IL)

Oct 24, 2015

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - East Peoria

(Illinois Community College, East Peoria IL)

Oct 24, 2015

Boys-

#1 Mahomet-Seymour, #5 Normal (University), #9 Metamora, #15 Danville. Mahomet is favored heavily but they will run like it will mean something. Senior Alex Keeble should also be the individual favorite if he toes the line.

Girls-

#16 Mahomet Seymour, #18 Normal (University), #20 Morton will make it a close affair. Who will win? It's a toss up despite MS winning the Cornbelt Conference over Normal U last weekend.

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Elmwood Park

(Elmwood Park HS, IL)

Oct 24, 2015

Boys-

#14 Oak Park (Fenwick) is looking good and should score very low

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Fenton

Fenton HS XC Course (Bensonville, IL)

Oct 24, 2015

Venue Records: Fenton HS XC Course

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Highland

Fireman's Park (Alhambra, IL)

Oct 24, 2015

Venue Records: Fireman's Park

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Jacksonville

Community Park; (Jacksonville, IL)

Oct 24, 2015

Boys-

#8 Springfield, #10 Chatham-Glenwood met last weekend and will collide every weekend from here on out. Look for Heath Warren of Springfield to get on track and dominate.

Girls-

#4 Rochester, #11 Chatham-Glenwood, #19 Springfield; the Rockets have been a real good team and it's none of that Class A talk (formerly their classification). This could be a team vying for a trophy in several weeks. They also have a great front runner in freshman Katherine Petty. Springfield is back in the state talk.

[Last Year's Meet](#)

Venue Records: [Community Park](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Kaneland

-- (--, IL)

Oct 24, 2015

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Marist

Midlothian Meadows (Cook County, IL)

Oct 24, 2015

Venue Records: [Midlothian Meadows](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Peoria Notre Dame

(Donovan Golf Course; Peoria, IL)

Oct 24, 2015

Boys-

#11 Peoria Notre Dame, #13 Rock Island Alleman

Girls-

#2 Dunlap, #8 Washington, #17 Peoria Notre Dame

Venue Records:

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Riverside-

Brookfield

Sundown Meadows Cook County Forest Preserve;
(Riverside, IL)

Oct 24, 2015

[Last Year's Meet](#)

Venue Records: [Sundown Meadows Cook County Forest Preserve](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Taylorville

(Christian County Fairgrounds; Taylorville, IL)

Oct 24, 2015

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

2A Regional - Yorkville

(Bristol Bay City Park, Yorkville IL)

Oct 24, 2015

Boys-

#3 Yorkville may not even run a full squad here in what should be an easy winner.

Girls-

#1 Yorkville; the top ranked Lady Foxes begin their quest for a fifth straight state title at home. Coach Chris Muth indicated several weeks ago that he may not run his top lineup until state.

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Edwardsville

SIU-Edwardsville CC Course; (Edwardsville, IL)

Oct 24, 2015

Girls-

#25 Edwardsville. The Tigers jumped into the top 25 this week and whether they know it or not, it should give O'Fallon some motivation and another opportunity in avenging a one-point loss in last weekend's conference meet.

Venue Records: [SIU-Edwardsville CC Course](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Andrew

Turtlehead Lake Forest Preserve; Palos (, IL)

Oct 24, 2015

Boys-

#23 Lincoln-Way North is the team to beat against otherwise light competition other than Illiana Christian. The Phoenix will have extra motivation as this is the final year of existence. Student athletes will be attending Lincoln-Way East beginning next school year.

[Last Year's Meet](#)

Venue Records: [Turtlehead Lake](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Hoffman Estates

Busse Woods Forest Preserve; (Schaumburg, IL)

Oct 24, 2015

Boys-

#10 Mt. Prospect (Prospect), #16 Hoffman Estates are teams on the rise in the Mid-Suburban Conference. The Knights was a surprise runner-up at conference and that confidence should provide a boost again this weekend. The name of the game in winning is pack running.

Girls-

#8 Prospect made the biggest jump in the rankings last week on the strength of a talented bunch of underclassmen that coach **Pete Wintermute** brought up. **Brooke Wilson** has emerged with her Knights teammates and her cool confidence should lead them to another title like in last weekend's MSL championship. #24 Schaumburg is still holding on in the polls. The Saxons will face some fierce competition from Glenbrook South and Hoffman Estates.

[Last Year's Meet](#)

Venue Records: [Busse Woods Forest Preserve](#)

[High School Boys](#) [High School Girls](#)

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[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Hononegah

Olson Forest Preserve (Roscoe, IL)

Oct 24, 2015

Boys-

#14 Huntley will breeze in this regional race. Senior **Keagan Smith** is the best runner in the field and his Red Raider teammates should be close behind.

Venue Records: [Olson Forest Preserve](#)

[High School Boys](#) [High School Girls](#)

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Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Lyons

Lyons Township High School; (Lyons Township, IL)

Oct 24, 2015

Boys-

#4 Lyons Twp., #6 Hinsdale Central are conference foes within the WSC Silver and that sentiment will play out again. The Lions showed some vulnerability in losing what some thought would be a victory. Hinsdale Central will begin its two-time state title defense and it helps to have a bonafide ace such as **Blake Eversten** to depend on.

Girls-

#5 Lyons Twp., #14 Hinsdale Central- it shall be one of these two teams battling for the regional crown.

Lyons is back where they have been accustomed to running up with the big dogs. Coach Stetson Steele took over for the ultra successful and now retired **Julie Metz**; it wasn't as easy as he thought it would be as his style needed additional time to kick in. He now has a team stocked with talent led by Sarah Barcelona. The Lions will face a dangerous Hinsdale Central team that many had tabbed as a top 5-10 team minimally. Coach **Mark McCabe** has had to deal with major injuries with two front runners **Alexa Haff** and **Anne Zaher**. Some how the Devilettes have been able to tread water. Let's see if momentum means anything on Saturday.

Venue Records: Lyons Township High School

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Minooka

Channahon Park ; (Channahon, IL)

Oct 24, 2015

Boys-

#25 Minooka is running its best at the right time and may be a team doing big things in 2016. However, the goal for an emerging team is getting a regional win and building off of it.

Girls-

#3 Minooka is the team here with the amazing trio of **Ashley Tutt, Mackenzie Callahan, and Emily Shelton**. They have played lunch time bullies against their competition all season and although they may ease up on Saturday, the competition will think otherwise. Lincoln-Way Central just missed the top 25, but the Knights are clearly the second best team in the field.

[Last Year's Meet](#)

Venue Records: Channahon Park

[High School Boys](#) [High School Girls](#)

Meet Records

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Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Niles West

Niles West High School CC Course; (Niles, IL)

Oct 24, 2015

Boys-

#7 New Trier, #11 Maine South have been dueling every which way this season: dual meets, tempo battles, invite clashes, conference championship, and now regional supremacy. The lack of a big and deep field will make matters feel like a tri-meet with Loyola Academy thrown in the mix. Niles North senior **Martin Barr** broke a CSL league record that was held in high regard by an outstanding legend **Len Sitko** of Niles Notre Dame. Sitko won the 1986 state championship in 14:08.

Girls-

#8 New Trier, #15 Maine South- it will feel like another conference tilt with the Trevians and the Hawks battling. New Trier has been quietly taking care of business and for the first time in seven years they don't have a superstar runner to depend on. It is all pack running that gets the job done.

Venue Records: [Niles West High School CC Course](#)

[High School Boys](#) [High School Girls](#)

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Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Palatine

Deer Grove East Forest Preserve (Palatine, IL)

Oct 24, 2015

[Last Year's Meet](#)

Venue Records: [Deer Grove East Forest Preserve](#)

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Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Plainfield South

Hammel Woods (Plainfield, IL)

Oct 24, 2015

Boys-

#17 Downers Grove North, #18 Plainfield South, #20 Downers Grove South. One has to wonder why the Downers Grove schools are way out in Plainfield. From a geographical standpoint it doesn't make sense, especially with Plainfield North being shipped out to West Chicago (??). Regardless of the situation, it should be a good contest overall making this region a tough one when the results come in.

Girls-

#17 Lockport, #18 Downers Grove South are quality teams on the verge of being better than their rankings show. The next two weekends will bear it out. Unranked Benet Academy of Lisle just missed the top 25. If the Red Hawks can upset one of the two favorites they will be among the elite groups heading into sectionals.

Venue Records: [Hammel Woods](#)

[High School Boys](#) [High School Girls](#)

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Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - St. Charles North

Leroy Oaks Forest Preserve (St. Charles, IL)

Oct 24, 2015

Boys-

#13 Marmion Academy, #15 St. Charles East, #22 Geneva; this is a good regional and a test for anyone looking to eventually move on state. Marmion has proven themselves against some quality competition this season. They won the CCL last weekend and could easily be victorious here.

Girls-

#4 Batavia, #11 Geneva are the anchor squads here. One suspects that Geneva is better than their ranking and they will get to prove that over the next several weeks now that they are healthy. The real fireworks will begin next weekend.

Venue Records: Leroy Oaks Forest Preserve

[High School Boys](#) [High School Girls](#)

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[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - West Chicago

Kress Creek Farms; (West Chicago, IL)

Oct 24, 2015

Boys-

#2 Neuqua Valley, #24 Oswego; not having its top two runners in Connor Horn and Scott Anderson will not hurt Neuqua Valley in this round. Newly minted Oswego will be looking for a runner up spot

Girls-

#1 Naperville North, #13 Metea Valley, #16 Neuqua Valley, #19 Oswego, #21 Plainfield North, #23 Naperville North; the top ranked team in all of Illinois will advance easily even if they ran a frosh team, but coach Dan Iverson respects the game too much to mess around. Look for the Huskies to come out of the gate with a choke hold on the competition. Senior Judy Pendergast may pull back on the throttle simply because it's regionals. Upstart Metea Valley will fight within the food chain against some pretty good competition. Next week's West Aurora Sectional is going to be fierce to say the least.

[Last Year's Meet](#)

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Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - Whitney Young

Washington Park; (Chicago, IL)

Oct 24, 2015

Boys-

#9 Chicago Whitney Young won their first conference title in 29 years a week ago. They will look to run and advance to Lake Park next weekend.

Venue Records: [Washington Park](#)

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

3A Regional - York

(Proviso West HS; Hillside, IL)

Oct 24, 2015

Boys-

#3 York, #5 Oak Park-River Forest; this meet will feel like a dual meet. The Dukes of York are on a row and dangerous since winning the Palatine Invite. York scored a huge upset in winning the WSC Silver last weekend. The Huskies on the other hand are an upstart team. Look for OPRF's **Irwin Loud** to roll.

Girls-

#2 Glenbard West moved up a spot in the rankings last week and should stay in that position despite a strong challenge from #6 Wheaton-Warrenville South. The Hilltoppers ace **Lindsey Payne** is the second best runner in 3A and she should be an easy winner even if she stays back and packs it up with her teammates. #20 York will try and stick with the two favorites and enhance their stock for sectionals.

Venue Records: --

[High School Boys](#) [High School Girls](#)

Meet Records

[High School Boys](#) [High School Girls](#)

Virtual Meets

Build a Virtual Meet: [High School Girls](#) [High School Boys](#)

COMMENTS



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