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Regional Central - Results, Top Times by Class, & Sectional Qualifiers



Your one stop shop for all the regional action.

Meets on Tap: IHSA Regionals
Highlight First Leg To The
State Championship



It's regional weekend which serves as the first leg to the state championship

Spikes and Flats: Fall Season Episode #4: Conference and Beyond



Which 3A Regional is the Hardest? 3A Region Breakdown & Virtual Meets



Life isn't always fair, and sometimes the reigonal breakdown isn't either.